

Anthology of Jeffrey Roy



Presented by

My poetic Side 

Dedication

I dedicate these poems to my beautiful wife, my better half, my greatest love and the most wonderful person in the world !!!

Acknowledgement

Wanted to acknowledge my journeys through life, my adventures and my loving family and friends as my inspirations to write bits of poetry.

About the author

Registered nurse for many years , a jack of all trades and a master of none. I have many hobbies including writing poems, classic cars and the great outdoors including a little gardening here and there. I'm a loving husband , great friend, and an awesome father to my kids also !!!!

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I want

I'm sorry for being a butt head

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Addiction

Baby Girl

Avelyn Poo

Sweet little avelyn poo,
O how I enjoy seeing you.
So sweet and loving too
Flowing ginger hair like her mamma
Prety Brown eyes so capturing
Growing and learning more everyday
Climbing and talking more then yesterday
Little mini mouse her most favorite
Castles and toys and make believe
Cooking at the playset and making tea
Tea time then nappy nap for little girls
Only God could make such a beautiful sweet girl

Shylynn

Baby Shylynn what a pleasure it was to meet you.
Illness weakened you and made it tough for you.
We had to say goodbye long before we wished for.
O' what a sad cold winter's day
Heaven above had plans for you and needed a sweet angel.
He chose you to let us know he only takes the best.
How broken hearted we was to see ya go
Your looking down on us all saying please don't cry.
I'm in heaven and oh what a beautiful sight.
For in our hearts we'll always hold you tight.
Bye for now and we will rejoice again.

Kathleen

Ohh my sweet beautiful kathleen,
You just don't know how much to me ya truly mean.
Your sweetness akin to a fine wine,
A love like yours so true and divine.
When you say "I love you" it makes me smile,
My life is complete with you by my side.
I feel so lucky because you are one of a kind,
And someone like you is hard to find.
For go all your worries and all your fears,
Because I will stick by you throughout all our years.

Oppressed

My dear what have we become,
I'm so depressed an all alone.
I'm desperate and somewhat oppressed,
What is a man to do when he's in
distress.
Try to touch you but to no avail,
All my efforts are quickly unraveled.
You complain always an excuse,
Ohh lord what is a man supposed to do.
I feel in my heart and I know you do too,
What are the lonely supposed to do.
A man has needs as a woman does too,
Can't you understand what this is doing to me and you.
In silence and in fear has driven me here,
I have no more effort to put into this here.
Just wish you could see my point of view,
I beg for intimacy and a gentle touch.
In return it's always just a bluff.
Our romance is over and in despair.
It's like were just roommates without compare.
If u can't see then we're both lying here.
A marriage is supposed to be both us a trying dear,
For fear of commitment has drovin us here.

Oppressed and alone

My boo boo what have we become,
I'm so depressed an all alone.
I'm desperate and somewhat oppressed,
What's a man to do when he's
distressed.
Try to touch you but to no avail,
All my efforts are quickly unraveled.
You complain always an excuse,
O' lord what is a man to do.
I feel in my heart and I know you do too,
For what are the lonely supposed to do.
A man has needs as a woman too,
Can't you understand what this is doing to me and you.
In silence and in fear has driven me here,
I have no more effort to put into this here.
Just wish you could see my point of view,
I beg for intimacy and gentle affection,
In return it's always just rejection.
Our romance is over and in despair.
It's like were roommates without compare.
If u can't see then we're both lying here.
A marriage is supposed to be us trying dear,
For fear of commitment has drovin us here.

Casino

We frequent the casinos most every day,
Slap the buttons in the most peculiar way.
The ringing and lights is what draws us in,
Even though we rarely see a win.
We love when we finally get a bonus,
We nervously await for money to be bestowed upon us.
We play awaiting for the red spins,
But fate awaits us without a win.
The Atm is all they pays,
Cause we never win on our free plays.
We spend money we have not,
In hopes of winning a whole lot.
We leave disgusted and all mad,
For the casino took all we had.

You Are

You are the one that makes me smile,
You are the one that makes life worthwhile.
You are the one whom has my heart,
You are the one I never want to apart.
You are the one whose lips I kiss,
You are the one when away I miss.
You are the one that cares most for me,
You are the one that truly understands me.
You are the one that makes my heart sing,
You are the one that flowers I bring.
You are the one with all my hugs,
You are the one that I love !!!!!

The Pain....

Do u really know how I feel,
The smile on the outside isn't real.
My life feels broken and filled with pain,
My life is engulfed without any gain.
My blood runs cold without empathy,
That's what it feels like to be empty.
Do u know of a place so very cold,
That's what it feels to be my soul.
The world I'm living in is hard to bear,
I'm tired of living a life in despair.
Oh lord take me out of this life,
For this life I have is filled with strife.

Our Anniversary

One year ago it been since we said I do,
I'm so glad you gave me a second chance to prove my love for you.
I love your patience and understanding,
For love should not be demanding.
Our marriage is strong and ever lasting,
Our love values are worth the vesting.
Marriage like ours is always true ,
Cause u and I are never untrue.
As our lives continue to go on one thing is always true,
You are my boo boo and I love u !!!

Boo boo

I love you Boo boo with all my heart,
May we never be far apart.
Your luscious when lips as they touch mine ,
Tastes better than imported wine.
Your thighs so soft and full of love,
Pleasing your man again and again.
Your hands so delicate and smooth,
Touching me makes me feel wanted too.
Your emotions are so pure and true,
I love you my sweet little Boo boo.

Love is...

Love is laughter.

Love is knowing that you have someone to turn to.

Love is looking at her and thinking she's the most beautiful woman in the world.

Love is being silly sometimes, but that makes you love her more.

Love is her asking you about your day.

Love is sharing what your truly passionate about in life.

Love is when you agree to disagree.

Love is when she gives you her hand and when you offer your hand.

Love is when she cheers you up after a bad day or you cheer her up after a bad day .

Love is when your sad and she comforts you.

Love is understanding.

Love is respect.

Love is spiritual.

Love is taken for granted and isn't expressed as much as it should be.

Love is compromise.

Love is careful and kind.

Drunkard

For I am a drunkard can't u see,
Stumbling and falling upon the street.
You blindly judge as you walk on by,
You won't believe what all happened in my life.
I used to have a family that cared alot,
Life got me down and I turned to scotch.
I lost my job and family too,
They said a loser for I would surely be.
Living on the streets and barely any to eat,
Drinking alcohol with the money I receive.
I never dreamt of living this life,
The drink over took and ruined my life.

To Become Old

To become old is not so fun,
Forgetting most the things ive done.
My glasses are old and my sight is poor,
My knees getting weaker.
my gait shuffles as i walk to the door.
My memory is shot,
My voice quivering a lot.
My teeth are all gone,
My food finely chopped.
Sleep avoids me most every nite,
My body is full of aches,
No relief in sight.
My body slowly falling apart,
How much longer till death do me part.
Getting old is not much fun.

I adore you ...

I awaken with thoughts of how much "I adore you",
A soft kiss I place upon your lips,
A gentle touch and pat on your hip.
The first thing I say is "I love you" and move closer unto you,
You are my entire world and without you life isn't worth living.
I want to grow old together and be always forgiving,
My wonderful wife and lover, my partner in crime.
I speak so often and how glad that your mine,
When I hold your hand and walk by your side.
My feelings for you I'll never hide,
When the day is over and it's time to sleep.
In my heart and mind is where you'll be,
I love you Kathy and hope you know ,
Just how special you are to me.

Conceivable

When I awake you're on my mind .
No other subject I can find.
When I see you I can't help but smile.
Wanna be by your side all awhile.
Weak in the knees I come through.
I see it in your eyes you desire it too.
Don't care what others might say .
I want and need you in my life to stay.
Seeing you never seems to be enough.
Won't you stay as I'm falling in love .

The look...

I love the way you look at me,
Your eyes so bright and true.
I love the way you kiss me,
Your lips so soft and smooth.
I love the way you make me so happy,
And the ways you show you care.
I love the way you say, "I Love You,"
And the way you're always there.
I love the way you touch me,
Always sending chills down my spine.
I love that you are with me,
And glad that you are mine.

Lost love...

Four years have passed since we split
Yet my love for you has never quit
To say I'm doing fine would be lying
The loss of your love feels like dying
I miss you morn and night time too
Tears run down my face as I think of you
Missing your sweet love in every way
If only I could've convinced you to stay
Will the broken heart ever stop hurting
The promise I failed has torn me apart
The loss of your love is worse than ever thought
If only you could know how sorry I am
My dream is someday you'll love me again

Escape

I go to the countryside to escape the city
From busy streets and droves of people
To step back in time if only to dream
I long for yesterday yet simple and kind
For peace and tranquility to soothe my mind
Flowing hills and streams seem endless in time
The air clean for not yet pollutant ridden
The alluring beauty where asphalts forbidden
My senses yearn to take me there often
Nevertheless daily grind holds me in Joplin

Worthless

Its hard sometimes to say exactly what I'm worth,
Sometimes even harder dealing with the hurt.
To feel like no one's there during all my pain,
I have nothing left to lose and nothing left to gain.
I struggle through the days, with no one at my side,
To find some sort of worth, to save a little pride.
But all my days are dark, stormy, cold and gray,
And emptiness keeps growing as I slowly fade away.
I have no effort left to put into this life,
No helping hand behind me to pull me to the light.
So once again I ask, before I leave this Earth,
Tell me, if you care, exactly if you dare.
You think I'm kidding and making it all up,
However my life is just about up.

Was almost there

When my days are through,
When age and destiny succumbs me
I finally quit the fight and give to darkness
When my breathing slows and exhale once more
When my lips are as cool as the sea.
My world dark and peaceful.
My heart slows and comes to a halt
Then chaos ensues
Pressure ensues upon my chest rapidly
My skin pierced with needles of all sorts
Epi injected into my veins to restart a dead heart
My lungs inflate and air rushes in and out
They tube my airway to make me breathe again
Another injection of meds rushes through my veins
My heart lurches and starts to quiver
Jolts of electricity restarts my dead heart
Only to have to die all over again

Nurse

Studied so hard for a nursing career
Sometimes knowledge doesn't replace fear
The job of a 12 hour shift Nurse
At times feels more like a curse
Telling loved ones goodbye leaving home for the nite
The man in room 22 fragile and cold, needing a warm blanket and to hear him out
The lady in 13 has cancer and is slowly dying
Yet her hair is gone and she feels bad, she still grasps hope
Not ready to give in to her untimely fate
The call lights ring off the hook all nite long
The sick needing pain relief and care through the storm
Compassion and genuinity is all it takes
Lending a shoulder to cry and a listening ear
Encouragement following fast behind the fear

Escape

I go to the countryside to escape the city,
From busy streets and droves of people.
To step back in time if only to dream,
I long for yesterday yet simple and kind.
For peace and tranquility to soothe my mind,
Flowing hills and streams seem endless in time.
The air clean for not yet pollutant ridden,
The alluring beauty where asphalts forbidden.
My senses yearn to take me there often,
Nevertheless daily grind holds me in Joplin.

If not for you..

If not for you, for you have shown me how to care
If not for you, then to like I wouldn't even dare
If not for u then my world would be dark and cold
If not for you the sky would be dismiss
If not for you my arms wouldn't have u to hold
If not for u my lips wouldn't have anyone to kiss
If not for you I wouldn't have anyone to miss
If not for u then the sun wouldn't shine
If not for u then life wouldn't be like wine and better with time
If not for u then I wouldn't even smile
If not for u then life wouldn't be worth the while

Morning and Night

Love you in the morning
Love when your adoring
Love you every night
Love you at noon with all my might
Love you when your happy
Love you when your all sappy
Love you when your glad
Love you also when your feeling sad
Love you when you smile
Love you all the while
Love you when it's not going well
Love you also when everything's swell
Love you to the moon and back
Love u my little Boo Boo
In case ya haven't figured it out I Love You !!!

I adore you

I awaken with thoughts of how much "I adore you"
A soft kiss I place upon your lips,
A gentle touch and pat on your hips.
The first thing I say is "I love you" and move closer unto you,
I want to grow old together and be always forgiving,
You are my entire world and without you life isn't worth living.
My wonderful wife and lover, my partner in crime,
I speak so often and how glad that your mine.
When I hold your hand and walk by your side,
My feelings for you I'll never hide.
When the day is over and it's time to sleep,
In my heart and mind is where you'll be.
I love you Kathy and hope you know,
Just how special you are to me.

My Mind...

Imagine your thoughts inside your head,
My mind heavy like 20 lbs of lead.
My moods wax and wane all day long,
My thoughts ramble on and on.
My attitude changes like the seasons,
For I cannot understand the reason.
Do you think I like the way I feel,
Sometimes I wish it wasn't for real.
Some say bipolar and some think I'm crazy,
I say my mind changes a lot and sometimes it's really hazy.
My mind shifts almost every day,
But I tell ya , I am here to stay.
When I say I care , I surely do,
When I say I love u, I really do.
I love u kathy and I know it's true,
My life I would give up for you !

Love me or leave me...

If you're going to love me,
Then love me dearly.
If you are going to care,
Then care for me completely.
If you want to break my heart,
Then break it peacefully.
If you decide not to hold on,
Then let me fall gently.
If you are going to stay,
Then stay with me forever.
But if you want to leave,
Then leave me today.
Cause no matter how hard it will be,
I cannot make you stay.

Close your eyes

If you close your eyes and think of me,
If you close your eyes and try to see.
If you open your heart only unto me,
For I'll never tear it apart cant u see.
With our two hearts together,
Imagine what it could be.
Our love is like an everlasting destiny.

Understand me

As the tears roll down my face,
I feel so out of place.
I feel so irritable and so angry,
How can anyone stand to be around me.
I'm so depressed and so blue,
I literally don't know what to do.
I hate who I have become,
I can't stand the thought of being mean to you,
I can't stand the thought of ever losing you.
I feel like no one understands me,
And they think it's just crazy old me.
I take these feelings and turn them into a rhyme,
In hope's they will somehow correct my mind.
Sorry to be so crazy and so stupid too,
Lately it seems to be the only thing I do.
I'm so sorry but this isn't the real me,
So Kathy I pray that you will believe me,
I also pray that you will forgive me.
From now on they'll be no excuses anymore,
I just really care and so in love with you.

Thoughts of you

Each thought of you fills me with sweet emotion,
I give to you my deepest devotion.
My fondest wishes that your completely fulfilled.
I love you totally, and I always will.

No tears

I'll never shed a tear when your gone,
Cause you and I never was a father and son.
You were an alcoholic and could clearly see,
All the harm and pain that it caused me.
Sitting on the sofa as I recall Shotgun in your hand threatening us all,
It just always seemed so messed up.
I just remember all the times when things were wrong,
I felt so afraid and all alone.
I have alot of resentment in life caused by you,
So horrible to come from a parent but it's true.
I'm still very bitter after years cant you see,
All the pain and harm that has that has caused me,
So with this poem I'll say goodbye.
Hoping that someday I'll forget thee.

All screwed up

I'm so angry and depressed at myself,
It's like I dont even know my own self.
I'm so sad and feel all so alone,
I know I have done very very wrong.
I've hurt my greatest one I've ever loved before,
She forgives and forgives but cant do it no more.
For my behaviors gone extremely overboard,
Before long I'm afraid she will show me the door.
She can only be trampled for so long,
Then she'll walk away and I'm all alone.
I have to change and treat her right,
I have to achieve this with all my might.
I'm gonna fight like hell to change the wrong to right.
I miss her smile and gentle touch,
I need her and love her ohh so much.
Maybe she'll love me once again,
If I can show her my change from within.

Wherever

Wherever ya may go
Whatever ya may do
I'm always here for u
Whether together or apart
Your always in my heart

Be

Be aware of your words

Be kind and gentle

Be happy with her

Be all that she needs

Be the man she wants

Be there for her always

Be the reason she smiles

Be a shoulder to cry on

Be a warm heart

Be loving in touch

Be the reason she laughs

Be the reason she loves u

Be what you say you are

Be as one with she and you

Be nice

Treat with respect and I'll respect you too
Treat me like I'm a someone instead of a no one
Love me like you want to be loved
Dont be mean cause your mad at me
Be proud to be mine and I'll do the same
Compromise with me instead of despise me

Working man

Trading a day for a dollar
Up at dawn and kissing my baby goodbye
Jus' trying to keep the bill collectors away from my side
Makes no difference if your rich or poor
Clock in and hit the ground running
Work all week just to make ends meet
Clock in late and the boss man won't give me a break
Work work work till I can't see
The boss man is striving to keep me down
Uncle Sam on Friday screws me again
We're all striving to reach better ground
There must be an easier way
cause I can't go on livin' life this way

A last name ?

Two years gone by and you haven't changed your name
It's almost to me like you're ashamed
It seems pride does get in the way
For my last name you dont claim
I've struggled with that thought
I dont seem to understand
Exactly where on the idea that you stand
Please let me know as this bothers me
To use my last name would mean alot to me
For the joy of being married and loving me

Your special to me

You are very special to me,
I've known this from the start.
Your sweetness and your smile,
Just engulf my whole heart.
Your funny and your silly,
Truly one of a kind.
There's not a single thing,
I wouldn't do for you.
You always there when I need you most,
You never let me down and it's not even a joke.
You always making me happy when I'm feeling blue.
I'll always be here for you honey and I know its true.

Lost love

Five years have passed since we split
Yet my love for you has never quit
To say I'm doing fine would be lying
The loss of your love feels like dying
I miss you morn and night time too
Tears run down my face as I think of you
Missing your sweet love in every way
 If only I could've convinced you to stay
Will the broken heart ever stop hurting
 The promise I failed has torn me apart
The loss of your love is worse than ever thought
 If only you could know how sorry I am
My dream is someday you'll love me again

Ohh were the days

Ohh were the days when my wife loved me,
Ohh were the days she would hug me.
Ohh were the days my wife would miss me,
We would lay for hours and she would kiss me.
Now are the days I miss so much,
Now I even rarely ever get touched.
Gone are the days my wife even liked me,
Today it seems like she would like to kill me.

Done

I work hard most every single day,
Being an advocate and caring for those without say.
Stay up for 36hours without an ounce of sleep,
Tough being strong in a world filled with greed.
Makes me sad and sometimes I weep,
Could depression or unhappiness be at bay.
I attempt to make my point without any keep,
Money flows between our fingers akin to water.
Casinos call our name and we can not falter,
I feel used and advantage being taken.
When I'm at home, Im intensely alone,
Don't know for how long I can be forsaken.
Our bond dissolved , I can't stand it no more,
I deserve happiness and want to be freed.
Love should be caring and not with force,
Love deep and communicate to avoid divorce.
Caring is equal and should be the course!

In love with you

I'm happy I'm the one, to be in love with you,
I want to scream my lungs, till I'm blue.
I want the world to know, I have you,
How happy I am, to be in Love with you.
How lucky I am, I feel loved by you,
My mind is in a spin, with thoughts of you.
When it comes to romance, you are on my mind,
You're my passion an desire, in all, I'm yours.
Every pulse of my body, burns like red hot fire,
Runs through my heart like a deep ravine.
The moment you smile, I get weak at the knees,
I'm swept off my feet, like a breeze from the sky.
My emotions are wild, and taking me over,
suddenly, life is better, cause i'm in love with you.

Never really knew

I never really knew you,
You were just another friend.
But when I got to know you,
I let my heart unbend.
I couldn't help past memories,
That would only make me cry.
I had to forget my first love,
And give love another try.
So I've fallen in love with you,
And I'll never let you go.
I love you more than anyone,
I just had to let you know.
My feelings for you will never change,
Just know my feelings are true.
Just remember this one thing,
I will always love you .

Our love

Our love was gonna last I knew it from the start,
How quickly you captured my heart.
Your sweet kisses so devine,
Akin to rose colored wine.
I love you more than anything I know ,
All my love for you I'm gonna always show .

Depression

Depression is not fun
I'm depressed and sad all the time
However I greatly miss being glad
I dont feel happy anymore
Just wanna stay always indoors
When you dont wanna rise its the pits
Depression kills and that's no shit
I feel so low and dont understand it at all
Low serotonin they say is the cause

Head to toe

I love you from head to toe,
And more than you'll ever know.
It hurts when you are sad,
And makes me sad when you are mad.
I know we fight every now and then,
But please know I will love you until the end.
I just know you are the one for me,
And the only one there will ever be.
You are the one I want to spend my life with,
To call my wife and to share a kid.
I will never tell you the words goodbye,
And I will love you till the day I die.
If I was to pass on before you do,
I will be waiting at the gates of heaven for you.

Watching you

I lay in bed to watch you sleep
As you drift off and slowly breathe
So calm and restful an peace
Your eyes moving quickly yet not aware
I lie very still as not to make a peep
I see your expression turn to rage
Flailing and kicking escaping the cage
Could it be a nightmare interrupting sleep
You scream out loud and awaken at once
Skin sweating and warm and heart pounding
What could be going on inside your head
The mind misunderstood and elusive
Neurons firing and messages flying around
What could make such a strange phenomenon

Twice tomorrow

I love you today more than yesterday,
I'll love you twice as much tomorrow.
I can see our love is meant to be,
I can feel it and you can surely see.
I'll prove my love over and over,
Then you'll finally believe when my life is over.
What a joy is to be in love with you,
A wonderful feeling when I hold you.
A beautiful love both near and far,
A lasting bond is what we are.

Falling apart

We must be falling apart,
As we argue fuss and fight all day long.
When I'm feeling depressed and blue ,
Sure would be nice again just to hold you.
The pain is real, the heartache I can't take anymore .
The welcome of death to end forever more .
We used to be happy laughing and silly ,
Now we can't look at each other without negativity.
How our love fell apart god only knows,
I wish we could get it back but we're at the point of no return.

I love you

I'll love throughout all our years
I'll love you when your having fears
I'll hold you when your feeling blue
I love you when your sad
I love you when your glad
I love you to the moon and that's true

Do you care

Do u really know how I feel,
The smile on the outside isn't real.
My life feels broken and filled with pain,
My life is engulfed without any gain.
My blood runs cold without empathy,
That's what it feels like to be empty.
Do u know of a place so very cold,
That's what it feels to be my soul.
The world I'm living in is hard to bear,
I'm tired of living a life in despair.
Oh lord take me out of this life,
For this life I have is filled with strife.

Hate myself

I hate me
I hate who I've become
I hate the thoughts in my mind
If you think I like it you're very wrong
I hate that the way my mind works
My mind can change drastically within 1 hours time
I'm so sorry to be myself
The depression and anxiety is more than I could stand
The angry infuriates me because I am so angry
The chemicals are so messed up in my head
I cannot wrap my head around it
I don't wanna have to experience the pain anymore
I wish that I was numb to all the anger the depression
I can't brush it off but I can't it's so overwhelming

2nd Anniversary

On our 2nd anniversary my dear,
I'm so glad we made it here.
The past couple years have tried us,
The fact is we survived stronger than before ,
I love u in every way
I'll make it up and show u every day

Thankful for you

With every year you're more special to me
With every passing moment your more adorable to me.
With every year we make priceless memories
With every year brings me more happiness
I just wish to thank you for being in my life
I'm thankful everyday your my wife

On this day

On this day 2 years ago, 730 days ago, 105,1200 minutes ago and 63,072,000 seconds ago,
We stood and got married
In my heart I'll always love you dear
My promise I make to always care
I will protect you from all you fear
With meaningful Joy you bring into my life
I'm so very glad you are my loving wife
With me I hope you will stay stay
Cuz I couldn't live without you babe

You Never

You never say I love u hardly at all
You never post a meme on my wall
You dont write me love notes as once before
You always assume I'm out being a whore
You dont like sex anymore
You dont help out around here as before
You say up late and play on your phone
You barely acknowledge when I'm home
You never are intimate as once before
You are always angry when I say how I feel
You seem to hate me and that's for real
You say u dont care whom I fuck
You seem ready to end this
And so it's just my damn luck
You say it's over and I'll fine
To me it's nothing but a matter of time

Not even a word

Its our anniversary and ya dont say a word
Not even a card to say ya care
To you I'm just being absurd
You tore my heart out and that's true
Your only proving the real you
I feel no love at our home
For it seems like your already gone

Today I realized

Today I realized you're no longer in love with me
I should have seen the warning signs but I didnt wanna believe
When they say love is blind now I surely see
You left me and it's very hard to swallow
I tried and tried to make ya stay büt you have another
I'm sad to see u go but u say it's best for me too
Now my world is torn apart now because of you
You say we can be friends and you are no longer my lover
Seems to me its love but more like a brother
So with this poem I'll set u free
Maybe true love will someday find me

Kathy - I'm sorry

I'm terribly sorry for all I've done
I've put you through hell and it needs to succumb
I've been hateful and I've been mean
I've hurt you before that cant be undone
My anger overwhelms me and I wanna scream
I'm not happy with myself as it seems
I have anxiety issues I wish u could see
That this is not the real loving and caring me
I feel bad when I've done you wrong
The pain bothers me for days to come
I miss you when your away
I only wish ya would stay
I long just to love you like I should
I sometimes get to feeling lonely and blue
I yearn to just to hug and hold you
I've cried and cried and dont know what to do
I'm so jealous and wanna be calm just like you
I'm proud to always say your my loving wife
You have given me a chance that I'm about to blow
I hope you believe for this is what I know
This isn't a poem for me just to accuse
Nor is it for just a bunch of excuses
I cant see myself without you by my side
I can't pretend to be all well and let it ride
I would rather be dead as to see you go
The pain is real that I portray and show
I could never love again the way I love you
Please forgive me and help me as I love only you
I write poetry as an outlet and say how I feel
I hope you know I'm being 100 percent real
I'll change for us as I want you to see
I'm forever in love with you cant you see

Love Jeff

Covid-19

The Corona virus has really got us down
It's got the whole world essentially shut down
We are plummeting fast into a recession
People stuck at home going into depression
People without jobs and no money too
But the stimulus package isn't enough to get us through
Around every corner someone looking to rob
Only those working are ones with essential jobs
Medical staff combating the virus with limited supplies
The virus so bad people dropping like flies
Washing our hands dont seem like enough
You need full PPE to fight this stuff
With little food on the shelves and out of toilet paper
What are we going to do just to escape her
So practice social distancing and keep your ass at home
You will be glad you did when this is all said and done

Death

For I am death why be so afraid of me
Cause in the end you will succumb to me
I'll sneak up on you and you'll never see me coming
Sometimes you fight feverishly to the very end before I finally win
Why hath you fear of me I ask, Is it because you fear me?
Or is it the fear of the unknown that provokes your fear
I'm always the winner can't you see and you will succumb unto me
Sometimes I'm slow and sometimes I'm fast but in the end I'll get you at last
Sometimes its disease and sometimes from your own foolish ways
Sometimes from smoking and some from wine but I'll get you in my own chosen time

I'm sorry babe

Even when I'm with you and try to do the right things,
I always fuck it up and say the wrong things.
Even though at times I do things that hurt you,
I'm trying and hope that you still love me.
I'm so sorry for causing you pain
cause thats the last thing I want to do
I hope that you still know how much I love and cherish you.
So I hope that you listen and can see it in my eyes,
My sincere apology that comes from my heart deep inside.

I want

I want someone to miss me as much as I miss them

I want someone to love me as much as I love them

Someone who cares as much as I do

Someone to be glad to see me after a hard day's work

Someone to greet me with a smile whenever I get home

Someone to hug me and let me know I was missed while gone

Is it too much to expect in return what all I'm willing to give in a relationship

I'm sorry for being a butt head

I'm so sorry for what I've done,
I know it was all wrong.
I need u and want u in my life,
To have and hold as my wife.
I feel so depressed and bad,
Just makes me angry at myself and sad.
I wanna make it work can't u see,
Cause your the one that completes me

I honestly love you

I love u , I honestly love you
I would endure hell just for you
When I close my eyes at night
Your face I see smiling so bright
When i hear your voice it makes me smile
I know sometimes I'm clingy for sure
But just know I'm loving you more
I love when your sincere
Makes me wanna be ever so near
What would i ever do without your love
I love you, I honestly love you

Addiction

Addiction is a psychological condition where there is no cure
Only strict dicipline to avoid it is for sure
Whether it be drugs, alcohol or whatever poison you choose
It will destroy your life and put you in ruins
It's not a place you wanna be
It will only destroy thee
It will bring you down to the lowest you've been
It will rob you of your sense of peace within
Until you can't ever see an end
It will put strain on your relationship
And make them difficult to mend
It will rob you of all your money
Just to continue the downhill journey
It consumes you both day and night
But to overcome it takes a lot of might

Baby Girl

Baby girl why don't you look my way
Baby girl I've wanted you from the start
Baby girl what your love has done to me
Baby girl why don't you stay
Baby girl may we never part
Baby girl I love your smile
Baby girl won't you stay for awhile
Baby girl we can go all the way Baby girl how u so strong
Baby girl I've loved you so long
Baby girl ya ought to know
Baby girl I love u deep in your soul
Baby girl your the one for me
Baby girl can't u see
Baby girl don't be breaking my heart
Baby girl may we never part