

# Reflections

Doug Bowman



Presented by

*My poetic side* 

## Dedication

*I dedicate this e-book to my wife Linda and daughter Hannah Bowman*

## **Acknowledgement**

I would also like to acknowledge my Parents Walter and Beatrice Bowman for their love and support of me.

## About the author

I live in Banff, Alberta Canada in the heart of the Rocky Mountains, And I like to hike in the summertime.

## summary

Freedom

My Hero

Love

War

Media Generation

Politics

Canada

1940

The Lost Art

Racism

Time

Sunrise

Family

Hockey

Mom

Rain

Days Go By

## Freedom

We all yearn for it  
Those who have it never take it for granted  
Those who don't wish they had it  
It is a human right of all  
Freedom!  
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## My Hero

My hero is my Dad  
He was always there for me  
To fix my motorcycle  
To dry a tear  
My Hero!

## Love

So many people long for it  
Children and Adults alike  
When you are in it is wonderful  
Out of it, not so much!  
Love!  
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## War

Fought for money or power or control

Sometimes because of different ideas or forms of government

But, always is never a good thing

For individuals and the world

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## Media Generation

Always listening to what the internet is selling  
Never being objective or thinking for yourself  
Always believing what the internet says about issues  
Media Generation  
Doug Bowman

## Politics

Often connected with dirty tricks and mud-slinging

Election Fraud and cover-up

Others see it as a public service to the masses

Always interesting!

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## Canada

Towering Mountain Peaks

Flat grasslands and fields

Rugged ocean coastlines

This is Canada!

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## 1940

The war machine in full stride  
The world in chaos  
Madman dictators ranting and raving  
This is the world in 1940  
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## The Lost Art

Everyone staring at their phone

Lost in the cyber-world

Never saying hello to anyone

Losing touch with reality

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## Racism

Makes for a chaotic society  
Turns human beings against each other  
Instills hate from one race to the next  
An ugly stain on society  
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## Time

There is never enough of it  
It goes by so quickly  
It's important not to waste it  
Because once it is gone you can't get it back again  
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## Sunrise

The sun rises it's a new day  
Full of hope and possibility  
brimming with life!  
Sunrise!  
Doug Bowman

## Family

Are always there for you  
No matter what comes your way  
Through Thick and Thin  
Family!  
Doug Bowman

## Hockey

Grown men flying down the ice  
At the speed of sound  
Shooting pucks with graphite sticks  
Making millions  
Hockey!  
Doug Bowman

## Mom

Mom

She dries your tears

Calms your fears

With you through

All the years!

Doug Bowman

## Rain

Falling to the earth ever so silent  
Nourshing fields and tree's and grass  
Making everything fresh and new  
Thank-You God for the rain  
Doug Bowman

## Days Go By

One day goes by in the blink of an eye

Like a vapor in the wind

Children grow up so fast

One moment they are here

The next gone

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