

Anthology of Sassy Lou

Presented by

My poetic Side 



Dedication

To all the ones I've loved and lost. Each and every one of you made an impact on my life in one way or another. I cherish our memories dearly.

About the author

Born and raised in South East Kansas. I am 41 years old. Been writing off and on since 1999.

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Just Remember

As the days go by -
I miss you more & more
Yet, as the days go by -
You believe the untrue furthermore
Years you want, not months or days
Here I am getting pushed further & further away!
Loyal & true is all that I ever been -
Every time I turn around, I get questioned again
I knew this was coming -
Right from the very start
Once I fell in love with you -
You were going to break my heart
If I had to do it all over again
I would love you just the same
Always & forever you will have my heart -
Just remember - You tore us apart!

Amber Knows

Even in the afterlife -
You still look out for me
Telling me not to give up on Waite -
He is the one - this I shall see
How much pain & hurt must I go through?
Don't give up, it will get better, don't give up on him
Are all the words I ever hear from you
Knowing how much all of this is hurting
Little do you know, my heart is caving in
Wanting just to give up, I can't take it anymore
Hang in there & hold on tight -
You whisper in my ear
Don't give up, Don't take your love from him -
One day it will all be worth it -
I will be there with you till the end.
He is your person, he is the one -
Soon you will both know it too
Your love for each other is strong & true -
Connection that you hold -
Will guide you through!

Jail Talk

Years you want, not months or days -
Then you came home & threw it all away.
Praying for a good woman -
God sent me you
A good one indeed, this is true
I'm sorry, I will get better, won't happen again -
Same cycles & patterns, will it ever end?
Did you wrong & hurt you many times -
You deserve better -
I'll prove it to you, it's not just a line
Away you were for eight straight -
Promising the world to me -
When not face to face
Empty promises & a broken heart -
Dr. Jekyll & Mr. Hyde were one in the same, too!
Here we go again -
With all this fancy talk -
I'm not falling for all this again
No proven change, I'll walk
This is nothing but jail talk.

I Just Love You

Your kiss is the spark that ignites my soul
The thought of you makes my heart whole
The tone of your voice is music to my ears
It's romantic, like The Titanic, bringing me happy tears

Your eyes have the depth of the Black sea
When I look into them they hypnotize me
My imagination runs wild when you flash that sexy smile

Everything you do absolutely drives me wild
Your lips are like the taste of strawberry wine
My heart skips a beat everytime I see you

BFF

Met last period back in 1995 -
Didn't know you would be my best friend for life
The laughs, the cries, & the memories made -
Gone 28 years later in a blink of an eye
Always there for one another -
Through both good times & bad
No distance or time could break this duo up
I always agreeing with each other's decisions in life -
Being there for each other always no matter what
Our children calling the other "Their Crazy Aunt" -
A sister from another mister & that's a fact
Thought our friendship would last another 28 more
Instead over a quarter of a century threw out the door
Hope you get everything you deserve in life & more!

Alex

Been waiting so many years
For this day to arrive
My heart finally able to become un-numb
Not a single second, minute hour, or day that went by -
That you weren't in my heart or on my mind
Never did I want to leave you behind
Holding you in my arms for that very first time -
Seems like it was yesterday -
Yet, it was 19 years ago
The first smiles, coo's, words, & tiny steps -
Instills a memory that I will never forget
Such a momma's little boy you were -
Way back when
I can't wait to wrap my arms around you again
Happy tears & warmth all through
Cannot wait to see you
We spent too many years apart -
Then, now,& forever -
I will love you with all my heart.

Danielle

Many years have passed -
Since I've seen my sweet precious girl
Never a day that came & went
Were you not on my mind or in my heart
Curly blonde hair & big blue eyes -
You were the light of my life
Giggles, smiles, hearing your first word - momma
Memories that will forever be embedded in my mind
Seeing your face & holding you for the very first time -
7 lbs 8 ounce little baby girl of mine
All grown up -
Beautiful as can be
Daddy's girl you may have been -
Yet a mama's girl you were, too
Wish that I was never apart from you
Praying for the day -
You come back into my life
So many days, nights, months & years
I shed so many painful tears
My love for you has never left -
Wanting nothing but the best for you
To hear your voice, your laugh & see your smile
Hold you in my arms again
Is the day that I can't wait to get here
Sooner than later I pray, Amen
Danielle Marie, I hope one day you will see -
That you always have & forever will
Mean everything in this world to me

Should of Known Better

Should have known better -
Than to holler out to you
Two years earlier -
Quite the arrogant one, I would say
Getting your attention was the worst thing to do
I didn't know then -
How you would make my heart so blue
Cheating, lies, & drugs or what you knew best
Seven long on & off years
They were pure hell at best
Mental, emotional,& physical abuse,too -
I was so young, I didn't know what to do
Two children we had together -
One girl & one boy
I already had a little girl,too
Should of known better -
Than to holler out to you
Using me in any way that you could -
Hurting me in every which way that you thought you should
Your madness,evil,& crazy ways -
Made me lose my babies
You didn't care either way
Told me that if I wasn't going to be with you -
I wouldn't have them either
You made sure of that
No matter what obstacles I went through
Losing so many years with my babies -
Now that they're all grown up
I can have a relationship with them maybe
I should of known better -
Than to holler out to you
All the days, months, & years -
You made my heart blue

One at a time -
I'm getting my babies back
Nothing you can do to stop that
I should of known better -
Than to holler out to you
Years gone by, depression taking over
Pushing through the days, months, & years
Surviving the hell you put me through
My babies are all grown up
Can't keep us apart anymore
For the rest of my life -
Showing them, that they are my heart & more
They are what I survived this crazy life for
I should of known better

Game Over

Lies, mind games, & playing with people's hearts -
Giving hope to both
Words that you tell to one -
Exactly the same to the other
I love you, I want you -
Don't listen to her; she's causing problems you'll see
It's forever baby you & me
Games, lies & many fables told
All of this is starting to get old
Never any truth from you ever said -
Just playing with our hearts & our heads
42 - Still trying to be a player -
Strike, you're out! This game is over!
Wanting your cake & eat it too -
Having two lovers & not wanting to choose
Grow up already; you're about to lose!
Been with you forever for a while now -
Time after time I choose you
Yet you just feed me more lies
Tearing my heart & world apart
Playing on my feelings & love for you -
Keeping me on that line & at your convenience
Jokes on you, I give up!
Realizing you lost me & it's too late
Not falling for your words any longer
Eyes wide Open; also I'm much stronger

Fading Away

I slowly start fading away -
That you don't see
On a dark & solemn night -
I disappear into the darkness
Not a soul will notice -
They never really cared about me
Days, months & years -
One by one, slowly pass by
The shadows & voices -
Start to disappear
Years have passed -
Empty, lost & solitude I've become
I feel nothing anymore -
Completely numb!
I slowly start fading away

My Angel

Three paces behind -

Walks my angel

Her energy felt everywhere

I look over, see her silhouette -

Peace over me

Visiting only every couple of months now -

Used to be weekly if not even more

How often she comes to me -

Doesn't really matter

Her voice in my head, or hand on my arm -

When I'm feeling down -

She always is around

Sometimes she stays for awhile -

Others not so much

Hearing her whisper in my ear -

Gives me warmth & goosebumps

She likes to play games on me -

That I don't like much

We had a silly accent that we used to talk in -

The only time I can talk like that now

Is when I feel her strongly

Once I talked in that accent & didn't realize it even

Before I knew it & paid attention

Out of me, came her voice!

Always checking in on me & giving strong advice -

Regularly, in my ear she whispers

Don't give up on him; he is the one

I know it's hard now -

In the end, it will be worth it, you'll see!

But she is always with me -
Good & bad days alike
Looking over me -
Even in the afterlife
My best friend she was -
Angel for me now

Questioning

In a good place -
I thought we were
Here you go, again -
Questioning my every move, thoughts & words
Why, oh, why -
Never have I gave you a reason to
Honest, faithful, loyal & 100% -
All I ever been with you from the start
No reason to change now -
You should know you have my heart
Same cycles & patterns -
Is it ever going to change?
My heart & mind can't & won't go thru it again
You have to trust & believe in me -
Or it will be the end
In a good place -
I thought we were
Don't start in again -
Questioning every word
Been thru too much now -
And continuously brought back together
Trust & believe in me -
We will be together, forever

Occasion Forthcoming

Excited, yet nervous & a slight anxious, too
It's been five months since I have seen you
In just a couple weeks or feasibly a month
A possibility of seeing your handsome face
Butterflies fluttering & heart pounding fast
I really don't know if that's good or bad
Stomach twirling & heart aching
In hopes to be able to catch up with you
Longing for a hug & maybe a tiny kiss -
You, my friend, I have truly missed
Not getting my hopes up -
Don't know if able to sojourn
To look into your eyes once more & see that smile -
Whether 2.5 seconds or hours longer
Period of stay with you doesn't even matter
Worthwhile & time well spent
To feel your arms around me & holding me close
Possibility that I will hold on tighter -
And not want to let go
Potentially nearing time to see you again -
Fills the empty spot in my heart
That place belongs for you

Me Time

New year, new resolution
You know that storyline, too
Doing this & doing that
None of that ever really happens
An absolute fact

No resolution made in a few years
This year I did though
Sticking to it, that's a fact

Me time
From here on out
My way or nothing at all
Not settling no more
Call me selfish, greedy, venal & more
What I have to offer, what I give, what I do
To a greater extent further it's true
I'm taking a stand for once
Getting all I deserve & substantially more
Not settling no longer
My wants, needs & desires
My life is now, not getting any younger
Me time

Time

*Seconds, minutes, hours, days & months
Time slowly passing by
Praying for all the words that were spoken
True to what said & you truly want
Fresh start & new memories to be made
Smiles, laughs, growth & flourishing together
Meaninglessness & wishful thinking -
A dream that will never come true?
Or a bright new chapter in our story?
Only time will tell which is pure
Jail talk or are your expressions real?
Happiness, healthiness & to be with one another -
Is all I ever wanted from you
Too much to ask for -
Can it really become a reality?
Time has given us both good & bad
Kansas Rose's, love without words & plenty of compassion
No more idle promises, words told or a broken heart
Time will surely tell -
New beginning together
Or is it time for us to part?
Your viva voce what you truly want -
Or just colloquy to keep me holding on?
Time, time will surely tell*

Conflicted & Confused

*Emotions, feelings & thoughts conflicted
Not knowing what to do
Had myself convinced, I wanted to give up on you
Something felt different, something felt off -
My mind running amok & wild
Days went by & my mind was made up -
I was finally going to let you go
Few more went by -
Thoughts, feelings & heart started changing once more -
Heart wouldn't & couldn't let me -
Neither could my mind.
He is my love, my person, my everything I want & need
Hoping to see him, touch him, look into his blue eyes & amazing smile
Through both good times & bad times
My love has never truly changed
Definitely the man for me -
God willing he will one day see*

Not Over

Day has come & the time nearing
To see the face of that special one
Excited, happy & very nervous, too
Stomach in knots & body shaking
Can this really be happening -
Possibly, maybe?
Lots to say & speechless at same time
Many many months gone by
Deep breath in -
Hold -
Exhale slowly out
To look I to his eyes & feel his touch
Never realizing I missed him this much
Thought our story was over, not a fairy tale either
Yet, just another page turned -
Chapter ended
That book may be over
Our story not so much
Sequel, perhaps a prequel?
A lot less heartbreaking -
Much more love & great memories in the making

The Untrue

You said you still loved me
Wanted us to be better
Show & give to me the man that I deserve
All the words & promises aforementioned to be true
Deep in my heart I knew they were fictitious
Give you my heart, mind, body & soul
Loyal, true, real, loving & wanting just you
Loved you with every ounce of me & more
The demons & trust issues take over & win every time
Lies, fables, deceit & such
Untrue statements breaking my heart
Just like in the past
Can't take any more craziness & toxic ways
Let me go
Let me be
You are no longer the man I want or need

Love Me or Leave Me

Thought our love was real
From how it came to
The way my love for you snuck up on me
I know it was 100% real & true
Never in my life have I cared for somebody like I do you
Your smile's, mannerisms & the way you look into my eyes
I thought you loved me, too
Love me or Leave me -
It's very easy to choose
With everything that you put me through
I still always chose you
I loved you & wanted to flourish & grow old with you
Same cycles & same patterns that you continue to do
You truly only care for yourself, if even that
Not ever really completely in love with anyone
Selfish & manipulating anybody that you can
Time is here
Time is now
Grow up & be a true man
Love me or Leave me -
I'm not going to ask you again

No More

Not one single thought about you since that early morning
No looking back, second guessing my decision to finally say I'm done
That should of been made a long time before
All the broken promises, heartache & meaningless words
I couldn't do it anymore
Tears of pain, heart break & hurt shall no longer stream down my face
You made me look like a fool for far too long
It was here, it was now
Time to pack my things & protect my heart & mind
Ready to be me, true to myself & move along
Pain, hurt, sadness that I endured because of you
Left weeks ago
My mind & heart are healing now its true
I'm at peace with it all finally at last
My sister's words were not correct on the matter
My person, definitely not you
In due time, my person, will shine through

Addiction

How many times am I going to do this to myself -
Knowing what the outcome will be
Hoping & praying your words you spoke or true this time around
Will it mend, or will it break
Last chance, make it your best yet
Should have known it was just more rubbish being told
Same lines slithering off your tongue
All I ever did was love you & want only you forever, nothing more
You just let all your demons & your addiction take over
Making up & believing all these insane things to be true
Yet, am I the insane one for doing it over & over, just like before?
Putting me through absolute hell -
Causing so much pain, hurt & tears
I blame you for all of it -
The lies, accusations & such
Shouldn't I be mad at myself
For letting you do it continuously over again
Guess what -
I have an addiction, too
It differs from yours & I didn't want to quit or let go
Strange as it seems, my addiction is you
Telling me you can't fight this alone & you need my help
Anything I did, it was always wrong
Time to close that door in my life -
It's time I start helping myself

Melancholia

It's been a long time coming
Felt it impending nearer & nearer
The pulled it has on me
Bringing me further & further down
Been here before, yet, something is different
A grasp that's very strong & Tighter hold on me than before
Don't know if I can take control
And come out of it like other points
Just want to be left alone
Let me do me
I see the stares
I hear all the whispers
Deeper & deeper I fall
Not wanting to get back up, yeah I do
Having not a care in the world these days
Lost in my own creation
Let me do me
I'm not ill - treating anyone
Dark & lonely
Gone

My Individual

Giving my all & then some
Time & time again
To be let down, hurt, broken & more
My someone, is this even real
Or just an old wise tale being told
Loyal, honest, faithful & true
Wanting nothing more than to receive back in return to what is brought forth
Easily to be reciprocated, not a contemplation of being a choice
There is a black hole where my heart used to be
Tired of being damaged because I wear my heart on my sleeve
My human, this one soul that was meant for only me
Are they out there
Or an illusion that I will never see

Dr. Jekyll & Mr. Hyde

Eyes so blue they have you falling fast -
Smile that flutters the butterflies in your belly
Yet, a tongue that slithers like a snake
Heart, love & soul; It's all up for the taking -
Grabbing tightly & not easing up
Little did you know, he was just faking
Gave him all of you; Mind, soul & body
No other had you always yearning & wanting more
Lies, betrayal & deceit -
Wouldn't & couldn't ever legitimately love you -
Just a hell of an act & nothing more
Laughs, good times & couldn't ask for a better man -
In a blink of an eye it all changes
The devil, reincarnated, he becomes
My love, my heart, my person -
Gone in seconds flat!!
Sadness, pain, hurt & broken pieces to come
All the unbearable damage that cannot be undone
Words of atonement came sliding out of your trap -
Taking you back time & again
No longer trusting the dialog that escapes from your lips
Broken & empty unlike ever before
A black hole now is in place where my heart used to be
Dr. Jekyll & Mr. Hyde no longer has a hold on me

On One

Heart racing, hot flashes, thoughts in every which way direction
Is this really happening -
Or am I just on one?
Paranoid, delusional & hallucinations, too
Crazy I am & that's a fact
This isn't just all on my head
Or am I just on one?
Lies, mind games & affirmation
Everyone against me
Words are hard, thoughts are harder & cannot concentrate
Is this just circumstance -
Or am I just on one?
Distrustful, fearful & over suspicious as well
Manufactured, unreal & inane it may seem
This is an evil doing
It's not all in my head; has to be
Or am I just on one?

Confined

Confined to a world of craziness & chaos -
Surrounded by strangers, acquaintances, friends & family
Desolate, alone & solus
Seconds, minutes, hours, days, months & years pass by -
Hiding & running from the pain consumed
Time standing still & moving in slow motion -
Screaming for help; although nobody can hear my cries
Lost in a vast sea of emptiness & years of hurt, sadness & pain
Consumed by the thoughts of leaving this world behind
Not one soul would notice me gone
Grasping & wanting the life I deserve
Reaching harder as the moments of life pass by -
Never grasping it; yet it's right at my finger tips
Further & further I fall down the rabbit hole
Is this the life -
That I will continue to lead?
Or can I find that life I deserve & need?
Lost, broken & an empty shell that takes me through life
Don't know how much longer I can manage this fight
Thoughts keep stirring in my mind -
Confined by a world of craziness & chaos

Any More

Mind in every direction -
Completely blanket the same time
I cannot take any more of this -
White flag is flown
I give up
The damage is done
They got what they masterminded
Battle & war both won
Mental breakdown has begun
I cannot take anymore of this -
How much more can they do?
Thought about it a time or two -
Say goodbye to the world I once knew
Push me to proceed to that place -
Why -
What did I do?
Despised me that much -
Mad because they aren't me?
Give in & let them win -
Or put up one hell of a fight?
Shouldn't make such a fuss over lil 'ol me!!
Battle may be won -
War is not quite over
It's just now getting interesting
Not going to let them get to me
I will get the last laugh
Try & try again -
Everyone of you will lose
Break me all you wish
My life means more than you ever will
I cannot take anymore of this

Bachelor Girl

Destined to be solus & forlorn -
Pondering this to be true
Craving to have love furnished to me as I obliged to them
Tears, pain & a broken heart are all I ever get
Wear my heart on my sleeve -
Care a lot more than I should
Mind games, toying with emotions & intermittently black & blue to boot
Each mortal has an individual that is fated for them -
Mine must have gotten lost & gone astray
Not giving up on finding my forever person
Just taking a step back -
Searching no longer for him
When time is right -
We are able to convene
No more hurt & heartache
Yet, is there such a creature for me -
Or am I just inevitable to be single & unaccompanied?

Multifarious

Possibilities, options & choices are many -
Acquaintances, friends maybe yet more
Can you see yourself with any of them?
Thought, second-look & ponder much longer
Is there a certain particular one that makes the mind curious & in awe?
All catch your attention in some form or another
Is there anybody at all that makes you wanna stay?
Laugh, smile & catching feelings perchance -
Lust is it or conceivably be more than that?
Acquaintances, friends maybe yet more -
Perhaps in time you will know for certain
Caught your eye & God willing your heart, too -
Lust is it or could it be more
Acquaintances, friends & for all one knows love of your life
In due time -
You'll posolutely realize indisputably the truth

This Place

One step forward
A million back it seems
Why, oh, why
Doesn't anything ever work out for me?
Is this the pathetic I should be on -
Give me a sign, show me the light
What is the reason I keep coming back to this place?
A lesson to be taught -
Mistake to be fixed?
Darkness & melancholy starts to set in -
Others like to partake in the shenanigans & nonsense
Pack up & leave time & time again
Just like that, I'm back with no reason or rhyme
Let It comes to surface the reasoning for returning to the place I despise
By myself, alone, I feel safest
Out of the reach & sight of the evil doers & their lackeys
Hiding in the shadows -
Awaiting their next attack
Begging to learn the logic for me being here
My mind & well-being has taken a beating
Miles away & more; I want to be
Ready to leave & finally be free

Exit, Stage Left

Two years ago today -
You told me you loved me for the first time
A tear slowly fell down my cheek
Finally, able to hear you say those three little but enormous words
Little did I know -
That was just the start of many untruths told
Then blinded by the love I had for you -
Put up with way more than any one soul should
Good times, great times, bad times & definitely worse times to come
Still wanting & loving only you
Thinking no other could compete compare or take your place in my heart
Act 2 of your outlandish scheme to begin your new scene
All the hurt, pain & tears you brought forth to me through the years -
Undeniably without a doubt more than I wanted to endure
Yet, still standing by your side -
Wanting always & forever just you!
Minutes, days ,months & year n 1/2 pass by -
Slowly, my eyes begin to open wide
Grasping, taking in & hearing the lies slithering off your tongue
Act 3 & 4 -
Still playing with my emotions, heart & mind
Hats off & standing ovation to you
Intermission has come -
Time for me to take center stage
Calling you out on your lies, craziness & abusive ways
No longer having control of me -
Or able to trip from the tongue
Just to keep me hanging on
In conclusion, I was starting to relinquish the feelings I had
Hard as it was to push through -
Settling never again & tolerating all the nonsense & insanity you brought forth
Me time has arrived & the season of me is here
Juncture of getting what I deserve has veneered

Moment has come & I was done... done!
Able to whole heartedly let you go out of my life
Not a single tear to stream down my face over you -
Didn't turn around or look in the rear view mirror
At serene with my decision
Have that fresh new start for me

Better You & Me

Crazy as it may be -
Non-fiction as it can get
The one who came to me was you
Wanted another chance for an "us"
A better you & me -
Seems like the times of the past are upon us once more -
Praying that it's not factful of my notion
Supposed to be your girlfriend again
Yet, something is definitely askew
"How are you, what you doing, miss you" & such -
Nit a single one asked &/or stated from you
Silence, voicelessness & inactivity -
Ghosting me, to the casual eye would take it
A better you & me -
No lies, no games, betrayal or deceit
Stronger & healthier those time around
That's what you exclaimed
Is this what you really wanted -
Just playing with my head?
Jumping to my own conclusions
Over thinking, magnifying & losing sleep over -
Like I sometimes do
Be honest with me& let yours words be frank
A better you & me -
That's what you divulged you wanted
Remember -
You're the one who came to me
Crazy as it may be

It Was Never Really Me

Guess you finally found your forever love
It was never really me
Don't know how to process this news
As a matter of fact
It's tearing me apart
The love I had for you was unlike any before
Thought you were my person
The one soul made for only me
What a fool I was for thinking you ever loved me
Guess she gives you something I never could
I loved you with all of me
Probably more than I should have
The passion of my unconditional love & wanting forever only you
My weakness after all, remember my addiction was you
Guess you finally found your forever love
Our story has at last come to an end
You will always have a place in my heart that belongs only for you

Our Time

Time wasn't on our side -
A few years ago
Tick tock, tick tock
Two years gone by
Does Father time now have our backs?
Though I like to you then -
I knew that I couldn't be all in
Here we are
Time has crossed each other's paths once more
If you're ready -
I'm certainly ready; entirely in!
Time be on our side this go round -
Without a doubt, I've fallen head over heels
Time be true, let us see, that your on side now -
Can it finally be?

Insidious Change

When it's time for something new, you will detect it. You will detect a desire to relinquish. Let go, relinquish. To shed layers, move to re-create. You will know because there will be an insidious change all around you. You will release the old because you are really clearing a path for what's ahead. Trust this process. Know that life does not take from us anything unless there is something else imminently impending its replacement. Insidious change, take hold & go with it.

Firsts

First crush when I was a young one
First to take my virtue
First you steal my heart
First "puppy" love of mine
First to make me become a mother
First I was to marry
First want to ever break my heart
First to share grandchildren with
Firsts of so many of mine
Yet, never really had a real chance together
Will there ever be another first for us?
Now is the time to find out
It could be the first of more manies!

He's The One

My first crush on
That "special one" when I was seven
That feeling of "he's the one"
It never faded away!
Deflowering me on that dark night
Stole my heart & I didn't even put up a fight!
Always flirting with one another when around
The father of my first born
Longed for a real chance together
Yet, those odds never came to
That feeling of "he's the one"
Hasn't disappeared yet!
We are all grown & lives have changed
Crossing into each other's personal spaces once more
Our time, has it come to be
Will there ever be a possibility?
That feeling of "he's the one"
It's here & undeniably is going to stay!

If I Could

If I can make myself better.. I would

If I could turn off my feelings just like that.. I would

If I could unbreak any hearts I broke.. I would

If I could stop everything I hated.. I would

If I could turn back time.. I would

If I could just have 5 minutes more with my loved ones that have passed.. I would

If I could find a stairway to heaven.. I would

If I could stop being human.. I would

If I could stop being alive.. I would

If I could survive living for another year to come.. I would

Feelings For Another

How can a person have such strong feelings for so many years for another
Yet, lead two completely different lives separately!
My first of many shared with a special one
Initial human to have my heart
Coincidentally enough, original being at breaking it, too!
Wondering numerous years what it would like to be with him
Did he ever sit & ponder what it would like to be with me?
Lost and thought & heart searching within
Smile comes to form on my face, dreaming of him
How can a person have such strong feelings for so many years for another
Reminiscing my memory warehouse of time spent together
Makes my heart warm, belly twirl & legs feel like rubber
That one soul meant only for me
Could it be true
Could it really be?
You see that mortal that was intended for me?
How can a person have such strong feelings for so many years for another

What Is It About Me

What is it about me -

What did I ever do so wrong?

Why is it that every time I let my guard down

Start feeling & caring for another

I'm always on the losing end somehow?

Giving my all & more every single time

Wearing my heart on my sleeve

My heart gets broken continuously

Can't help that's who I am

And the way I was made

What is it about me -

What did I ever do so wrong?

Why forever on the downside anyhow?

Bedevilled with solitude & companionless

That's what happens when I wear my heart on my sleeve

Gaslighting, mental trickery & heart strings enticed every which way

What is it about me -

What did I ever do so wrong?

Disappearing Into The Darkness

Life moves forward; Yet, I still remain in the past
Trying to pull myself together, but I keep collapsing to my knees
I continue living in misery
How I wake up every morning still to abide unsolved

Demons ingrained in my head won't fade away
Divulging to me I would never see the light of day
I strive to stay brave & strong for the ones that mean the most
But they see me as intrusive

I strive to live the life I want & deserve, but cannot succeed
Society has me tantalized in it's clutch
I try to break free from the manacles of negative thoughts
It's a hard that can never be achieved

I do not have a mind of my own
I have become a serf, to societies throne
Ruminating too much about the "what ifs"
Without looking to see I'm at the brink of the abyss

I don't know who I am anymore
I sense I'm a complete stranger to myself
They say time heals all things
If time heals, then why do I keep stressing
And cannot help myself?
I continue trying to prove to society that I'm not a mistake
Like a vehicle without brakes
My heart shudders with fear & agony
Fear of disaffirmation & susceptibility

In this world I somehow find my way, a passage I will bid welcome
With strength I'll cast ahead, my dreams I will never jettison
Although the skies grow darker & wind roars loudly, I will sail through

For in my heart, I hold the truth, I am not a mistake

For The Road

I've fallen way too many times
Then I'm ever bold enough to enumerate
And I have marched into the blazing fires
Without any misgivings
Yet, I am a simpleton who has the conception
Not to learn from what she's showed
But I'm still going to fill up my glass once more
And have another for the road
I may of prayed once or twice
To the Gods I have no conviction in
Cried out for guidance a few times perhaps
When I felt I needed saving
Made the wrong decisions a many
And to'd when should've fro'd
But my glass is raised once again
To have another for the road
I've been disparaged & manhandled
Lost heart & fallen foul of dishevel love & trust
Yet, somehow not thrown in the towel
I've trailed the misfortunes to many times to count
Ignored all signs & red flags, too
The good riches I'm bestowed
Yet, I'll swallow down each & every last drop
And then take another for the road
It's not about inner strength
It's not about being meticulous
Through the times I go unseen
And when those around me are daunting
It's just that I keep equanimous with the pierces that skewer through
And no matter what life throws at me
I'll take another for the road

Do Unto

You arrived unclothed
You will pass out unclothed
You arrived without goods or currency
You also leave without goods or currency
Your first bath? Someone has washed you
Your last bath? Someone will wash you
This is existence
Why so much malice?
Why so much envy?
Why so much hate?
Why so much indignation?
Why so much selfishness?
Be good to one another
Do the right things
We have finished time on Earth
Do not waste it on useless things

I Hope

When you finally find her

I hope your conscience of it

I hope you realize what it is that you have

not just after it's gone

I have no solice for the individual

who hope the door open for her as she leaves

Once she is gone

She's gone for good

And what she has reached the end

So has a part of yourself

I hope you auscultate when she's detached and know that times

there is no right answer

There's only you

and her,

and perhaps all she needs is an aggressive kiss and your time

Don't miss these moments or opportunities

This world is full of thieves,

ready to steal her from you

Put her above everyone by building her up

Build her up and give her all yourself to stand upon

Until she's standing so tall

She wouldn't in her wildest dreams think another could show her what you have

It's not romantic

It's work

And when you finally find her

I hope your conscious of it

Nothing worth having is free

Something About You

There is something about you -
Couldn't put my finger on it
I was drawn to you
Yet, didn't know why
There is something about you -
Just have to get to know who you are
With little conversation here & there
I find myself drawn to you more & more
Something about you -
Couldn't put my finger on it
I find myself falling for you
The way you make me feel
And we have never even met in person
Before I knew it I fell in love with you
How can I fall for another without even meeting?
There is something about you -
Maybe we knew each other in a past life -
Perhaps, destined to find one another
There is something about you -
You're my person, my forever
I chose you & will continue to do so
There is something about you

Want

it's 3:00 a.m. and I want to be parallel next to you with our hands engaged together

I want your face entombed in my neck, and I want to listen to your breathing

I want you to wake up and tell me "I'm so weary", because I want you to whisper "Go back to sleep", and I want to hold your heart tighter when you do

I want to be recumbent in bed alone with you in the soothing quiet of early morning hours, and perhaps reading novel while you rest peacefully

I want to be effortless with you, and I want to be whatever you need me to be

Life & Love

One of the most formal lessons
I've skilled is that not everything that you desire & I was meant to be

Being in love with an individual
and being soul tied with an
individual aren't the same thing

The same applies to everything in life
You will fall in & out of love
with so many different places,
laughs, smiles, sunsets, music,
voices
You will then understand that
some loves stay for a lifetime
Others stay for a short while
Some places are forever homes
others are temporary some voices
are abiding
others will echo in your soul til the end of time

Both are real
Both are love
All of it is life

Lost & Alone

Lost & alone -

Numb all over

Drowning in my own thoughts

Why do I always feel this way -

Why do I do this to myself?

Unhappy, miserable, tossed aside

Deeper & deeper I fall

Not a care in the world -

Not a single one at all

Lost & alone -

Ashamed of myself & who I've become

Numb all over

Is this what I've become?

Lost & alone

Broken Pieces

I am bent... but not broken

I am blemished.. but not mangled

I am sad... but not hopeless

I am fearful... but not petrified

I am weary... but not lifeless

I am afraid... but not powerless

I am angry... but not bitter

I am depressed... but not throwing in the towel

Frozen Within

Trapped within yourself -
Can't seem to escape
Harder I try -
The deeper I fall
Nothing left for me here
Nobody hears my cries
Its clutches have a tight hold on me -
Why can't I ever be free?
Imprisoned by your own thoughts
Absconding seems fitting enough
Down that rabbit hole I go
To my knees I fall
Screaming aloud -
Nobody hears me at all
Restricted within your psyche
It likes to play games

Messed Up

I wish I could turn off my ideations -
I wish I could make this swirling conclude
A lot is going on but I cannot fathom how to cope
I'm in an emotional upheaval yet still cannot feel it

I don't know where I'm headed to
What I am going to do
Once I had things outlined in my consciousness
Now, I don't have a clue!

You will find a way, they all say -
Though nothing seems to be set forth
My heart is racing fast
And consciousness is brimming with fear

Thought I'll be able to manage it
But it's all plunging quickly
They say I'm a mess,
And I don't think I can attest them otherwise

Every Woman

This is for every woman
Who weeps herself to slumber
that lies unaccompanied at night
that stays conscious, unable to rest

This is for every woman
that is afraid of letting anybody close again
that has been forsaken, hurt & heartbroken
that needs to be given something to have faith in

This is for every woman
that needs to feel desired
that wants to feel needed & wanted
that feels like nobody cares

This is for every woman
that has loved another unconditionally
that it's closest how much concern she has for one
that embraces others for themselves

You are beautiful
Everything will be fine
If you can trust in oneself
Yet, most of all, please love oneself

Forever Person

You said there was something about me
I was your forever person
You just knew it
Caught me off guard
Walls that I have built oh so high -
Wrapped in barbed wire too
Slowly begin crumbling down
I knew that you were my forever person likewise
Everything clicked
And that was that
Within short period
Halt -
Craziness started sitting in
Why -
What happened?
Our forever being deterred
Lost, alone, broken hearted
Tried moving on
Still you were embedded in my mind
Something about you
About what you had said
I was your forever person
That resided with me
Roadblocks infallibly in our path
Time never on our side
Days, weeks & months pass by
Feeling empty, lost, incomplete
Our lives converged anew
Both wanting to have another try
One last shot
See what we got
Father time on our side this go round?
You said there was something about me

I was your forever person

Dawnings

There are dawnings
when I smile
And I practically mean it
Then there times
When the dawnings are bleak & somber
My heart feels heavy
Wounds I thought had healed
Open up...

These are the dawnings
the walls I've built
get a little bit feeble
Perhaps the only time
I yearn for another
willing enough
to break them down for me
Hold me close
As I break down
Fix me back to one
The next dawning

In lieu ...
Like all the time
I strengthen my defenses
Bide until the storm passes ...

There ain't any rainbows
After my storms
But at least there's a bit of sunlight
I can seek the warmth
I fail to receive
from the ones
closest to me

Letting Go

I was the type of creature,
That held onto things to taut,
Unable to quietus my hold,
When it no longer harmonized,
And gave me blisters,
I always thought holding on,
Was worth all the pain & suffering,
I used to contemplate that losing things,
I'd lose part of myself as well,
Slowly I'd become somebody,
My heart no longer understood
That one day something transpired,
I dropped what I held dear,
My soul became so much lighter,
Rather than being filled with fear
It taught my heart that some things,
Are not intended to last forever,
But arrived to teach you divination,
And continue on
You don't have to cling to people,
Who no longer make you smile,
Or do something you've come to loathe,
That sometimes the thing you're fighting for,
Isn't worth the cost
Not all in life you ever lose,
Is fated to be a loss

Misconception

A thief in the night -
That you were
Stole my heart, body & soul
Gave you all of me & did the best I knew how
I was so young, barely 18
Loved you unconditionally,
Wanted you to be my forever
I was naive, didn't know any better
Took my heart & broke it into pieces
What did I do so wrong?
Why did you pull away?
One minute you loved & wanted only me
The next you wanted somebody else
Confused, alone & lost
Couldn't understand why -
What did I do so wrong?
That made you walk away & say goodbye?
Thought you were my forever
Oblivious to the truth
I was just a page in your book
Nothing more than that!
Thief in the night you were
Stole my heart, body & soul
Strived to be the woman you yearned for
Young & in love
Wanted you to be my forever
What did I do so wrong?
Loved me one minute & the next not so much
I was so young & my heart you crushed

Convenience

Girlfriend, friend, even family
Only come around
When it's convenient for you

Days, weeks, months
What has it been?
Got what you wanted
Gone like the wind

Ford, lonely, no place to go?
Grass isn't always greener
Didn't you learn nothing?

How can I be at your convenience?
Done with the games
Please just let me know
So we can get on with our day

Place to stay, money, sex
Or is it something else?
It's not because you really want to see me
You're just needing help

Convenience for you
Convenience not for me
If that's all I am to you

Walk now
Don't turn back
I'm done being people's convenience
Used & abused

Enough

Emptiness, solace & isolated
All she has ever noted
Acceptable to the fears nobody should endure

Hiding from one
Running from the same
Years apart
Certainly tampered with the mind & soul

Don't know what to do -
Don't know where to go!
Nobody knows -
Whom to talk to?

When it rains, it pours
Not stopping just yet
Not a rainbow in sight
Coming down harder now

Can't catch a break
No matter the cost
Lost & alone, de novo
Used to it now

Discipating more & more
Drowning in her sorrows

Hasn't she been through enough?
No more storms for her to whether
Can't sustain any longer
Will there ever be a brighter morrow?

Missing Piece

*November 2017, you came into my life
Two years later we meet
From the first time I looked into your eyes
I knew I wanted only you
Chemistry was strong-
Sparks flying every which way
I wanted you all to myself-
What can I say!!
Soon enough we were together as one-
Our lives had just begun
Smiles, laughter, great memories being made
The wall I had built high, slowly started to crumble
Harder I feel for the special guy
Good times & bad times-
We had them both
Love, happiness, tears & pain
We had it all;
Yet, we let it slip right through our hands
Though not together for some time now-
How could he still have my love?
The missing piece to my heart!!*

Sandman

*Crepuscule sounds like coup de grâce
The Sandman awaits; beneath hooded veil
Utter your orisons before you take slumber
For the phantasies he entwines will make you deplore
From dragons breath a murk will emanate
Stay slumber & don't dare open your eyes
Sleep to my friend, you will need your rest
When trepidations beat your heart from your chest
With ice cold hands, he will clutch your heart
He will shatter your phantasies & rip them apart
Your illusion of love, passion & lust
Become ashes to ashes & dust to dust
He will snicker as from Beelzebub you try to escape
To you it's a night terror, him it's just fun
If you should perish before you bestir
Beware of the reaper, your soul he will collect
When hell crosses over & into your phantasies
You will open your mouth & try to shriek
Only quietude will echo in your ears
For the Sandman knows your nether most fears
As dawn draws near, he will adieu his prey
You will forget your phantasies & face the day
Although you have forgotten the hell cloaked in black
He is anxious & scrutinizing until you turn back*

I Love

I love shattered wairuas Those who've heavy heart But are still able to feel something Even if it's time to come

I love vacant wairuas

Those who once felt the searing inferno

Whom eventually seared oneself

Yet, still rose up

I love unfettered wairuas

Those who are still contending

Against the slavery of status quo

Against the revelry of banal

Serendipity

Paths crossed just by chance
I knew I liked you from just one glance
Falling hard and falling fast
Like the sands in an hourglass
Slow dancing in the dark of night
It's your love that held me tight
Butterflies fluttering fast
Heart pounding more rapidly
There it was -
Just you and me
Had my heart unlike anyone before
Yet, you played with my heartstrings
Just like the others and more
Letting you go and moving on
Twenty years pass by
Full circle come around
When I came back to that town
Looking into your eyes and there it was
Butterflies fluttering fast
Heart pounding more rapidly
Here come all the memories
Could this be our second chance -
Or just to reminisce on times past?
It's your love
I want to hold it tight
Let's take a chance
And see if we can get it right

Scorned Woman

Ebony brume convene
Just like a monsoon
The flood currents ever so high
Someone cries out her name

Her resilience is inhaled within the zephyr
But harken not an intonation
Stamping it's passage of what is to be
One deluge coming down

Oh is intrinsic a scorned woman
Be perfidious and so be cautioned
Today is where love used to be
Nothing will shield you from misfortune

The flood currents where love used to repose
Love and hate such a fine line
Nought is found that is as sound
As what heeds one tear drop down

Ebony brume looming in the overcast
It's too late it's coming fast
You can now yearn of what will never be
As a storm convenes in the zephyr

For is intrinsic a scorned woman
Do you grasp what you have found
Stamping it's passage of what is to be
Heeds one tear drop down

I Made It

I've been lied on... but I made it
I've been lied to... but I made it
I've been famished... but I made it
I've been crestfallen... but I made it
I've been hoodwinked... but I made it
I've been unseen... but I made it
I've been shut out... but I made it
I've been maltreated... but I made it
I've been misconstrued... but I made it
I've been overburdened... but I made it
I've been in the darkest of days... but I made it
I've been galvanized by confidants... but I made it
I've been denounced by kin... but I made it
No matter what I undergo in life...
One thing I know for certain... I'LL MAKE IT!!!

Faded Memories

Without ever saying goodbye
Without ever saying why
You departed from this existence
Leaving us all behind

From your friends to your foes
Tears fell from our eyes
Not a heart was left unbroken
Not an eye was left dry

We all set together heavy-hearted
Remembering scenes from our past
Wishing we could turn back
Praying these thoughts would last

I'm Really Not

When I say I'm okay, I'm really not
I'm just suppressing it all inside
Look at the scars and see that I want more
Yet, something always holds me back

All the tears I try not to cry
Though all I want to do is cry
Wishing I never took another breath

Nobody comprehends me
Nobody comprehends the pain
They just think that it's just a phase
I wish they could walk a mile in my shoes

Perhaps they would see another side of things
Perhaps they would see the enticement
These scars on my body is what I yearn for
Perhaps they would have fathomed out that I'm not okay

That anything and everything I do or say
Never is good enough for anybody
That I'm just ready to break down
And when I say I'm okay, I'm really not
Look at the visible scars on my body fading
Let it be known that I'm ready to give in
Do when I say I'm okay, I'm really not

Old Habits

Rattlers blazing down the fiery rails
Old habits creeping up my back
Flying high, high as can be
Love the way it makes me feel
Just let me be

Rattlers blazing down the fiery rails
Old habits creeping up my back
The burn from the line
Smoke swelling about
The release from all the woes
Not a care in the world
Just let me be
Rattlers topple off the track

Rattlers blazing down the fiery rails
Old habits creeping up my back
Body is numb, pain is gone
Is this how it's supposed to be -
Or should I feel something?
Just let me be
Rattlers topple off the track

Rattlers blazing down the fiery rails
Old habits are hard to break
Everything in jeopardy
My entire life is at stake
Just let me be
Rattlers topple off the track

Good Enough

I'm not good enough
For anyone or anything
I keep hoping
Keep feigning,
but I'm always flaming out
They say, "discover your value,"
but how can I?
Every piece I try and gather,
Eludes my grasp
like it was never mine to hold,
They say, "Love yourself,"
but how do you love?
What feels shattered inside
I give all I have,
but it's never enough
Not for anyone, not even me,
I'm tired of chasing value
of hoping that someday,
I feel complete
But perhaps it's true,
I'll never be good enough

Grief

Grief is hard
It is inexorable
And onerous
And an incessant reminder
Of the void in our lives
Grief is painful
Physical pain
Within our thorax
Reminding us
That our hearts have splintered
Grief is exhausting
It takes everything
To keep giving
Day after day
To live for our loved ones
Grief is isolating
We feel forlorn
As if not a soul understands
As though we are drowning
And no one notices
That we don't know how to swim
Grief is scary
The notions in our pates
Get dark and real
They all just tell us, "just let go"
As if no one would care
If we slipped away
But we are not forlorn
So many others know of this pain
Feel this void, too
So, say their name
Tell the stories
Of those you've loved and lost

Tell me about your person
And beam from the wonderful memoirs
Pray for their absence
You are safe to grieve here
We are not forlorn
We are not forlorn
We are not
Forlorn

One Day

it's all right if the way you desire me isn't the way I desire you
Everyone will have their time in the Sun & I'll have mine, too
Don't know who, when or by what means
Though I will find my person, one day
Don't think you left me ruined
You're by your, day by day, minute by minute my hope of an endless love deepens
My faith is strong, from that I won't sway
I know I will find my person, one day
If it makes you feel any better, I'm perfectly content
No sleep lost over you tonight
I have no inkling how long it's going to take
Though I will find my person, one day
How I feel now, I absolve you
It's I who led myself into this contrition
A rose without form seems to be good to be true,
A girl like me could never win over a guy like you
That's quite alright
Because I will find my person, one day
Disdain my love for as long as you want
Your chiseled frame you continue to sport
It's not your fault you felt no connection
Though you love somebody despite their shortcomings
A heart of gold, with feet of clay
Without a doubt I will be someone else's "person, one day"

Murmurs In the Night

Quell all the titter
All has evanesced
Let me sit
Warrant life pass by

Shut out the blaze
I don't want you to see
This desolate entity
Now seizing ahold of me

Lock all the doors
Let no one in
The soul you once had known
Is no longer me

Pull down the blinds
Make this my cell
The night is my prison
This is my hell

Mask all the echoes
Warrant life pass by
I can still harken the chords
But it's not my ballad

Love Is Pain & Pain Is Love

Is it becoming to love you, is it becoming to care
It all harmonizes when you're here
Yet, the severance is so lugubrious
When your eyes meet with mine
It's like we are in a whole new world
Everyone else starts to disappear
When your skin brushes up against mine
My heart starts to race, my cheeks get warm
You make me feel like I'm the one
You are the cause for the butterflies fluttering
Enjoy the cause of why I stammer
Seems so right but seems so wrong
I have to stay strong
If you only knew my heart beats because of this
Do you ponder if we are meant to be -
Or is it just me?
I'll try not to love you
I'll try not to caution
I'll try not to live my life longing for you here
I'll try not to be curious of where you are or who you are with
But between me & you
I'm hopelessly in love with you

Lost Myself

Determined, autonomous, tenacious
Compassionate, devoted, elated
The woman who I want to knew

Docile, fitted, yielding
Hard-hearted, languorous, perfidious
The woman who I have become

Day by day, month by month
Slowly changing into someone I don't recognize
Who Am I?
Where did I go?

Striving to be who I once was
Carefree to the world
The woman people looked up to

Apathetic to everyone & everything
Melancholy to the world
The woman who was marginalized by the young & old

Who Am I?
Where did I go?
I just want to bring back the woman I once knew before