

Secrets in Shadows

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Presented by

My poetic side 

Acknowledgement

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About the author

Brittle wishes to remain anonymous.

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My pain

Someone once said "Forgive them, don't be angry"
My mind drew a blank canvas
My life was full of black paint
My thoughts devoured my body and mind
I'd wake, from my failed attempt at death
When my pain kept growing
It had grown taller than a tree
I was an empty glass full of cracks
But it was I who kept kicking the glass
When I thought about Forgiveness I cried
My mind was enveloped in sadness
I didn't recognize who I was without my pain
I was a better version
The one people want to see
Was I still me?

Fly Away

*I want to fly away
To go so high in the sky
To feel the clouds touch my skin
A place in my dreams I've never been
I want to fly away
To feel the wind in my hair
To feel the sky without a care
A place in my heart I want to share
I want to fly away
A place with freedom not despair
A place the sun melts the air
To a place that wants me there
I want to fly away
To feel so safe
To have my own space
My place with love and not hate
I want to fly away
To a place with friends
A place with no ends
To a place of pretend
I want to fly away
To a place full of hoorays
To my place I'll always pray*

My Sweet Dream

*He took hold of my hand
When I woke from my dreamland
I still felt the warmth on my left-hand
It was like my own wonderland
My face so red I barely looked tanned
Missing the warmth I could barely withstand
That I had left my sweet dream land*

Dying

*I'm a dying flower
Yes, I'll be dead within the hour
I know I've always been a downer
They all wanted me to speak louder
I wouldn't have suffered with a superpower
But I know I'll never be able to overpower
My thoughts that threaten to devour
If I step off this tower
I hope I don't cower
So I can die without being sour*

My words to you

*I'm the sun in the light
You're the moon
I'm raging fire
You're cold water
The sun can never visit night
The moon will never grace morning
We meet halfway but never touching
Fire is put out by water
You engulf all my being
I'm nothing more than sticks wasting away
I'll soon turn to ash
I will become corrupt
Never quite anything I used to be
I'll come back but never the same*

Air

I tried to breathe in air that wasn't mine
It was so heavy
It hung around me
Crushing me
Each breath more painful than the last
I didn't understand why it hurt so bad
But then I realized
The heavy tears
The clenched fists
The soundless screams
I was breaking down
Feeling like my heart had broken into pieces
That the tiny pieces were piercing my soul
Cracking each part of my vulnerability
After that
I was never the same

Save Me

*I need you to save me
Before my mind overtakes me
I'm scared of what awaits me
I try walking on bravely
Please come save me
Come and persuade me
I hope you can wake me
When you come face me
You know you'll have saved me*

Death

*No amount of words can express my pain
You laid in my hands with no heart
My appearance was hard to maintain
I hoped I wouldn't fall apart
My tears were harder to contain
I wanted a black heart
Everytime I tried to explain
My tears would take part
Digging up terrain
From this world he has depart*

Abuse

*Wandering and wandering alone for so long
I didn't understand something was wrong
Slap after slap, I wish I'd known how come
Bruise after bruise, I wished I was numb
Their yelling was more than I could take
Always so loud it caused me to shake
My fear was all I had all along
I feared the violence would be lifelong
Reaching out for help for income
Scorning and yelling were my outcome
Abuse would be my theme song
Felt like hours went on for so long
I couldn't stand how id become
Beaten and worn like a bass drum
It took years for me to break
All the sleeping pills were a mistake
I was weak not strong
I could never belong
With a family that abandoned me for so long*

My First Love

His memory

It haunts me

His fake love

Was blinding

His sweet words

Were binding

I love yous

Were I use you

Years ahead I'd think of you

I wish I'd knew

That you'd break me too

My words to him

I Love You

I've been in love with you

I waited for you

to miss me

to care

to really see me

I waited through the pain

Through my suffering

You saved me

From the hurt

But most importantly from myself

I'll never forget

This love I have for you

It suffocates me

But I won't run anymore

Because you are mine

Forever

You're Gone

You are gone
Forever disappeared
My heart breaking
Only because of the hole forever in my soul
My missing piece
My other half
I am empty without you
Emptier than the void that threatens to devour me
I can never accept your death
Without you I will forever be a mess

I can't move on

*My heart aches, my eyes are wet
My soul feels empty, I can't forget
The day my dog, my loyal friend
Took her last breath, life came to an end*

*She got old and sick, her body weak
But her spirit was strong, she wouldn't retreat
She stayed by my side, through thick and thin
Never judging, always wearing a grin*

*She saved me from myself, my darkest days
With her wagging tail, she showed me the way
She was my anchor, in a sea of doubt
Without her, lost, I am left to flout*

*I couldn't save her, no matter how hard I tried
As she lay in my arms, I screamed and cried
Her blood trickling from her nose so small
My heart shattered, I felt so small*

*She was a small dog, with white paws and tan fur
But to me, she was everything, my guiding star
She may have been small, but her love was big
I miss her so much, my heart, it digs*

*Who am I without you, my dear dog
My loyal companion, through fire and fog
My days seem longer, and nights even more
Without your pawprints, creaking on my floor*

*But I know you're in a better place
Free from pain, in eternal grace
I'll never forget you, my dear furry friend*

Until we meet again, my heart will mend

*You were more than just a pet, you were family
And losing you feels like losing a piece of me
But I'll hold on to the memories we've shared
And know that in my heart, you'll always be there.*

Gone

*My heart aches with a heavy weight
My best friend, now gone, I can't negate
We were inseparable, a bond so strong
But now our friendship has gone wrong*

*I miss those days, back in 3rd grade
When we first met, our friendship was made
We laughed and played, we had no care
For we were young and had no fear*

*We lived close by, just a walk away
I'd come over, we'd hang out all day
You were there through my breakups and pain
But now, you've left, and it's hard to explain*

*I try to reach out, I send a text
But no reply, it leaves me perplexed
I miss you more than words can say
But you left, and now you're so far away*

*I wish we never became friends
So I wouldn't feel this hurt that never ends
I long to erase the memories we shared
For they only bring pain, now that you're not there*

*But you're gone, and I fear I'll never see
Your smiling face, that meant so much to me
I'll be sad, as I watch you leave
And I'll miss you, my friend, for eternity.*

My Vows on 4/24/24

My Hero, My Love

Through time's uncertain ebb and flow,
Our love has danced, a gentle glow.
On and off, we've found our way,
Until that fateful Fourth of July.

That night, your words ignited a flame,
A spark that set my heart aflame.
In my room, I sang with glee,
Awaiting your next message, so free.

We shared our dreams, our hopes, our fears,
Together, we conquered all our years.
No distance could keep us apart,
My heart would always yearn for your start.

In school, I'd steal a glance your way,
Watching you graduate, with pride I'd say.
Though I tried to hide my longing gaze,
My heart yearned for your love's sweet haze.

You saved me from the darkest night,
From suicide's grip, you brought me light.
From abuse's clutches, you set me free,
Your love, a beacon, guiding me.

You've always wished the best for me,
And in your arms, I've found my destiny.
My first kiss, my first love, my first husband true,
My first and last, my love, forever new.

Unraveled Threads

Like puzzle pieces scattered wide,
Memories haunt me, I can't hide.
Fear, shame, disgust, a tangled web,
As childhood innocence I've shed.

My cousins' hands, a touch so wrong,
Their whispers echoed, a haunting song.
My stepfather's grip, a cruel embrace,
Leaving wounds that time can't erase.

The tapestry of my soul, once pure,
Now torn and frayed, beyond repair.
Each thread a reminder of that pain,
A broken spirit, forever stained.

I search for solace, a guiding light,
To mend the pieces, make them right.
But shadows linger, memories persist,
A haunting echo, a cruel twist.

Like shards of glass, my heart's now strewn,
A shattered vessel, forever undone.
The puzzle remains, forever incomplete,
A testament to a childhood bittersweet.

Broken Vows

*The words hung in the air, heavy and cold,
Like a winter wind that chills you to the bone.
'I cheated,' he said, his voice a story untold,
'With a man, not a woman, you're not alone.'*

*My heart, a fragile bird, took flight and flew,
Leaving behind a hollow, empty space.
The world around me blurred, a hazy hue,
As tears streamed down, leaving a salty trace.*

*He downloaded an app, a digital snare,
A gateway to a world I couldn't comprehend.
He drove to their house, a stranger's lair,
And stripped his clothes, a betrayal without end.*

*My mind, a battlefield, fought a losing war,
Against the tide of anger, pain, and fear.
The self-harm scars, a constant, bloody score,
Whispered of a darkness I couldn't bear.*

*How could he do this? How could he betray,
The vows we made, the love we used to share?
My soul, a shattered mirror, couldn't stay,
And wished for oblivion, a silent prayer.*

*The world seemed gray, devoid of light and hope,
My future bleak, a canvas painted black.
I felt so small, a fragile, broken rope,
Threatening to snap, to fall, to never come back.*

*The weight of his actions, a crushing blow,
Threatened to drown me in a sea of despair.
I yearned for escape, a place to go,*

Where pain and sorrow wouldn't fill the air.

*I wished I never existed, never been born,
To feel this hurt, this agonizing sting.
My heart, a wounded bird, forever torn,
Trapped in a cage, unable to sing.*

*The future, a dark and uncertain path,
Haunted by betrayal, fear, and doubt.
I clung to hope, a fragile, fading aftermath,
Praying for strength, to somehow pull out.*

*But the darkness loomed, a suffocating shroud,
Threatening to consume me, body and soul.
I felt lost and broken, a lonely crowd,
Yearning for solace, for a way to be whole.*

Eternal Secret

Can you see the pain on my face?
This pain will never go away
He died and any chance of healing went with him
He took my childhood
My soul
He turned me into this hollow shell
I will never be able to get over this
This eternal secret
Taken to the grave

Time to Disappear

*The mirror shows a ghost I barely know,
A painted smile, a story bought and sold.
These photographs, a mockery they seem,
A fabricated life, a broken dream.*

*From shattered pieces, I was born this way,
A fragile vessel, destined to decay.
The hands that should have shielded, turned away,
Each adult echo, in the disarray.*

*They wear the same mask, indifferent and cold,
A legacy of pain, a story to be told.
A silent wish, a whisper in the night,
That fading out might set the future right.*

*The final curtain, a peaceful, sweet release,
From constant torment, finally inner peace.
Disappearing holds no fear, no sting,
Just quiet solace, that oblivion will bring.*

A Whisper Against the Cold

The blows fall like phantom rain, a ceaseless, stinging tide, each drop a memory, a word, a glance that strips away my pride. Why this yearning for a love that hangs just out of reach, a star I cannot hold? A normal family, a whispered prayer against the encroaching cold.

I chase the shadows, phantom limbs of belonging, grasping at empty air, for faces that reflect indifference, a silent, hollow stare. They carve a canyon in my soul, these architects of pain, Repeating the mantra of my worthlessness, again and again and again.

My sister, a mirror reflecting a stranger's judging eyes, My sister-in-law, a chorus chanting insidious, sugar-coated lies. My stepfather, a wall built high, cemented with disdain, And those, the unseen puppeteers, whose hatred flows down through my name.

My mother, a fractured compass, spinning wildly, lost and far, The final thread that tethers me teeters near a broken star. I feign a stoic indifference, a mask of careless ease, But her vacant gaze, a bottomless pit, swallows me piece by piece.

This ache, a constant, throbbing drumbeat in the marrow of my bones, A symphony of sorrow played in desolate, echoing tones. I crave the void, a silent hush, a blanket dark and deep, Where pain dissolves, and feeling fades, and weary souls can sleep. For what is fleeting joy, a fragile, butterfly's kiss, Against the crushing weight of this relentless, heartless abyss?

Silent Screams

*The forest watches, still. I hold the shadows close, But no one will hear.
Mother's eyes were closed Long before my own despair; A silent, hollow sea.
Father, stern and blind, Sees only what he believes, My truth, a twisted lie.
Sisters, bright and free, Dance in sunlight, unaware. I am in the dark.
My husband holds me near, But cannot touch the cold fear That lives within bones.
A constant heavy rain, Each drop another dark blow; My spirit, breaking.
No one understands The weight of these hidden things. I sink, deeper still.
I want to scream aloud, Tear down these walls around me, But silence remains.
The trees keep their secrets, And I, a shadow among them. Alone in the night.
This pain a heavy stone, Dragging me down to the depths, Where no one can reach.*

I loved her still

The words escaped my lips, a sigh, "I miss my mother," reaching high. Then darkness fell, a chilling dread, A mother's face, I'd only read.

No gentle hand, no loving gaze, Just self, reflected in a haze. Yet still, I loved, a fractured plea, Each broken shard, aimed hopelessly.

She breathed the air within the walls, My love for her, it never stalls. Though distant, cold, a frozen shore, I loved her still, and wanted more.

Her anger rained, a bitter sting, While silence let her husband swing. I begged for help, a whispered plea, Still loved her then, desperately.

To strangers, opened wide our door, Her husband's rage, I couldn't ignore. I loved her still, a blinding light, Lost in the shadows of the night.

Now blocked, estranged, a final blow, For siblings caught in undertow. I miss her now, the pain remains, A love that cuts, like endless rains.

I wish I didn't feel this ache, A heart that's destined to break. Easier, to simply cease, Than bear this love, and find no peace.

The Weight of Normal

I thought the shouting filled each night, A common song, a parent's right. The switch's sting, a bitter kiss, Normal, I thought. She said I missed The mark, the line, the perfect way, And earned the pain that marked the day.

Dinner on the floor, a shadowed plate, I thought all families sealed this fate. To bed unfed, a hollow ache, My mother's words, they often break. Normal, I thought, to lie awake, And feel my small world start to shake.

It's normal to be blamed for all, The house, the moods, the rise and fall. For my despair, a guilty plea, For my mother's cruelty, I thought it was I that make The world is against me, a therapy refused. When I asked for help, I felt used.

"I can't stop you," she coldly sighed, As tears streamed from my eye. That night the razor, a chilling gleam, A desperate, silent, fractured dream. I thought it fine, to cut and wait for life to take its course. I grew up in the darkness.

Lice in my hair, a crawling shame, The bare minimum, a cruel game. Evil step-parents, a constant war, A waste of life, forevermore. Normal, I thought, to hear those words, Like poisoned darts, like cruelest birds.

Handprints on my neck, a hidden bruise, Another secret I can refuse. At school, the stares, the whispers low, The truth I hide, the seeds I sow. Normal, I thought, to live in fear, And carry burdens, year by year.

But now I see, with clearer eyes, The truth behind those practiced lies. What I endured, a twisted plight, And stole away my inner light. Normal, I thought, but now I grieve, For the stolen life I can't believe.