There Is Nothing Below This

Sydney King





Dedication

To everyone who feels like they are nothing more than a walking disaster



Acknowledgement

Thank you:

To Jim Carroll, Stephen King, and Stephen Chobsky for giving me my favorite books.

To my cat, Herman, for keeping me company on the bad days..and the good ones.. and the neutral ones.

To my educators, my inspirations, my readers.

Lastly, thank you to my family, along with the people who positively influence my life everyday (you know who you are)



About the author

I\\\'m Sydney King, also called Syd for short. I\\\'m a lover of words, and I have been my entire life. I\\\'m a writer of several stories I have published online and a reader of nearly everything. I strive to inspire and empower those around me.



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Did you know that it is possible for all of the limbs of a tree to be burnt off, and even as all of the limbs are charred, the trunk of the tree continues to live?

Do you ever wonder what it would be like to have so many parts of you die, but your core still alive?

I wonder if I already know how that feels.

Because sometimes I swear I can feel the sky bend, I can feel every muscle in my body ache on days where I beg myself to just stay in bed.

To just be okay, for once.

Would my limbs grow back?
Would I be reborn if I rid myself of all of my dead parts?



Like A Moth To A Flame

It was like a moth to a flame I, the moth You, the flame

I gravitated towards the flame admiring the warmth it made me feel, basking in the light savoring the sense of belonging

A mistake;

the fire grew too hot emitting burning rage instead of the warmth it once shared with me

We all know what happens to the moth when it gets too close to the flame



Me VS. What You Deserve

You;

an exploding sunset
a blessing to the world
if only I were truly who you needed me to be
if only I was constructed of rose petals instead of hurricanes

I am not the one you deserve

I wish I was as fresh
as the morning air casting dew onto sprigs of grass
I wish I was as beautiful
as the sun peaking over the mountains after
a night as long as infinity

I am not what you should be blessed with
I am returning you with none of what you've given me

I am a hurricane, an earthquake, a tornado and you are light



The Same Person

Kind words
seep from your lips in the form of
angelic smoke
they drift to my ears,
fill my stomach will butterflies
and leave me with a smile
I cannot rid

Cruel words
exit your mouth, falling like a
ton of bricks
they demand my attention
smack me with conformation
and leave me with tears
with pain
I cannot forget

How are you the same person?



It Won\'t Be Long

A teacher once told me
we are made of star dust
each of us have our own galaxy
rushing through our body
each of us, a solar system

Maybe that is why
I feel so close to the stars
maybe that is why
I look into the night sky
and for the first time since the last time,
I feel understood

They know what I feel without a single word, they twinkle down at me in unison as I lay back on dew touched grass

They wait for me to join them and I promise them it won't be long



Humidity

Loving you is like loving the humid July air just before a storm

With each passing day the air grows heavier and hotter

It builds up until the moment
I don't think you can take anymore
I want to go inside
hide from the humidity,
and cool down

Then,
the rain begins to fall
and it is more refreshing
than the light after the dark
it is more beautiful
than the way the sky spits stars
on a perfect night

I thought the air might get heavy enough to make the sky fall

Instead, it rains
it pours down from heaven
in the most beautiful way
I want nothing more than to dance in it

Before it stops and the cycle of humidity



that comes before a summer storm starts again



What My Teacher Really Taught me

All we are; machines

blindfolded and muzzled

spoon-fed lies, submissive to society

when I say "open your eyes" I do not mean it literally

Take the box from your head and become *human*



I Can No Longer Feel The Sun

With every beat of my heart
I grow increasingly tired

I cannot keep my food down nor do I care to

Tell me, what is this I'm feeling?

When my arms convert to weights and my legs to anchors

When the sun shines but I can no longer feel it on my skin

When tired has an entirely new definition

If tired is for needing to sleep, then what do you call it when being tired becomes so much more than that?

How do you keep going when you spend all of your time waiting for the sun and it never comes?



Forgiveness Is Not What I Deserve

I'm so sorry, my friend for all I've done

The mistakes I've made are weights tied to each of our feet drowning us both in an ocean of disaster that I caused

I'm so sorry,
I haven't been myself
I've been a shadow of someone else
I'm lost
and it scares me, too

What I want is not forgiveness

What I want is for you to give yourself what you deserve

I will never forgive myself for smothering you, too

I will never forgive myself and I don't want you to either because that is not what I deserve



To The Sun

Sun, please stop coming through my window you aren't welcome any longer

You make me think about him, and the way his lips felt when they grazed my skin

You make me remember that
he is no longer mine
and he is the only reason I ever had to believe
that you were beautiful
when you forced your way into my room
and exterminated the darkness

You fill my room with annoying light that wakes me up and forces me to realize that I am alive

You force me to remember my own existence, and I beg of you to just get out

Let me sleep awhile longer.

I am tired



Shorelines

Land.

Beautiful eyes to match a breathtaking smile, and a starry night to illuminate every part of you- the dark and the light both parts loved, regardless

Sea.

Uncertain, disastrous at times rolling and crashing into myself, into others enveloping everything into my path

I feared that I would drown you too and you promised me that though we are different we share the same sky from both sides



Hot and Cold

He was colder than my nightly mid-winter walks snapping, and yelling, and hurting

A boy made of rage being with him was like tying myself to a bomb and accepting my fate because I didn't want to admit that bombs do what bombs do

You were warmer than the feeling of walking back inside to a warm home loving, and caring, and calming

A boy made of light being with you is like having someone there to untie me and save me, and show me. you made me realize that I really do know what bombs do

Being with you is like being gifted with rain after melting in the desert

its like
giving my love to something
that won't rob me of everything else too

loving you is the best thing I've done



loving you is not a bomb, its the diffusion of one



Construction

You are not only constructed of pain

You are constructed of beauty and of love

You are constructed of light and the way the moon glows down on a sleeping world full of childhood dreams and memories insomniacs, and lovers awake for each others company

You are constructed of everything beautiful in this world

You are a shining light though you are so careful not to burn me

You are not constructed of pain, or fear, or anger, or sadness

You are constructed of so much more



I\'ve known

I've known
the way your eyes twist into stars
and I swear there is nothing
I'd rather know

I've known
that my favorite shape
happens to be your smile
and the way your lips curl
makes my chest feel less hollow

I cannot wait
until I can see your face up close to mine
illuminated by the vermilion
glow of the sun

My heart beats the same as yours

And I swear to God,
I will never let this go
because this is the best thing
I've known



Reflection of youth; the snow

Clouds release dust like childhood sprinkling sugar over the trees, my heart burns in contrast to the frozen specks

To go back, I would to breathe again, I would to forget, I would

But those things are gone now
just as childhood
though the memories will remain
pure and innocent
as I relive them
in the form of a mid-December storm



2/16/18

Anchored to my bed there's a pain in my head

Every muscle aches my chest seems to quake

The sun burns my skin and I'm ridden with sin

What is this I'm feeling?
Am I ill?

it's numbness or sadness

Why is there no happiness in between?



Enveloped

The winter sky enveloped in a white sheet

The way I feel when everything becomes a burden

the way I feel when nothing feels like home anymore



Unhealthy

Reach into my body take anything you'd like my heart, yours my organs, my soul, and all of my guts all yours

you could take anything from me and I will love you all the same.