# **LIGHT AND LIFE**

Melissa Daly

Presented by

My poetic Side P



#### summary

PRECIOUS
GOLDEN
LOVING YOU
BOY
BLOOM
SUN AND MOON
YOUR WORDS
FOR YOU
HOME
BY GRACE, THROUGH FAITH
THE WORLD
COLD
WATER
FLY
FIRE
THE CLIMB
ENOUGH
BUTTERFLY



# **PRECIOUS**

Don't shatter your heart, Destroy your soul, Or crush your spirit, By hating yourself.

You are precious.

# **GOLDEN**

The world is so harsh and so cold, and here you are, warming my heart and comforting my soul. There is nothing more beautiful than that.

You make gold out of rain, and sun out of sadness.

#### **LOVING YOU**

When it rains, it pours.
And it's cold,
and dark,
and lonely.

That's how it felt, loving you - cold, and dark, and lonely.

But when the the sun rose again, it was warm, and bright and loving.

That's how it felt, loving you - warm, and bright, and loving.

You were both rain and sun, you made it rain and shine.

You were my happiness and my sadness.



#### **BOY**

You light me up and leave me burning for days, and when I burn out, boy, it leaves me aching for days.

You fire me up, and then leave me to fall.



# **BLOOM**

Don't let the world tell you who to be, or what to think, or how to live.

Remember,

flowers don't ask for permission to bloom.



#### **SUN AND MOON**

So close and yet so far.

Lovers and yet complete strangers.

You are the sun,
and I am the moon.

Worlds apart,
always longing for one another.

But it was never meant to be.

Like the darkness and light, we are too different.



#### YOUR WORDS

Your words,
they cut me deep,
and stay rooted within,
lodged in between my organs,
running through my blood.
Your words have power,
and I can't tell if that's a good thing
or a very very bad thing.
They can either build me up,
or tear me
down,
down,

down.



#### **FOR YOU**

When you walked into my life,
I didn't anticipate how much you'd mean to me.
You walked in so quietly,
that I barely noticed.
And it was so easy,
to be around you.
You were so gentle and quiet,
that I barely noticed that I was

falling for you.

- M



#### **HOME**

You add colour, and warmth, and peace to my world. You keep me grounded, and safe.

You feel like home, You make me feel at home.



# BY GRACE, THROUGH FAITH

By grace through faith, I shall overcome.

When I am in the shadows and I am lost and alone, I shall lean on you. You will guide me, comfort me, and bring me home safely. I will trust in your name always, for you saved me and took my stains away.

By grace through faith, I am saved.



#### THE WORLD

The world is a disturbing and crazy place,

I don't want to live in a world where it's okay for young children to change their gender,

Or where it's acceptable for humans to identify as animals.

When does it stop?

When does it end?

I don't want to live in a world where women are still being blamed for rape,

Or where families are being destroyed because of terrorists bombings.

Time is up,

We've had enough.

Where is the light?

Where is the love?



# COLD

I was the warmest of all, and you turned me cold. I shone the brightest, and you turned me dull.



# **WATER**

She was water, delicate and warm and easy. But still strong enough to drown you out, and make a storm.



#### **FLY**

One day her heart will stop longing for you. And on that day she will break through, like a butterfly emerging from its caccoon, ready to spread her wings, and flourish into something beautiful.

She'll glide and fly, and never look back.



#### **FIRE**

She is fire.
Bright and powerful,
firm and blazing,
strength and light.
Roaring and warming.



# THE CLIMB

You built your walls so high, and I kept falling.

But I'm not done climbing.



#### **ENOUGH**

Enough is enough.

It's time to move on,

and speak up.

It's time to make a change,

and fight for what's right.

Now is the time to shout and scream and yell. It's time to make a stand until the change comes.

We can't stay quiet any longer. Enough is enough.



#### **BUTTERFLY**

One day her heart will stop longing for you. And on that day she will break through, like a butterfly emerging from its caccoon, ready to spread her wings, and flourish into something beautiful.

She'll glide and fly, and never look back.