

Anthology of sunshine777

Presented by

My poetic side 



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Untitled

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Boom

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Smile

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Poetic Justice

Boomerang

They lied to me, I lied to them

They hurt me, I hurt them

He played me, I played him

She shamed me, I shamed her

He dumped me, I dumped him

She fought me, I fought her

He blamed me, I blamed him

You live, You grow

You learn or you don't

Like a boomerang

This is the circle of life

One Big Circle

Everything done comes back around

Remember this when it's your turn to have your heart stomped to the ground

ALK 2023

Snakes

They come in all shapes and sizes.
Remaining even after you close your eyelids.
Destroying everything you have inside.
You can run, but they'll never let you hide.
Saying to you the cruelest things,
Never acknowledging the pain they bring.
They crush your heart,
Afterward,
Rip your soul apart
ALK 2021

Him

The one who promised to make all my dreams come true
Him, the reason why my skies are blue
Before you I already believed I was sad
Never did I know one person could make you feel so bad
Telling me you love me, everyday
Meanwhile your actions talk a whole other way
Every time I speak and you speak over me
When I try to find myself you tell me your the only key
How can I prosper when your always on top of me?
I've heard so many lies I no longer know what to believe
I was sad but with you is Misery
Pain on a whole new level of discovery

ALK

2022

Untitled

God made me open my eyes
Now I can look in the mirror and smile
My anger towards you is no longer in denial
My mind is getting healthier
My soul is blessed
Heart no longer empty
There's no more pain in my chest
ALK 2023

Art

Expressions of our minds

The pain, the hate

The love, the joy

It's all meant to be shared

Not hidden inside

To all the hearts that dare to do so

I am forever grateful

You shared your courage and your strength

You shared your dreams and your fantasies

Our minds they cannot take

ALK 12-1-2023

Hell or Heaven

I had a nightmare I married the wrong one
The world turned to hell for the evil we had done
He cursed me so I cursed him
Our kids learned so much hate
I had a dream of finding the right man
We were real
Far from perfect
He respected me so I respected him
Never allowing each others lights to grow dim
Our children learned there can be a happy home
ALK

Mirror

When you can't stand the person looking back at you anymore
When you leave all your riches and would rather be poor
Inside I know it's wrong but I want to settle the score
Just last night you couldn't live without me
Now today you've got a new whore
All the suffering I endured
Hoping and praying our love was pure
You played me like a chess game
I should have realized years ago when the pain first came
Instead I praised you and let myself die
To believe you ever had my back was all such a lie
I hope one day you feel all my fears
I pray one day you'll cry all my tears
Forgive me I know I'm wrong
Still I wish you stay lost and never know where you belong
So that you can feel the wrath of me
My pain because you never let me be free
ALK

This Ain't Life

If we were all truly living
Happiness would shine
The truth would be told
No more living a lie
No more spoiled bastards
leaving the less fortunate to rot in hell
No child would suffer
We would all help each other to excel
Men and women
All races would be equal
History would no longer repeat itself
We would no longer be stuck in this sequel
ALK

Heartless

I could speak a million words and still never reach you
You can talk all you want
In the need I still know it was all untrue
Some people were born without a heart
Mess with them and you will be left with scars
They will take you for their slave
Destroying every part of you that once was brave
Never letting go of their pride
Not able to take the heat
Nor acknowledging
They Lie
ALK

The Truth

In truth I know he is out there
Somewhere he exists
The truth that he cares
Our souls are in bliss
No other can compare
My heart is in his eyes
The heavens we share
In our reality I confide
ALK

Doomsday

We all heard the story of the Apocalypse
What if doomsday does exist
Could there be a man to set us free
Will our hearts really flee
Or perhaps we are blind to the facts
Maybe our minds have faded to black
What if our knowledge has been stolen
Could our souls already be broken
Maybe life is our quest
To realize in ourselves we can only be blessed
ALK

Crazy Mad

If you really didn't wanna see me hurt then you'd still be here knowing that I love and care for you with everything I did. The fighting was mostly on you because you hate me

Here he goes again putting it all on me she thought. Reading his book of a message she pondered awhile, he always had a way to bring her down.

Not this time, there was something different about her now.

As she read the line again, you always quit drinking for awhile then start back up and throw the kids under the bus.

He never mentions his flaws or the scars and bruises he's caused.

Any and all mistakes she's ever made will no longer be thrown in her face.

This is her new start, her chance to prove her self-worth to her brain.

ALK

Mother

I never truly understood
How much you did for me
I only felt my anger
I never knew what I didn't see
As I grew older
When my days dragged longer
I suddenly understood your misery
I apologize for my merciless heart
My hatred infected me like a disease
I pray you get better
I know you can make it out this storm
ALK

Dear Heaven

I can not wait to come home
Yes, there is life out there
True love and fairy tales do exist
I pray prince charming will wake me with his kiss
I hope everyone can be free
In a place where hate will cease
ALK

No More Hurt

Why does it hurt so bad?
Since the beginning you never truly knew me
Hidden inside- Never trusting
Never could I let us be
Now that my eyes are open
I see clearly every empty word you have spoken
I proudly stand up and take my blame
My conscience is clear
I have no shame
I was only a little girl
An older man promised me the world
Too young to know
I had to let you go so I could grow
ALK

Light And Dark

I often wished this world could simply stay happy
Nothing unjust would exist
Darkness was not known
We would be filled with light
No child shall suffer
None left behind
How then would we appreciate our life?
Once my own darkness consumed me
I never thought I would make it through
Not without my own suicide
After the storm passed
The sprinkles of rain fell calm
The rainbow formed
For the first time i looked deep into my soul
I could feel myself glow
I smiled brighter for all I endured
All the pressure made me stronger
More compassionate
My light grew Wisdom
My darkness Justified
ALK

My Pen

The tongue has the power of life and death
The world is not losing color
It is our view of the world dimming
What is not expressed will be depressed
To hold anger in is poison
Expressing it violently can lead to extermination
There needs to be a way to escape from your own wrath
That is why I grab this notebook
I fight with my pen
ALK

Dear God

I am writing you today because no matter what I do or think or pray, I am so confused! Only you know my whole story, my every move in every way. I try to be sure to pray everyday and talk to you in all I do. Almost 4 years ago now I thought I had the perfect family life. Although I was unhappy most of the time, I thought I was doing what was right. For the longest time I held so much resentment against my childhood. Realizing now even through all the pain there was so much I gained. Many happy memories, an amazing BIG family who loved me. I got to see the world in different views. I experienced many cultural views and backgrounds. Even through detention centers, hospital wards, rehab facilities, I was blessed to meet some amazing people. The world was not all bad. Then I grew up, and life turned upside down. I made a perfectly fake trophy wife. Until I could not bear the rage built up inside. The fake American dream became a nightmare I could not wake from. What is America? Who is really living in the land of the free..

You

Thank you for the knife in my heart
It matches your stab in the back
Ruthless is what you claim to be
No one to blame for my unhappiness but me
ALK
sunshine

Gov't

A million voices in my head
Thoughts can not be set straight as I lay in bed
The Gov't is who controls
Planting evil in our brains until they explode
Still I reach for the positive
There is something to learn through all the damage
For who will love our tortured souls?
A dead soul only revives and regrows
ALK

If U Already Knew

Before we find love let us find grief
We can make it through the hurt and find our peace
If at first we feel sadness
We will better rejoice in happiness
Before we find our destiny
Let us first embrace our hell
Our founding fathers are liars
They made America hell
All our minds trapped in cages
Our souls locked in jail
There is no right and no left
It is a matter of heart or heartless
Perhaps it was a must for us to be crushed
If we all lived in a fairy tale
How could we ever be touched
There has to be a place better than this, together
We are all suffering here, forever
God would not want this evil to exist, never
He is a brainiac, clever
Straight soldier, warrior
Vengeance, closure
Real love, unconditional
ALK

A letter to myself

If I could impound one thing in your brain it would be that "she shall be loved"
You are so worth it
I apologize for all the disrespect I allowed into our life
For all the pain and suffering I accepted and held in
A huge hug I wrapped around us
In regards to the wrong beliefs I let consume
For ever doubting true love
Soulmates are real and so are happy endings
No matter what this journey of life brings me
I know in my heart in the end of time
Everything will be alright
I close my eyes and pray to the sky above
The stars are my promise to show how much we are loved
ALK Sunshine

Our Own Song

Could this all be a nightmare?
Stuck in this hell
A world so unfair
Where is the equality?
How can I not let the pain bother me?
I can feel a world in past times
I do not recall the details
My mind is blind
I can feel the respect
A truer concept
What life should truly be like
If we could all get along
Sing our own song!
ALK

Love Remains in Me

When you truly love someone you do not harm them
You should not threaten them to make them live in fear
To truly be devoted you must first devote yourself
Only if you believe will you achieve
Keep your faith, you will be blessed
Your living a lie if you believe love is complicated and brings you stress
True love is there and shows compassion even through all your mess
If you ever fear the man who says I love you
I pray you run
A real man takes care of his woman no matter what
Never ashamed, always believing in her
I am way too grown of a woman to be playing your fool anymore
My feelings for you are dead right down to the core
My heart still loves after all the stomping and tearing
I am a warrior
Love remains in me

ALK

Beginning and End

I will forever love you
They try to take me
I always escape
Come running back to you
I will gladly let the blood drip
So long as the pain brings me to my final destination
Heaven rains
Pain drains
My soul blooms and love grows
What is this happy ending?
Only destiny knows

ALK

Sunshine

I Say

A sucker is born everyday
Even they have more heart then you
Antarctica is no comparison to the pain you will put yourself through
The devil you can make look like an angel
When you ignore your own mind to keep your fake fable
You listen but fail to understand
No one will listen when you command
You had me trapped for a moment
Now I no longer welcome defeat

ALK

Sunshine

Devil, God

The devil is alive and well on planet earth
Taking the blame for the evil and wicked that exists
Then there is the power of god
God is love and full of truth
Love is unconditional
Meaning we were made to forgive
So why must this grudge with god and the devil continue
I have heard the devil was once an angel
Now haunted with darkness and nightmares
Underneath the disguise is a child with a broken heart
God is love full of truth
Love is what we need most yet never get enough
A loved one once told me god and the devil are constantly fighting over your soul
I believe they could love each other and help each other grow
They say nervous breakdown
I say much more then that
God put this dream in my heart for a reason
Devil, God
I pray you find peace

ALK

Sunshine

What is Life?

What is life?

To suffer- To gain

To hurt- To heal

To lose- To win

To break- To mend

To lie- To be honest

To be rude- To be polite

To hate- To love

To abuse- To respect

To fight- To make peace

To have enemies- To have friends

To die- To live

Animal abuse- Animal rescue

Missing people- People found

Tree is cut- Tree is planted

No hope- Faith

Negative- Positive

Lost- God

ALK

Sunshine

Dream Land

Money does not exist
We all have what we need
No one is left with less
No one is blessed with more
All children are loved
Misery is turned into bliss
You can not have sunshine without rain
At moments there will be pain
No one will be all alone
No one will be selfish
We all belong
Monsters are gone
Evil is far from home
We will all be seen
Smiling like our children
Dreams are real
Happy does exist

ALK

Sunshine

The One

The only one who has never let me go
Even when I mess up
He believes I can grow
Sometimes I cry
He is right there to dry my eyes
Through thick and thin
He has never left my side
Always honest
He is so true
His smile makes me smile
There is nothing for him I would not do
Baby I love you

ALK

Sunshine

When We Cry

When the children cry do we even bother to ask why?
To the mother alone holding onto her strength to try
Do we take the time to acknowledge and brighten there day with a smile?
For the man on his own, do we pray he finds his happy home?
Do we pray to take there pain away?
No child deserves to suffer
The devil is such a monster
Life is such an unfair roller coaster
I pray we can escape to heaven
A safe place where evil does not exist
No more pain
Only love to gain

ALK

Sunshine

Kryptonite

They tried to tie me down and tame me
God cut the ropes
I was made to be this way
I was born a mess
Mad at the world from the very beginning
No one to trust
No one to guide me to the positive
I was stuck in the negative
Like a slave my mind had me trapped
When your soul is broke it all pierces like glass
Abandonment turns you cold
So cold you forget how to love
Question if you ever knew how
Full of so much rage
You feel your heart explode to pieces in your chest
Dying like that makes you feel like you were fed kryptonite
The only way to survive is to jump start your heart back to life

ALK

Sunshine

My Mind Is Just A Little Lost

How I feel, very confused, unsure
In the end I know I'll meet my destiny
We all will
Still, what do I do here?
With this life?
No matter how I look at it, I just can't see
Guess that's what life is
There is no guarantee what our future will be
I pray to look at this more positively
Thank you, I feel you
I know you are watching over me
I know everything will be alright
My mind is just a little lost

ALK

Sunshine

Dear Mind

Thanks to the demons in my head I have lived most of my life blind. If you search for the truth, the truth you shall find. All my life I have prayed for happiness. Constantly mind you fight me, with all this pain I feel inside. The times i was happy it hurts. Knowing all over this world others cried. People promise they will always love you. An you find out later they lied. Innocent people are being murdered and no one can answer why. They say never to lose your soul. Sometimes your born with it out of your sight. You try to make me believe no one is there. The heart don't lie and I know that he cares. God loves even when no one else does.

ALK

Sunshine

He Will Take The Kids

What do I say
How do I even say it
Everyone already thinks I am crazy
I have no fear
Small minds talk loud
About things they do not know
All he has now is the kids
If I leave he will make them hate me
He said they would know it is all my fault
I no longer fear him
He could kill me before I spend another night in that bed
All he has now is the kids
He told me he would take my kids

ALK

Sunshine

A World For The Children

If I could turn back time
All the way to the beginning
My prayer would be
Soulmates can never be split
Acknowledging that we need hardships
To truly respect
If we were all raised by parents
Who truly love themselves and each other
How much more would they love us
Our children are what make the world go round
If not for them
There is no future
No need to sow the ground
Live to smile
Make others smile
Let us show our children
More love and less ridicule

ALK

Sunshine

Dogs

To me they are angels walking on earth
They sense your sadness and find a way to nudge in
Remind you of your worth
They rarely talk back and make the best listeners
Watch your child read to their dog
You will see the change in there confidence
Suffering so much at the hands of humans
Still yet they are man's best friend
Even I can not forgive like that

ALK

Sunshine

No One Would Believe Her

Her, the one always at a party
In trouble with the law
She's the one he raped
Because no one would believe her
Her, always trying to look pretty
Secure enough to show off her body
She's the one he raped
Because no one would believe her
Never got along with her mom
Her dad disappeared
This is why
She's the one he raped
Because no one would believe her
Now she sits alone
Isolating her heart
Allowing her mind to explode
Constantly numbing the pain
Because no one would believe her
It is no secret
There is no wonder
Why she became a drunk
For she is the one he raped
Because no one would believe her

ALK
Sunshine

Mind

*My mind is often times my worst enemy
It can be so against everything my heart says
Unsure if it is a real friend to me
Dirty tricks my mind throws around
Striking my heart and trying to leave me bound
I say God loves me
It will be alright
Mind replies your a warrior
Don't you dare stop the fight
My heart throbs just love
There is nothing above
My mind comes back they deserve it
Them dirty little scrubs
To my heart I am apologizing
My mind I am consoling
No I was not just fantasizing
Like Dr. king said I had a dream
I had one to and now I want to scream
To the man who tried to trap me
You never knew
The more you tried to break me was the higher I flew
My soul died for a minute
Due to the abuse
God loves me too much to let me die that way
He refused
My mind said break loose
Finally my heart agreed
So I cut the noose*

ALK

Sunshine

Life

A lot of questions weighing on my mind
Playing this game of life
While being legally blind
Not in eyesight
By prison of the mind
Life is so fucked up
Still life is so beautiful
Led by human nature
Is it possible to all shine
All shine at the same time
Would that defeat the purpose
In the middle of the storm
Stay true to who you are
No need for impressing
For we are all a product of the same nature
After I learned this
Life wasn't such a game any more

ALK

Sunshine

Can Heaven Be On Earth

So much is running through my mind. I know I did the right thing by leaving. He may have played me for a fool. But in the end I played him too. I knew I wanted to leave from the start. It was clear he wasn't the one. Not because we came from two different worlds. But because we had two different hearts. I don't know how to say what I feel. I only know how to feel it. You know me better than I know myself. I pray you help me understand. I don't need to waste anymore time rewriting the past. Instead I'll focus my energy on the future and what lasts.

Where do I wanna be? What do I wanna do with my life? There is nothing in this world that impresses me. God please come save the kids.

Can Heaven be on Earth?

??Me

ALK

Sunshine

No Name

For you the trumpet does not sound
Through you the lost are not found
Into you destruction consumes
Result of you the Earth transforms

ALK

Sunshine

The Bible Says Be Honest

Women are more than just housewives. Men are more than husbands. Our lives matter too, no more dolling up to play fake. Happy? I see others pretending to be happy. Have I ever been?

Vacations, mansions, cars, yachts, shopping, fancy clothes and parties. None of that matters, not to me.

Peace, love, compassion, loyalty, honesty, respect and equality. That is what I have on my heart.

More respect for our youth is completely necessary. We are so quick to judge the next generation when we should be acknowledging the reflection in our mirror.

How do rich men get to run our world and leave our fellow humans to starve and rot? Why is the rest of the world not yelling to make it stop?

If woman gave birth to man, then why are we working for them?

How are the guilty found innocent and the innocent found guilty?

Can somebody make it make sense??

This cannot be God's world. They say Satan is the bad guy, yet maybe he would do a better job?

If I offended you, it is not my fault. The bible says be honest.

This society raised me!!

ALK

Sunshine

Infinity

So hard to be patient
Anticipating your touch
Two hearts melted together
I love you is not enough
Two souls bonded as one
With no other man
Could I ever feel this strong
Only for you
Can my heart beat true
No other feeling
Could ever compare
A friendship so true
A relationship so rare
Infinity you and I
So high when we're together
We can fly

ALK

Sunshine

7-31-24

All Of Me

Sometimes you just gotta cry
And only God knows why
I would ask if you can hear me
But I already know you can
Thank you for loving me
Mind, body, spirit
Appreciation for making me who I am
Blessed in spirit
Good and bad
Thick and thin
You have always been there
When no one else cared
You did
When no one understood
You got me
God, I love you
I pray for my children
Our children worldwide
Every Child Matters
No Child Left Behind
More love and true love
No need to walk around evil and blind
Peace because we all belong with you
No more pain
Forget the circles
Fuck the curse
I give you all of me
Hear my prayer
Eternally it stays the same
This is deeper than myself
This world is a mirror for every man

ALK

Sunshine

Cultivate

The gift and love and fear
He stays with me always
His soul is holding mine
With a spirit so strong
I can feel him touch my mind
No words need to be spoken
Never a why to my tears
Together like a river we keep flowing
Cultivate our life and years
Eternally bonded
Constantly growing
There is no end and no beginning
Only a plot twist that never ends

I love u I love u I love u

ALK

Sunshine

I Don't Know Why

Sometimes your sad
And you don't know why
Or mad
Maybe confused
Shamefully over happy
A million thoughts everyday
Her thoughts are deeper than the ocean
Everyday
How can I be better today then yesterday?
Save the children
Africa
Lord we need a miracle
When can we all be happy?
With no one suffering?
Kids are being hurt!
The whole world should be uniting together for them!
But no one will stop long enough to listen
I don't know why
So I pray
Please make a way
No more poison
No more pain

ALK

Sunshine

Dearly Beloved

Dearly Beloved

We are gathered here today

On this planet we call Earth

To open our minds

Escaping this curse

ALK

Sunshine

What's Next?

It's Me Again

Appreciating with lots of attitude

The lessons this time is teaching me

This world can be so ugly and cold

But that don't mean we gotta be

I need you

My only hope

Please teach me how to forgive myself

When sucked into my own depression

I can be a slow learner

Please show me how to move on

What's Next?

ALK

Sunshine

Lessons Learned

When you allow yourself to be loved less
You learn your worth all the more
When you let the wrong one love you
The right one will be able to open your door
When the bad floods your thoughts
Positivity is all the better to find
When you truly go mad
Your mind you will finally find
When your world crashes
An empire is built with time

ALK

Sunshine

You

No one can judge me
I do enough of that on my own
To the one who hurt me most
I pray for you
It must be heavy carrying your world of pain
My heart can hurt
I will heal
For you I fear
Will always be one to steal
One thing no one can say
I didn't try
I carried the blame all these years
You never cared when I cried
Only when I said goodbye

ALK

Sunshine

10/11/20

It was a cold day like usual up north
I was sitting at the end of my bed staring at Tupac on the TV
The world was going to end
I was convinced
Patiently I was waiting for him to come save me and my children
This was how I had the courage to stand up to him
Is how I gained the strength to leave
ALK
Sunshine

Until You

I miss you
So much I can still feel you
Dying because I can't see your flesh
Forever I can close my eyes
Picture you giving me a kiss
No one has ever made me feel the way you do
I was never satisfied
Until You
Our feelings were always much stronger than love
No words can explain it
You can only feel it in the inside
Until You
No one has ever read my mind
My soul you would hold
When we made love
So strong it could make us cry
You love me when I'm right
Until you
Who would love me when I'm wrong
My eternal friend
With you is the only place I belong

ALK

Sunshine

Who Tore My Soul Apart

I forgive you
For all the nasty names you called
All the cold, heartless things you did
I forgive you
For the times you put your hands on me
The many times you threatened you would
I forgive you
For making me feel worthless
All your hate had me feeling so useless
I forgive you
For all the times you cheated and lied
The nights you left me alone with the babies
Wondering why as I would cry
I forgive you
For saying you were going to end my life
In the end realizing I still wouldn't stay
So you would threaten your own
I forgive you
For never letting me leave
Constantly using the kids as a trap
All the times you said I was a good mother
Then changing faces saying I'm not
I forgive you
For knowing my past and then using it against me
Never knowing how you could do the same things to me
Now please forgive me
For saying I love you
I never knew how to love myself
To love you was an impossible task
I was only a little girl
Too naive to know the truth
So tell me now
Who Tore My Soul Apart

Me or was it you?

ALK

Sunshine

Heart of Stone

Someone tried to prove to me
That love hurt
That when you give yourself away
You get smashed in the dirt
They tried to show me that love lies
Wanted me to believe
All the fairy tales have died
I was almost defeated
My mind was depleted
I was the tin can with no brain
The hate given
I carried with all of the pain
Through the years
My heart turned to an object unknown
Shriveled to a stone
This is what happens
Trying to love
Before you are grown

ALK

Sunshine

The Devil's Game

Never accepted
Always rejected
His heart knowing nothing else
Then to turn cold
He wanted them to hurt
His soul decided to fold
The devil had gotten ahold of his mind
Making him feel sorry for himself
Life has been so unkind
So hard to love
Blind to see the blessings
That shone from above
His soul was out of control
God sent him an angel
Someone to see through
His heart of coal
He hurt her
Neglected her from the very start
There was no shame on his soul
When he ripped her apart
Once a social butterfly
Was turned to someone
Who locked herself in the bathroom
Just so she could cry
She now carried his shame
Shoulders slouched
Her back carries his cross
She gave into The Devil's Game

ALK

Sunshine

A Little Girl

She was so sensitive
Completely misunderstood
Her brain was a little sponge
Soaking in all the poison
She was raised in
Feeling the pain
Not only for herself
For the kids she was being raised with
She was mad and heart broke
Before she learned happiness
Abandonment automatically puts up it's shield of isolation
Everyone knew her
No one knew her pain
To see others happy
She would easily sacrifice herself
To know she can stop someone from suffering
She could take the beating and cuffs
Still as strong as she is
Only a little girl
Even as an adult
Daily she needs to remind herself
She was only a kid
Forever entwined with her no matter what friend
A little girl
Finally has a soul she can trust
To help her heart mend

ALK

Sunshine

A Woman With A Heart

You make us feel dead

Then want us happy

Ha

The heart of a woman

Don't work like that

Me

I am a woman

That is my super power

Unconditional love

Strength of a man

Realest

A woman with a heart

ALK

Sunshine

Where Is My Love

Where is my love
My heart is ripped in two
I cannot find my other half
Where is my love
He was mine before my birth
He is made of me
I am made from him
Where is my love
Why am I here without him
How am I supposed to grow
When he is all I am living for
Where is my love
My twin in masculinity
My immortal dream
The man who conquers any and everything
Where is my love
Only he can stop the agony
The fear inside my chest
The screams in my mind
Where is my love
My rock and strength
My hope and wishes
My number one
In this world that can be so unkind
Where is my love
Lord please don't keep him long
When we are not together
I find it so difficult to carry on
Where is my love
For there is no future for me
When my future is gone
All I see is madness
Where is my love

For this queen won't be taken by another pawn

ALK

Sunshine

Truth

The sun and the moon
The Earth's two biggest lights
Beautifully shining they light up our sky
One so strong
The other so soft
Yet both are boss
One of night
The other of day
Still in each other's hearts
They will always stay
Moon loves Sun
Sun loves Moon
Wherever you are
I love you

ALK

Sunshine

Until

She had your babies
Was the world's best mother
Until the first time she left you
She was blessed with children who truly adored her
They would stand up for Mom when you were abusive
Until they started growing up
Your reflection of her started to spark in them
Until the last time she left you
She tried to tell the world
Screaming for someone to listen
No one heard or understood
Until the day you killed her

ALK

Sunshine

If We

If we truly had love
Would we feel so much sadness
If we had love we would need no drugs or alcohol
We are all living to feel something
Even if it is pain and anguish
Could Adam and Eve have really loved each other
Real love makes it through good and bad
So many are dehydrating from love they never had
How could they let there children hurt
Leaving each other buried in the dirt

ALK

Sunshine

Starvation

How can any human being
Especially a child
Be left hungry
A living soul
Suffering starvation
How can we live dead
With hot rods 4 wheelers and trucks
Gucci purse fake lashes and nails
What makes us ok every morning
Having this reality on our hearts
So many left in pain
So many left blind in the dark
As long as I live
I will never surrender to happiness
I feel it's selfish
When we all cannot be

ALK

Sunshine

Self Obsessed

Keep looking in the mirror
Admiring your precious face
Meanwhile
The rest of us are being morally disgraced
Continue on with your dream home
Pick your style and color for each room to perfection
Meanwhile
The ones with nothing will continue praying for protection
One day we will be blessed to know
Those with nothing have everything
A
heart

ALK

2Pac

More than a musician
Deeper than a poet
Military mind of a soldier
Heart of a panther
Mouth full of truth
Soul full of wisdom
Eternally thuggin
Lord knows the truth
The hate u give little infants f's everyone
Too many suffer in silent abuse
There is enough love for everyone
We can all make to the brighter side
If only we keep our heads up
With our dreams held high
2Pac
Realer than gold

ALK
Sunshine

Double Minded

To the one who broke my heart
I remember dreams before you
True love, babies and cuddles unconditionally
Knowing love too would hurt
Not knowing it would bring straight up misery
Your words say you love me
With actions that prove you don't
This last time you put behind your mind
But left the flames burning in mine
A sucker is born everyday
Even they have more heart
Antarctica is no comparison
To the cold I feel inside for you
The Devil, you make look like an Angel
This Evil Double Minded Me

ALK

Sunshine

Emotions

Welcome to my rollercoaster
Sometimes out of nowhere that song
That memory or thought comes through
And I cry
My little tears turn into uncontrollable sobs
You need to let it go
Let your emotions flow
Love, I thank you
For letting me get my feelings out in paper
Happiness and respect are of most importance, after all
Fear and anger tend me drag me down into the fall
Respect is something we all slack
Fear I have never lacked
Ever been so terrified of someone
Your mind put together a secret service
Faith in God so strong
The Lord made me leave
Never alone
Yet still praying to be free

ALK

Sunshine

Never Be Me

Leave

I will b gone if not respected

Funny tho

I was always there first

Wether you stay with your baby daddy

Or mine

I was there first

Your karma will always be

You will never be me

ALK

Sunshine

My Heart Is Cracked

My heart so fragile
Like glass
Many do not realize
For I always hid behind a mask
Be true to me is all I know
My king keeps me safe
This world does not understand
The pain they inflict
History repeats itself
Like a written script
Souls lost
Other halves missing
Only God knows why
My heart is cracked

ALK

Sunshine

EFIL

Efil

Also known as life

Depending on how you learn it

Can be a blessing or a curse

Will we ever be born in equality

With faith we can achieve

Turn this curse of efil

Into a love of life

ALK

Sunshine

Dear Monster

I used to feel so bad
You didn't have a heart
I thought I could make you happy
Lead you to a new start
Everyday, every month, every year
You kept taking more
So much resentment
No way to fix the score
Calling me selfish and depressed
For wanting equality
Hating myself for what I could never be
Had me down on my knees
Begging God to forgive me
For ever letting such a monster inside of me

ALK

Sunshine

This Is

If I would have dreamed in the first place
I would have never allowed myself to be treated the way I was
This is not my dream
I am missing him
Not saying I am perfect
Lord knows this is not true
I have always had my wild side
Raised up with the rest who never had a clue
We all lie sometimes
Or have at a time
You learn grow and change
Or at least your supposed to
The games I have played on men
Doubt I am guilty of having in them
They sure shined the same back at me
This is my life
I don't have to dwell on the past anymore
Happiness, a happy home
Safe place for everyone
Trust grows and beliefs blossom
This is my dream
ALK
Sunshine

My Children

The day I became a mom
Was truly the biggest lesson in my life
God gave me you to love with all my heart
Always no matter where you are
We have a forever bond
Cannot ever be torn apart
The lessons learned in raising you
Helped heal my broken heart
If I could promise you one thing
It would be that life is all yours
Make the best of it
You are worth the moon and all the stars
As your mother I promise to try an never judge you
Never want to argue with who you truly are
I want for you to always be yourself
Always keep your faith
Always hold on and believe in your dreams
Miracles do happen everyday
Try to never forget how special you all are to me
Regardless what some may say
I am proud to be your mother
No matter how grown you become
A part of you will always remember where you came from

ALK

Sunshine

My Dream Walking

Ever since I was a little girl
I had this vision of the perfect man
Never seeing his face
Knowing by embrace
He would love me as best as he can
Comparing every other man to my dream man
A feeling not all may comprehend
My man would have to love me through this abyss
For I am a woman of feelings
There is pain to be expected
For pleasure will be found in the mess
There is light and dark in every one of us
All searching for our dream of true loves kiss
Knowing my dream is my own
As is, yours is yours
Together we both belong
Eternal love
Kiss after kiss
ALK
Sunshine

Devil Is Already Dead

If I'm ever gonna fall in love
It is going to be you
Please do not break my heart
What is life
People suffering
Others in bliss
Dear Devil
I hate you
The Devil is already dead.....

ALK

Sunshine

Never Ending Rhyme

It's me again
Your long lost lonely friend
What is happening
How can I find u
How can I have peace
When there are two inside of me
I need u
So much stress and pain
I apologize for all the pressure
I take my part in all the blame
I am sorry for ignoring u
Letting myself die inside
Please teach me how to fix it
For your love I cannot hide
Karma is a MF
Nothing makes much sense
I am so confused
I know u love me
That much I can feel
How long am I supposed to suffer
This life is so unreal
My body is a prison
Please help me understand
I don't care why the sky is blue
What matters is we never Fade
We evolve and become more entwined
We are the never ending rhyme

ALK

Sunshine

Such A Wicked Game

Has it always been
Or
How violent humanity has become
What will it take to reach our brains
Which words will explain
The amount of the world's pain
Children born suffering
Is it worse
To be poor
Or
To be loved less
We all leave in a hearse
Life is such a wicked game

ALK

Sunshine

Exodus

You can make many plans
Only true purpose will prevail
I pray my enemy see God in me
No weapon formed against me shall prosper
Like a Sheppard he tends to his sheep
Like terminator he protects
God is love
Love each other
Love forgives
We are all human
When we understand that principal
Evolution has room to grow
Exodus
The Lord frees us from mental slavery

ALK

Sunshine

Oppressed

All this time
We've been oppressed
No one will rule over me
Only one truly gave his life
For us
There is only one King
He is a king of peace
Justice
Love
Forgiveness
Everything the world is not
Perhaps because his queen was ridiculed
Shamed
Erased from our history
Evil
Soulmates mixed with wrong loves
Could this be why it exists
Demons
They have to be real
Or who could explain what happened to me
The Bible
Why is it taught so wrong
It is a spirit book
There is no religion or division needed in our hearts
No child shall starve
Such a disgrace to our human race
Presidents are elected
Without an ounce of morals or grace
How is one truly supposed to be happy
When we are all not happy together
Truly we all are reaching for the same sunshine
Time to help each other
In time we all learn

Our human minds are very clever

ALK

Sunshine

Love Remains In Me

When a man loves a woman
He does not make her live in fear
For him to truly love her
He must first love himself
Only if you believe
You will achieve
Keep your faith
You will be blessed
Your living a lie
When you believe love leaves you with less
Even though complicated
True love is there
Showing compassion even in all of your mess
If you are in fear of the man who says I love you
I pray you run
A real man won't leave you hiding
He takes care of his woman
No matter what
Always believing in each other
My heart still feels love
In all the stomping and tearing apart
I am a warrior
Love Remains In Me

ALK

Sunshine

Trapped

The devil thought he had me trapped
Just a little girl
He took advantage of the knowledge I lacked
Taking control of my thoughts
It made my mind go blank
Knowing I was already broken
He let himself in
Fact unbeknown to him
I was fueled by hate
Before love could even begin
His evil spread thru with mine
Like a plague
Filling up until we knew nothing inside
Besides rage
Everything I once loved about myself
Faded away
The more I hated me
The longer I let him stay
My wounds bled daily for all to see
Still no one saw
Staring at my reflection
Acknowledging every flaw
Like a flower picked
Then left in a vase to rot
I sat begging for the end
Not caring anymore about the plot
Like a ticking time bomb waiting to explode
Anything to not feel this pain anymore
Insanity the devil screams
Throw her back in her cage
Her story will never be told
She doesn't know how to turn the page

ALK

Sunshine

Boom

When she left his house
He tried his hardest to make every promise come true
Not putting even one of his faults in the spotlight
No one knows about the gun to her head
Much less the abuse she bled
Who else heard the words he said
Saw the nightmare she finally fled?
He tried his hardest to make every promise come true
Boom
No compassion for what he would put his children through
He aimed for them to hate her
For them to carry the weight of his pain
Failing to recognize
Destroying his children's mother
Was putting a loaded gun to their brain
Boom

ALK
Sunshine

Strength

There is a strength inside me that is not my own
A voice inside that says keep moving
One sweet day you will get to where you belong
When my heart hurts and all I can find is pain
As my mind races and I feel like I am going insane
Inside of me appears that strength
Always with me no matter the length
I have fallen so many times
Every single time this strength has lifted me back up
All my life there was strength
ALK
Sunshine

One Day You'll Understand

For my children I would do anything
But I cannot bear for them to see me held in captivity
I want for them to believe in all that I could never be
Nothing but goodness is all I ever wanted for them to see
Unfortunately yet fortunate
Life has its own demons
The world often hides from what it is we should believe in
The human race hating themselves
Morally disgraced
As your mother I admit I have made so many wrongs
Still my love for you is stronger than any storm
By leaving I was so convinced I would be doing you harm
The pain and anger had me locked up with such a strong arm
What if I failed you as a mom
Then I hit rock bottom
To the pit of hell I fell
I let myself become so belittled
Real love for a woman was something my children never got to witness
My soul was depleted
I was screaming
My heart retreated
I had to find my way home so I could be whole
I had to be happy because it's what I know
Love makes your heart glow
Happiness is all in the seed you allow to sow
I would rather you be mad for awhile
Yet later look back and see me smile
Then to constantly see me beat down on trial
One day you'll understand
Love Mom

ALK

Sunshine

Eternally You and I

Changes

Still remain the same

Endless thoughts

Endless words

Endless letters

Beginning and ending

Everything in-between

Through it all

Good and bad

No matter what

Eternally You and I

No matter the time

No matter the space

No matter the clouds in the sky

Through it all

Good and bad

No matter what

Eternally You and I

Through all the lessons

Our experience of life

One fact still remains

I am blessed to be your wife

Through it all

Good and bad

No matter what

Eternally You and I

ALK

Sunshine ?

Simply His Touch

It's like my mind is blind
The more I try to think
The less I realize is for sure
Nothing in life is a guarantee
Except for the fact
No person on earth
Was made to love you like me
When you allow yourself to be loved less
You realize you were made for so much more
When your mind is consumed with anger
You will realize your God always settles your heart
When inside you look
Your soul will realize
Simply his touch
Was all it took

ALK

Sunshine

Middle Of A Storm

I woke up
In the middle of a storm
A nightmare
Not of my own
Everyone here
Is attacking each other
With endless judgement
And anger
Hating our land
Depleting one another
Our own spirits
With slander
ALK
Sunshine

Smile

All her life she never knew her shine
People would try to tell her
She remained blind
Never loving herself or understanding her rain
Her mind was dead and soul tortured from the pain
She lived her life in shame
Doing her best to numb the pain
At her lowest fall she was left in the quicksand
When her heart was crumbled to the ground
That's when God took her hand
He took away her fears
Wiped away her tears
Healed her from the inside
A love so true
Nothing to hide
Through every strife
A friend for life
A love only God can grow
The seed only He can sow
He told her to smile
For her He would walk the mile
ALK
Sunshine

Forget The World (FTW)

So many try and try
Others simply don't care
No need to acknowledge why
We the people are able to fight the evil
Instead we keep playing the game
Waiting for another sequel
ALK
Sunshine

Poetic Justice

My heart seems too nice to do you how you did me
Give me this pen though an the Lord reads my heart
My mind lets it all free
Whoever wrote heart of stone must have once loved you too
You have many talents but not one of them is staying true
Knives stabbed in my back
Shot in the dark
If it weren't for all your threats
I would have left from the start
Never once have you truly showed remorse
You leave it all be
Like it's supposed to run a course
Killing me with your poison
Playing me like a chess game
Tearing apart all my dreams
Destroying my self esteem
I put my whole life on hold
For you to better yourself
Never acknowledged the whole time you were already blessed
So I
left
ALK
Sunshine