# Anthology of misskay



Presented by

My poetic Side 🗣

# Dedication

My work is dedicated to life experiences and journeys of the heart

# Acknowledgement

My main acknowledgement would be to the only guy that taught me what true love really is and how intensely powerful it can be

Also how it taught me what pain and longing is

But mostly how love is very selfless and their happiness becomes your happiness

Their every sadness is your every sadness

How powerful love can be and the emotions it awakens inside you that you never knew possible.

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# A darkened world

What's happened to the world of late Such crimes of inhumane and hate Lives are taken so unmercifully What has happened to our humanity? I look around to see such lack of empathy It's not a world I want to see People dying everywhere Now in this life it's humans I fear And for such losses I don't understand This was not gods intention For woman and man To destroy this earth & other humans

I can't watch the news anymore I don't want to know The acts of pure evil and the heart aching sorrow So many people now don't see a tomorrow No justice for them or their family's is done A hatred for nothing Blood spilled war which no one can win How can their hearts bear such a sadistic sin It's no world for our children to grow up in What's happened to humanity What has this world become Killing of innocents with knifes & guns What happened to truths after said and done No United stand to be seen Just talk of all controversy Are you all blind? Can you not see? This isn't how people's lives should be! Scared of being a victim of the news on tv Worried for themselves and their family's

Life brings enough sadness without these tragedies No punishment of our laws Could ease the pain But a life sentence for a life should be done all the same no privileges for good behaviour should ever be allowed In the evil crimes that they committed in private or in crowds Some of 20 years locked up, that's not life 10 if they're good and cause no strife How can this be justified? Makes me sick to know these laws Would this be justice to you if the loved ones was yours? What's happened to this world of late? What happened to cause such aggressive hate?

## The beauty of life

Life is a miracle The beauty of it mostly gets missed As we continue daily routines the beauty of this world often fades into the mist. For we are always busy Running here and there That we don't take a little time To stop and think and share Share a moment of surrounding beauty Like daffodils in the spring Or the morning sun rise As beautiful birds graciously sing Or a child laughing innocently Playing on a swing If only you just took a minute to breath these moments in. Stop rushing through the days Stop worrying and being annoyed At silly insignificant things You are missing the beauty of the world And the joy that moments bring The colours of the autumn leaves the texture Crisp and soft Go play in them for a moment before that moments lost. The white snow and its texture make a snowman or snow angel before you go Wherever it is that your going Your missing life's graces whenever you say no Go have fun in the sun Or talk and hug a loved one Laugh with friends until you cry Everyday is a blessing for all of us to try

The breeze on your face and the sound of gentle waves, the beauty of the deep blue sea to



#### embrace

The warmth of the sun rays or the fluffy white clouds in the sky Silence your mind and feelings Take a walk before the time passes you by.

A silky red rose to admire or the feel of a comforting hand in hand or Bare feet on the soft golden sand A butterfly flying with elegance The moon in the night sky with twinkling stars Take a moment to capture and stop wherever that you are

The beauty of the land, all flowers, trees and green grass Take a look at all its glory before its out of your grasp

A colourful rainbow Gazing at a new born baby from head to toe Feel the rain on your skin Don't hide under an umbrella Your time soon could be up We don't have a forever

Tell your loved ones how much they mean and see everyday a blessing there's something good for you to see no matter what the mess you're in

As before you know it, it will be too late Your days on earth will be over To stop & think & appreciate.

## You have a way with me

You have a way with me.. That calms me when I am mad But you also have the power To make me really sad, Truth is, I love you too much Which is why this love is bad.

I fight it with my heart and I fight it with my head This battlefield is ongoing So I ride it out instead.

You have a way with me That no one else can do Like a certain captivation That I really can't break through.

You light up my soul, like a child with their favourite toy That little giggly girly feeling that sometimes makes me coy.

You have a way with me Like sunshine through the clouds Like your the only one I see When life is full of crowds.

You have a way with me That certain golden touch As much as I resist it sometimes I love it very much.

## I NEED YOU

I need you like a flower needs sunshine & rain I need you like a patient needs morphine for the pain I need you like a wild animal needs to hunt for food I need you like a depressed person needs a pill to help their mood. I need you like every heart, needs to have a beat I need you like a hero needs a baddie to defeat. I need you like a butterfly needs a pair of wings to fly I need you like an eagle needs the view from the sky I need you like aquatic animals need the ocean to breathe and live I need you like a homeless person that needs people just to give I need you like oxygen as I can't breath without air I just can't live in a world where you are not there. So listen when I tell you that every part of me... can't survive without you babe It's just not meant to be We belong beside each other like sand right to the sea.

## Princes and a king

I'm still that girl that deep down is lost I wish I could really love another But my now icy heart is covered in frost So my soul now has to suffer

I tell them "I love you too" Even tho we both know That my aching heart tragically belongs to you

Eyes don't lie and neither do kisses I've nearly fooled them but just near misses Ive tried so hard to fool myself so I don't end up alone on that dreaded lonesome shelf

I've lost a few relationships because of you Along the way Because I can't give them what I want to give So it's not fair on them to let them stay I wish I could truly love them but My emotions won't let me stray

It's like Cupid's arrow is stuck to the core Of my heart and I've tried pulling it out But it refuses to part Like I'm connected to you through all of time I hate love now it's a cold case crime

If I never met you I wouldn't of known real love I could of been ignorantly happy most likely married now with children I daydream what it would be like If my heart had not of been stolen

Princes come to rescue me but I just want my king I can't fake or control my feelings So lonely has now become my thing In and out of relationships That Each time I think maybe this is the actual one The one that can save me and makes these strong ties to you undone

The one who can banish every trace of you Make me forget about my trapped soul The man who can make everything better To make me content and finally whole

I can't see the future but dear god I wish I could To know if I can be happy without you If I have a shot at feeling good I fear that I'm stuck in this spell of needing you Forever to be a single lost driftwood

# Redirected thoughts to you

## Whatever I do I'm redirected to you

I wonder what you're doing and if you're having a good day I wonder if you're looking after yourself In all of the right ways I wonder if I've crossed your mind today at any point at all I wonder if you'll act on impulse and just decide to call I wonder who now sleeps next to you and if she adores you too I wonder if her heart can see The things I cherish in you I wonder if you love her more than you could ever love me I wonder what she could have That I don't have or can be

I wonder if she's pretty And I wonder if she's thin I wonder if you'll cast her aside As others you've choosen to bin

I wonder if your conscience is telling you that you know me and I'm not actually mad I wonder if it affects you to know that i miss you and I am sad

I wonder if your heart will tell you To ignore the logic of everything I wonder if you've chosen now To put it in the past and Not to even give me a ring

I wonder if it upsets you too Deep down way inside I wonder if your back in that bubble Where you go to hide

I was busy doing something but my thoughts redirected to you I wonder why I wonder when I have so much to do

## Satan?s touch

Captured and corrupted by earths lucifer himself Whenever I was with him It was like a chocolate covered sin My slow beating heart sped up itself

I could feel it beat hard in my chest I could feel deep inside he wasn't good But I was drawn to him because he wasn't like the rest

He captivated me in ways I felt alive I quickly got addicted to the thrill and the thrive

He was a beautiful storm and like A wild horse I couldn't tame Somewhere inside I knew from that moment on that my life wasn't going to be the same

He stole my heart even when I resisted He had full control I was a brat that tried to deny him But his domination insisted

and then he took charge of my soul I knew he would ruin me But I was in too deep Too lost in him to try to pull away But I wouldn't admit defeat It turned into a game of power In time he turned my tears into showers

The classic rose with thorns But each petal diminished Leaving me with sharp remains The once charming beauty all vanished Just left with scars and some poison left in my veins Now my soul is trapped in chains

All because i fell in love

With a dark angel who fell from up above

# home from home

The sound of the subtle waves Eases my whole being When I'm by the ocean water I can feel myself healing the gentle Breeze on my face takes me to a higher place I feel like I'm surrounded by peace and angelic grace The calming wind flows through my hair I'm content right now in this beauty of air The suns rays warm on my skin I'm in love with this moment and Breathing it all in Whenever we meet dear sea I'm in a hypnotic trance And life's worries disappear as My soul elites in an elegantly dance To join you in body makes me feel free Looking out at your distance as I swim through thee

## You and I

You're the complete chaos in my life

- I want to run away from you
- But then I want to be your wife.

I hate you but I love you and there's no in between

You're like hell on earth but also the most beautiful angel I have ever seen.

You're like the villain and the hero rolled into one,

You're the beauty of the stars but you can burn just like the sun.

Your heart is pure gold when your on top form,

You change like the weather but it's a perfect storm.

You're the glisten in my eyes

You're the truth through my lies.

You're the beat in my heart

You're the fire that restarts.

You're the smile on my face

You're the peace inside & grace

You're the missing piece of my world that I need it's only with you my heart can proceed

Your the sunrise & sunset throughout my every day.

So I guess what I'm trying to say is,

Don't ever leave me as I know all this & I still love you anyway.

## missing you always

Some days I miss you more then I usually do Some days are harder and I really just need you To give me some advice or hug me really tight To tell me where I'm going wrong And advise me how to do it right

I miss you too much sometimes And I get so overwhelmed we need you here with us dad and not in another realm In heaven you watch over us all But we need you here to break our falls I would give absolutely anything just to hear your voice If only I could at least just call

Your absence left such broken hearts That pain us everyday We're only left of precious memories and a scar that will never fade away I'm older now and not a girl But I will always need you dad You were my hero and still are And I'm blessed with everything I had

As the years pass me by it makes me feel more sad I know you want us to be happy, But sometimes I can't help but cry and be mad But I will do the best I can to make you proud and glad I just wanted to talk to you and say I love and miss you dad

# nightfall

The moonlight is my solace The stars are my muse The night sky appears flawless For hours I'm amused In awe of the night sky And it's wondrous beauty Don't you agree that It has such a majestic duty

Laying on the earths grassed soil Gazing up at the stars A calming energy that somehow eradicates inner turmoil

Surrounded by nature and trees Really is a place I love to be

## Princess warrior raised by a queen

I am a princess warrior I am the daughter of a queen I've got through situations You couldn't of imagined or dreamed

My strength is impeccable Losing myself will never be acceptable Being scared or worried is not an option Over thinking is just a toxic toxin

I allow myself to cry for a minute Then I always turn the page I won't think about what ifs As that puts you in a cage

I am a princess warrior But I earned it through my strife, Troubles and revolutions It's all just part of life

So I will continue to stand strong Whenever my life crumbles down and goes wrong For I was weak for far too long Those days are over My mindset is now back right where it belongs

i am a daughter of a queen a lioness on every scene she is beauty she is strength she gave me my armour and a heart that beams She is my angel and everything in between

## My mother

My mum is an angel who is so beautiful to me,

she's like a rare majestic flower as gorgeous as can be.

She inspires me to be strong and supports my decisions even when I'm wrong

She hurts when I hurt and she worries too much but she will always worry as that's a real mothers touch.

She makes me laugh with her funny little ways that make me smile everyday.

She has taught me things that no one else could and raised me perfectly like all mothers should.

She doesn't realise how wonderful she is or how special she will always be if only you could just see

what I see!

Her love is unconditional,

she taught me you can fly again after every fall and

When you get knocked down you get back up and proudly stand up tall.

I could never thank you enough for everything you've done mainly just by being you and to proudly call you mum.

So I wrote this poem for the world to see

how much I am blessed and how much you mean to me

# My broken heart will always miss you too much

Some days I miss you more then I usually do Some days are harder and I really just need you To give me some advice or hug me really tight To tell me where I'm going wrong And advise me how to do it right

I miss you too much sometimes And I get so overwhelmed we need you here with us dad and not in another realm In heaven you watch over us all But we need you here to break our falls I would give absolutely anything just to hear your voice If only I could at least just call

Your absence left such broken hearts That pain us everyday We're only left of precious memories and a scar that will never fade away I'm 30 now and not a girl But I will always need you dad You were my hero and still are And I'm blessed with everything I had

As the years pass me by it makes me feel more sad I know you want us to be happy, But sometimes I can't help but cry and be mad But I will do the best I can to make you proud and glad I just wanted to talk to you and say I love and miss you dad

# Darkness found me again

The lights gone out again Here comes the icy wind and rain I was climbing to the top But the darkness comes at me ready or not I Return to my back pack And get the tools I need once more But I really feel drained and just want to collapse upon the floor I'm a fighter I tell myself I can handle this another time Fake it until I make it and pretend I am still fine I feel the demons trying to grab me now but I know I can make it through them somehow I grab my torch and stand up firm They've taken a hit but I will punch back in turn They can drag me down but My fire inside still burns It's dark in here but my fire will show me a way out Evil tells me I'm better off dead and I am no good But I look them in the eyes and shout

I am stronger than you no matter what you do and I will gain courage to see this through I will be happy and I will be fine I will just take on another battle one day at a time

## What could of been...

Rain falling down I'm gently rocking on the sheltered garden swing Thinking about my life and what really could of been

I dismissed so many of my desired dreams To stay safe in a bubble with you In between Years have rolled by so incredibly fast But I believed we would get our happy ending together To work through it And most certainly last

Now I'm here gently rocking on the sheltered garden swing Thinking about how my life really could of been

To regret wasted years is such a terrible thing Worse than committing any forgiving sin

I followed my heart just like everyone said to Now I'm older and alone All because I met and fell in love with you

I can forgive you but I can't forgive myself For wasting those years and putting me here on this ageing shelf

I could of had a life Not perfect but great Now I am wallowing In self pity As I know it's too late

I'm still here gently rocking on the sheltered garden swing Thinking about how my life really could of been

# We will be together soon my love

Numb fingers Cold to the bone Shivering body Quivering lips Passing by of other ships

High tide Crashing waves Making me nauseated Working hard And feeling like a slave

Dark night No stars in sight Fog on its way All dark and grey

Soaking wet Are we not there yet Minutes feel like hours Tomorrow seems so far I'm still thinking of you my love Wherever that you are

Soon the war will be over Soon the noise will stop Soon your get your harvest money From all our precious crop

Wait for me my love As we both look up to our shared moon It won't be long my darling We will be together soon

## **Blessings**

Do you ever feel truly blessed In moments of silence Looking at a loved one And feeling your spirits content compliance

Do you ever feel honoured To just be here Even when things are wrong And after hellish times and troubles That cause you endless tears

How grateful we should be That we can think, feel, walk, see

Moments of past and present That we reminisce in our mind Thinking about how any moment Could be our end of time?

Life can be cruel It can be really hard It can be trying It can leave us badly scarred

But life is a gift That many are denied Remember that And carry it with you In your stride.

## Autumn is upon us

Autumn is upon us The wind blows with a chill The leaves turn red, orange, yellow then begin to fall Where they were once hanging green and proud and tall

The beauty of them fascinates me Yet tragically it is their death So pretty and colourful until their last Breath Stronger breeze and Shredding leaves From nature's finest deciduous trees Somehow majestic as if they are now free

Autumn is upon us As we put on our coat and scarf Children jumping in puddles As they play and laugh

An umbrella for the rain Boots and wellies back on again Not quite ready for the central heating But it's nice to snuggle up all the same Just cold enough in the mornings to snuggle up closer In the duvet with a warm cup of tea and warm bread from the toaster

Looking forward to upcoming events Harvest, thanks giving Past times to be reliving Not long now to Halloween Planning celebrations and Decorations for all to be seen

Autumn is so wonderful Wouldn't you agree We're blessed to have all four seasons Beautiful sights for our eyes to capture explore and see

## The struggle with love is...

The struggle with love is You have no say at all Your heart is stronger than your pride Who it desires it will always call You will always feel connected Through the angels golden ties They connected you for a reason They won't allow neglect or treason And entwined hearts can not die Even if you forcefully choose to live a lie

Your heart will lead you back to them No matter what's been said or done Your heart won't rest until it's home And that's only with that special someone

The struggle with love is You have no say at all The angels decide Who you love And choose the moment you both fall

# **Uplifting love**

It's like a Christmas morning with magic in the air, My body stretches to sweet symphony music that only I can hear I turn to see your angel carved face that makes my heart increase its pace I lean over and snuggle you tight It's only here that my heart feels right I kiss your lips and smile sweetly And know that the day ahead will be so peachy I'm on cloud nine and happier then ever I pray to God for this to last forever
# Whispers of true love

Whispers through the trees Whispers through the breeze Whispers in the crowd Whispers even when it's too busy and loud Home is calling But I'm not around I'm busy working But I still hear the whispers of its sound Home Where you are Where I belong Home whispers Come back Like a melody to a song Wait for me darling It won't be too long We're be together soon my love And our hearts will entwine again We're hold each other in our arms And blessed again were say amen

# I?m still here...

Can you hear me Through the trees Can you hear my voice in that gentle breeze

Can you feel my warmth from the sun Can you see my smile when a new life you created has begun

Can you feel my sadness with the falling rain Wanting to comfort you To see and hear you laugh again

Can you hear my wisdom when things are going wrong Can you feel my blessings to you all in certain songs

Can you hear me laughing when you are having fun Can you find my guiding solutions When you think That there is none

Can you feel my hand on top of yours Can you see I gave you many opening doors Can you feel my hug when you are on the floor Can you hear me say I will always love and miss you more

I am not gone I'm still here Everyday Listen to my whispers I'm with each of you Every step of the way

# Please dear lord...

We're given pain For lessons to gain But I can't stop questioning why To my complete disappointment I then had to question the relationship of you and I I don't understand why you gave me that man to break my heart numerous times I prayed hard to you so much For him to grow up and be mine

The answers of the lesson Or where to go.. Why haven't you healed my aching heart Why do I still want him if you made us part

Why do I still feel sad Why can't I fall in love again Why won't you answer me It's making me mad!

Give me a sign Tell me what to do It's all out of my control It's all down to you Please Lord heal my soul

I've had enough hardship I need this to end Tell me the lesson Please make me understand Or let the angels tell me I'm begging you to give the order to send Send someone, anyone to just make amends Guide me, console me Put a stop to my misery my lord

Amen

#### Dear me...

Dear broken girl inside You need to know It will get better Please don't hide

Let go of the past and all the pain Restart your life from this very day Don't make the same repeated mistakes the results will always be the same

I know it's really hard But don't lose faith Don't lose yourself in the dark pit of despair Keep your head held high One day your wounds will repair

Just get up darling Don't lay and cry I know it's hard But you have to say goodbye

It's no use holding on To heartache and shame You're stopping yourself From life again

Dry your tears dear And wrap yourself in a invisible blanket Stand strong without any fear It hurts now but you have to move on To get to that place you know you belong

#### Dear me

I will look after you and love you I promise Time to let go now honey Time to be honest Make a new plan And do your best In time your heart will heal and rest

# Let me in...

I keep chipping away at your stone built wall Little by little as it stands so tall The bricks you created after every heartache and fall I stand outside those barriers And continue to call

Hey it's me Please let me in Share your thoughts an feelings Bear to me all your sins I promise I will care for you And help you to heal But I can't support you Unless I know the truth And how you really feel

I won't give up on you I will keep on at my perish Because I care And it's you that my heart continues to cherish

This distance you keep me Affects me inside But I won't go away I will not hide

I'm here waiting for you To just let me back in To write our next chapter A new story to begin

# Finally getting back to me...

I have a Spring in my step And I'm glowing again Beautiful Sunshine takes over the rain Feeling content and in control Finally healing my tired soul My eyes are brighter My body feels lighter As I leap into a reforming me Positive thinking and working hard Is definitely the important key

I'm so over it No more analysing Focused on life And feeling fit Exercise is my new found hit I'm stronger now Feeling like I'm back to a queen I'm ready for change Ready for the past To be burnt at every seam I'm returning to who I used to be And its beautiful uplifting Scenes

#### The power of a mask...

You took on a form To gain abilities To cope with the world You recreated yourself To take control of your mental health

You depended upon that mask And used its power for every painful or scary task But you depended on it so much You became the mask

The more you used it The darker your heart became You weren't you anymore Your good heart had changed Is it too late Will you remain the same Don't let darkness become your fate

Sometimes it's good to feel some pain It teaches you to grow To learn strength and Empathy So let the emotions just flow Don't hide behind that mask You need to let it go Or the wisdom and lessons from pain You will never get to know

It is all good to want the courage of a lion, but do you want the arrogance and pride with you at all times as well? Adapting yourself for life coping methods Will only bring you hell

#### Missing us...

I can't stop crying I watched a sad movie It had a happy ending That made me all woozy it made me think of our love And how it's always pending I'm crying because I'm tired of pretending I need you here to love and soothe me I'm crying because I want our Happy ending to finally be To prove to them that I was right about us and then they will see Then at last my heart will lighten and be set free

Together forever you and I To be happy To not always question why For us to grow old For us to be fixed To get married And feel our unborn baby kick To be a family Happy at home But instead I'm here crying again Without you all alone I just want our happily ever after a good life together filled with love and laughter.

# Live day by day

I remember when I was a little girl How I loved to twirl and twirl Twirl in circles, twirl my hair pure and innocent without a care I wish I could go back to that time With all my family there I soon grew up and lost my innocence Saw the world in its dark shadows And it's lack of competence From age 14 My perfect safe world was broken

Through adolescence i decided to focus on writing my own little chapters The world is better when you control the raptures I Learnt that life can be so cruel I Learnt in time to forget the rules Now I live day by day Because time can make you lose your way I don't think anymore about tomorrow Next week or next year I find it causes anxiety instead of cheer

#### I love your ways...

I love your hazel eyes and your seriously cute smile
I love the way you laugh out loud
Which makes me laugh for quite a while
I love that when you are doing something you always do your hum
I love that even the mundane things
In life you always seem to make it fun

I love your sense of humour and the random things you do Even the cute white lies of "I'm listening to u" when we both know you're playing Fifa too. I love the way you love me knowing All my qualities & flaws I love that when I'm feeling sad You make me smile and more

I love the sound of your voice that comforts me like a blanket a place inside that feels like home whenever that I hear it. I really love our connection that never fades away I love that our love continues now from way back in the day

#### Summer time...

Drifting clouds The gathering of crowds On a joyous summers day People are happier Having fun Soaking up the warmth of the glorious sun Like the human spirit has been reborn

And a new mindset has begun

Plants and flowers bloom and grow A beautiful majestic scene An array of colours to be of show The sun supports energy and life to breed And feed The insects collect their pollen For their purpose built needs

Animals multiply as they reproduce Already preparing for fall Natures growth is fascinating Like the growing of antlers on a moose

Animals Gathering of a wide scope of food To eat as much as they can Always preparing for each season as Mother Nature planned

The gentle flowing of rivers And the fresh green meadows Smiles and laughter That blissfully echoes

Summer is a joyous time To capture images and memories In all of its prime

# My best friend...

- A beautiful soul
- An innocence of purity
- For there really is no greater loyalty
- His love is unconditional
- together I forget all my strife's
- He's the most amazing surprise of my entire life
- His black curly fur so soft to feel
- Best friends forever something that'll stay real
- His big brown contented eyes
- That comfort me daily
- My guardian angel is a dog called Bayleigh
- In moments of my sadness
- In moments of my joy
- Like a shadow by my side
- Like I'm his favourite toy
- and for me
- No connection on this earth is more true
- A binding of hearts that not even time can undo
- His bundle of energy and his soul so sweet
- The strong walls I built to keep out love

in a moment with him I was forced to retreat he has my full heart and fills it with love the happiest and purest kind like heaven above

### The nobility of true Love

Your name is engraved in my mind And forever with you Won't be enough time You've revived my heart When you're not here It tears me Woefully apart

You're the heaven after my hell No one has ever treated me so well You are a part of me now In my every breath so deep You will always have Every part of me to keep

Nothing made sense until I found you The mist had cleared And my chaotic Mind too Suddenly the world was all new

When you're with me I'm lighter on my feet Twirling, dancing Even my thoughts are pure and sweet

I'm at ease by your side Enjoying long walks And wrapped in your arms watching in admiration Of the sweeping tide When I'm with you I now sing, I now hum I now glide A heavenly bliss I could not imagine Love gets any better than this

Like a soft melody casting over my life For I can not wait to bear your children And become your wife

# Nurturing nature

Reflections on the river Of the autumn fall trees And The clouds with the sun All still and at ease

No ripples to be seen It's like a mirror Of an exquisite scene

The green grass river bank It's all so picturesque The beauty in nature We all need to thank

It's gracious beauty Excites the eyes A tranquil place With no demise

Gentle and peaceful Just the language of birds To capture these moments I have been blessed Taking it all in I silence my words This scenery is pure art and nothing less

# The little girl still lives inside

I am now a women But inside I am still a little girl So many dreams and stories to tell

A forgiving heart And an innocent mind Wishing for world peace And an extension of time

I still like to explore I still like to play I still want my hair stroked And to be loved through each day

I still want the protection and a safe loving Home I still like to be creative in a quiet space of my own

I still like family gatherings I still like counting our blessings I still like laughing a lot And playing on the swing I still like snuggles And books in the evening

I still like to hear the harmonic sound Of a piano, Such delight to my ears I still like every season I still like walks on the beach and pier

i still like playing board gamesi still like dancing and singing songsi still like to be nurtured when things go wrong

I am a women but I am still a little girl inside I shall never part with her Not for the world

# A Phoenix reborn

A wild bird Soaring in the sky Happy and care free The sun above And the wind beneath me Flying through sights as beautiful as can be But the people wanted a war They wanted a victory They shot me down And burned my feathers Broken wings lied upon the ground I lay still but groaning in sound Once bright and full of life Now withered and tethered They left me there wounded and weak They perished in their unworthy defeat

But not yet did the people know The fight I had in mind and soul I rose from the ashes I am a Phoenix Again I will be whole

#### A mums world

I've made 4 cups of tea today But let them all go cold As I've been busy doing things My wants get put on hold

I'm busy doing everything And for everyone It's hard sometimes to think of myself Because I am a mum

I'm a daughter and a sister An auntie and a maid A receptionist An adviser And these jobs are not paid

It would be nice to have a bath in peace Without the yelling "mum" But as soon as I'm not needed I will feel useless and numb

I'm a really busy woman And sometimes I complain I wish the kids will stay small forever And continue to yell my name Wouldn't it be lovely to freeze the precious time And keep my busy family life the same As my life won't always be like this And One day I will reminisce and really want to rewind

# **Turning the clock**

If i could turn the clock back How far would i go? 24 hours, a month, a year? 25 years, 10 or maybe 15 or any number in between! How far would i go to rewrite my history? To right all the wrongs

To create a better me? Would I really go back and change it all To redirect my every path & fall Would it banish the barriers I have put up as walls Prevent all heartaches & erase the bad Go back in time to see my nan and dad? Not give my time to any idiot lads To not know what I know now To not know any answers of why or how? To not of grown from my young repeated mistakes To be unaware of those people who just constantly take?! Take with no intention of giving back The life I choose off the right tracks To turn the clock back Could be so great But I would lose the gift of wisdom & change all fate

#### saddened soul

Saddened soul Abandoned heart Lost in a world Of tear drops and scars Happiness seems just way to far

Old wounds condemn me Fresh ones keep me lost The warrior with in me Is starting to go soft

My inner fire is starting to dim weakened Mind set Seems I just can't win

I'm losing faith A song bird without wings Stuck on the ground but Still trying to sing

Endless battles still fighting alone Struggling in spirit and weary bones This soldier girl only wants to set up a happy home

Live life with laughter with abundance of love a family of her own and blessings from above

Silently screaming with a crying soul Yet I continue to trench through these dark rivers that flow Praying for peace and love And to not have them go They can't see the emptiness I don't show I live in my armor so they won't know They won't understand as they are not me And neither would I want them to be

### Dark magic

It was a fairy tale to my heart Like a Disney world right from the start I experienced love like never before The kind of love that lifts you sky high but can bring you crashing to the floor A modern day twisted piece of Romeo & Juliet As long as I had us I would always be set Like a magic potion that streamed through my veins no other man could awaken my senses again not like this my head is in the clouds I'm captivated & memorised I don't even notice the crowds The crowds of reality family strangers and friends but this love has controlled me from beginning to end This love was tainted and not pure from his heart so it broke me to pieces and tore me apart The light that shone bright & the peace with in has turned to darkness & shamed me to sin I've grieved for this loss that I never even knew could be a possibility it's the end of the road & I now need stability Inside of me I made you my world & I'm left here with nothing feeling vulnerable & alone it's like a haunted house inside of me that I once called a home Step by step I will make it through this Until reality reforms as ignorance is bliss

# **Circle of our love**

We've been here before We are here yet again History repeats itself Our story never ends

My love for you never stops But we are here fighting again Bickering, angry, tears and strops

We never learn but We never close that door If we're not meant to be Then what's all this been for?

We have to get away from here Avoid the end that's near I don't want us in war I don't want us to walk away wounded, bitter and sore

I don't want it to become too much I just want us happy together With warmth in our hearts and touch

Love me again Let me love you Let's work through this Before it becomes done Let's go back to our jokes and fun

Hold me Kiss me Let the issues dissolve away I'm sorry Your sorry Let's just talk and love each other For the rest of our precious days

# **Caged then free**

Young and sweet Vulnerable and incomplete Long blonde curly hair Deep blue eyes 5ft 3 And very attractive to guys

Through her search of comfort and truth She found only abuse, pain and lies She used to drag her little feet with her head down to the floor She used to stay quiet even When harshly provoked to react with more

You could see in her deep blue eyes The fear of speaking out She's not that young girl anymore But she doesn't need to shout

She stands strong covered in open wounds Proud of where they led her And the change in her Now she's bloomed

The bullets she took The fear that made her shook The knifes that cut her deep The way she followed Like a lost little sheep And a timid frightened mouse That ended up caged in her house

Now a lioness With a powerful raw But not angry cruel or remotely sore For she gained courage, strength and so much more

How could she regret the tragic undeserving pain she endured When it lead to her ruling Of a kind solid queen That hadn't lived before

Her heart was still pure and pouring out with love And she thanked god for all of it Although it was tough

# Wishing I had more time...

Trying to stop that last thread from braking Trying to hold back the tears And hold on to this smile I'm faking

A storm is brewing It's presence is strong I'm standing here weak Inside and feeling nearly done

Run away Kay Run like the wind Run into a new beginning Leave the trash in the bin

My mind tells me to flee before the emotions explode And take over me

I can't run I'm stuck here with responsibilities I have to pre plan any positive changes or possibility's Plan an escape I need time to prepare to rejuvenate I don't have the time or resources To spontaneously separate

I need distance I need to be alone I need to think I need to roam I need a beautiful view With a slow pace walk I need space Before I can calm myself and talk

I can't flee I'm stuck Knowing it's just a matter of time before I erupt I just need some time and me

# A puppet for you master

A puppet in your theatre of cruelty Captured years ago Tortured and teased endlessly I can not seem to escape my hearts loyalty

I've always known it was wrong Although my love for you is strong But you are all I know I can't cut the strings So I continue the show

So many scenes Sometimes I cry back stage When I am not sad I am filled with such rage

interludes throughout the day My favourite times to be alone and not in dismay To breathe deep and slow To be still and to lay

Relax my mind and control my emotions But back to the theatre I go through my fierce devotion

Back into make up Back into character Back to the show Back to the scenes That you control

### Loves dagger, fates power

I keep cutting myself on the sharp edges of your puzzling game Ever since I've met you I've never been the same

I can't fall in love without you I fell for you once and that was it How can love be so joyful but also make you feel so shit

I beg you don't fall in love without me My heart is incapable of another love even when I want to break free I can't Like a stronger power bounds me to you from the universe and above

When I don't hear from you It feels like there's a space inside me Without you it just grows and deepens daily I try and fill the void with day dreams Thinking of being your wife And having your babies

I wait for your return And as the time passes It feels too long and I'm left to crash and burn It's so cruel to unconditionally love you and yearn But I will continue to wait for you as every page of this sad story turns

### It?s always been you

You've gone away again So my beating heart has froze I still wait for you As that's just how it is, that's just how it goes

We are like strangers Because nobody knows The pure love you make me feel or How sad I feel when you don't show It's like a secret that only I know You don't understand why I can't let you go

I told you time after time That you stole my heart So why do you shut me out Why do you keep us apart

I just want to be yours and for you to be mine Others see it like I'm committed to a crime But I don't care what others think or say As long as you love me back and in the right way

I won't be happy in this world without you I've never wanted someone new How can I be with somebody else When my heart is devoted and true

I will wait here in the cold again Until you come back With your sunshine and stop this down pour of rain If you don't come back i will have to live with the crippling pain
but I couldn't come back to life again as a content glowing heart that's turned so dark could never be the same

# I?m still lost

I keep trying to fill this deep void Keep busy Keep being kind Help others Appreciate time put effort into everything you do But still the loneliness seeps right through I question who I really am I question why I'm here What is my purpose How can I fill this void with pure lasting cheer? Still I can not fight back the tears Maybe I'm just broken And can not be fixed I've waited for so many years To feel whole once more But temporary smiles are just a trick I ask myself, I ask the lord What is my future Is this heart of mine ever Going to be cured

#### Heart over head

You asked me if I would still be there If the worst case scenario happened It made me frown and my heart then saddened I've loved you from the very start Don't you realise by now that Loving you has no end Time doesn't decrease it and Like a circle it does not bend

I will love you no matter what Disabled or diseased it matters not I love you for you And love like that Is rare and true So don't ask me if I will be there When I've never left Remember It was you that went and Made me bereft

the heart and head are not the same the head is logical the heart still loves despite the pain the heart goes on when the head is already gone

Can't you see What you mean to me Despite all said and done Can't you see That my heart Only knows you to be My only one

# The harsh reality of blinded love

It's taken me 12 years for it to finally click All this time my mind and heart was tricked I let my heart believe you were really it I can't blame you, not for it all It was me who convinced myself you loved me Even after every tear and fall

I guess I was deluded They say love is blind I feel so stupid Now I can see clearly after all this time You don't love me and your never be mine

I'm so angry at myself Now what do I do? I only ever saw a good future with me and you I've wasted over a decade For a no win crusade

Time is nearly out And I'm still on the shelf No happy ever after For my stupid self

## The secret I hold inside

I'm right back where I've been before Lost in you and needing more No amount of time with you Seems to be enough You just look at me And my armour turns to mush

I don't want to know another man I don't have my heart to give away Only true love can really understand It's always been you Forever and a day

I don't want a girl to hold your hand I don't want her to feel your touch I don't want her where I should be The thought cuts me up so much

I don't want to see another day Where we aren't together You are my sunlight You are the only man I treasure

So don't break my heart in two After all you've put me through I only see my future with you And if that doesn't happen I honestly don't know what I would do

Except crumble to the floor I would scream the pain out But they'll always be more The tears will run down Like a poring waterfall All because I fell in love All because I gave my all

# I don?t want to lose another day

I don't wanna lose another day In this world without you I don't want to spread my wings Unless your spreading yours with me too

I don't want to let the sunlight in Unless you are beside me I don't want to face The dark times ahead Unless There you'll be

Because you are my best friend Because you are my glowing light Because your the only one That my heart has loved And is so adamant that it's right

So let's not waste another day I'm officially yours Let's start a really good life Let's go hand in hand through that door And forever there we will stay

# love-hate but always communicate

13 years my hearts sacrificed But you could always leave me At the drop of a dice

You can keep tearing me down But I will always rise back up off that cold hard ground

Go do what you do best and run I will stay here and fix what you've done

You say you care But I don't see you with the first aid box Or any actions of compassion to repair

I forgive you too fast But I don't forget Every cut you've made Every scar that lasts

I love you and I hate you And it changes like the weather But somehow you are home So this conflict between us Could last forever

Just love me anyway And I will love you If my dream of us fails Our friendship can remain true Because we can control how this story ends Let's not make it bitter or sad Let's always work on it Even when we are mad

# The Broken hearted girls

Every hope and dream broken A soul disintegrated with every harsh act and word spoken A single beautiful childhood but my adolescence ruined and stolen

Told and shown that their evils don't matter But left resulting in a heart that's shattered And a brain Imbalanced So continually clattered

So I silence the mind and tune out the world These are the blurred eyes of a broken hearted girl With a torn heart and tear stained face Trying to heal with a broken embrace

Continuously fighting to keep up that wall To hide behind with every fall When I finally break and just give in Accepting life just won't let me win

While the tears simultaneously drip from my eyes Forcing a smile Putting on my disguise Walk out the door to face the world Still with open wounds The trials and triumphant's Of a broken hearted girl

## On my knees

Everything is dark I'm haunted by the sadness Of times of the past I'm lost here in a world of regret Years are passing and I'm still not happy yet You were the sunshine That left me here I'm drowning right now in my own tears I can't see a future Without any light I've been lonely for so long I can't summon anymore fight Life without you just doesn't feel right. My bruised heart beats slow these days All motivation has gone Every day feels too long The nights are worse Like I'm trapped in sorrow I don't even know if I want a tomorrow

## the hidden lies I dare not speak

So many words left unspoken Everyone close to me knows but you I can't say them out loud But I kinda wish you knew I type messages to tell you But I delete each one before it's sent But every line I have written I have always meant I want you to love me But I also want us to end My feelings are stronger than my logic And it's getting harder to pretend Forever contradicting myself I want you I want out Constant battles and Always in doubt Time is Passing rapidly by The words I speak to you Are mostly lies I tell you the opposite of how I feel What I tell you I think Is not really real Because I am scared of what could be Another failed attempt of our love Or you rejecting me

## What do I do now lord

Many years ago now You took my father away from me And now you take the man I love So pure and so deeply

So tell me my lord What do I do now As I hysterically cry to you on my knees As you've taken these very special men cruelly away from me

The pain is just too much lord I miss them all the time Why did he have to go too When he was my sunshine We should of got married and had babies And lived our life just fine

So tell me what I do now lord As I cry to you on my knees Begging you endlessly each single day To bring him back to me

My future looks so dark now You might as well take me too As I don't want to live without him Stuck here feeling broken and blue

They tell me death is part of life and We all have our scheduled time but I can't take another death of a dear loved one of mine

So what do I do now lord As I cry to you on my knees You can not take away what's done Or the future pain that is too much So take me with you lord oh please And ease my soul for me

#### Love doesn?t die

True love doesn't die I continue to love you in death We are still together But only one us is still with breathe My heart belongs to you Your heart still belongs to me We are still together But your spirit I do not see You give me signs like flashing the light And we talk through a medium So our connection is still tight

I never forget to say goodnight and won't even when I'm old Our love story hasn't ended It's just been put on hold

I still feel angry at the life we could of had I think about you all the time And it always makes me sad But knowing you are still with me Makes me a bit less mad

So true love doesn't die or fade away I know I will be with you I just have to wait for that blessed day

# Holding on tightly

All I have left is your scent on your clothes That comfort me and kept me in my denial bubble I hold them tight when it hurts too much And always when I feel troubled My days are filled with scheduled things to do to stop me going insane But night time comes and I'm drowning in pain Tears fall from my tired eyes I wouldn't of ever been ready to say goodbye, you were taken from me way too soon We should of had a lifetime together to gaze at the moon Daylight I am strong and somehow get through But night falls and I'm broken And really needing only you I don't even know if I will get through this I love you too much My heart.... my Tris

# I still and always will..

I still search for you, yet I know where you are I can not get to you You're still so close to me vet unbelievably so far I search the clouds I search the ocean I search through trees and crowds I search the stars I search the moon Praying you're okay up there And that being with you again will feel like it's soon As time has passed missing you has become another part of me Engraved deeper in my heart Another part of me died that day I never would of been ready for us to part I still long for you Your touch, your kiss I long for our conversations that went on through till morning that i desperately miss I long to fall asleep hand in hand again I long to joke with my love, my best friend I long to gaze in your beautiful eyes and Touch your beautiful face Just to hear your voice would be my earthly heavenly grace I wake up, breathe and miss you and that continues every day Because my heart belongs to you and I will cry for you always No matter what they say Until we are back together Where my soul can be happy finally again but for forever

The only way to carry on is living not entirely and truly myself, separating the depths of my soul, the

tragic pain and my infinite devoted love for you

and placing it on a shelf

So that's what I do but

I visit that shelf

Whenever I need too

Which is often throughout the day

I still wear your jumper and inhale your scent as I weep whenever I lay

I would of giving anything to god

To make sure that you stayed

I will stay strong

Carry on this human life even tho it feels so wrong

And when I'm alone I will still close my eyes and be with you, a beautiful day dream that you'll do too.

# Sweet baby Nico

I saw a baby bird in danger So I rescued it from the alley cats that wanted it dead I fed him and kept him warm in a nice comfy bed I nurtured him and cared for him I wanted him to grow and live his life free But today I buried him instead I tried to save him once more from the power of death I gave him gentle cpr and gave him my tiny breaths I cried so hard once again feeling helpless And another piece of me bare I shouted out loud, why?? Why?? It's so so unfair! I named him Nico this sweet baby bird I said my goodbyes and told him I was sorry and I know that he had heard. I failed once again You just can't win fighting death I've lost every battle each time Just for once I wanted victory to be mine! Now I think about it I fail at everything I do Why doesn't god just spare me all my heartache And just take my life too.

#### The truth will set you free

I'm broken now,

into pieces you could never count, you could never contemplate what I've seen and gone through and that a fraction of any Hope in this world to me is absolutely paramount

Nothing has got better since you died, a year ago now, it was months ago I made myself a vow I've tried to stay strong and live my life but somedays all I can do is question why and abundantly cry

Not just for you but for me too

as your death changed me then the past caught up with me suddenly I'm stuck There's a lot of anger in me now and in comparison to who I was I now don't give a fuck

But I miss who I was, the strong focused positive woman with the happy little girl inside Now I lay in the shadows, now I hide

Sometimes I want to end me Sometimes I want to live I'm torn between being in spirit with you and staying here like I'm supposed to do

People judge and talk their ignorant views It wouldn't occur to them to ask me my perspective on anything I've been through They don't know me, they didn't know us, Lies and vile behaviour They only speak bullshit when they cuss

It used to really hurt me, but then I remembered what you always said, "Fuck em michaela" so I erase them all from my overloaded head

I know what I need to do now To be honest I've been so broken I haven't really tried But remembering the core of you and my true self I will carry on with pride I'm bringing me back but it will take some time But I will always be yours and you will always be mine.

# Still in the doorway

You give me time then take it away you give me sunshine then you make it rain I care for you whole heartedly but you're immune to my pain you disappear then return with "I miss you" 18 years and still the cycle remains but because of "love" I stay in these chains I wouldn't do that to you but you do it so easily to me after all this time you still fail to see the value of my love and the patience required of it just to be you asked me to lower the bar but it's practically on the floor giving me breadcrumbs yet annoyed that I continually ask for more I'm always in between holding on & letting it go but I've always lived by this certain motto "I'm all in or all out" However only for YOU I've stayed in this doorway of doubt I guess it will end soon anyway you'll fall in love again then you will slam the door disappearing for the last time as I cry next to it on the floor until my sadness turns to anger Then I lock it in a fit of rage disposing of the key and returning to my cage until I'm stronger to start another chapter and burn the previous page