

Flowing Thoughts Of Time

Thoughts In Time

Presented by

My poetic Side 



Dedication

*To the deepest part of ones self that needs to express oneself in whichever way possible ..thoughts
that flow through time ..waiting for nobody and nothing..Thankyou for helping to heal me .*

Acknowledgement

To all the people and situations in this journey called life..it?s all about the climb..teaching me through time and experience that all is temporary and possible if you just believe .

About the author

Coming out of a family where her parents divorced when she was young, and having an alcoholic mother , found herself on a journey searching for the truth and finding many truths in disappointment, rejection and broken abusive relationships. After an abusive marriage of 16 years, once separated and divorced the emotions that had been kept deep inside began to surface and flow in the form of poetry , releasing all the hurts and pains from the past...as well as combining new reflections of life and its teachings. Thoughts In Time is a collection of poems since 2010 and continues daily.

summary

?Choices Verse Voices?

?Connections Through Time?

?Happiness?

?Never never land?

?One Touch Or Two?

?Smile A While?

The Year Of Plenty

And So This Is Christmas

Bring It Home Bokke

D-Day

Don?t Ever Leave Me

Flowers

Hidden Smiles

Human Clock

I Am A Clock

I Walked A While

If

Impatience

Inside U

Mine

Repetition

Roses

Seashells

Set Your Heart Apart

Stillness

The Centre

The Day I Found You

The Rose

The Start

What?s It All About

Where To Go

Your Face

?Choices Verse Voices?

CHOICES VERSE VOICES:

Choices

Are not

The

Voices

In your

Head

It's the

Brain

Trying to

Outwit

The game

That tends

To send

One

Insane

It's the

Hollow

Presence

Reminding

You

To remain

Present

In this moment

In time

For this is

All we have

To hold fast

To

And not loose

Your cost

To-

You may have

Been
Through and
Through
But it's all
Bringing you
Back
To the true
You

It might
Not all be such
A pretty view
But it's all
Up to you
Will you get through
Or will you lose
The true you
To the lost
And lonely
View of
What you call
You
You are not
Those voices
Causing
Dilemmas
Incorrect choices
Those are
Lying voices
Interfering
With correct
Honest
Choices
That once
Lost
Will cost you

To see
That the true
You..me..
Never wanted to make
Those choices
It was confusion
Within those
Voices

When time is done
And the race is won
You don't want
To be the
One
Lost
Forlorn
Regretting
What the choices
Of the voices
Has done
Don't be
That
Disappointed
One .

27/09/2019

Kelly Fagelund-Gjersoe

?Connections Through Time?

'Connections Through Time'

The connections

Through time

They full

My mind

It's a very thin line

Each one

Having a

Certain place

And time

Each designed

For that

Certain time

Without a word

Each letter is heard

Speaking deep

To my heart

Why were we

Separated

Kept

Apart

What and where

Did it start

The connection

Of heart

What part

Did I play

That on some

Certain day

You would return

To complete

Lessons

To learn

The thread it
Runs deep
Through my
Existence
It speaks
No letters or words
It all through
A faint
Heartbeat
Each vibration
To keep
No need to speak

In the silence it knows
No matter where we go
The connection
We cannot outgrow
For its sent to show
Put memories
In tow
Reminding as we grow
To never say no
To the people
We meet
Or the ones
That just greet
It forms an eternal
Heartbeat
The connection
It's deep
Running like
A river
A creek
The depths of the soul
That not many
But

Few know
It dares you to go
Unravel your soul
Reach for your goal
And connect with your
Inner self
Deep
It's here where you
Reap
From the tears
That you've cried
Unable to
Hide
Like riding
The tide
The wave on your
Side
A connection
A lifetime complete
Connections through
Time
It opens and operates
The mind
Unique
Of a certain
Kind
The heart
It's not blind.
Kelly Fagelund-Gjersoe
11/10/2019

?Happiness?

'Happiness'

Happiness is that

Space in time

Where the spirit

Shines

Brings thoughts

And hearts

In line

Light shining

Bright

No space

For sadness

Or

Madness

Only gladness

Of soul

Beauty

Within

A spotless

Fish bowl.

Kelly Fagelund-Gjersoe

11/10/2019

?Never never land?

'Never never land'

If you ever

Get to

Never never land

Turn

Back around

And help

Me through

I'd like

To see it

Just like

You

To see if it

Is true

Or in the mind

Or just some kind

Of mystery

Thought up

As a part of

History

But never mind

What they shall

Say

They'll

Mock

And

Curse

And say

It's just

Another of

Your crazy

Days

But that's
Ok
For us who
Know
It is the place
To go
Where there
Is never
A dull moment
In time
Only nursery rhymes
Pantomimes
Fun and games
And where it's
Not necessary
To know each others
Names
It's in any case
A part of this
Silly game
Of chasing
Fame
A losing
Game
So off you
Go
But remember
When you get
There
Remember
To share
And show
You care
For those who
Travel there
All the time

But in never never land
There's only now
Right here
That's how
No past
No future
Only
The present
If being
Present
In self
With sanity
Without human
Vanity
It's never to late
You're never to old
Your never to lost
Here
You invest in the cost
Of never
Stopping to learn
All those dreams
That have been
Burning
And yearning
They're there
For you like never before
So
Open the door
Go back to where
We were before
Never never land
Is waiting for you
When you find
It
As few do

Turn around
Help others
Through
To a land of
Never ending
Mysteries
Creating
New found
History
Where dreams
Come true
And you'll
Never lose
Faith in
You .
Kelly Fagelund-Gjersoe
8/10/2019

?One Touch Or Two?

'One Touch..Or Two?'

What would

You do

With one touch

Or two-

Oh tell me

What would

You do ... KellyFagelund-Gjersoe

24 April 2018

?Smile A While?

'Smile A While'
What's in a smile
The joy you feel
Can it be real
The smile it brings
The shivers
The quivers you feel
Are oh so real
For when you smile
It turns the dial
To happy thoughts
That cannot be taught
Begged borrowed or
Bought
It's emotions
You've caught
Passing by
They stop to brighten
Up your day
In an unexpected
Way
So stop and smile
A while
Share one or two
Replace a few
A smile is that
Forgotten you
That shows to
Few
Your truth within
Your smile
Now that's
What's

Inside

A smile .

Kelly Fagelund-Gjersoe

13/10/2019

The Year Of Plenty

'The Year Of Plenty'

2020

May it be

A year

Of plenty

Plenty of hope

Plenty of love

Plenty of joy

Plenty of peace

Plenty of laughter

Plenty of smiles

Plenty of sharing

Plenty of caring

Plenty of giving

Plenty of living

Plenty of wishes

Plenty of kisses

Plenty of hugs

Plenty of painting

And creating

The new life you seek

Unwilling to speak

With

Colours and creations

Touching

Far off nations

Creating relations

You never knew

How

But this is

The power of

Now-

May this year
Be a gift
May it unlock
May it lift
Your spirits on high
Where they're
Not afraid
To fly high-
May the love
That you seek
Touch your heart
And speak deep
Bringing
Love hope
And peace
All around-
May every sight
And every sound
That's everywhere and all around
Bring you smiles
And laughter
With the sharing
And caring
You've sought after

May all your giving
Make life worth
Living
May each and every wish
Come true
May there be kisses and hugs
Painting a new vision
For you
Creating the life
You are due
So take a final

Look back
Appreciate the view
And look forward
And see
The light that shines
And awaits thee
Its the new year
Bright and beautiful
Holds all things
Possible
If you believe-
So what will it be
A magical new year
For you and me-
Let your thoughts
And hearts desires
Fly free
2020
The year of plenty.
Kelly Fagelund-Gjersoe
29/12/19

And So This Is Christmas

And So This Is Christmas...

And yes

This is Christmas

Another year done

Another year older

And what have

You become

What were

The issues

The test tribulations

You overcome

Opening doors

To vacations

Or learning

And relations-

Working on patience

Of grace in higher

Places

Making open more spaces

For the good

To come in-

Was it in the heart

The deepest part

A mission

From the start

Were you helpful

And kind

Or having

A mind of your

Own

What distance

Were you thrown

Into unknown

Places

Leaving traces

Of what was

Not meant to be

For the you

To see

The true

'Me'-

So what will it be

An investment

In thee

Setting the heart

Finally free

To do and see

Things that

Are meant for thee-

Or what shall it be

Another test to bring

Out the best of 3

Me

Myself

I

To self you'd

Rather die

Instead of

Questioning why-

Look up towards the sky

Remember why

As long as you've tried

There's no sorrow or shame

Left to hide

Just an endless

Merry go ride

Set out in the hands

Of the ever moving

Tide

With grace on our side
So remember
It's for free
Love and giving
From you to me
There's those less
Fortunate
Look around and see
But in each one
A true blessing
Look and see-
If you only
Look for the heartache
And sorrow
As if there's no tomorrow
You'll never see
All the blessings sent
To change
To rearrange
It's in the small gestures
The simple actions
And
Reactions
Of others that could
Be a whole new world
Waiting for you
And me
So look deeper
Look and see
So-
As we go from old to new
Let go of the
Sadness
If it lies within you
Look around and see
All the true blessings

That you've found
Place your feet
On solid ground
Hear the earth
It 'speaks'
All around
Listen to the sound
Of your heartbeat
It's a blessing lying deep-

See the troubles
That you thought
They might have broke you
But they taught
That through
The struggles
That you fought
Blessings disguised
For you to see-
That it's caught up
In just one heartbeat
To give
To love
To share
As if there was nothing
Else
Anywhere
To share a smile
Touch a heart
Look deeper
Into the deepest part-
Don't forget it's in
The heart
That this life did start-
So yes-
This is Christmas

It's all in the heart
Go back to the start

And remember
Your part....?
Kelly Fagelund-Gjersoe
23/12/19

Bring It Home Bokke

'Bring It Home Bokke'
Green is the colour
A team
Like no other
It's our mother land
And we keep
Holding up our
Hands
In victory
Let's do this
For history
It's no mystery
That green
Is the gold
A new rugby era
Unfolds
No matter the stories
Being told
The trophy's
Waiting and cold
So Bokke bring
It all home
Let it no longer
Roam
Make us proud
Shout it loud
Stand out
In the crowd
Make us proud
Let it go down
In history.

. Kelly Fagelund- Gjersoe

2/11/19

#wewonnewworldrugbychampions??

D-Day

'D Day'

The words have
Been said, the truth's
Revealed -
The heart
Doth hold
No lies-
The time has
Come for the
Final gun
To be sounded-
D Days time
Is here-
The line been
Crossed many
A time-
And the hearts
Going to
Now yearn
For its loss
So dear...

Kelly Fagelund-Gjersoe

Don?t Ever Leave Me

'Don't Ever Leave Me'

These are the words
That I thought
Would remain
Unheard,
'Don't ever leave me',
Would this later
Deceive me?

The voice of one
Caught,
In the middle
Of distraught-
Holding onto
The minute
Where all time
Becomes
Mine,

When the love,
Doubles up,
And your eyes
Become
Blind
To the lies
Of the mind,
Is when
The words
That he said,
Penetrated
My head-

That heart-
Even though
Falling apart-
Had found
A way to
Come around
To the
Truth
Of the
Matter-
That it
Is such
That sad
Day,
That took
You out of
Your way,
But you
Found
Your way
Back,
Through the
Love
You've now
Found-
That caused
These words
Now been said,
To
Give you
Peace
In your
Head-

And let's hope you would
Now

Be lead,
To these words
To be said-
'I will never leave you,
Or
Deceive you-
This love that
We've found,
Can't be touched,
Or
Brought down-
Its common ground
That we've now
Found,
And there needs
To be
No sound.'

Kelly Fagelund-Gjersoe
2017
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Flowers

'Flowers'
The mysterious
Power
Within
Flowers-
Tickle
Your
Senses,
Open
All
Defences
To
Experience
Emotions-
Gladly
Inviting
Any
Token
Of giving-
Making
Worthwhile
The living,
A reason
Behind
Every season,
Scents
Upon the
Wind-
Time stands
Still-
While the
Aroma
Abounds-

Without
A sound
Around..

Kelly Fagelund-Gjersoe
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Hidden Smiles

Hidden Smiles:

Across the miles

Behind those

Hidden smiles-

Lies a heart

Broken and

Affected

With no love

Being

Detected-

Having built

A wall-

Afraid to fall-

The broken

Pieces

That would

Shatter

For that

Which once

Mattered-

Broken dreams

Weren't

As all

Seemed-

Bursting and

Broken-

Words left

Unspoken-

Choking and

Breathless-

Where will
This test
Rest-

Away from
The maddening
Crowd-
Thinking aloud-
With no words
Being spoken-
Is the token
Of loneliness
Its the world
We do not
Miss when
You're out
There
All alone-
Far from
Home-
Where does
Your soul
Roam-

Out of reach-
Its the
Lessons that
Do teach-
Of the ways
Of the heart-
Clear from the
Start-
But confused
With the
Things we
Choose-

Choices-
Those voices-
Taking us
To a place
Of no sound-
Clarity and
Confusion-
The two
Becoming a
Fusion-
Is this all
An illusion-

Simplicity and
Contentment-
Taking you
Back to where
It all begins-
In the confusion
Of sin-
We just
Won't win..

Kelly Fagelund-Gjersoe

Human Clock

'Human Clock'

Tick tock-

The human

Robot-

What a

Lot of

Time we

Think we've

Got-

Not realising

How the

Repetitions

Of life

Drains the

Life out

Of our

Veins-

Like a machine

We

Exist-

Motionless

To the turning

Of times

Hands-

Distant

From Gods

Plan-

Controlled

Without

Letting go-

To this

Illusion
Full of
Confusion-

Finding
A place
In time-
Reflecting
Inner
Yearning-
But not
Discerning
The
Truth
Lost
Along with
Youth-

When the
Seconds of time,
Play with
Your mind-
What was
There to find-
In this
Motionless
Time-

The clock
Didn't stop-
And the
Mind
Overwound
Without closure-
To the
Exposure

Of what
Each second
Did
Hold-
When the
Heart turned
Cold
And the
Life ran
Dry-
So many
Questions
Still remain-
Why?

April 2017

Kelly Fagelund-Gjersoe

I Am A Clock

'I Am A Clock'

I need

To tick

I need

To tock

For I am

A clock.

Kelly Fagelund-Gjersoe (dedicated to Heidi Fox)

I Walked A While

'I Walked A While'

I walked a

While

On the seaside

With you-

The sea so

Blue-

With love

So true-

I watched

The waves

And how the

Birds flew-

And there

I fell in love

With you-

We walked and

Talked and

Forgot what

We knew-

I walked a while

On the seaside

With you-

We felt the

Seasand

Between our

Toes-

The cold air

Blowing

Against our

Nose-

The sand

So wet-

The water so
Cold-
And each thinking
Thoughts that
Remain untold-
I walked a while
On the seaside
With you-
And all the
Time
You knew
And
I did too.
24/04/2017
Kelly Fagelund-Gjersoe

If

'If':
If only
I
Could see
Into
'Their'
Minds-
What is
It there
That I
Would find?
What
Makes them
Feel so
Incomplete
So
Unreal-
That into
Others lives
They want
To 'steal'-
To become
Accepted
Instead
Of
Rejected-
To feel
Loved?
Attractive?
But then
The
Questions
Abound-

'what if-
It should
Be a game?
What if
They don't
Feel the
Same?
What if
The day
Never
Comes?'
But
The
'what if',
Needs
To be
Turned
Around-
Into self-
It
Must be
Found!! 'What if-
You
Loved
Yourself
A bit more?
What if-
You went
Knocking
On
Heavens door?
What if-
You wanted to
Know more
From
Behind

That
Unopened door?
Looked about-
Trying to
Find yourself
just
Brings
Doubt-
Forget
The attention,
And who
Does it
Mention?
Its the
Flesh
Of
The mind-
Its a
Human
Kind-
Bringing
'What ifs,'
To your
Heart-
Bringing
Confusion-
Disillusion-
It will
All
Work out
A certain
Way-
On a
Certain
Day-
So-

Forget

The ' what if',

And

Be part

Of the plan-

Which was

Never

Set out

By

Man.... Kelly Fagelund-Gjersoe

27 July 2017

Impatience

'Impatience'
Impatience
Is not
A virtue
It only hurts you
It's puts you
Off course
You puff and
Shout
Letting out all
That's built up
And full of
Doubt
Calm yourself
What's the need
To rush about
Not caring
Not sharing
Not bearing
In mind
The affects
You'll have on
Mankind
What can't wait
Sets your heartbeat
At such a pace
Forgetting grace
Everything becomes
A race
To accumulate time
Into condensed space
Misplaced actions
Cause reactions

Into a maze
Uncontrolled haze
In the here and now
Is where patience
Is found
Set your feet
Upon the ground
Feel and see
That this is all
That's meant
For you and me

Focus on a tree
What do you see
Grounded
Rooted
Swaying in time
To the earths music
Not controlled by
The state of a distressed
Mind
Complete in balance
Bouncing around
Like on a trampoline
Waiting on that's
Not seen
Where we dream
And all is redeemed
What was achieved
On not waiting on
What's meant to be
Can you now see
That impatience
Does not bring clarity
But the charity
Of learning

Self control.

Kelly Fagelund-Gjersoe

17/10/2019

Inside U

'Inside U'

I see
You in the
Wind
In the
Trees-
In the blowing
Of
The leaves-
I hear
Your voice say-
' Be still
And know-
In me the
Truth will
Will be told', We hold on
Everyday-
Looking and
Trying
To make
A way-
Searching
But
Not always
Learning-
Until that
Sad day
Doth come
Calling-
Choices
To be
Made-

Voices
Screaming
Unheard and
Dreaming-
Of a place
They go-
Who will
Ever really
Know-

Its in
The
Translucency
Of this
Life-
All around-
Stillness
In the chaos
All around-
Tranquility
To be found-

In the
Knowing
Of your
Heart-
Don't let
Go-
Its the start
Of a journey
So complete-
Within the
Thoughts
That we
Keep-

Be still-
For its
In the silence
Of your
Soul-
Where you'll
Achieve
Every goal.

Kelly Fagelund-Gjersoe
30/04/2017

Mine

'Mine'

I know the answers

I know what's true-

But Lord

Its just sometimes-

I don't know

What to do-

I know you've

Got me

In the palm

Of your hand-

I know its

Part of your plan-

Pull me in

Keep me close-

Its only through

You Lord

That I am able

To cope-

As a rope entwines-

Its your will

And not mine-

Memorised

In time-

All part of

The climb-

The journey

Within-

From the beginning-

You were

Mine.

Kelly Fagelund-Gjersoe

Repetition

Repetition:

Repetition

We repeat,

The steps

We walk

The things

We seek-

The clock

It shows

The time

We keep-

The tears

We weep-

The souls

We meet-

The road

We walk-

The things

We talk-

Its all

Along

The same

Old street-

A moving

Maze-

You've

Lost your

Gaze-

Your sight

It does

Not wander-
Your mind
Has been
Caught
In time-
And journeys
Out there
Yonder-

Just look
Around-
Its all
In the sound
If your
Heartbeat-
Controlling
Every step-
Its not over yet-

Open your
Eyes to the
Sign of the
Times-
The seconds
Teaching
Lessons-
Based on
The recollection
Of these thoughts
In time,
Choices and
Mimes-

We write
Our own
Nursery rhyme-

Within this
Repetition
Of
Time.

Kelly Fagelund-Gjersoe

Roses

'Roses'

Roses are

Peach-

A love shared

By two-

Sugar and

Sweet-

Oh

What a treat-

Two hearts

Collide on

The waves

Of the tide-

Coming to

Rest

Side by side-

Following the

Guide up above-

Without reason-

Who'll

Be held

For treason?

Where freedom

Abides-

No locks

Or

Ties-

But butterflies

Flutter

And those

Words

You do

Utter-

'I love you

Be mine,

Until the

End of

Time.'

Kelly Fagelund-Gjersoe

Seashells

SEASHELLS:

The seashells

Tell

A tale

Of the lovers

On

The shore

Where many

Have been

Before-

The laughter

And

Happiness

Only

For them to keep

Which so many

Others

Do seek-

The soft

Breeze showing

The heart

Which

Way to

Go-

While

Deep inside

One

Doth know-

Sometimes

Hard to

Let it

Show-

The seagulls

Call out -

Removing

All doubt

With a freedom

To the

Love-

As they

Look down

From

Above-

The sand

So coarse-

Reminds

Them of

The path

Ahead-

Not all

Complete glory-

Yet it will

Create the

Story -

Taking them

Back to

The waves-

Where the

Lovers

Ride on

The tide-

Hoping to

Have

Time on

Their

Side...

Kelly Fagelund-Gjersoe

Set Your Heart Apart

SET YOUR HEART APART:

When there's

Nobody

There to

Listen-

I'm there-

When there's

Nobody

That seems

To care-

I'm there-

When your

Heart is

Broken,

Words left

Unspoken-

Shattered

And all

Hope lies

Around-

Tattered

And torn-

My love

Is scattered

Everywhere-

I'm there-

Remember

When days

Are dark-

And you're

Lost and

Alone -

I'm there

And I care-
I may not be
Around-
In your
Sight-
In a sound-
But deep inside
I can be
Found-
I care-
Just look
For me
I'm there-
The hearts
Breaking,
Has been
Misplaced
For the way
Of the world-
Not
The hearts
Choice
From the
Start-
The renewing
Of the mind-
It sometimes
Takes time -
But don't
Be down
Trodden-
From the outside
The arrows
Of doubt
Bringing
Unhappiness

About-
So put on
A smile-
Stop and
Gather
Your thoughts
For a while-
Its not
In the feeling
Its all in
The meaning
Of the
Love in
Your heart-
Setting you
Apart
From this
Flesh-
Its a test
To see
Who stands
In time -
Renewing the
Mind-
Purification
Of a heart-
Flawless
And clean
From the
Start-
To be able
To see-
All the
Goodness
In you and
Me-

And then

You'll be

Completely

Set free...

Kelly Fagelund-Gjersoe

Stillness

'Stillness'

The stillness
All around,
So empty and
Without sound-
It suffocates-
It creeps
Around,
And wants
To pull
You down-
Death
Shows its
Head-
But its
All a
Test-
Just believe
And you
Will receive-
All that
You thought
Was out
Of
Reach..

Kelly Fagelund-Gjersoe
2017

The Centre

'The Centre'
When you
Feel
So deep-
There's nothing
But sound-
All around in the
Centre
A vortex-
Spinning around-
The colours
You see
Create the pictures
So real-
The soul
Did steal-
Until all
You can do is
Feel-
What is real-
Don't let this
World
Come and steal
Our truths
So real-
Its in the
Centre
It starts-
In the middle
Of our
Hearts-
Don't
Get torn

Apart-

Go back

To the start.

Kelly Fagelund-Gjersoe

The Day I Found You

The Day I Found You

My breath-

Its difficult

To

Breathe-

My heart

Beats

Like on

Overdose-

Tumbling

Out of

Control,

The feeling

Of sights and

Sounds

Reeling-

Lights streaming

And screaming

In amongst

These feelings-

It must

Be

I'm dreaming,

Where or when-

How did

This begin-

This story

Of you-

Uncontrolled

Unspeakable
Words,
Thoughts,
Sights-
Exploding
Like a fountain,
Cascading
Down the
Mountain-

Unravelling
The
Travelling of
A hearts beat-
Where's the
Start-
Where's the
Other part?

Its caught
Up-
Being faught-
What is there
To be
Taught?

My soul
Being
Sought out-
Wants to
Run and
Hide-
No its
Not pride
But
The turning of

The tide-

Not knowing

Where

To go

Or

What

To do-

That's the

Day

I found

You.

Kelly Fagelund-Gjersoe

The Rose

'The Rose'

A rose-

Who really knows

What lies within

All the circles

It shows-

The beauty of

Petals-

Not having won

Any medals-

The natural

Flow of

The petals

That glow

In the

Sunlight so bright-

Reflecting the dew

That has fallen,

When the rain

Did come

Calling-

The beauty

Within

Reveals a

Pattern without-

That none can

Actually decipher the

Meaning of a

Rose-

That waits for

Itself to be

Chose-

By the outsider

Who looks on

Wondering

What goes

On

Within

The petals of

That beautiful

Rose..

Nobody really

Knows..

Kelly Fagelund-Gjersoe

The Start

' The Start'

When we fight

For peace

And a

Forgiving heart-

What was it

That unsettled

Us from

The start-

The search

For a part

Of an

Incomplete

Heart-

What broke

It from

The start-

The knowing

That in

Our goings

And comings-

We complete

The circle of

Life-

Challenged

And full

Of strife-

Were we

Lost from

The start-

What part of
This existence -
Full of love
And
Reminiscence-
Have we
Missed
Keeping the
Wheel turning
And our souls
Yearning-
Returning
To the
Start-
To complete
That missing
Part of
The broken
Heart-
Lost and
Cold-
But there's
A story
To be
Told-
And a
Silver lining-
Made out of
Gold....

Kelly Fagelund-Gjersoe

3/5/2017

What's It All About

'Whats It All About'

Oh Lord-
if i knew
what this
was all
about-
maybe then
my heart
wouldn't
be so full
of
doubt-

the endless
ticking of
different
clocks-
unable
to stop
the
racing time-
unanswered
questions
of the
mind-

in searching
what do
we
really find-
a rhetorical
question-

a pantomime-
its all
hidden-
in the
minutes of
time-

emotions
are there-
but do
we dare
scare ourselves
with the
truth-
burying them
behind fake
smiles
and laughter
so sought
after-
the hollowness
inside-
consisting of
selfish pride-
too scared
to face
the truth
of the purity
of our
youth-

humble yourself
and come
around to
the doubt thats
all around-

but return
to the
'self'
that you've
now found-
spinning around
in the
seconds of
the minutes
of this fragment
in time-
and then
i can grasp-
that its
a selfless
task-
that each
must
pass...

Kelly Fagelund-Gjersoe.

Where To Go

'Where To Go'

When

Everything's gone

Where is there

Left

To go...

Kelly Fagelund-Gjersoe

1/11/19

Your Face

'Your Face'

I touch

Ur face-

But

Its

Only seen-

Lying

Behind

The screen-

Makes

Me

Want to

Scream-

Like in a dream-

Feelings

Flowing

Down stream

Gentle

Ripples

Softly touching

The

Rocky

Bottom

Of the

River-

Softening

Places

Unknown-

Us alone

Are

Capable to

Having
Those
Secret places
Shown-

Were out
There
On our
Own-

Time
Is
On
Loan-

Words
Across
The phone-
Two separate
Lives
Alone-
Life's
Been
Posponed-
Until
Further notice-

I'll touch
Your mind
And soul
Where
You'd
Never
Thought
You'd ever go.

Kelly Fagelund-Gjersoe