Anthology of larosamarchitada

Presented by

My poetic Side 🗣



summary

NO TITLE

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Aún tenemos amistad

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From Seed to Rose

Her In My Dreams

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NO TITLE

You couldn't see All you see are shadows over-casting what could and couldn't be

Making everything just so hard for me

Answer all my demons Fucking named them

Explanations ain't mean shit I know flirting when I see it

I feel "using" when I meet it

Unlovable is how I feel Too much-never enough

I don't like that every time we say No to Us I'm all chill but you provoke me Poke at everything I have to say Just to make me mad Just to win another thing

You speak verses in ambiguity Want me to be the one to make mistakes

Sit back relax Just ride the wave

I'm putting work I'm losing faith It's hard to fake

I see you and can't help but think you were sent by God to me

'Cuz when we talk- things flow "relax... ish will be ok"

We so alike

Them jokes have hints of feelings but all I hear is laughter

Repressed emotions show up as distant connections Everything is there but nothing's ever clear

You don't really know what you want Disappearing, "The Olmec" Know you existed but where you went is unclear

Ya ni se si estoy obsesionada o deprimida

Pero keeping busy es la remedy cuando confundes obsession with depression

Can't live without them?

Bitchhh, Put the focus on little things

We was smoking pipe

Waves of sound and smoke

Mixed the dose

Classical notes described the message we were given from Moses

I know people can change because I've changed-Ain't been the same since I stopped living in the past tense Learned my lesson, Never looked back since

A Flame en La Oscuridad

A flame appears in the darkness I stare too long Its enticing I turn away but in back of me I feel its warmth wrapped around me sight is blurring Tears submerging This familiar flame has caught me Making love I lose my breathe Pausing, gasping, take a step Como una rosa me esta marchitando Lo miro a el y me esta provocando I know not why this flame is here In my dreams things things seem so clear En mis sueños te beso y me quemo Te amo, no se yo... Que te digo lumbre mia ? Me prendes y me enciendes Al verte aqui me e perdido Eres la luz en mi oscuridad Y aún asi no veo el camino ya

Aún tenemos amistad

A veces quisiera que me amarás como antes Esos días en los que yo sabía que, para ti, yo era todo

Es algo bonito tener alguien quien lo es

Que al despertar sonríe a pensar en ti Quien, al tiempo de dormir, no duerme sin tenerte a ti Que, en momentos de ansiedad, su voz calma cada tensión y nervio Alguien, que cuando lo necesitas te da toda su atención

Pero luego recuerdo que difícil fue querernos de esa manera La necesidad de tener el uno al otro cerca La tristeza que me daba que, aunque pasaban los años, seguía yo siendo un secreto La depresión que me daba por que no me sentía lo suficiente

Y pobre de ti cargando con mis penas secretas

Cada tristeza Las veces que perdía la fortaleza

Aún es algo lindo lo que tuvimos Y aunque sufrimos demasiado al dejar nuestro destino Cuando pienso en ti aún sonrió

Fue difícil cambiar de amantes a amigos Pero para ti, felicidad es lo único que pido

Y cada vez que cruzamos caminos veo que tan linda Dios ha mantenido nuestra amistad Y que tanto nuestros destinos, aunque fue difícil, se tenían que separar

Es triste si, Que, para sentirme suficiente, Tuviste que ser ausente Y aunque aún tenemos bastante que rebasar, Me da gusto que todavía tenemos amistad

Been walking through a desert, I?m thirsty, things are hazy

I want to paint, but depression has taken the blueprints from my mind.

I pick up the brush, but the paint just dries.

I want to paint but I'll paint with words instead.

In my mind, I feel this deep, deep sadness. I'm not sure 'xactly how to define it, but it's got blue and purple hues ...and bits of pink for when life's at ease.

These fine line phases bring depth to my scars, they phase me.

Love haunts me *Been walking through a desert, I'm thirsty, things are hazy.*

Fuck this

I remember things from my past and they fucking hurt me.

I try and forget, for what we had is gone, but our minds are tricky as fuck.

One moment you're fine and the next you remember what THAT certain hug felt like and I swear every time I get that feeling, or one like it...

I think "Oh! I fucking want to kill myself!",

because I know the thoughts that come soon after.

About regret.

About self-hate.

I hate myself for everything I did.

I love myself, and love my life, but I remember and I want to die.

l do.

I really do.

And I can't stop dreaming of you.

And I can't stop thinking of you.

I hate myself so bad because I will never get that feeling again, Not with the person I want.

From Seed to Rose

Impregnate my mind and soul with thoughts of growth Plant the foundation of our future with seeds of hope, strength, and trust Hydrate my roots with love, support, and patience Welcome my sprouts with the hugs of a million mothers Open my buds with the warmth of a thousand hugs Forgive the time lapse from seed to rose Accept my blossomed into thy glorious garden Enlighten my roses with scriptures of confidence, pride, and self-love Care for my body and soul, removing dead leaves of my past Free my subconscious, detaching my withered petals Cease wincing, endearing my thorns Nurture our love, flourish our garden of gods

Her In My Dreams

You've slipped into my dreams one too many times Leaving me wondering if you'll ever become a reality I've dreamt your eyes Your thighs Your lips That smile Even conversations with your family Every dream feels so real but is so far from reality Like deja vu I'm questioning actuality Life's great but these dreams run on acid Vivid images Velvet kisses Passionate grasps n Too intense glances Between you and I Fire bursts like firewood n matches Breathing in and out I gasp for air But when I dream of you I can't even catch it

How it feels to overeat

moments of weakness precede guilt one more slice one more bite one last kiss just the "tip" guilt shadows moments of weakness reflecting the darkness of your conscious

I don?t wanna disappear forever, but right now I need to not be here

High-functioning depression is like an invisibility cloak. To the human non-observant eye, high-functioning depression goes unnoticed. Depression just passes by because of it's skills and persistence in doing "what needs to be done."

Sad inside but keep the pace up. Keepin this face up make faces light up. High-functioning depression is all about the highs-and-lows.

It's always behind me

& when it hits,

"I don't wanna disappear forever but right now I need to not be here."

Trust in myself led me to believe I was stronger than the words "Help". Relapsed and realized I had no control. Just kept upping the dose. Just one more to soothe the pain. Just one to get past the rain. Almost a month and it just seems to find me. Knows when I'm weak.

Tap-Tap on my back

It's always behind me,

"I don't wanna disappear forever but right now I need to not be here"

I try and...

I try and not focus on the feelings I get when I trust someone enough to let them in let them in gave them a tour I try and not focus on the feelings I get when they walk away without making an offer I try and not think about the men I decided to trust & just took advantage of me I try and not think that I should have learned my lesson by now but they say "don't have walls" "just let things flow, lets vibe" I should've known that's just another line, not really taking the time to enjoy waiting in line fast pass me up fuck me up and never look back

I'm so done I'm so dumb I try and not think that every time I feel something I'm reminded that I cant afford to feel something I gotta feel nothing if I wanna make it somewhere 'Cuz my grades drop like my panties & I'm panting trying to make deadlines I procrastinated just to let you in Just to let you get to know me You got to know me Now its yeah you "knew me"

In Case You\\\\\\re Still Wondering...

In case you are still wondering,

I did what I did for you.

In case you are still wondering,

I did what I did for me.

In case you are still wondering,

I did what I did for our dreams,

both of our dreams.

I didn't leave because I didn't love you,

I left because I didn't love me.

I left because it wasn't fair to you,

& it wasn't your responsibility to help me love myself.

In every moment I felt depressed, sad, & unhappy

you were there because I would rather love you, care for you, & put my all into you instead of myself.

I am not sure in which moment the thought of ending "us" came into my mind

I have gone through it countless of times in my head

& I can say that part of me felt you drifting apart,

but I know deep down there was much more at heart.

Part of me wants to say that I left because of your repetitive lies,

and your failure to admit to such obvious things, but

none of that mattered, I knew you lied since the beginning and chose to love you regardless.

In fact I thought it was cute that you felt the need to do so.

As if I wouldn't love you without them.

Aside from the minor things that came between us, there was something bigger

bigger than you and I

It was never a matter of love.

I loved you irrevocably.

I loved you at your worst & best.

Even after all this time and pain, I still do.

This time lapse means nothing to my soul,

Mate, if I had you here in front of me I'd hug you like nothing has changed.

If you were in front of me, I'd look into your eyes and kiss you deeply.

If I were alone with you I'd make love to you even if my heart began to cry & my mind began to

fright.

In case you are still wondering, I didn't leave you from lack of love

& what happened there after, happened because we are human.

As humans we tried everything we could possibly think of to help us cope & in that, we lost ourselves.

I wanted to be back in your arms more than you could ever imagine.

Setting pride aside, life wasn't, hasn't, & isn't the same without you.

& Although it angered me to think that you could fall in love again so quickly,

I'm glad you didn't take me back, because if you had, I wouldn't be me.

& you wouldn't be free.

Free to be all you could be with no restrictions.

If its love you need b, you have it.

I love you man, I'm your biggest fan.

I know its hard to understand why I couldn't keep us "we",

& if you could just see how much I have changed for the better,

not because I want you back,

but so that you can understand why I left.

I've changed so much, the change, it never stops.

I had to completely hit rock bottom.

I had to be in complete darkness to finally see.

Forgive me for stating the following but it is so important for you to understand,

that when she left you, and you called me,

I knew you were mad at me

because she claimed to leave for the reasons you thought I left.

In case you're still wondering, she isn't me.

& I didn't leave for the same reasons as she.

Because that night, you told me you wanted to be "we",

and stupidly I believed that you and me could be such a thing

& That next day, I was so happy to be alone because I waited for an arrival from a man that never came.

& That was the second time I hit rock bottom,

the first was leaving you.

Situations aside, I found light in my sadness.

Poured myself in that promise I had made you.

In case you forgot,

in case you are still wondering why I left,

I left because I needed to find my passion.

I needed to find the path to my future and I needed to do it without you.

Why?

Because I knew, I loved you enough to be honest with myself that if I stayed, your future would be different.

I loved you enough to leave you,

I left so you could do you.

Yeah, you didn't understand.

Yeah you didn't wait,

and that's fine.

Because if we had gotten back together,

I would have done what I always did and put our relationship before my future.

It was then I experienced for the first time, educational success and personal health.

In case you are still wondering, I left because I needed to love myself enough to succeed for myself.

& if you don't believe me,

take a step back to understand that when we dated again,

remember?

We talked almost everyday.

I helped you drink less and you helped me focus.

You wanted me to be Lana and the perfect wife.

& when we finally met, after almost a year had gone by,

we made love like no time had passed by.

That painful sex, although orgasmic, felt emotionally tragic.

But if you still don't believe why we couldn't stay "We"

If you still don't see how I would always put my all into "We",

remember when I went to go see you?

Two times I travelled back into your arms.

Two weekends we stayed in each others arms, and although you promised...

although I was ready to make it work,

your fingers slipped through mine

& I hit rock bottom yet again.

It was then I saw myself again.

It was then life re-affirmed the reasons why I left.

Now, it has been another year,

& in case you're still wondering why I left,

I left so I could see how far you'd go,

& look how far you've come.

I'm so damn proud of you my love. In case you're still wondering why I left, I left so I could find me, and although I'm still learning to love me, look how far I've come. Never would I have imagined that I would find my passion. Never would I have imagined that I could be this confident, that I could have the potential to grow. A rose so dead. Re-planted in fertile soil. I've grown thorns. I've learned to say no. & more than that I learned to see a future. In case you're still wondering, I left because I loved you. I left so you could leave me in the past & form your future. & Although I still, and will always love you, I left to find me. & If in the future we find "We" I hope we are in the same time and place to accept that we are meant to be. Forever and Always I love you b.

ISSA RAP

In love with drugs that make me feel

unapologetically abusin' my dose like I can't just kiss you once gotta eat the whole bag of chips

no self-control when I'm in my feels

got a band-aid on but I'll never heal

enjoy the "now" accept the "later"

self-regulatin' my patience

cigar in my mouth whiskey in my glass

let the smoke clear

been few years since we've been here

one too many things been clicking in your brain when all I hear is the clicking of my pen

its not a call for help I'm writing these thoughts for myself

cuh' when I needed you the most you were off in love

pawned me off to a notebook

"you can reach me through here"

time lapse still writing FOH

these rhymes are mine, called you once ain't picked up been alone all these years

I don't see any fears

the "gayness" was scared out of us said, "that's what you think *wink*"

silent period but my thoughts on LOUD crystal clear

why you think I say I fuck with myself?

sexiest lips I've ever had are my own

bite em down touch myself

moan

Poetry of The Past in The Present

I miss you when the night progresses and my thoughts are full of our past caresses Like when I'm studying real late and I'd call to wish you a good night's sleep I'd stay up for hours and wake to a million messages wishing me a good day like the feeling of receiving a bouquet of flowers I miss you when I have exciting news since it was you who I first turned to I miss those naps we'd take during the day where in each others' arms we'd lay and of course eventually we'd wake take each other to a sensual state the feeling of each others' skin something so perfect it could have been a dream I hate that our beautiful past seems so unreal like an ambiguous memory, simply Deja Vu or a real memory of you I hate that place that certain music takes me like I'm stuck reliving the past only to remember we'll never be its true time has passed yet our past is just so present forever wondering what it meant honest I lament it not enough to take it back though this time apart is full of growth and living in what-ifs is a path of false hope that only leaves one feeling morose in reality we won't ever know unless our time and place re-align and we allow ourselves to leave the past behind but I've stopped looking for these so called "signs" taking my time to find mine yet I miss you when I turn to dating

bc no one's ever good enough and I hate it when I think I've found the one bc you get in my head remind me I'm not good enough a million thanks to you for that and for your contribution in defining "making love" bc I never understood the concept until I looked into your eyes screaming in my head words left repressed in our lips as we loosened the grip on our hands and hips those words never slipped from you or me just trafficked thoughts of I love you it was then I learned how to "make-love" its more than sex its caring for someone its trusting that someone its intimacy its working together to build that feeling its staring beyond each others' eyes to hold their soul to hold them whole and when you've reached that point its having the courage to say the words you have in mind its solidified trust its not leaving those words un-said its letting go that's "making-love" but third time's the charm right? I have all the time to wait and if it feels right and I take a chance then I'll have no choice but to call it love with or without you bc I miss you when the time progresses

and the chances of our future lessen I miss you when we talk and I realize that your voice has changed and not for the better, now its bitter but I could never hate you I have a special place in my heart for just us I'm not holding my breathe no, I'm finally breathing but that place remains locked with no spare key so if its ever just you and me lets take a chance we'll test the seas we'll ride the waves and if we make it to the beach then I'll know we're both finally good enough

Sex & Post-Sex

colors on a vulnerable night un-trusting benefit of the doubt caressing of faces, lacking of light no signs of red, only colorless glimpses self-control the shadow of blue shaking, earth-quaking, erupting the red hot vapors emerging sweaty hot rain confusion:what's wrong? what's right? physical rights moral wrongs blurring thoughts temptation temptation blue red blue red fire satisfied by waterfalls synchronized uppers followed by downers red red red blue blue white collapsing cleared thoughts emptiness emptiness production of wrongs stay stay

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attachment to rights full emptiness, comprised by touch nervous shivers hold me tight hold me tight heat: the cure for cold baked colors solidified trust vulnerable blue

Te sueño cada noche

¿Dime, por qué sueño de ti cada noche? ¿Dime, por qué despierto al agarrar fuerte? Soné que te tenia cercas, en mis brazos y mis besos. Me preguntabas que si ¿antes de ti, quien era? Te bese, "Antes de ti, solo tú." Soné que te besaba un millón de veces como te besaba. Soné que nos vimos para cenar, y cuando me viste, viste tu cena.

Tell me I\'m not enough, make it coincide

tell me l'm not enough make it coincide

thoughts so brutal too much never enough repressing a version of me that's so hard to hide

tired of hearing doubt in your words tired of thinking, damn, I'm the worst one minute you say I'm the love of your life next minute I'm the cause of our fights

words are abuse too N' Im not used to this form of use heart like a punching bag you speak your mind and there's no going back

we make up, but my mind takes notes you speak, and speak, till you over spoke

feel so lost no drugs to blame it on feeling sober than sober being low feels lower when there's nothing to keep you holding on

cheat on myself replace self-love with a substance, a drug one-sided love

Ten Paciencia Arbolito

Ten paciencia arbolito
La paciencia va y viene
Entre las illusiones y desiluciones
La paciencia es como los arboles en el viento
Se mueve
Pa' ya y pa'ca'
Pierde algunas ojas y aveces tambien ramas
El problema siendo que entre cada desilucion uno pierde la fe y la paciencia
Y aunque uno intente mantener la paciencia
Igual llegan las desiluciones como el viento
Y te sacan de onda
Prueban tu paciencia
Y puede que pierdes tus ojas
O hasta una rama
Cuando llega el viento es dificil ubicarse
Pierdes la razon
Y entre tantas emociones y ruido
Te pierdes al oir el chillido del viento
Pierdes la firmesa en tus raíces
Pierdes la fuerza en tus ramas
Y empiezas a perder la paciencia
Hasta que se caigan tus ojas
Hasta que se quebren tus ramas
Poco a poco destrozandote
Ten paciencia arbolito
El viento se ira y seras mas fuerte manteniendo tus raíces firmes
Manteniendo tus ramas fuertes
Y cuidando tus ojitas
La desilucion llegara pero sigueras
Llegara pero estaras firme
Llegara pero entenderas
el viento es temporal
El viento igual que las desiluciones son temporal

No es eterno o fijo

Ten paciencia arbolito,

Manten tus raíces firmes

Manten tus ramas fuertes

Y podras crecer de nuevo las ojitas que quizas el viento logro disminuyar

Ten paciencia arbolito

That play fighting shit gets to me

That play fighting shit gets to me

- 'Cuz I know you don't like me
- & I know we're not likely,
- but in the moment, it feels right
- In the moment, I hold tight
- & I don't know if I'm even your type
- You've never really been mine,
- but lately every time you type
- I find myself questioning
- Over-thinking the little things
- Like everything just gets to me
- When all it really was, was some joking
- I used to think it was because I was always smoking
- but I've been sober in more ways than one and things still seem real murky
- I find myself flirting
- & end up feeling dirty even though we keep it Pg-13
- But it's not just me
- No, you often work me
- Do little things, so "high school"
- But instead of taking you for a fool, all I can think is "damn, he's so cool."
- I could never even think of making a move
- I can barely move in your presence
- The way you present yourself is confusing
- So reserved
- But when you get close
- Boy, I stay frozen
- N' you feel the tension
- I know because we both count the seconds
- 1, 2, 3- reposition ourselves
- & neglect to mention those awkward vibes
- All because of our awkward ties
- All because I could never be yours and you could never be mine
- But that's perfectly fine

We're not in love

I'm not yours and you're not mine

But then they ask & inquire because they too feel the vibe

& I'm stuck explaining, "nah, that's just how we spend time."

But deep down, that play fighting shit gets to me

The Perfect Chocolate Cake

The men she has she does not want Like her search for the perfect chocolate cake she becomes fed up with every pursuit She doesn't bother with petty conversations She precludes possible conversations leading to sex She changes her style, her way of dress All to avoid their stares All to avoid the future let downs In her and these mens' lives No I wont have sex with you No I wont suck your ... No I don't want a kiss Or your hands Not even a hug The men she has She doesn't want Her perfect chocolate cake An unattainable goal Would she really eat an endless amount of cake before finding the right one? Will she date an endless amount of men before finding the right one? No. In eating the cake her body takes the pounding In dating these men Her heart mind and soul Begin drowning

Thoughts on International Women\'s Day

I used to be punished for not being like other little girls.

I was too active, too boy-ish.

I did not sit with my legs closed, made obscene jokes, and could not be quiet for a second.

(Which led me to be a completely different person at home than at school.)

In grade school I was a "tom-boy", which resulted in me almost always being friend-zoned (it did not help that I was a very hairy child, unlike your "typical girl").

I used to not mind because I was "cool" with the guys, plus I had 5 brothers at home that taught me to fight.

Puberty didn't change much about me, only that hanging with the guys made me prone to sexual harassment.

Many boys touched me inappropriately without permission and I learned that "knowing how to fight" doesn't always guarantee you "actually will fight."

I also learned that hanging with the boys, was no longer a good choice (often still holding true today).

(I recently ran into one of my oppressors, he was taking his daughter to pre-school, I stared into his eyes wishing he could hear my thoughts, "I hope your daughter doesn't go through what you put me through.")

Growing up my sister advocated for me, raising me as a "feminist".

Initially I thought it meant we had to hate men.

However, I grew older and began to see the clear divide between men and women in society's eyes, and I finally understood.

It didn't help that I grew up in a traditional household where men could do WAY more than women and women were basically trained on "How to be a good wife" (skills included cooking, cleaning, not talking back, holding religion and basically waiting on your family's every need, oh and birthing many children).

I used to think the only way out was marriage until I discovered education (something I'm thankful my parents pushed me to excel in).

Education was my way-out, but it eventually stopped making sense.

I didn't see the point, all I wanted was to love and be loved.

Until I sought to get job experience and my father said, "You don't need a job, if I am not there to provide for you, your husband will."

Like a catalyst, I decided to break my own heart and took every painful step towards finding who I was, what I wanted, and who and where I wanted to be (it still hurts today).

NOTHING LASTS FOREVER, and unless I'm in some kind of freak accident, education is the one thing that can never be taken from me (Although it is ridiculously expensive).

Today I still get "the look" for being who I am, saying what I say, and believing what I believe.

Although I am thankful now for the skills forced onto me, I am thankful because they have come in

handy with keeping myself alive (not being a good wife).

Today I still struggle with self-love.

Men haven't changed much and women can too break your heart.

The path of education has only gotten longer.

Happiness is subjective.

& I'm still not anyone's first thought of what a "woman" should be.

"Change is slow, always has, always will be" -J Cole,

I'm thankful for the Women in my life who have inspired and pushed me to never conform, regardless of how impossible things may seem (i.e., Momma Rosa, My sister, My teachers, Close friends, and now My Nieces.)

Today my nieces look up to me and I often cry because I am not always happy with myself.

How do I explain to them that society's norm for beauty is unrealistic, when I myself second-guess myself?

How do I teach them to be themselves, when sometimes we need to "fake it to make it"?

How do I protect them from sexual harassment, when almost everything in this world revolves around sex?

How do I teach them to say "NO", when I'm still struggling to do so?

How do I push them towards education, when they see me stressed, tired, and often rain-checking play dates?

Tu Mujer (Your Woman)

Me imagino la mujer quien podrías amar Quizás alguien con quien puedas conectar y tener conversaciones que hunden

Escribo montañas de lo que te atrae Cruzando caminos sin destino Solo veo las que pasan, siempre presumiendo

The women peruse you Reach "The End" too quick just abuse you

I make lists of what might lure you but everyone allured to you Is... A lot more cultured? More sculpted?

"Just perfect"

y tú, que lo mereces todo tendrás lo mejor todo respeto, amor, confianza, y buen sexo

aunque ella, no sea yo

Want, not need

I want to talk to you but fear I'll fall for you fall back into what I want not really need

My wants My needs

In mind I keep You

Can't help but keep you In the deep blue sea of my heart In the depth of my mind

I crave you like the food of your people Spiciness spices I'll be Mrs. Nice if you'll just treat me right

I love you Can't have you The eyes of my heart My soul's Deictic gaze is on you The object of my wants Not needs

Please Oh please Be mine Come back to me I'm done plea-ing Want to move on To pleasing you

Spend time Wasted Self-hating On love making

Flex your most important muscle Show me some love Show me some love Show me some love

The etiology of heart-break It started with love-making It started with self-hating

Fear of not being good enough Fear of not being yours my love

The etiology of heart-break It started with us Not staying us for long

Wishful Thinking

I wish we could actually tell people how we really feel Like deep down I love you Like I love every imperfection Because to me they are perfections Like that awkward laugh you make Like when you look at me And if I had to choose between you and coffee Te elegiria a ti, porque el color de tus ojos es mi favorito cafe Like that caramel brown Like you always knew I loved your eyes Like I've never stared into someone else's Not the way I do with you.... Like when we stare into each other's eyes and want to cry... Like something piercing into our souls Like when we last made love Like you're the only one ... and always have been How do you tell someone that?... How do you tell them you love them? How do I tell you that my love for you is like wine? Like a fine wine. If anything, its gotten better with time Knowing I can't have you brings me pain Seeing you and knowing I can't have you brings me sadness I wish we could tell people how we really feel. Like it'd make a difference Because if I knew for sure it'd make a difference... You'd already know how I feel Rejection hurts. But what's really harder? Not talking to that one person who always made things better? Whose hugs could melt the ice in your soul? Or Taking that one chance?

Disregarding your fear of rejection

To tell that one person....

I LOVE YOU, LET'S DO SOMETHING ABOUT IT?