

Anthology of sunshine777

Presented by

My poetic side 



summary

Boomerang

Snakes

Him

Untitled

Art

Hell or Heaven

Mirror

This Ain't Life

Heartless

The Truth

Doomsday

Crazy Mad

Mother

Dear Heaven

No More Hurt

Light And Dark

My Pen

Dear God

You

Gov't

If U Already Knew

A letter to myself

Our Own Song

Love Remains in Me

Boomerang

They lied to me, I lied to them

They hurt me, I hurt them

He played me, I played him

She shamed me, I shamed her

He dumped me, I dumped him

She fought me, I fought her

He blamed me, I blamed him

You live, You grow

You learn or you don't

Like a boomerang

This is the circle of life

One Big Circle

Everything done comes back around

Remember this when it's your turn to have your heart stomped to the ground

ALK 2023

Snakes

They come in all shapes and sizes.
Remaining even after you close your eyelids.
Destroying everything you have inside.
You can run, but they'll never let you hide.
Saying to you the cruelest things,
Never acknowledging the pain they bring.
They crush your heart,
Afterward,
Rip your soul apart
ALK 2021

Him

The one who promised to make all my dreams come true
Him, the reason why my skies are blue
Before you I already believed I was sad
Never did I know one person could make you feel so bad
Telling me you love me, everyday
Meanwhile your actions talk a whole other way
Every time I speak and you speak over me
When I try to find myself you tell me your the only key
How can I prosper when your always on top of me?
I've heard so many lies I no longer know what to believe
I was sad but with you is Misery
Pain on a whole new level of discovery

ALK

2022

Untitled

God made me open my eyes
Now I can look in the mirror and smile
My anger towards you is no longer in denial
My mind is getting healthier
My soul is blessed
Heart no longer empty
There's no more pain in my chest
ALK 2023

Art

Expressions of our minds

The pain, the hate

The love, the joy

It's all meant to be shared

Not hidden inside

To all the hearts that dare to do so

I am forever grateful

You shared your courage and your strength

You shared your dreams and your fantasies

Our minds they cannot take

ALK 12-1-2023

Hell or Heaven

I had a nightmare I married the wrong one
The world turned to hell for the evil we had done
He cursed me so I cursed him
Our kids learned so much hate
I had a dream of finding the right man
We were real
Far from perfect
He respected me so I respected him
Never allowing each others lights to grow dim
Our children learned there can be a happy home
ALK

Mirror

When you can't stand the person looking back at you anymore
When you leave all your riches and would rather be poor
Inside I know it's wrong but I want to settle the score
Just last night you couldn't live without me
Now today you've got a new whore
All the suffering I endured
Hoping and praying our love was pure
You played me like a chess game
I should have realized years ago when the pain first came
Instead I praised you and let myself die
To believe you ever had my back was all such a lie
I hope one day you feel all my fears
I pray one day you'll cry all my tears
Forgive me I know I'm wrong
Still I wish you stay lost and never know where you belong
So that you can feel the wrath of me
My pain because you never let me be free
ALK

This Ain't Life

If we were all truly living
Happiness would shine
The truth would be told
No more living a lie
No more spoiled bastards
leaving the less fortunate to rot in hell
No child would suffer
We would all help each other to excel
Men and women
All races would be equal
History would no longer repeat itself
We would no longer be stuck in this sequel
ALK

Heartless

I could speak a million words and still never reach you
You can talk all you want
In the need I still know it was all untrue
Some people were born without a heart
Mess with them and you will be left with scars
They will take you for their slave
Destroying every part of you that once was brave
Never letting go of their pride
Not able to take the heat
Nor acknowledging
They Lie
ALK

The Truth

In truth I know he is out there
Somewhere he exists
The truth that he cares
Our souls are in bliss
No other can compare
My heart is in his eyes
The heavens we share
In our reality I confide
ALK

Doomsday

We all heard the story of the Apocalypse
What if doomsday does exist
Could there be a man to set us free
Will our hearts really flee
Or perhaps we are blind to the facts
Maybe our minds have faded to black
What if our knowledge has been stolen
Could our souls already be broken
Maybe life is our quest
To realize in ourselves we can only be blessed
ALK

Crazy Mad

If you really didn't wanna see me hurt then you'd still be here knowing that I love and care for you with everything I did. The fighting was mostly on you because you hate me

Here he goes again putting it all on me she thought. Reading his book of a message she pondered awhile, he always had a way to bring her down.

Not this time, there was something different about her now.

As she read the line again, you always quit drinking for awhile then start back up and throw the kids under the bus.

He never mentions his flaws or the scars and bruises he's caused.

Any and all mistakes she's ever made will no longer be thrown in her face.

This is her new start, her chance to prove her self-worth to her brain.

ALK

Mother

I never truly understood
How much you did for me
I only felt my anger
I never knew what I didn't see
As I grew older
When my days dragged longer
I suddenly understood your misery
I apologize for my merciless heart
My hatred infected me like a disease
I pray you get better
I know you can make it out this storm
ALK

Dear Heaven

I can not wait to come home
Yes, there is life out there
True love and fairy tales do exist
I pray prince charming will wake me with his kiss
I hope everyone can be free
In a place where hate will cease
ALK

No More Hurt

Why does it hurt so bad?
Since the beginning you never truly knew me
Hidden inside- Never trusting
Never could I let us be
Now that my eyes are open
I see clearly every empty word you have spoken
I proudly stand up and take my blame
My conscience is clear
I have no shame
I was only a little girl
An older man promised me the world
Too young to know
I had to let you go so I could grow
ALK

Light And Dark

I often wished this world could simply stay happy
Nothing unjust would exist
Darkness was not known
We would be filled with light
No child shall suffer
None left behind
How then would we appreciate our life?
Once my own darkness consumed me
I never thought I would make it through
Not without my own suicide
After the storm passed
The sprinkles of rain fell calm
The rainbow formed
For the first time i looked deep into my soul
I could feel myself glow
I smiled brighter for all I endured
All the pressure made me stronger
More compassionate
My light grew Wisdom
My darkness Justified
ALK

My Pen

The tongue has the power of life and death
The world is not losing color
It is our view of the world dimming
What is not expressed will be depressed
To hold anger in is poison
Expressing it violently can lead to extermination
There needs to be a way to escape from your own wrath
That is why I grab this notebook
I fight with my pen
ALK

Dear God

I am writing you today because no matter what I do or think or pray, I am so confused! Only you know my whole story, my every move in every way. I try to be sure to pray everyday and talk to you in all I do. Almost 4 years ago now I thought I had the perfect family life. Although I was unhappy most of the time, I thought I was doing what was right. For the longest time I held so much resentment against my childhood. Realizing now even through all the pain there was so much I gained. Many happy memories, an amazing BIG family who loved me. I got to see the world in different views. I experienced many cultural views and backgrounds. Even through detention centers, hospital wards, rehab facilities, I was blessed to meet some amazing people. The world was not all bad. Then I grew up, and life turned upside down. I made a perfectly fake trophy wife. Until I could not bear the rage built up inside. The fake American dream became a nightmare I could not wake from. What is America? Who is really living in the land of the free..

You

Thank you for the knife in my heart
It matches your stab in the back
Ruthless is what you claim to be
No one to blame for my unhappiness but me
ALK
sunshine

Gov't

A million voices in my head
Thoughts can not be set straight as I lay in bed
The Gov't is who controls
Planting evil in our brains until they explode
Still I reach for the positive
There is something to learn through all the damage
For who will love our tortured souls?
A dead soul only revives and regrows
ALK

If U Already Knew

Before we find love let us find grief
We can make it through the hurt and find our peace
If at first we feel sadness
We will better rejoice in happiness
Before we find our destiny
Let us first embrace our hell
Our founding fathers are liars
They made America hell
All our minds trapped in cages
Our souls locked in jail
There is no right and no left
It is a matter of heart or heartless
Perhaps it was a must for us to be crushed
If we all lived in a fairy tale
How could we ever be touched
There has to be a place better than this, together
We are all suffering here, forever
God would not want this evil to exist, never
He is a brainiac, clever
Straight soldier, warrior
Vengeance, closure
Real love, unconditional
ALK

A letter to myself

If I could impound one thing in your brain it would be that "she shall be loved"
You are so worth it
I apologize for all the disrespect I allowed into our life
For all the pain and suffering I accepted and held in
A huge hug I wrapped around us
In regards to the wrong beliefs I let consume
For ever doubting true love
Soulmates are real and so are happy endings
No matter what this journey of life brings me
I know in my heart in the end of time
Everything will be alright
I close my eyes and pray to the sky above
The stars are my promise to show how much we are loved
ALK Sunshine

Our Own Song

Could this all be a nightmare?
Stuck in this hell
A world so unfair
Where is the equality?
How can I not let the pain bother me?
I can feel a world in past times
I do not recall the details
My mind is blind
I can feel the respect
A truer concept
What life should truly be like
If we could all get along
Sing our own song!
ALK

Love Remains in Me

When you truly love someone you do not harm them
You should not threaten them to make them live in fear
To truly be devoted you must first devote yourself
Only if you believe will you achieve
Keep your faith, you will be blessed
Your living a lie if you believe love is complicated and brings you stress
True love is there and shows compassion even through all your mess
If you ever fear the man who says I love you
I pray you run
A real man takes care of his woman no matter what
Never ashamed, always believing in her
I am way too grown of a woman to be playing your fool anymore
My feelings for you are dead right down to the core
My heart still loves after all the stomping and tearing
I am a warrior
Love remains in me

ALK