

# Anthology of lakoda0805

Presented by

*My poetic side* 



## summary

Spin

My Story

Noise

Rooster Crows

## Spin

My mind is racing, yet it is going numb.

Feeling like 101 things need to be done. Not knowing where to start. My body is in overload and shuts down til rest. When will the reset be? That is unknown. But maybe I can reverse the shutdown. You go to school to learn the classes are 101 learning. You learn. But yet when one says they have 101 things to do it's just an expression to say a lot. Cause when u say 101 things u arent learning a subject during that time. So maybe I can change mine. 101 things to do into learning. Maybe then my body will no longer feel numb. Maybe my world stop spinning.

## My Story

What is it like to live in your head? It is like 2 lives as 1. 1 life is in the world the other sits and waits to see the world. The one in your head sits on a rocking chair. Just waiting and watching to give direction to the one living in the world. But sometimes the one in your head wants to live on the outside. It can't escape ur mind. It is pinned there but it can draw the one in the world in with them. So if u are in the mind. Then that way the one in your head can learn from the one living in the world. But when the one in the world goes back it can be dangerous. For the one in your head had out ideas that were not there before. The one in your head is now in control. It found a way to live in the world but not. It starts to control your thoughts, your every move good or bad. And the one in the world can decide what is going on. They start to become lost and confused. Out of control cause the one in your head is fighting so hard to control the one in the world. So then u get on your knees crying that u need help. Because this world is becoming too hard for u to live in.

You pray to God to have the one in your head that is controlling your every move. You pray that they go back wiped clean or negative. Wiped clean of all that is wrong

So that u that are in this world can live again and work together with the one in your head. So this is a reminder that God can help even when u are stuck in your head with all the bad negative you. U can be revived from it and live a normal life happily if u work together in harmony.

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## Noise

I wake and all noise is aroused. The screaming of unknown things of what to do. My mind searches, in my mind the list of things to calm. One by one is dealt yet it does not help. The louder it gets the harder it is. Harder to ease the noise and calm the room. The longer it takes make it go into a black and white snow screen. I look and look for a way out. With all the searching it makes the outside all work together. Finally found the way out of the snowstorm. My mind is fuzzy but yet have now found out to help the noise. Help to calm the noise. Order is a must and when it is lacking the noise rise.

Yea sometimes u have to just let the noise go on. Cause in time it will silence. But only when it wants to silence before it fall into the snowstorm.

## Rooster Crows

Rooster crow time to get up. Children screaming, and fighting means my time to wake. No crowing of roosters, just the laughter of kids. Roosters fight for dominance. But my kids fight for dominance. Yelling, hitting, stuff flying, papers ripped. Toys are scattered all over, clean up is impossible. The fighting won't cease.

How to control what can't be controlled. It's like trying to catch a flea. But there is no chemical to control them. The mind is the only thing. Think and think about what will help and what will stop. You try and try one thing that works but not long. The fighting the yelling screaming continues. Attention is now given to easing the storm. Just need to ride it out til it tires. Then peace will be again til the next storm is minutes away.