# A collection of poetry

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#### Feel

My sacred place where I demand to feel ... feel the pain

Poured onto canvas so abstract that a handful feel it with me I allow it

Extended versions
of the classics
prolonging the emotion
... to be felt

It's a process allow the emotion ... feel

The pain from within



#### **Kisses & butterflies**

Piercing through
my ever insistent darkness
an orchestra of emotions
reaching out
... reaching in

Playfully,
my dorment butterflies
awaken
by the touch of
your lips on mine



## Inside my soul

I find myself...thinking about you
Sunsets,
Beautiful lyrics
In the sound of
Thunder,
In the calm
of soft rain, drizzling
In all the little things
and inside the
deepest part
of my soul



## One moment at a time

The sun seem brighter
The icy winter
A little warmer
Our hearts, a little lighter
It's been incredibly
Difficult to allow
Any beauty in
It's time for me to exhale
I'm breathing you in
One moment at a time
Inhale with me
The smell of blossoms
Float with me
On this beautiful
Cloud of hope,
Perhaps, even love.



# Love vs Pain

Love
Beautiful lyrical words
drawing a cunning belief
of everlasting
adoration
Pain
Utter deceit
painful, heart wrenching agony
evoking more emotion
perhaps, pain is our
elusive love affair



## **Scattered shiny stars**

Our souls

Searching through

Beautiful scattered

Shiny stars

Find me

And I'll find you

For once,

Look past the clouds



# A melody of love

Breathing on your skin your body my canvas with every brush of my lips, the sound of my voice, a melody of my ... love a never ending ... song for you ...



## **Lonely poets**

Liquid pleasures often, the company lonely poets keep when they cannot sleep while they... weep



#### A million shattered pieces of my heart

It's been years
we hardly talk
it's easier that way
but we remember, every second of the day

Incredible pain
Constant misery
loneliness
our hearts breaking

a million shattered pieces that could never be glued back together we were just not meant to be

In our hearts
we kiss
we touch
we love, till forever



# **Infinite beauty**

A plum blossom greets infinite beauty in morn' while birds sit and wait



#### Rain dance

Sing your beautiful lullaby to me drizzled with your silver drops

I cry with you we dance the dance of aching souls



#### **Dandelion wishes**

I make a wish
A rainbow of colors
I dream of your touch
Warm and tender

I fantasize about your kisses
Delicious
I stare into your bright eyes
Mesmerizing

In my dreams
...you are
In my thoughts
...you exist

I wish
Like a dandelion
Dancing in the wind
Towards your loving embrace



## To the heavens

On this icy night
I look to the stars
With questions
And teary eyes
I surrender
To the heavens
And embrace
The chill in my veins
Standing still
Weeping
Hoping
Believing
My soul
Filled with hope



I still believe

I will love again



#### A to Z and you and me

Afternoon naps

Blossoms in Spring

Cuddles on the couch

Drives into the countryside (I'll navigate)

Exploring your body

Forgiving you for being silly

Giving you a love note

Having you by my side

Impressing you with my salsa dance (yeah)

Just holding you

Kissing in the rain (let's get wet)

Loving you

Morning kisses

Needing more kisses

Oh, you are amazing, AF

Picnics in the park

Q & A's

Reading poetry together

Sushi platter for two

Tickling your feet

Unlimited conversations with you

Van Gogh paintings

Walking hand in hand

Xrated midnights with you

Yes, kiss me

Zzzzzzzz's... sweet dreams my love



## Right here

Deep tranquil aromas steamy mirrors warm liquid all around my senses come alive

fantasies of your touch in places, I soak in this luxury reflect

I lay back and feel knowing You are right here, always!



# My son, Jaden

Your emerald eyes
a window to your beautiful soul
your sensitivity to mankind
zero tolerance for the unkind
Writing about you
is harder than any poem I have ever written
To Harder than any poom mave ever whiten
you are
the pure of equil
the purest soul
You amaze me
every single moment
your commitment
to your dreams
I am blessed
to be in your presence
even more blessed



to be your mommy,

I love you

... unconditionally



#### What women need 101

I need a little rain drenching my soul, and a dark roast brew, and a whole lot of you



# The hope of a sunflower

a sunflower smile on this windy sunny day with hope of some rain



# je t'aime

I love you from the top of your head to ... the tip of your toes ...

je t'aime



# Perky pyramids

love is beautiful between perky pyramids avoiding the heart



# To the sounds of Debussy

Come lie with me hold me close don't explore
Be still Shut out all sounds of the world; close your eyes
Inhale Exhale
Feel my warmth my love
Touch my face; taste my lips
Our tongues dance to the sounds of Debussy; our hands wander
Our souls meet; you are inside Don't leave, yet don't stop; don't move
Inhale Exhale
We wake to the sounds of Debussy;



you never left . . . or even moved



## The beauty in pain

The beauty in a journey traveled, often reflecting our pain our loss, but it is in these moments we reflect The beauty in pain



#### I made a vow

Years ago
... Until now
Hurtful words
In between

The day we met
you dressed in all blue
I should have known

Blue
A window to your soul
Loss and pain
Unexpected bond

My mouthy thoughts
Many nights of anger
Your frustration
yet, forgiven for it all

I think of you daily and in the darkest night Beautiful sunny skies Magnificent hues at dawn

I pray I wish I dream

I believe

Years ago ... Until now



l vow

to hold you close forever



# Waiting

Pretty butterfly contemplating in the sun waiting for the rain



#### Not so perfect, dinner for one

A well thought out evening A luxury lavender soak I lay back and inhale relaxed and happy

I get dressed silky stockings of course revealing dress black pointy heels

I do this for me This is who I am I embrace all things silky and sexy

My favorite cozy spot
A cider and pizza ordered
I sit back and take in this moment
I reflect...

"Perfect" Ed Sheeran
a slice of pizza
and tears
sipping my liquid comfort

Asking for the bill I am sobbing you are not here I am alone

The one who used to call me his perfect love has left me all alone



dinner for one was not part of the plan.



# Only you

I keep them close

I used to gaze	
Into your eyes for hours	
hold you	
while sleeping	
Greet you	
with sleepy eyes	
coffee for two	
laughing as one	
I never stop	
thinking about you	
How can I?	
When it's always been you!	
Your hugs	

Your voice
I still hear, clearly.
My soul needs
you more than my
aging body
and broken heart
In my dreams
I am not alone
How could I be?
You are right there with me!



### **Breathe**

I rise to greet the dawn distracting my heart I take a sip of dark roast and exhale today I will just breathe



#### Just once more

I see beauty everywhere a peach blossom a lonely coffee in a pretty cafe

The laughter
of a child
a smile
from a beautiful stranger

Lonely nights the beauty in needing your smile just one more time...



#### **Ancient love**

Nights
oh, lonely nights
liquid comfort
the classics a backdrop of a scene

Memories of love memories of you I do not hide my pain I feel it

My pain demands that, I feel I remember I cry

The morning sun
a new day
and more memories
of an ancient love

# My poetic Side $m{Z}$

## I know

Fading memories
my soul concealing
hurt from my
aching heart
I am soaring
with majestic
angels on a bright red
persian dream
In a dream
where you never leave
In a dream
where you are still holding me
Tranquil sounds
with every key



it moves me

further away from you

Paralyzed with fear

of forgetting your beautiful face

I know I will always

feel your love



## Pick up the pieces

We all make mistakes no such thing as big or small they are all lessons big, valuable lessons

We pick up the pieces
little by little
often, dragging them along
for decades

A river of thoughts frozen emotion icy tears brutal scars

Our 3 am
... thoughts
our only...
... companion

... words unspoken...



### Midnight rendezvous

These scarves symbolize my profound walls of solitude preoccupied thoughts My pointy heels rest among our midnight rendezvous Your scent lingers... a faint breeze shiny bracelets and crisp formalities said to be your only preferred style **Dramatic Johannes Sebastian Bach** ...inspiring my heart long enough to once more be tricked into an enchanting loving sweep



## **Waves crashing**

The beats of my heart... still lovingly embracing the night sky ember ebbs to forever

I witness the stars as they greet where souls meet under a galaxy of

loving dreams of forever



#### I am a dreamer

I may think that love itself destroyed me

It consumed me, swallowed my truth.

I held on even when I could feel it crushing, breaking my heart

But I am also a dreamer...



## **Lonely heart**

As the night darkens lonely heart weeps at stars the sun smiled brightly



## Bounded dreams - A collaboration with Andy N (Poetry Novelist)

Breaking into a pause mid-breath your words cut into my memories before dancing with the rain across the path in a mirror reflection

Tears cascading down my face crashing into my heart my dreams are bound by only a memory of your touch



### The perfect gentleman

I see you through a reflection I only wish you could enjoy, raw and beautiful but this is my view, for now

At first glance, I dare not ask to dance!
Intimidating...
Breaking down your high walls
has been a task, a frustrating challenge

You speak few words, your time I have to demand but demand, I will

For the man I see, the gentleman in you, is worth my effort surely one day, for you to demand ... more time with me



## Morning coffee

Layers of me, all around your body our legs entwined my breath in your neck

Stroke through me hair Pull me closer,

Butterfly kisses
Strawberry whispers
and bourbon promises
all through the night

Morning coffee wearing only your T-shirt and freshly squeezed juice

These are the moments I treasure, whether you remember them or not
These are my precious moments

When you loved me before the complications of the day took over what our hearts and souls needed



### Colorful accessories and grey memories

I woke up this morning with the sun in my view birds singing a happy greeting flowers smiling as I tickle their petals with drizzly drops But my heart is heavy my tears are flowing another day colorful accessories covering my grey memories of you Driving, as I do every morning coffee at the office and the usual small talk back in my space, alone behind a closed door to the world outside, allowing my emotions to flow onto this page it is the only way I would cope through this day, my tears frozen, for now



## A darker shade of grey

I sit here and think without a blink you fill my memories old my stale tears, stained to grey the once beautiful now in decay

Our garden in ruins our bright red roses petals dry f
a
I
e
n

We have stopped the rain my emerald green weep another day a darker shade of grey



## My love for you will never die

You will always be my one true hero, my love ... you love her instead



## Morning brew and perfect moments with you

I awake in the early hours birds singing enjoying their feast my hands exploring your body

Naked flesh on my fingertips perfectly dreaming about your touch ever abandoned

Sleepy slumber dreaming of you in loving embrace interrupted dreams with morning brew

These are the moments
I look forward to
Until the day you search for
my naked body on your fingertips



#### Treasured memories

Do you want the sensual, the confident and the sex appeal? A woman who knows exactly what kind of reaction she will illicit?

A woman who knows her body, her strengths and her weaknesses

Who knows her body is aging every single moment lost
Who knows that without a doubt she has to up her game.

Days are busy and all we really want to do is be comfortable and relax in oversized T's and no restraint of a bra.

An evening reading and sipping on wine or, an evening in a glitzy restaurant with crisp white linen, flutes of champagne and fine dining.

Some would simply opt for the cozy fireplace evenings, I certainly do!

In a world where time is money, we often think that without money spent,



we cannot enjoy an evening.

But it is in my moments of solace that I reflect and know without a doubt the cozy evenings are where real emotion and memories are treasured.



#### You are

In my heart
In my thoughts
My coffee
When morning greets

The sun fades

Memories collide

My bourbon breath

Blowing a kiss at the moon

In my dreams

The stars say goodbye
In my dreams
... you are



## Beauty in the storm

Flower petals dance
Brightest colorful greetings
a storm full of dust...



## I hold your hand

My heart aching my mind racing I know you need me you can't see me

I am here
every step of the way
you are not alone
I hold your hand

you will never walk alone
I don't care how
but you will know
you will feel me...
...right here



#### Love vs Fire

If this love is a fire
I will burn
I will walk
I will dance this fire dance

Eyes gazing
holding a
a river of emotions
we have been denied for an eternity

The blood burning in my veins
My emerald view, glowing
You look at me, and I know
I will risk my heart, once more



## Running into the night

Your eyes
I see your trust
broken and shattered
I know you are hurting
Sad sad eyes
I cry with you
under the moonlight
the brightest stars
Your troubled tears
let me wipe them
A third eye kiss
passion on your dry lips
Rain pouring
no colorful rainbows
baby, let me

hold you through this hurt

Give me your

hand...

running into

the night... passionately



## A tango love

Connected vibes
our souls dancing
our hearts paused
our lips locked
Forever is what we
dream about
Forever
oh, forever... my love
Spinning out of control
all day, baby
from dusk to
a beautiful sunset... my love



## You

My heart
frozen in snow
the chill of winter
will remain on these lonely days
I remember
our first kiss
your lips
was made for mine
We use to lay
entwined for hours
forgetting that our hearts
was ever broken
Everyone tells me
to let you go
finally, be free

of missing your touch
But they don't know
how I miss you
how much I need you
even though I know, I should not
We have tried
so many times
perhaps,
we didn't give it our all



#### If these walls could talk

There is a darkness
I have known
For longer than
I should have endured

I have not shed too many tears
Today...
Last night,
I cried myself to sleep

I dreamed of your touch, But in my dream You faded... In a clouded dust storm

Forced... to turn away from you...
What ? the - hell was I thinking?
I - can - not turn ? away
Not ? from ? you, I cannot bear it

But I did... I finally did I woke up, I step closer to The window, Glorious raindrops falling

My tears dancing
On my cheeks
While I smiled and said,
Goodbye, my love
From my latest book "Unforgettable" now available on amazon.com



## Perhaps in the wind

I hear your voice,
Calling my name
I swear, even
During a thunderous storm

I feel your arms
Around me
Keeping me safe
From any harm

I see your face
Only in my dreams
But I swear I know
Your beautiful eyes

Perhaps, the wind itself
Knows how I yearn
For your arms to hold me
And to hear you whisper my name

From my new book 'Unforgettable' now available on amazon.com



## Leaping Frogs (Tri-Haiku)

In the morning light
Happy birds sing their duets
The owl sleeps and dream

A willow tree weeps for rain

The thirsty brown leaves frowning

A thunderous storm

Soaking up the desert sand

Frogs leaping in ponds



## To love again

I am not afraid
To love again
Give my heart, mind
Body and soul, completely

For I know my heart
Was broken
And parts of me still needs
Some healing

I have finally
Buried my *hurt*In a *dark*Scary dungeon... filled with roaring *lions* 

From my latest book "Unforgettable" available on amazon.com and apple.com



#### Your love

you're gone

but I remember your love

it will last for all eternity

Your beautiful voice
I close my eyes and hear you say
"baby, hold me"
"don't let me miss your arms"
Your smile
it use to light up
my darkest day
I could only... smile right back
Your love



### SenSaTions

Your fingers
... linger
silky smooth
goosebumps...
Kisses trailing my
twin pleasure
peaked
sensations rising



## The wind

I blame the wind for whispering your name, luring me into the intoxicating fury of your love



## A chill in the breeze (Haiku Tanka)

The morning rainfall drizzled petals pink and white the chill in the breeze morning coffee, woken soul tiny birds sing a new morn'



#### Prisoner

through the bars of love she longed, a caress in stars sunrise, acquittal



#### Forever

unconditional
everlasting love for you
nothing more to say



# Laughter

Although the silence was necessary, to heal my hurt -

my heart
and soul
aches to hear the sound
of your laughter



#### Tuck my love away

You mean the world to me... remember that, and keep my words safely tucked into your beautiful heart

... forever



## Oh, what a morning!

To wake up with the chirping birds, inhaling the jasmine scents and the sound of the rain dancing to the song of a new dawn

Gloriously grateful for yet another beautiful day



#### A new dawn

I feel your pain
I cry with you
Just a little
While watching the sunset

Ember ebbs
Into the night
Where hearts are broken
And lovers cry

A new dawn
We renew our souls
To love...
... again, once more



## Happy New Year

Dearest poets
we understand each other
through our universal language
of love and compassion

Our words
our love
our pain and joy
dancing with our words

Into a beautiful 2020



## Fragile memories

This world was not for you you left too soon
I whisper your name and dream of forever

Forever,
I will remember
Forever,
I will wait for you to whisper my name
through our fragile memories



#### Sorrow

My sorrow will always find your memory, and smile...



## Bleeding pen

My emotions
rippling through
scattered memories
liquid pleasures, my comfort

All the questions
that desperately need answers
my pen bleed
for you, tonight



#### I am

I am the wind

My words breezing through

Broken souls

And shattered hearts

I am the rain
A downpour of emotions
Through my pen
Drenched with tearful memories

I am the sun
I wait for the morning
Sun, after a dark night
I get up and smile, to a new day



## Silent whispers of your heart

You are my sun
My moon
My stars
your soul seeking mine

I am humbly
... waiting
for you to whisper

The silent whispers Your heart merged with mine forever

our souls will seek ... each other



## Heavenly chakra

A lavender breeze
The heavenly clouds
In shades of cobalt
An old willow tree
Swaying in the wind
The sun winking
In the distance
Amber skies embracing
My crimson lips
Seeking yours



#### I rest my soul

My love
I want to wake up
everyday
feeling your arms
around me

My love paint your rainbow kisses On my silky skin

My love let's dance in the pouring rain and blow kisses at the moonlight

My love
I rest my soul on your heart
while you pull me closer
we embrace a peaceful slumber

My love
I rest my soul on your heart

My love, oh, my love
I rest my soul on your heart

My love
I give you my heart

My love
I rest my soul on your heart



#### On this day

Many see this time as a lockdown, an invasion on our lives, unimaginable frustrations

But for so many this means despondency and utter despair, a time with very little hope and purpose

Those less fortunate than us, without food, family, freedom
No connection
to another soul

It is in this moment that I refuel on how I really feel

It is on this day
this very instant
I embrace this life
only a few could conjure



## Tartan Prayer

a silent night sky sound of bagpipes feintly heard Amazing grace, pray



#### **Mosaic Pieces**

I wear my heart on my sleeve pastel silk antique pearls around my neck sometimes suffocating me

I am not broken
I have lost
I have hurt
... deeply

Like you,
I have really good days
and on some
I get weary

I am not broken
Just a little bent
My mosaic pieces
Shine like the stars

I am strong some days are just emotional, and that's ok!



#### **Fearless**

Like Lord Byron said
"She walks in beauty"

Hold your head up high walk on your highest and prettiest tippy toes

Do not pause for anyone,

Be you

Beautifully you

Fearless and

Phenomenal



# Merry Christmas

a merry christmas to poets and loved ones all round feel the love and joy



## Soft waves

sun igniting day a mineral aftertaste soft waves shimmering



# Haiku (Africa)

king of the jungle a thick mane matching his pride attracting ladies



#### Sakura Haiku

breath of sakura
a pastel pathway of hope
green tea at sunset



## Serenity Haiku

A Tanka From "Footprints in the sand" by Alta h Mabin & Jez Philipson

a calm mind within encapsulated in peace devine energy

ocean blue tranquility still, without any chaos