

# Anthology of jessiejane

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Presented by

*My poetic side* 



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## Anymore

I don't love you anymore.

Let those words sink in for a moment.

How does it feel?

How does it feel to hear them come from me?

How does it feel to know that this time, I mean it?

I know how it feels.

I know how it feels to say it.

I know how it feels to believe in it.

I broke every part of myself to be more like able. I told myself I was willing to wait for you no matter how long it took. All the times you chose someone else over me. All the times you used me. All the times you destroyed me. I waited for you. I believed in you. I loved you. There were periods where I was the only person who had your back. I was the only person who was there for you when you needed someone, and I never lost faith in you. I saw your demons and I promised to help you with them. I was scared for you but never of you. I don't know if it is motherhood or the realization that I have changed so drastically, for you, that has finally opened my eyes. I don't like who I am now. I don't like that I will never get the old me back. I don't like that no matter how hard I try, I don't recognize myself. More importantly I don't like that my daughter is never get to know the me I used to be. I would never give her up. I would never wish she weren't here. She is by far the greatest thing I have ever done in my life. I do, however, wish I never met you. When I say I don't love you anymore, that does not mean that I never did.

You will forever hold a very special place in my heart. I may not have been yours, but you are the love of my life. Not spending my life with you will forever be the biggest regret of my life. I cannot make you love me the way I want you to, and I cannot keep changing for you. Being around you is painful enough that I don't want to try anymore. I don't want to be with you anymore. I don't want to wake up in the morning and hear your voice. I don't want to set the table at night for the three of us. I don't want to be anywhere near you anymore.

I told you that I would wait forever. God as my witness I never lied. I will never date another living soul. I would rather stop loving all together, than give my love for you to someone else. When I say I don't love you anymore, it means that I have given up hope. I give up. I give up trying to be happy with you. I give up trying to keep you satisfied. I give up trying to always do the right thing, your way thing. I give up feeling like I will never be good enough. I give up knowing that the love I want so

desperately from you, you gave it to someone else. I give up.

I wanted so desperately for you to be my happily ever after. Now I just want you to stop being my nightmare. I want to escape this hell I am living in. I want to forget you. I want to forget this feeling. I want to forget everything.

I need peace and I believe that I deserve that. Don't you dare tell me that I am "the best thing to happen to you" or that you're "an asshole and an idiot." I have listened to these words for five years. Five years. Let that sink in. I spent half a decade trying to prove my endless, no, eternal love for you. Half a fucking decade. I wasted my life, my happiness, my freedom on you. And that is why I don't love you anymore. I will cry myself to sleep every night thinking of you. I will look at our daughter and see you in her. I will hear a song on the radio and remember the good days. I will look back at memories that break my heart all over again.

I don't love you anymore, but I will never get over you. I will never move on. I will never forgive myself for loving you as much as I did. I thought I was going to marry you. If not legally, then spiritually. I grieve what could have been. I grieve you... and I always will.

## I blame you

I was at one of the darkest points of my life. I was completely lost and had absolutely no direction as to where my life was going. I was allowing myself to be put into situations and environments that made me highly uncomfortable just so I could have some kind of interaction with other humans. At first when I met you, I was apprehensive. I didn't know if it was safe to open up to you; until I did. At first it started out like how they all do: a crush, a need to be needed, etc. I don't remember the actual event, but one day I fell for you. I fell hard and I for the long run. You made it very clear that you did not want that. I did everything in my power to move on and let go but it was not easy. We lived together and I didn't have any space away from you to bury those feelings. Eventually I thought I was able to turn love of my life feelings into my ride or die / bff type feelings. And then I got pregnant. The first trimester was terrifying, I didn't know what was going to happen to me or the baby, if we had a home or if you even wanted us to stay. Then the second trimester hit, and I thought everything was ok. You seemed so happy despite the nerves of having a kid 14 years after your other one. You spared no one, anytime we went out you bragged on and on about how were having a baby and how far along I was... I started to fall again. Then the third trimester. It started with you saying how much you loved me and that we would probably get married one day or be an official couple at the very least. I understood that you loved me but weren't ready for the commitment of a relationship just yet. I still very much believed in us though. I could tell towards the end of the pregnancy that you were drawing away and I wanted to believe that it was nerves. I prayed that's all it was. The first night after she was born you downloaded a game on your phone. That decision will forever haunt my life. The rest of this story is not for you.

I was a brand-new mom. My best friend and the person I was waiting for had gotten me pregnant after a night out. I was scared, excited and relieved that he was the father. I don't want to presume I know everything about what you were going through, but you had your family and your happily ever after. He met you online and you worked your magic. We had never been exclusive, although I lived as if we were. I had seen him have flings that lasted a day or a week at times over the years but never anything like this. Not even four months after our daughter was born, he decided that he didn't want me in any way anymore. He cut me out like I meant nothing. As of three and a half years and a baby later had never happened. The next twelve months were the absolute worst months of my entire life. If you know anything about what I have been through in my life, then you know that means something. I am not going to get into all of the details right now, but I can say that I will never forgive the lying, the manipulation, the gas lighting, the emotional abuse, and the trauma you put me and my baby through. Postpartum depression and rage were hard enough to handle without the added stress. Not to mention the fear that he was going to hop on a plane to go see you and never come back. Then as quickly as it all started, you ended it. You used him for your personal satisfaction, and you didn't care about the consequences it led to. You didn't care about the damage to cause our lives. A few months after it ended, he told me he had made a mistake, that he wanted to be with me. I was apprehensive. How was it that I finally had everything I prayed so hard for, and I didn't want it anymore? Answer, I didn't trust it anymore. I didn't trust him anymore. A week or two ago, he found out that you had been here just a few days before. He somehow had missed your text that you were in town. Probably his one chance to meet you in person and he blew it. Not long after he ended our relationship without even telling me. All of a sudden, we were just friends again. I might be important to him, but he does not love me. I don't know if he loves you, or if he ever did, but I know that whatever he felt for you he will never feel for me. I know that all the effort I put in over the years, all my promises to wait for him to be ready, were wasted. And I know that I blame



you. Any time I am reminded of you I cannot help but think that you are the woman who took everything from me. Because of his feelings for you, I will never get it back, and now I feel trapped.

## untitled

I don't know what I'm writing  
I don't know why I'm writing  
I feel lost  
And yet I feel found  
I know who I am now  
I know what kind of mother,  
I want to be  
I know what kind of lover  
I am today  
I don't know what kind of lover  
I want to find  
I love you  
I always have  
I always will  
But you put me on the back burner  
For addictions and games  
What am I to you  
Would you know if I left  
Would it hurt you  
If I took her with me  
Would you even look for us  
Can you see us now

## Eternity

I want to be alone  
I want to be rid of you and your memory  
I want to runaway  
I want to forget everything I ever felt for you  
I want to be free  
I want to choose me and put myself first for once  
I want to be happy  
I want to find peace in everyday  
I want to be alone  
All by myself  
Just me and what I need most  
Not you  
You need to leave me alone  
You need to erase your mark on my life  
I'm not going to say please  
I am telling you  
Release your hold on me  
Let me be  
Set me free  
So I can be completely and utterly  
Alone

## Stay

They think that no matter what they do, you'll always be there. They think that they can make all these decisions that affect your life and happiness, and you'll just stick around for the pain. They don't realize how badly you hurt, that you're dying inside. That you don't want to stay.... but they already left.

There is a sadness that comes when someone you love desperately decides that they no longer love you, or never loved you the way you loved them. A piece of you dies when you see them give that love you longed for to someone else. It eats away at your soul until you don't know who you are anymore.

At first you are filled with confusion. Why is this happening? Did I do something wrong? How do I fix this? Then you are filled with anger. How dare they? I gave you everything. Who does this new person think they are? They are destroying everything you hold dear.

After the anger comes distrust and constant anxiety. Everything they say or do comes with a grain of salt. You want things to go back to how they were before, but you hold them further than arm's length. Your heart is guarded, and you don't know how to let them get close to you again. Anytime they are on their phone, or they disappear for a few minutes too long you get scared things are progressing further away from your dreams.

Eventually you are blessed with the realization that no matter what you do they can't love you the way that you want to. It's no longer that they won't try. You are still angry at the new person, and you rightfully hold blame on them for entering your lives and stopping you in its tracks.

The one constant you will feel throughout each phase is the soul crushing pain of loss. You will grieve the loss of your love as if they died. Knowing that they could choose someone over you and your family is so devastating that it's almost incomprehensible. What hurts even more is when you finally understand that even if they decided to come back to you, you won't want them to. Even if they did everything to make up for all their mistakes, that pain that they caused left a scar that will never be healed; not by them.

They don't accept the pain they have caused you and are blind to the wrong they have done. They destroyed something so sacred and continue to act like it was just a part of life. Your hope is gone. Shattered like soft glass on a stone path. The thing that once gave you life is choking you at night. Yet they believe you have no reason to leave. They are delusional in thinking you will forever stay, and you owe it to yourself not to.

## Blackout

you gave me life.  
you gave me hope.  
you gave me freedom.

I gave you a release.  
I gave you fun.  
I gave you too much.

I saw something new.  
I saw something real.  
I felt something special.

you didn't see me.  
you didn't see us.  
you didn't feel the same.

We both had different visions for our lives at the point we have reached. I figured I would be graduating college and in a perfect fairytale relationship. You probably thought you would have everything you wanted: perfect career, perfect house, the right car, and the right girl. I know I'm not her, the perfect girl- your perfect girl.

you drink to be free.  
you drink to turn it off.  
you drink to forget.

I don't drink.  
I don't forget.  
I can't forget.

you move on so easily.  
you erase nights that hurt.  
you black out the ugly.

I want to learn how.

I want to let go.

I want to blackout you.

I want to give you the freedom that you so desperately want. I have tried my hardest to be what you like. I have become so different from the person you first met at the apartment and then later at the lake; In some ways for the better. There is a small part of me that is still the same and I wish it was the one part that had changed more than any other. I love too deeply and strongly. Yet I have never loved the way that I love you. [Blank] is my life-line and I will love her immensely until the day I die. You on the other hand... you are the breath in my lungs. My heart can pump all it wants but without oxygen it will eventually fail. Sometimes I think I am ready to let go. I pretend that I already have. This last year especially feels like I have been holding my breath and it is time that I let of it. I either need to learn to breathe on my own or I need to let my breath be taken away permanently. I need to give you peace. I need to give you freedom. I 've held my breath for this long and it's time to black out you before I black you for good. So, cheers, bottoms up. Let's have one last hoorah and forget it all. Before it's too late.

you gave me joy.

you gave me peace of mind.

you gave me everything to feel special.

I gave you love.

I gave you a second chance.

I gave you everything special to me.

## Losing you

I don't want this anymore

I don't want any of this

If I were to tell you

You would say I already knew

This isn't what you wanted

I don't want this anymore

I don't want any of it

You want her

You prefer her

You don't want us

I don't want this anymore

I don't want any of this

I don't want you to abandon us

I don't want to raise her alone

I don't want to leave

I don't want this anymore

I don't want any of this

I don't want you to move on

I don't want you to find new happiness

That doesn't include us

I don't want this anymore

I don't want any of this

I don't want to be a single mom

I don't want to be alone

I don't want you to leave us

I don't want this anymore

I don't want any of this

If it means losing you



**6/27/'22**

I can't shake this feeling of betrayal. Yet at the same time I wonder, if it was I who betrayed myself. I chose to be naive again and and I trusted not so blindly. I knew what I was in store for and even after I was proven right again and again I still held on. Why?

I know that the only future I have with Brian is as his caretaker. He will never love me. His heart belongs to another; because he cannot have her he chooses to fill the void with countless others. He cares not of the consequences this creates for him or those around him. In that aspect he is selfish. I can't help but feel guilty.

I always said that my child(ren) will never have to feel that horrendous feeling of never being good enough. Yet I chose to create a family with a man who makes me feel that way every day.

I don't know why I thought things would finally be different. My lack of self acceptance is like sticky paper to those who fly around looking for someone to make their life seem better than it is.

I will always love this baby inside of me. However I must come to the realization that I will never be loved the way I have loved him and countless others. The love of their child is the only love a mother will ever need. Yet I still dream about the kind of love that binds two souls together for all of time.

I want to grow old with someone who only sees the young girl they first met. I want to wear a white dress and dance under the stars. I want to hold his hand, as we remember who we are. I want to be loved in a way he never will. In a way he never did. He can't. I need to move on. So today, I say goodbye.

I say goodbye to the one thing I've ever wanted. I say goodbye to the one person who taught me fairy tales could be real. Today I say goodbye to me. I can't be the same naive, hopeful girl I used to be. I need to grow up and tuck my heart away.

My heart can only belong to my child. Maybe one day they can find the love I never could. Lord knows how hard I tried. I just didn't try hard enough. I didn't let myself become enough. It hurts too much and it's so easy giving up.

To my baby growing inside of me, don't give up. You are enough. Prove that the love I once believed in is real. Find someone to grow old with. Then I will know what I did was right. That I wasn't naive but overlooked. Love and be loved, like I never could.

Yours innocently, ? BirddieJane

## Swan

Am I going crazy  
It's just a movie  
And yet  
I feel as if I am her

I can't dance  
But like her  
I am alone

In a world  
Where no one listens  
No one appreciates  
No one cares

Except  
Perhaps for their benefit  
Alone

Spinning  
Twirling  
Crying  
Screaming

Dying

Because like her  
My price chose  
The wrong one

## Everything

I do everything for you  
I sacrifice my health  
To make sure you are safe  
I sacrifice my sleep  
To make sure you can  
I give you my all  
To make sure you have everything  
I live for you  
Do you even know  
Do you even care  
Would you do the same for me  
Will you even notice  
When you are the death of me

## "Speak"

hi, I'm speaking to you.  
can you hear me?  
no; I guess you can't.  
or are you just choosing not to?  
why don't you answer me?  
I just want to talk.  
I thought... somehow we'd communicate.  
you love talking to other people.  
you do it all the time.  
The only time you actually talk to me,  
is to tell me about those other conversations.  
i want to be heard to.  
i want a chance to speak.  
please.  
i don't want to be silent anymore.  
i don't want to lose my voice.  
hi, I'm speaking to you.  
can you hear me?

## Meant to be here

They ask me why I stay  
Tell me it's not healthy  
I should be independent  
But they don't know what I do

I stay  
And I endure the pain  
Because only I can  
My purpose in life  
Is to be exactly where I am now

I can't explain it  
It's an instinct  
As pure as survival  
It just makes sense

Through this experience  
I have been taught strength  
And in return  
I gave love

Not everything  
Will make sense to everyone  
But just because you would leave  
Doesn't mean I should

**fantasy**

I love you more than life,  
But I am not happy.  
I would spend the rest of my life  
Happily by your side.  
But at what cost?  
There is something that I want.  
And I want it very much,  
As much as I love you.  
But I cannot have it.  
Not if I stay with you.  
It's not a part of your destiny.  
It's not something you want.  
Do I give up my biggest dream,  
Or my truest love?  
How do I choose between the two?  
How do I tell you?  
I already have you now.  
Would I really walk away,  
For something that might never be?  
Do I say goodbye, to say hello?  
Do I continue to love you,  
And burry my dream deep inside?  
I don't want to lose you.  
I don't know what to do.  
Maybe down the line,  
I could convince you.  
Until then,  
A dream is nothing but fantasy.



## Yours

You are not mine  
But I am yours

You bring me joy  
And you bring me pain

I will never leave you  
Stranded and lonely

You give me hope  
And you shatter it

I will never betray  
Backstab or abuse you

Whatever you need  
I will provide

For you I will fight  
For you I would lay down my life

I am yours  
But you are not mine

I promise  
Not to smother you

I promise  
To give you space when asked

I promise  
Not to become jealous



I am yours

Today

Tomorrow

Always

## What I want

I love you  
And I'd do anything for you  
But you want all the fun  
Without all the commitment  
I've learned to change  
What I believe is right  
So you can still get  
What you want  
But it's still not enough  
I just want your trust  
I just want your honesty  
I just want your heart  
I'm ok sharing your body  
If I must  
But all I ask  
Is your heart be mine  
Please be mine

## I lay my life at your feet

You have been betrayed. Backstabbed and ridiculed for centuries. Lifetimes I can never imagine. Forever fighting, always surviving. Never allowed to live a life just for you. To truly experience the joy of life it's self. You feel lost and unwanted. You are not alone in this feeling. You are so used to being abandoned that you abandon now. You are scared. When you need not be. I will be your strength. When the world turns it's back, I will pick you up. When fear takes control, I will stand tall. When you can't fight anymore, I will fight for you. Until the day you no longer have a reason to. Lay your life in my hands, like rain to the sea. Let me be your sails and your stars as you chart your path. Let me sustain your life when famine takes hold. Allow me to be your shield, when they come to take your place. Let me stay awake, so that you may sleep in peace. I am not all powerful, not by any means. Allow me to give all that I have. So you may have all you deserve. Allow me to guide you. Allow me to help you. I will lift you higher than you ever imagined. Use me as your ladder. Use me as your life force. Lean on me. Rely on me. Trust me. And all I am will be yours.

## Doubts

I have this uneasy feeling  
I don't want it to be true  
I trust you  
I really do  
But I can't help but worry  
What are you doing when I'm not home  
Why were the doors all locked  
When I came home last night  
Not the front door  
But the bedroom door  
I know I'm not what you want  
Trying really hard to make it work  
I gave up trying to take it more  
I hope I'm wrong  
You wouldn't do that to someone  
You wouldn't do that to me  
Right?  
But it keeps me up at night  
This uneasy feeling

## Dust

My heart  
Is gone  
Shattered at a young age  
I tried again and again  
To build it back  
To protect it  
But it's been shattered  
One to many times  
And the dust slips between my fingers  
My heart is gone  
You can keep what's left

## Dragons world

I'm running  
I've always been running  
And I don't think I'll ever stop  
I can't stop  
I have to keep going  
I live in a world  
Others can't see  
As a child I embraced it  
But as I grew older  
I lost sight  
And my world grew dark  
Until I awoke in a new one  
A world of rules  
A world of pain  
A world I was truly alone in  
But today  
I felt a breeze  
The trees couldn't feel  
I stood in grass so soft  
It doesn't exist  
Peace flooded through me  
As I found my way back  
I have to run  
And I'll keep running  
I might not know why  
But I know where  
I will always run  
To you

## Blunts

I dont know how  
So you always roll  
You've tried to teach me  
But I'm too nervous  
That you'll watch me fail  
I love watching  
The way your fingers move  
When you break it down  
So gentle and precise  
The way you lick the swisher  
The concentration  
The focus in your eyes  
The way you bite your lip  
I love when  
You pass it to me  
And our fingertips brush  
Just briefly  
I wish I could linger  
That we could touch  
Just a bit longer  
Fuck it, why not  
I'll be honest  
I wish you could love me  
The way I love you  
So you can feel  
The rush I feel  
Smoking blunts with you.

## Hearts & Spears

"I'm bleeding out  
And you cant see it  
Only I can  
I look in the mirror  
And see tears of the darkest red  
My wrists and my ankles  
Are slashed and dripping  
Leaving a reminder  
That I once stood there  
Everytime I look at you  
I listen to you  
I love you  
He digs his claws deeper  
His blade in my chest  
Grows sharper  
Im bleeding out  
And you cant see it  
Im bleeding out  
So you won't"



**faithful forever**

I love him  
But does he love me  
I'll wait for him  
Will he keep me waiting  
Why did we meet  
Did fate have a plan  
Or was this a cruel joke  
Why did he take an interest  
If he had no interest  
In pursuing something more  
I love him  
But does he love me  
I'll wait for him  
Will he keep me waiting  
I've been faithful for so long  
To someone I owe no loyalty  
I've done everything I can  
To prove I'm the right one  
I put on a strong face  
And keep the faith  
But at night  
My heart quietly breaks  
I love him  
I'll only ever love him  
Will he ever love me  
Can he ever love me  
I'll wait for him  
I'll always wait for him.

## Dear Brian

You said never again  
She was your last  
She medsed it up  
You'll never date again

I said never again  
He was my last  
He messed it up  
I'll never love again

But i love you  
You gave me a new outtake  
Gave me a new life  
And a reason to love again

Lets do this different  
We dont have to date  
I have a sollution

Marry me instead

## More than the dogs

How do the dogs  
Love me more  
Than you ever will

How are the chores  
More consistent  
Than you ever are

What do you want  
What do you need

Who do you want  
Who do you need

How could I ever  
Love you more  
Than I already do

How can I ever  
Be more loyal  
Than I already am

What do you want  
What do you need

Who do you want  
Who do you need

We could be  
So much more  
If you would let us be

You have nothing

You could lose  
I only have you

What do you want  
What do you need

Let me be  
Who you want  
And everything you need

## Stars and galaxies

You will never comprehend  
The love I hold for you  
Deep within my heart

I look at you  
And nothing else matters

You make me feel safe  
With a laugh so goofy  
And a smile so honest  
It fills my soul with warmth

I laugh with you  
And nothing else matters

Your breathing in the night  
Transports me to new worlds  
I know I can dream  
When you lay next to me

I listen to you  
And nothing else matters

It is said  
That certain souls  
Are connected for all of time  
Threaded through a string of fate

I believe in you  
And nothing else matters

If we were to leave today  
Say goodbye to our friends

Prepare to sleep  
And find final peace

With you i have hope  
And nothing else matters

I know  
Deep inside  
We will be together  
On the otherside

You give me courage  
And nothing else matters

Whether it be space  
Or perhaps even time  
Who claims us  
For eternal life

I will reach out my hand  
And feel you at my side  
When it comes to you  
Nothing else matters

## I'm screaming at def ears

You agrivate me so  
Was I never gonna be  
Good enough for you  
Was I just easy pussy  
So you could get laid  
You gave me a place to live  
Was it to be kind  
Out of the goodness of your heart  
Or because you were lonely  
I came to terms  
Long ago  
We would never be  
What I wanted us to be  
But you knew my feelings  
Just as I knew yours  
Since day one I was honest  
You tell me  
I cant be with anyone else  
And yet you don't want me  
You call out my name  
My real name  
And it gives me  
The slightest spark of hope  
But then refuse to touch me  
And now you're done  
You've had your fun  
Played your games  
Lord knows you won't touch me  
Unless your dick  
Is down my throat  
But can you even stand  
To look at me  
Tell me something

Be honest  
Get mad if you have to  
Like I do  
When you call me fat  
Now that youre sober  
Are your thoughts clearer  
Dont lie to me  
I'm a big girl  
Tell me the truth  
Was it you  
Or the booze  
Who kissed me at the lake  
Was it beer or my best friend  
Who let me sleep in his bed  
Was it whiskey  
Or a fantasy  
I created in my head  
I thought that fight  
Brought us closer  
Until I realize  
You'd never been drunker

Ps...i still fucking love you



## Let it Go

You think you are so special  
That you get what you want  
Because you're quiet  
Smile and say please  
You are not special  
You are a coward  
Selfish and mean  
For months you lead me on  
Made me feel loved  
Let me believe  
That you were so much greater  
You tore my heart out  
I loved you  
And you burned me to the ground  
You say that you feel bad  
You wish you could help  
But you are a liar  
What you really mean  
Is that you are not done  
You're not done using me  
You don't want me  
But you want my body  
You already know my answer  
Still you persist  
You bribe me  
Even though you know my story  
You know what I need  
You know there's always a price  
I wasn't worthy  
To be your love  
But I'm sufficient enough  
To be your whore  
How could you ask me

To do something like that  
After everything you know  
Still you ask  
You show me the cash  
And I know that I need it  
But I don't want it  
Not like this  
Did you forget  
Everything I told you  
You are not my client  
You are an ex-boyfriend  
A coward  
Scum  
A no-one  
And I am not your whore

## Jennifer

I dreamt about you again  
And the tears came again  
I don't fight them anymore  
There's no point  
I put on a charade  
Tell them I don't care  
And act angry or indifferent  
But I'm not  
I'm broken  
And lost  
I thought it hurt  
When my dog died  
Or when Gigi went to heaven  
I thought a friend's betrayal  
Or fighting with Mom and Dad  
And running away  
Was the most painful  
And difficult trial  
But when you closed that door  
Told me to go away  
That's when I knew  
What true heartbreak  
Feels like  
It feels like nothing  
Like a hollow knocking in your chest  
You breath and your heart beats  
You eat, sleep  
Wake up, go to work  
And repeat  
You're alive  
But you aren't living  
Every thought  
Is a memory

When I think of you  
I think of us  
Goofing off  
And laughing  
Inseparable  
The perfect duo  
I wish none of it happened  
I wish you would talk to me  
I don't know your phone number  
But I send you letters  
And even though  
You don't respond  
I want you to know  
I love you  
And I miss you

## my heaven

She rides a yellow bike  
Barefoot on a path of glass  
Her hair is short  
And close to her head  
Each curl perfectly coiled  
And golden as the sunflowers around her  
She wears a white dress  
Sinched at the waist and knee length  
Her Easter pink scarf  
Is tucked into either elbow  
And trails behind her, light as a feather  
In her basket she carries flowers  
Jasmine, carnations, lillies and daisies  
The tunnel of trees she travels through  
Is in full bloom  
Pink and white against a sky so blue  
The falling petals dance like snow  
The sun is warm and inviting  
A rain falls from no-where  
The drops, a gentle kiss on her shoulders  
She will ride this path for eternity  
For she has no-where else to be  
Than at peace  
Who is she?  
She is me.  
And when I think of Heaven,  
This is what I see.???

## I fucking hate you

You will never  
Be able to comprehend  
My hate for you  
I trusted you  
I confided in you  
I believed in you  
You promised me  
What you wanted  
And what I wanted  
Was the same thing  
I told you  
I'd always be here for you  
No matter what  
And I meant it  
Because I felt bad  
Letting you go  
Little did I know  
You're a fucking liar  
You used me  
You new my past  
New he rapped me  
And yet for 6 weeks  
You let me believe  
What we had was real  
When all you wanted  
Was to fuck me  
Sure  
I'll admit  
It was the best sex  
I've ever had  
Wish I'd known  
After you'd screwed me  
You'd fuck me over

Went online today  
Just to chat with an old friend  
Saw your profile  
Our first conversation  
Decided to go down  
And visit memory lane  
Wish I hadn't  
Tell me the truth  
Don't lie to me  
I know you were on it  
It says recent  
As in today  
An hour ago  
To be exact  
Is that the first time  
Since we broke up today  
I saw the pictures  
The new ones  
You took last week  
Did you just now add them  
Or did you do that  
When you took them  
Don't lie to me  
Or go ahead and do  
I'm not afraid  
To leave you  
I already did  
Don't gamble my friendship  
When I'm giving it to you  
Free of charge  
Just a bit of honesty  
In return  
I know you're a flirt  
But were you looking  
For a new girl  
I don't care

Nevermind how I feel  
You obviously didn't mind  
You honestly dont care  
At least it seems that way  
So be honest with me today  
Because when I say I fucking hate you  
It means I once loved you



## Forever or never

I'm in it for the long run  
You say you are too  
I love it when you call  
Even if I'm sleeping  
I count down the days  
I can't wait for the weekend  
You give me confidence  
And encourage me to be better  
I'm in it for the long run  
You say you are too  
But then you go off  
Flirting like the only male lion  
In the entire zoo  
I say I don't mind  
And it's true  
I'm mad at me  
Not you  
When you flirt with other girls  
I forget my new found confidence  
I feel ashamed and used  
Compared to them I'm ugly  
You should find someone new  
Someone who looks as good as you  
I don't know why  
It's something I can't explain  
So don't ask me to  
You flirt with so many girls  
But you stay with me  
I know you flirt  
And yet I stay with you  
Do you want me to  
Im in this for the long run  
Are you?

## My dance with death

He calls to me  
Leads me close  
And then he leaves  
Over and over  
Again and again  
It's my own fault  
For trusting him  
He always promises  
He can make it all change  
Make it all go away  
So i let him in  
I listen to his empty promises  
But I'm oblivious  
His voice is like magic  
Deep and smooth  
It resonates in my chest  
His words are rich  
Like the sweetest wine  
So I let him in  
And I listen  
I invite him to stay  
Sit him at my table  
Let him sleep in my bed  
Follow me through my day  
His presence is consuming  
It distracts me from the rest of the world  
Having him around  
Makes me feel at ease  
So I let him in  
He's beyond beautiful  
His darkness is alluring  
I prove my love  
By carving his name

Into a piece of me  
I tell him I'm ready  
I want to be with him for eternity  
He smiles at me  
And then he leaves  
He promises me  
We can be together forever  
It just takes one thing  
I have to prove I can do it  
I can leave everything  
And everyone  
Behind  
I tell him I'd do it  
One final heartbeat  
Then everything would change  
But once again  
He says not today  
I love you  
And I want you  
But not today  
It's never today  
He's never ready for me  
But I've been ready for him  
I've planned it all  
A hundred times over  
The only thing left  
Is to know when  
And how  
How I will get to him  
When the time comes  
Because I know  
Once we are together  
He will never leave me  
And I will be his for eternity

## Tomorrow

I woke up today  
8 am, as always  
Nothing has changed  
It's all the same  
I'll get ready  
Say goodbye to my family  
Smile and wave  
To the stranger on the street  
Enjoying the breeze on my face  
I clock into work  
And tie my apron around my waist  
I know the drill  
I'm comfortable here  
One customer compliments me  
The other criticizes  
Neither fazes me  
I brush it off  
And rejoin my co-workers  
Some are friends  
Others are like family  
We joke and we laugh  
We gossip and we chat  
Our daily duties go by in a flash  
8 hours in and it's time to leave  
I punch in my number  
And collect my receipt  
5 days into the week  
And already 26 hours registered  
Time to head home  
I'm greeted at the door  
Stepping inside, the dogs surround me  
Hoping for love  
And perhaps a surprise treat

The rest of the night is a blur  
A routine on repeat  
Dinner, and then I'll watch some t.v.  
Maybe I'll clean my room  
I'm the last to sleep  
I walk into my room  
Uncertain as to why  
I feel so ashamed  
This immense anxiety soon fills me  
I don't want to spend the night alone  
But I always do  
That never changes  
I change, and lay my head on the pillow  
Like every night  
I spend hours on my phone  
This time I was on YouTube  
I was watching music videos  
6, maybe 5 hours before I have to get up  
I say enough, and shut it off  
I close my eyes and soon fall asleep  
Tomorrow, I will repeat everything  
Tomorrow, I will wake up  
I will look in the mirror  
And feel inadequate  
I will get ready  
But still feel stupid and ugly  
I will leave for work  
And feel like an idiot  
Riding a bike in December  
But I don't have a choice  
At work I'll do my best  
I'll smile and look like I'm having fun  
When all I want to do  
Is clock out and hide at home  
Sometimes I'll use the restroom  
Just so I have a place to cry

The hours I'm working  
Are exhausting  
But I still ask for more  
At home I immerse myself in fictional worlds  
Some are on the t.v., others on my phone  
I laugh and I have fun  
But when the night is done  
The hollow loneliness from within  
Becomes abundantly clear  
I lay my head on the pillow  
And pray  
Let this be the end  
For tomorrow I'll have to do it all again  
I'll have to pretend

## **bubbly butterflies**

I have this funny feeling

Deep with in

Like a fluttering

A jittery feeling

Makes me giggle

Makes me smile

I have this feeling

My mind is distracted

I cant focus on anything else

All I see is you

You fill me with bubbly butterflies

## Mirrors

Hi  
How are you  
Don't be nervous  
This won't take long  
Do you know who I am  
No  
That's ok  
I'm here to help you  
Because I care  
Stop that  
That kind of mindset  
Is no longer welcome here  
Don't laugh  
And tell yourself  
That no body really cares  
You are way more valuable  
Than you give yourself credit for  
Take your life  
By the reins  
Don't be afraid  
To speak up  
Use your voice  
You have one for a reason  
And I happen to like yours  
You are beautiful  
Don't forget it  
And don't argue with me  
You know I'm right  
So just smile  
And take the compliment  
It's ok to be shy  
And it's ok to be cautious  
But stop hiding yourself away



Let the world get to know you  
Let them see  
Just how special you are  
This is your life  
Go live it  
And if you need another pep talk  
Just look in the mirror  
I'll always be there

## **Its my life not yours**

I don't know why  
I keep coming back  
Last time  
I told myself  
It was for good  
I was done with you  
Done with the games  
The manipulations  
The lies  
The constant contradictions  
Telling me one thing  
And then another  
Leaving me stranded  
Not knowing what to do  
Or where to go  
Either path  
Will break your rules  
You insult my intelligence  
By leaving your list  
Where I can find it  
Yes  
I googled the phone numbers  
You take me to places  
Say you're just trying to help  
And I don't get to say no  
When do I get to speak for myself  
You fill out personal paperwork  
Meant for me  
With questions  
Only I should know the answers to  
You change details  
And tell the wrong story  
But im obsessive

For correcting them  
How long  
Have I turned a blind eye  
How long  
Am I going to keep doing it  
Letting you talk down on me  
About me  
You want it to be me  
It has to be my fault  
There must be something wrong with me  
Because I called you out  
I stopped falling  
For your game  
I'm not going to be quiet anymore  
I'm done letting you chose  
The way I get to live  
I'm going to tell world  
My truth  
I am not scared of you  
I have nothing else to lose  
But you do  
Because if you keep it up  
You will lose me forever

## The words I will never get to say

Six years  
That's how long it's been  
Since the day I met you  
You have always been  
A faithful friend  
A shoulder to cry on  
Or someone to laugh with  
We haven't seen each other  
In what feels like years  
But the online conversations  
Are never ending  
But now I'm realizing  
That I don't want to be  
Just friends  
I liked you then  
And I like you now  
But it didn't work then  
And I fear  
It won't work now  
So although  
I'm going to send this to you  
We are both going to pretend  
That you are not reading it  
Because I never wrote it  
And that these are the words  
I will never get to say

## Ashes

My whole life  
I have been running  
Running from my past  
And from my future  
I ran from the truth  
I hid from who I am  
Scared to look  
Terrified of the mirror  
But you stood in my way  
Blocked my path  
Strong rooted and determined  
You sparked a flame  
Igniting the fire  
I sit here and watch  
Eyes wide and in awe  
As the world I know  
Crumbles to ash around me  
Giving birth to a new life  
One born of ash  
And gifted  
With the magic of your love

## My secret life with autism

My whole life  
Has been a secret  
A giant stew of denial  
Day by agonizing day  
I tried to prove  
Everybody wrong  
I was so adamant  
So determined  
For countless years  
I believed my own lie  
I was scared  
To face the truth  
But then  
I met you  
You have lived  
Unafraid  
Unashamed  
You didn't hide from the world  
Pretending to be  
Somebody different  
You have taught me  
To be proud of who I am  
You have showed me  
To live life  
How I was meant to  
You have found me in the shadows  
And given me new light  
Thank you  
For showing me  
How wonderful life can be  
With Asperger's syndrome

## Blue

The one thing  
You loved most  
Is the one thing  
I can no longer stand

I sit here  
Driving down the road  
1800 miles from you

As the setting sun  
Lays gold in the sky  
I look out my window  
And see it reflecting back at me

You loved them  
Said they were the most beautiful blue  
Light in colour  
Almost silver

My eyes  
The windows  
To our love

Today  
They no longer shine  
With the fire and passion  
They did when I looked at you

Today  
They are filled with pain  
Lost and lonely

I expected

They would turn to ice  
Hardened and immune to the world

Instead  
They are puddles  
Melted and unrecognizable  
Missing you forever

How  
Do I look myself in the mirror  
How  
Can I look into the eyes of another

How could I betray you  
And share your favorite joy  
With everyone, except you

I see him every where, and I'm numb to it I feel like I should miss him or be glad he's gone, but I feel nothing... The world has no song for me to dance to



## Thomas

My dearest Thomas,

Life has seperated us once again. The pain of being so far from you is unbearable. But I keep pushing forward with the knowledge that hope and faith will bring us together again. When I think of you I hear Whitney playing in my mind; and she is right. I will always love you. You are my shooting star. No matter what this world brings I will always be here for you. And when your heart chooses to love another I will rejoice with you. And I will love her as a sister, because you love her. One day I also may find another. But even though I will love him with all my heart, I will still hold you in a special place. This is not goodbye simply farewell. Until I can hold you in my arms once more. I love you.

## TJ (move on)

You tell me to move on  
Say I should find someone new  
We will remain as just friends  
Romantic partners we will never be  
I know that we can be something special  
But your soul turned cold  
And filled your heart with icy fear  
What I pictured as forever  
Quickly turned to never  
I don't know my future  
Or how I'll ever move on  
Is this better for you  
Am I better off  
I'd rather be alone  
Than find a new love  
Don't do this to me  
I can't move on  
Don't make me say goodbye

## Everytime my heart beats

I asked you a question  
And you gave me your answer  
I said it was ok  
I didn't care either way

But I lied

I love you  
But today I said goodbye  
I say I'm leaving  
But that's another lie  
Because I will always be here  
And you will follow me  
Wherever I go  
In every tear I shed  
And everytime my heart beats

Because I love you  
And I always will

## But even still

Tonight  
Was the best night  
Of my entire life  
I have already given to you  
The purest part of myself  
And you already know  
You hold my heart  
But tonight  
Was the best night  
Of my entire life  
Tonight  
I stayed up all night  
Talking with you  
Tonight  
I explained to you  
Why I care about you  
Tonight  
I told you  
I love you  
Tonight  
Was the best night  
Of my entire life  
Tonight  
I felt a connection  
Not a spark necessarily  
But something special  
Something for us  
Tonight  
Was the best night  
Of my entire life  
Tonight  
You said you cared  
Tonight

You said you like it  
That I was always there  
I know  
We have a long way to go  
Before we can become  
Something more  
But even still  
Tonight  
Was the best night  
Of my entire life

## Elizabeth

There is this...  
Profound loneliness  
That burns in my chest  
When I think of you

I have no  
Cognitive memories  
I do have physical memories  
Of that year  
We spent together

I had so much  
To give to you  
So filled with love  
Only for you

You say it hurts  
The walls I've built  
The distance I keep  
The words I say  
To keep you at bay

But you hurt me first  
You broke my heart  
And destroyed a bond  
Created for a mother and daughter

I don't hate you  
Please know that  
But I can't  
Let myself know you



## My time with you

It was so magical  
I was flying  
My brain on cloud 9  
You brought me down  
Showed me a world  
I never knew  
It was magical  
I never felt so alive  
And so connected  
It was magical  
And you were the magician



## Broken Pieces

So many nights  
For so many years  
Crying my heart out  
Wondering what I had done wrong

I grew up  
And I grew strong  
I gave you a final warning  
A promise to myself

You thought I was bluffing  
You only saw me as weak  
You had no idea  
Just what I was capable of

I looked down at my hands  
So empty and full of scars  
I packed my bags  
Full of broken pieces

And I walked out

## Find me

Today  
You went too far  
I am broken  
Way beyond repair  
I was yours  
For almost 19 years  
I have memories  
Of only you  
But you tried to give me back  
And he likes to yell at me  
Your not my sister  
We were adopted  
I don't have to love you  
Am I really  
That awful  
To be around  
Why do you hate me so much  
If I were to leave today  
Would you miss me  
If I were to be  
A star in the sky  
Would you look for me

## Love doesn't care

I have always said  
That love is a verb  
An action that you perform  
To show how much you care  
And how much that person means to you

Almost twenty-one years of life  
And now I believe  
That love is not a verb  
But rather a person

This is what I have to say to Him

You were late  
I was born  
On September first  
You didn't show up  
Until October third  
Three years later

Why were you late  
Was I not important

You were quick to flee  
One day by my side  
Happy and free  
Like nothing could go wrong  
And in a split second  
You would run away  
Like a ghost in the night

Why would you leave

Was I not enough

You fill my head with promises

Of what is to come

And what will be

But then you lie

You get my hopes up

And wait patiently

To push me over the edge

Why would you watch me fall

Was I not loyal

Love is a person

And love is mean

Love picks favorites

And leaves the rest to fend for themselves

Love doesn't care

## The urge to sink below the water

You have no idea  
What it's like  
To be me

Abused and abandoned  
From day one  
Three years with no parents

You have no idea  
What it's like  
To be me

Seventeen years  
Of love and care  
Only to be hated

You have no idea  
What it's like  
To be me

Twenty one years  
Sharing every birthday  
Only to be rejected

You have no idea  
What it's like  
To be me

Nineteen years  
Calling you mom and dad  
Only to feel like a burden

You have no idea

What it's like

To be me

To love a family

To love a world

To love a life

You have no idea

What it's like

To be me

When nothing you do

Can ever be enough

To earn their respect

You have no idea

What it's like

To be me

To cry so often

That you begin to enjoy

The feeling it gives you

You have no idea

What it's like

To be me

To ask for communication

Someone to talk to

Only to be ignored more

You have no idea

What it's like

To be me

To be broken hearted

For so long  
You don't remember the first break

You have no idea  
What it's like  
To be me

Lost  
Alone  
Invisible

You have no idea  
What it's like  
To be me

To cry for Jesus  
To want to die today  
But you don't believe in suicide

You have no idea  
What it's like  
To be Jessica Jane

## A Whisper From Heaven

"You would know  
Exactly what to say  
When I would come to you  
With tears in my eyes  
And a question on my heart  
You always knew  
Exactly what to say  
So where are you  
When I need you most  
Can your words  
Not reach me from Heaven"



## that day can't come fast enough

i am not ok  
i miss you  
each day  
that i wake up  
and your not here  
chips away at my heart  
and tears holes in my soul  
you were so important to me  
my best friend  
my family  
my guardian angel  
i try to be happy  
i try to move on  
i thanked God that day  
because He gave you peace  
and reunited you with your charlie  
but i don't know  
how to do this  
i need you here  
i need you with me  
why did you have to leave me  
i wish i knew  
how long i have to wait  
to see you again  
so i could start counting down the days  
i love you so much  
there have been so many times  
i sat in the shower  
simply so the running water  
would hide my tears  
because i don't want them to hear  
they will say that i need help  
i know that they would be right

and that they would mean well  
but i also know  
no amount of therapy  
or anti-depressants  
can ever save me  
from the pain i feel  
since you left  
and they wont help me  
stop missing you  
as badly as i do  
because i love you  
and i need you

## Volim te

I went online  
And I created an account  
I didn't really want to  
But they said  
It would be good for me  
Because he hurt me  
He ripped out my heart  
And left me stranded  
I wasn't having any luck  
Nobody could fill the void  
Then you liked me  
I liked you back  
And I haven't looked back  
You gave me hope  
Gave me peace  
Gave me love  
You are my sweet angel  
Volim te

## Dear David

My love,

You are a gift from God, Himself. Each and every day I have had with you is a blessing I hold dear to my heart. You are my best friend and I love you so much. I am so excited to see what the future holds for us. I am so proud of you and am honored to be yours. I will be waiting with a big hug and a long over due kiss when you come back home. I can't wait to find the next chapter in our relationship. I love you to heavens and back.

Yours forever ?

## I don't think you love me

I love you  
I've said this to you many times  
I don't really know  
If you've ever said it back  
I love you  
But I think this love  
Is one sided  
I want to talk to you  
But your never available  
Whatever your doing is more important  
Even your stupid games  
They say long distance  
Makes it hard  
Its not the distance  
It's your ignorance  
I love you  
Do you love me  
I don't know if I can do this  
It's one thing  
For me to be in Cali  
And you Texas  
But now your going to Germany  
And you decided not to come home  
Not to fly in before you leave  
In the past 10 months  
I have only seen you once  
And it was only for about an hour  
Maybe an hour and a half  
I don't know  
But I do know  
I love you  
I refuse to break up over the phone  
I want to see you first

To see if it's all in my head  
But when I look at the ring on my finger  
I see something I bought  
For me  
Because it was pretty  
I say it's from you  
Because you picked it out  
You would have gotten it  
But your in Texas  
And I'm in Cali  
I love you  
But I feel conflicted  
I love you  
But I feel ignored  
I love you  
But I feel it's one sided  
I love you  
But I don't think you love me  
Not the way I want to love you  
Because I do love you  
But  
I don't know if I can marry you

## Say something

Where are you  
I'm listening  
I'm here  
Say something  
I can see him  
Always there  
In the corner of my eye  
I feel his presence  
Lurking in the shadows  
Always following me  
He's waiting for me  
Wanting me to give up  
So where are you  
I'm listening  
I'm here  
Say something  
Why won't you talk to me  
Why won't you help me  
What did I do wrong  
Do you not care  
Do you not see  
I need you now  
I am coming to you  
With a bleeding heart  
That needs you and you alone  
Why aren't you here  
Where are you  
I'm listening  
I'm here  
Say something  
Do you know  
How hard it is  
With him here

And you no where to be seen  
He keeps talking to me  
Making promises  
I know he wont keep  
But he speaks  
I can hear him  
And I can't hear you  
Where are you  
Why aren't you here  
I am listening  
I am here  
I am waiting  
Please  
Say something  
Save me from him



## A warning to all

I am so angry and frustrated! The impression I get from those around me is that I don't matter. My feelings don't mean shit; I'm not allowed to have an opinion; I need to make money so I can pay them- "so I can learn to be a functioning adult". What I want to do is scream as loud as I can and yell at them: "I am functional! And more so than you ever will be!!"

\*

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\*

"You live your life for the benefit of yourself! you work hard so you can buy nice cars and big houses. You constantly compare the success of your children to those of your friends. You are quick to anger and even quicker to judge and blame others. You care only about the tangible, and how the world sees you. You are mean and you are cruel; expecting others to apologize to you. You sit on your pedestal but deny that you do so simply because the legs to yours may not be as tall as others. You insult but justify it calling it genuine concern. The truth behind it? They didn't meet your time-line. I pity you, as I do the rest of this selfish world."

\*

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\*

I used to wonder if one day people would know who I was. I know now how stupid that is. If I were to die tomorrow, I would soon be forgotten. After the funeral and grieving, when everything is packed up, there is no reason to remember. Life will continue to move on, with or without you. That is why I made it my life's goal to live not for myself, but for others. And it is not easy to do so when your "support" system is as corrupt as the rest of the world. One more; Just one more slip up, and I am done. I will cut their poisonous grasp from my future. I would rather go through this life alone than be held down.

\*

\*

\*

Let this be a warning to all. If you choose to put me down or get in the way of my goals, I will cut you off. And I will NOT come back.

Remember that.

x Jessie Jane

## Don't show love, do it

For many of us, love is a noun. Love is something that we feel and show towards our family and significant others. And that is where we are all wrong. Love is not something you can give, it is something you can do. To love is to be patient. To love is to go out of your way to better someone else. To love is to sacrifice because you want to not because you have to. And true love is doing it all for a stranger. Through out history we have seen signs of true love. However we were unable to see it as an act of love due to the veil we have created. Society is blind. Princess Diana loved the world, so she walked across a mine field. Jane Goodall loved chimpanzees and other wild animals, so she made it her mission to protect them and educate the world. Gandhiji loved his people, so he fought to free them. To love is not to say "I love you" or to feel butterflies in your tummy. To love is to do. And it is our responsibility to love the world around us. And that includes those we might not get along with. The best way to create peace is to love. Extending a helping hand when we know it wont benefit our country. By giving advice and guidance versus taking over and forcing our ways, is showing love. There are so many things that can be done to better this world around us if we could just learn that love is a verb. not a noun. Don't show love, do it.

## How do I say I love you again and again

I sit here,  
Laptop ready  
Fingers hovering over the keys.  
I want to write  
But I'm not sure  
What I should say.  
I love you.  
That I do know.  
And although  
I have told you so many times,  
I feel I need to say it again.  
So I sit here,  
Laptop ready  
Fingers hovering over the keys.

**103**

103 days  
2472 hours  
Since the day you left me  
I have tried  
So freaking hard  
To live my life  
Like it were the same  
To move on  
To be happy  
But I can't  
I miss you so much  
You were my everything  
I loved you with all of my heart  
I am who I am  
Thanks to you  
You taught me  
That family was most important  
You told me  
That a listening ear  
And a home cooked meal  
Could fix anything  
You taught me  
The importance of tradition  
And keeping in touch  
You taught me to be proud  
I miss you so much  
And I thank God  
For taking you home  
The way He did  
He gave you peace  
And brought you home  
Home to your Charlie  
Say hi to him for me

103 days  
2472 hours  
And I still sit down  
Pen and paper in hand  
To write to you  
So I can tell you  
I miss you Gigi  
103 days  
2472 hours  
And Counting

## I want to know you

I want to know you  
Do you want to know me?

I have felt so lost not knowing you  
I always feel somewhat lonely  
I am scared that you won't like me

I just want you to be honest with me  
You are so important to me, and I wish I could call you mine

Do you remember me  
I wish I could remember you

Will we have forever, or just a few hours  
There is so much possibility  
As to what we may become

Do you regret not claiming me?  
Never knowing me

The future is such a mystery  
But one thing is certain

I want know you  
Do you want to know me?

## I am so lost

I am so lost  
And deeply confused  
How could I miss someone  
I probably never knew  
I cry deep hiccupping sobs  
Because I feel I've lost you  
And yet I can't remember what you look like  
And I don't know your name  
Or where you even are  
I morn over you  
As if you are gone  
And I love you  
As if I spent a life time knowing you  
I pray that you knew me  
Treasuring the short time you had me  
And that you love me and wish to find me  
It is so confusing  
Growing up knowing  
That I have another family  
Wondering if I will ever know them  
And if they still think about me  
There is no closure  
Only more questions  
Like if you miss me  
And if you are as lost as me

## my son

### My Son

Getting out of bed this morning feels near impossible. My eyes are heavy with dried tears and my heart is leaking large stones of loneliness throughout my body, making my limbs heavy and weak. Somehow I find the courage and manage to move my body and get up. I don't bother to turn on the light as I shuffle towards the door in the dark, stopping only to stare at a picture of you, my beautiful son, only four years old at the time. Seeing this picture of you breaks my heart and I hug it close to me before putting it in the drawer where I can't see it. If allow myself to cry, I'll be late. I bypass the kitchen, not hungry again. In the shower I let the hot water scald my scalp and my back. I am so numb I don't notice the pain. I dry myself off and throw my wet hair into a bun, hairspray isn't needed. I ignore the little box of make up on the counter knowing that it'll just run. I slip into the black dress hanging on the closet door immediately ashamed that it makes me feel so beautiful. At least the shoes are simple flats. I walk across the empty house towards the door and pick up my keys from the table. The click of the key chains is another reminder, another picture of you, my son, your freshman year of high school. The car is silent, like the house, no music playing. The drive is a long one but goes by in a flash not remembered. I sit there in the parking lot staring at the sea of dull gray before me. Eyes closed I look up and beg God to give me the strength I need. A moment later I am able to do what must be done, I get out of my car and begin the walk. Try as I might I cannot ignore the painful, hopeless world around me. Before I know it, I am at my destination, I am at the grave. I don't need to read it; I remember from yesterday:

*Loving Father and Doting Husband. Gone too Soon*

I can no longer hold back and cry loud weeping sobs that end in a hiccup. Eyes red and watery I turn around and see you standing there, the white flowers in your hand contrast beautifully with the red stripe on your blue pants.

"Hi mom."

You're finally home.



## Vultures and Doubt

### Vultures and Doubt

I was so happy  
I was so excited  
I couldn't wait for the future  
To see what we would be

But one person  
Planted a seed  
And doubt started to grow  
But how do I tell you

How do I tell you  
That I love you  
But I'm scared it wont last  
How do I tell you  
I know you are faithful  
But I have people telling me  
You might not always be

Because there will always be someone  
Who is smarter  
And more beautiful  
Than me

Not getting to see you  
Being so far away  
Is already so hard

So why do vultures come in  
Tearing my mind apart  
And leaving their seeds  
In the chaos they create

I want so badly  
To be with you  
But will they allow us  
To figure this out on our own  
With out the vultures and doubt

## The Break UP

» future  
» remember  
» hope  
» careful  
» scared  
» memory  
» lonely  
» nervous  
» chance  
» love

### The Break Up

I could see it  
A future like no other  
I remember  
That first day I saw you  
I had hope  
Hope that we would be close  
I was careful  
Careful not to move too fast, be too honest  
I was scared  
When you grew distant  
Memories of heartbreak playing over and over  
I was lonely again before I actually lost you  
I was nervous about having to move on  
Move on without you in my life  
Please  
Give us another chance  
I thought what we had was good  
I thought you knew  
I love you

## What is wrong with me?

### What is Wrong with Me?

What is wrong with me?  
Why do I always  
Do something so stupid?

All I want  
Is to find that someone special.  
And I know I did  
When I found you.

But I'm so positive  
That I am messing it up.  
And I can't help but cry  
And ask myself  
What is wrong with me?

You are so kind  
And you are so brave.  
You know what you want  
And aren't afraid to go after it.

I sit in the background  
And let others tell me what to do.  
I let them call the shots  
And run the show.  
What is wrong with me?

I want to fix this  
I want us to stay strong.  
I know it's still only the beginning.  
But I've already started

To make a mess of us  
What is wrong with me?

Help me to see  
Help me to understand  
Show me how to be like you  
Show me how to be loved  
And how to be strong

So that one day I can say  
There is nothing wrong with me.

## Help me

I saw the flag  
From day one  
Flowing red  
And strong

You didn't listen  
When I told you  
I'm not happy here  
Because "you'll pull through"

So I stayed  
But hid in my room  
Not just from her  
But the rest of the world

I tried to do right  
But messed up  
once or twice  
For her it was enough

Cutting me off  
Kicking me out  
For the same thing  
she does every day

You took her side  
Got mad at me  
Said I was the problem  
And it was all my fault

You took her side  
Over mine

Even after  
I called her out

I had proof  
She was being unfair  
And all I wanted  
Was an "I'm sorry"

Because I knew  
That this would mean  
I could lose  
My relationship with you

You are so stubborn  
Say I need to be  
on my own  
Because I'm an adult

You don't let me  
Make my own choices  
Even now

You've made many decisions  
That will take me  
Down a path  
Not meant for me

You are so oblivious  
And it makes me sad  
That you don't look  
When I give hints

A webpage left open  
A poem written  
Or song on repeat

I am not happy  
I have not been happy  
In a very long time

But i smile  
And I laugh  
Because you tell me too

My white flag  
Waving in the shadows  
Ignored  
And alone

Why can't you see  
That I am so broken  
Lost and scared

Please  
Open your eyes  
See me  
As I really am

Help me



## No

You broke my heart  
And I have no song  
Nor snack  
Nor sappy movie  
That can fix it

## I didn't realize

I didn't realize  
How young we are  
I didn't realize  
How mean you are  
I said I love you  
You said it too  
I didn't realize  
it wasn't true  
Six years  
The best of friends  
A few weeks  
As more  
I didn't realize  
This was the end  
I didn't realize  
How little i meant to you  
I didn't realize  
I'd still love you

## I prefer the grey

The day is perfect  
The air is cool  
The sky is grey  
You and me  
Happy as can be  
You look to me  
And ask  
"Why do you prefer the grey"  
I smile  
A warmth growing inside  
My story waiting to be told  
"I prefer the grey,  
For many reasons.  
To me  
A grey sky  
Is so much more  
Than a blue one.  
Grey holds more power  
With lightning  
And thunder.  
Grey can change  
it's shape and colour.  
Blue is always blue.  
But most of all  
I love grey  
Because it means rain."  
I pause  
And look out the window.  
"Why "  
You ask  
"Do you like the rain"  
"Well,"  
"I like the rain"

Because it is water.  
Water is where  
I feel most at home.  
Water brings me peace  
And serenity.  
I feel my soul  
Is one with the waves.  
Always changing  
Yet still the same.  
Water can be mean  
And powerful.  
Causing pain  
And striking fear.  
Water is also peaceful  
And vital.  
I wish to live my life  
Like I am water  
Strong and determined  
Not fretting obstacles in my path.  
And yet gentle  
And loving.  
Water brings people together  
Humans and animals alike."  
"What do you mean?"  
"If it weren't for the rain  
Would you be here?"

## I hate you

I hate you  
I hate you  
I hate you  
And I am so  
ANGRY  
What you did  
How could you do that  
How could you do that to me  
I am so confused  
I have feelings for you  
Why do I have feelings for you  
Strong feelings  
Love type feelings  
You give me anxiety  
And I don't even talk you  
Not anymore  
Why is this  
So complicated  
Aaaaahg  
I hate you so much  
You infuriate me  
I told you I was done  
Blocked you on everything  
Except Instagram  
Because I miss you  
And I love you  
DAMIT  
WHY DO I LOVE YOU  
Get out of my head  
Get out of my heart  
Get out  
Get out  
Get out

But don't leave  
And don't talk to me  
Argh  
I am so angry  
And very confused  
What is wrong with me  
Why do I still care  
Why do I still feel for you  
I hate you  
I hate you  
I hate you  
But that's a lie  
I still love you

## my secret truth

My heart is broken it has been broken for a very long time and yet it continues to break I live a life of regrets of fear and of loneliness my heart is confused and too quick to trust those who say they love me forever turn their backs to me refusing and pretending not to see what is right before them my soul is blind and willingly gives out my heart to whomever shows the slightest bit of compassion for me I spend my days in so much pain and loneliness that the only times I feel the least bit free is when I am sleeping I have such a high respect for life and my drive to protect it would not allow for me to end my own if I were to ever battle the enemy's offer of suicide although I cannot take my own life does not mean that death is not on my mind I find myself praying to God to please bring me home take me peacefully in my sleep so that I may be with Him I believe God put me here to preserve life and I have failed how can I protect His creations when I no longer want the life He gave me I have abused and ruined His temple and I have allowed Lucifer into my mind where he has planted his seed and although I fight him daily I can feel myself losing slipping deeper into his darkness until that one day I will fall and lose to him lost forever and unable to obtain the thing I want most I do not want a new car or to go to a fancy school I do not wish to reunite with those from my past and I do not wish to meet new people even the special ones who will make an impact on my life I wish to close my eyes and dream that I am floating in a beautiful body of water only to open them and find that I am finally home and that my heart can be at peace.

## Shattered

There is this pain  
And tightness in my chest.  
In my minds eye  
I see someone above me  
Driving a stake into my body.  
And I realize  
It's my heart breaking.



## You do not own me

i am so confused  
i don't know what to do  
you hurt me  
and you abused me  
from a young age  
i claimed i hated you  
that i never wanted to know you  
but i messaged you  
short and to the point  
i don't know why  
but i said  
i forgive you  
i don't know  
if i actually do  
but i do know  
you might have given birth to me  
but i am not your daughter

## I Am Free

This burden  
That has been on my heart  
For two decades  
Weighing me down  
Controlling my life  
Controlling my fears  
But today  
I stood up  
I took that chip off my shoulder  
And I smashed it  
My horizon is clear  
And I am finally free