# Written With The Ashes

Tom C Dylan





## **Dedication**

As the title poem, Written With The Ashes suggests, these poems mark my coming back to writing poetry.



## About the author

Tom C Dylan has been writing short stories since he was a child. These days he writes both stories and poems.



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#### On His Retirement

Everybody crowded round Derek's desk on the day he was retiring the Office Manager said 'a few words' thanking him for his hard work over the years, and handed him the massive card everyone had signed.

He was presented with the silver watch, a token for all his efforts.

His colleagues clapped and cheered calling for him to make a speech.

Derek gushed that it had been a pleasure working here and would never forget the friends he'd made.

He wished them all the best for the future and said he'd keep in touch.

In the days that followed his retirement when his old phone would ring the telephone conversation was always the same.

I'm sorry Derek doesn't work here anymore. He has retired.

Yes, he was with the firm twenty-five years, he really will be missed.

But all too soon the replies would change.

I'm sorry, I don't know anyone who works here by that name.



## In My Life

When I listen to the Beatles
I see my dad's old record player
and going through his LP collection
my seven year old self begging
Please please let me listen to the Beatles.

When I listen to the Beatles
I am a young teenager on holiday once more
in the back seat of the family car
driving rain on Welsh mountain roads
cassette tapes playing, our ticket to ride.

When my dad listens to the Beatles
his grey thinning hair once again a mop of dark curls
sharp-suited in the smoky clubs of his youth
the Sixties music is fresh, brand new and exciting
and he meets my mother for the first time on the dance-floor.



#### I want to be a rock & roller

I want to be a rock & roller rocking out to classic rock tracks cruising along on my Harley full throttle and not looking back.

I want to be a rock & roller clad in leather jacket and jeans just like the great on-screen heroes, like Brando in the Wild Ones, James Dean.

I want to be a rock & roller it's in my nature, I was born to rebel getting drunk with the rock musing blaring rocking out, living fast, raising hell.

I want to be a rock & roller and keep rocking till the day that I die, but I work nine-to-five at the office at my desk wearing this shirt and tie.



# **The Other Dog**

The other dog
darts across the field
before leaping high into the air
to catch the thrown Frizbee
in its mouth.
My dog looks up from sniffing
a particularly interesting
blade of grass
and gives me a look
as if to say
nobody likes a show-off.



#### Next week I'm gonna write a poem

Next week I'm gonna write a poem that will blow the reader away there will be wonderful word-play and astounding alliteration.

Next week I'm gonna write a poem that will reduce readers to tears that will make them belly-laugh at the dry wit and humour.

Next week I'm gonna write a poem that blends the nostalgia of childhood holidays and the hopes and dreams for the future that we all share.

Next week I'm gonna write a poem that will wander lonely as a cloud and compare thee to a summer's day, if you can keep your head.

Next week I'm gonna write a poem, actually, I'm rather busy for the next week or so. If I don't get round to writing it next week, I'll hopefully do it the week after.



#### **An Irish Family Funeral**

On the day of the funeral rain the fell from gloomy skies cousins and family friends we hadn't seen for years made their way over, descending on our town, some arriving by ferry, others catching early-morning flights.

After the church, our eyes still red with sadness, we headed to the pub where the wake would be held. We spoke of our loss and what she had meant to each of us. Sharing our memories both funny and sad.

Raising a glass of whiskey, a drop of the pure, Somebody pulled out their phone, let's get a photo. We all joined in the scrum, hugging, arms linked, sad smiles for the camera. Click. Click. Click.

The Irish music started playing, the whiskey flowed still, we sang *The Auld Triangle* at the tops of our voices, and told stories of the past, tall tales and family legend. We spoke of here and now, our lives, family, work.

The whiskey kept streaming, my voice becoming slurred, speaking to a relation about books, art and film.

Then it was time to leave, saying good-bye, keep in touch.

The exchange of phone numbers and updated addresses.

The next day my head hurt and the bedroom waltzed around me. Snap-shorts of the day poured back in double-measures.

My singing, the bad jokes I told where nobody laughed,

Breaking my heart in the church, then drunk at the wake.

I called my mother, letting her know I'd survived.

Asking if I had disgraced myself with the Irish relatives.

She replied saying that the family had already been in touch,



and that my name had been mentioned in despatches.

From getting emotional at the service, to slurring, singing drunk, talking broken biscuits, of how writing was my art.

How had that gone down? What had they made of all that?

They say, she replied, that you have a good heart.

## **The Poetry Champion**

I want to be the poetry champion of the world winning all my bouts by way of knock-out.

I want to be a second Dan black-belt in poetry with stanzas that can break wooden boards.

I want my poetry to win the Super Bowl, the World Series and World Cup, scoring touch-downs, home-runs and hat-tricks.

I want my poetry to climb the highest peaks of Mount Everest and then sail around the world single-handedly.

Actually, I'd be happy if I managed to write a poem every now and then and if anyone actually read it.



#### **When Dad Jokes**

When his dad tells the same joke for the hundredth time, he groans, wishing he wouldn't. So embarrassing, heard them all before and not very funny the first time.

When he brings his new girlfriend home his dad reels off his naff jokes revelling in the new audience, he apologises to his girl.

I think he's funny, she says.

His dad jokes about the hospital and the doctors You have to laugh, don't you? He calls it gallows humour but for his son it's another bad dad-joke and in awfully bad taste.

After the funeral service
he raises a glass of whiskey
realising that he would give anything
to hear one of his dad's jokes one more time.
And I'll laugh this time, he says, I promise.



# **The Hospital Visit**

We drink vending machine tea while our hearts shatter silently into a thousand tiny pieces we discuss football and the weather when all we really want to say is how much we love you.



# **Night Terrors**

You were shouting out in your sleep again last night, he says, another night terror.

What were you dreaming about? He asks. She says she can't remember but she recalls every horrific moment of the nightmare of losing him.



# **Modern Day Hero**

When I was seven years old
I wanted to be the Batman
all caped and crusading around Gotham,
the mysterious hero in the Dark Knight.

When I was seventeen years old
I wanted to be John Lennon
round glasses and army-shirt cool
protest singing about peace and love.

These days I find it's a daily struggle, when everyone wants you to be just like them, to be and to remain, and to stay, true to the person I am.



#### My Dad Has Never Told Me

My dad has never told me he loves me but he used to help me with my maths home-work and used to play football with me on the park.

My dad has never told me he loves me but when I ask for a minute of his time to help he gives me an hour, a whole afternoon.

My dad has never told me he loves me but that time I had car-trouble the week before pay-day he silently handed me a cheque.

My dad has never told me he loves me but he's the only one who has read all my stories marking and scoring them in blue ink.

My dad has never told me he loves me but the more I think about it as I get older he's telling me all the time.



#### Ask a writer

Any ideas? My wife asks.

A poem with the title *I almost wrote a poem today*, I reply. A story about a guy who gets out of prison and wants to go straight. A story that has a Film Noir vibe. A poem about growing up and not quite fitting in.

I meant, she says, about what we could get your parents for Christmas.



#### **Christmas Marketing**

The television advertisements show Christmas as this wonderfully perfect time of the year where large families all get on splendidly and smile lovingly at each other.

The turkey is the size of a Rottweiler hound, fully cooked and all juicy and gold, everyone receives the perfect gift, wrapped in red ribbons and bows.

The whole family joins in the board-games and carol singers perch on the door-step Christmas puddings and log fires burn and stockings hang over the fire-place.

Has anyone ever had a Christmas like that, like the ones the television adverts sell?

They heap on the stress and pile on the pressure in the run-up to the big day itself.

Christmas in real-life is not perfection, things don't always go as we plan and the image of the snow isn't right either, it tends to rain more than snow around here.

I wish you a perfectly imperfect Christmas where things may not always run smooth, the turkey may be burnt to a crisp and the singing isn't always in tune.



#### **Sh\*tty Butty Night**

(Note: Butty is Northern English slang for a sandwich, and tea is what we call our evening meal.)

When we were kids on those hot summer afternoons when nobody feels like cooking and the house itself is like an oven we headed inside for tea.

My mother told by brother, my sister and I that it would be a put-you-up kind of tea. When we asked what that meant, she told us, bits of everything, this and that.

We came to the dinner table that evening and stared at the cold food piled high, pork pies, sausage rolls, pickles and meats, flavoured crisps, and crusty cob bread rolls.

We tutted and huffed our disappointment at the lack of hot, home-cooked food on offer and half-heartedly picked at the trimmings barely hiding our disgust.

Get stuck in, you lot, it's a good spread, all this, insisted my father, piling his plate with cheese and crackers. Sh\*tty butty night, is what this is, I whispered to my sniggering siblings.

A week or so later, my parents dished up the same. Sh\*tty butty night again, my brother said with a nudge, as we reluctantly grabbed our plates, feeling malnourished, under-fed and hard-done to.

These days, many years later, when I have nothing in for tea,



there's nothing I like more than bits of everything, a put-you-up wonderful feast of food, just don't call it sh\*tty butty night.



#### **Written With The Ashes**

On a recent day when life was really tough going, and I found myself at an awful low I reached for the book not the bottle, for the thin of poetry.

The words, the lines and the stanzas seemed to speak directly to me.

Could poetry once again be the answer?

To read and to write in verse form?

I had dabbled and experimented a few years back, before putting those books back on the shelf, declaring that it's not for me, all this, and stopped reading and writing poetry.

And yet here I was flicking through the pages, the very words touching my soul, like an ancient magic spell, I was hooked, I was in, I was back.

I had stayed away for over five years, refusing to acknowledge or engage with the poetic side of my nature, distracting and distancing myself.

But now here I am, drenched in words once again, it feels like I'm moving back home, the instrument feels familiar in my hands, its music bringing tears to my eyes.

I am not calling this a come-back,
I want to draw a line and start anew,
I am not getting hung up on my previous attempts,



now fully focused on the future, not looking back.

No, this is not a poetry come-back, this is a fresh start, a new beginning, a clean, blank page, starting at this very moment, going forward and moving on.

I am going to gather up all my old poems, and build a bonfire of the pages and set them alight, and compose brand new verses, written with the ashes.



#### **Poetry Analysis**

The poem is dragged into the interview room in hand-cuffs.

The officer points to the chair ordering the poem to take a seat.

What have you got to say for yourself?
The cop asks the poem.
The poem replies,
you have my statement.
It's all in there.

The officer dons a pair of reading glasses, and reads out a line.

What is the significance of colour?

Does green mean youth? Innocence?

The poem shrugs.

You tell me. It could mean everything, it could mean nothing.

I want you to tell us what this all means.
It's about death isn't it?
It's always about death with you lot, the officer says.

You are going to have to co-operate, you know? The cop insists.

The poem smiles and repeats the opening line of the statement.

Tell me what that means, says the cop.

Can you not just enjoy beauty for what it is, for how it makes you feel?



The poem says.

When you watch the sunrise,
you don't ask why the sky is blue.

A verse can be wonderful
and make you feel things,
you don't need to scrutinise
every little detail.

The officer sighs and gathers up the stack of papers on the desk, before removing the hand-cuffs from the poem's wrists.

Okay, the officer says,
you are free to go.
The poem stands on shaky legs,
rubbing its sore wrists,
and staggers from the room,
a weaker poem than when it walked in.



#### **Lost for Words**

To speak or not to speak, that is the question.
Well, it's too late now, I've put my name down.
I sit at home trying to come up with something, trying to find just the right words.
Margaret Atwood once said:
a word after a word, after a word is power.

But what if my words need recharging?

I wander lonely as
the first time poet up on stage,
wanting this to be perfect,
to have all the wonder of a Dylan Thomas childhood,
to dig with my pen like Seamus Heaney.

My dad gave me words of advice, write something witty, write something edgy, write something dark.
You're from Salford, son, he said, just like John Cooper Clarke.

It's only words, as the song says, but words are everything, words are life.

Words count.

From will you marry me?

and congratulations it's a girl, to my letter of resignation and I'm sorry for your loss.

I work on these words late into the night



writing these pages,
telling myself over and over,
that I can do this,
that I've been writing stories for years,
and that poems are simply,
the other side of the same coin.



#### **Dead Day at the Office**

In between Christmas and New Year the office is open for what management assure the staff is a normal working day.

Those who have not saved enough holidays, or have to come in to cover for those who have booked Christmas off first, trudge into the office, feeling as festive as a broken clock.

The clock on the wall seems stuck at ten to eleven and we're all here until four.

Drinking cups of tea, checking empty email inboxes for new messages and to answer telephones that are not ringing.

All office conversation and small-talk has been exhausted.

We all know who has had a good Christmas, who got roaring drunk on Boxing Day, who had a cold all over the holidays, who burnt the turkey.

Nothing to do and nothing to say and four hours left of our shift.

The rest of the world will not return



to normal until next week.

But we are here.

But we are here.



#### Born 2nd Jan.

He would have been a hundred years old today.

my grandfather, the one they named me after,
the man who I played with as a child,
playing rough, the way that only grandad's do,
who made me the wooden cricket set,
who would fill our glasses with ice-cream and lemonade,
and white paper-bags crammed with sweets.

They say he filled a door-frame with his stature,
and that's where I get my height from.

I will raise a glass for him tonight.

2nd Jan 2024.



## **Making My Debut**

I was making my debut last time I was here. My brave resolution the first week of the year.

Like that sixteen year old lad who was smashing the darts, could I stand on that stage, and speak from the heart?

Clutching my poems so tight in these trembling hands, really wanting to be the poet, and live up to my plans.

My eyes fixed on the paper,
I couldn't look out at the faces,
but I think it went well,
they laughed in all the right places.

Now I've read out my poems, does that make me a Bard? They call it Speak Easy, but, man, that sh\*t is hard.



#### **A Good Summer**

We had a good summer spending time in the countryside looking out over the lush green fields and trees, sitting out in the sunshine, sipping wine and reading.

We had a good summer catching up with friends and family hosting lavish garden barbecues burnt burgers and sausages, tinned lager and laughter.

We had a good summer so good that you could almost forget, forget about the diagnosis, the treatment, the hospital and the doctors and the twelve months you were given.

We watched with horror and sadness as the leaves turned yellow, falling from the trees, falling like tears and breaking our hearts as our good summer, the best one ever, and our last, was drawing to a close.



#### **A Remembrance Promise**

I promise not to remember the diagnosis, the doctors. I will remember summer barbecues and caravan weekends.

I promise not to remember the agony, and getting affairs in order. I will remember Boxing Day parties wine and signing ABBA.

I promise not to remember the oxygen, morphine and tubes. I will remember the tapas and the fine dining, and one more round of drinks.

I will remember.
I promise.



# **Reality TV**

I was in the office canteen the other morning, chatting to a colleague while making a cup of tea. Did you see that reality TV show last night? I asked. No, she said, what was it about? Well, there's all these people in this big house, some are traitors and some are loyal, and they don't know who the traitors are, who is not quite what they seem, who they can trust, who will stab them in the back. Actually, I said, it's a lot like work.



### Don't be like me, she says.

He goes around to see his grandmother, for his weekly after-school visit.

She offers him a cup of tea and they settle down at the table.

How's things? she asks.
Yeah, okay, I suppose, he shrugs.
As they sip their mugs of tea they chat and put the world to rights.

She mentions a new art exhibition at the Lowry gallery next month.

We should go during half-term.

That sounds like a plan.

Are you okay, love? she asks.

You don't seem yourself today.

He explains about the school restructure,
how he doesn't fit in with his new class-mates.

Don't be like me, she says.

Stop worrying about what people think, stop worrying and do what pleases you.

Don't be like me, she says again.

He says nothing, merely nods in agreement.

It's only when he's alone on the bus home,
that the words start to flow,
what he should have said, the reply that didn't come.

Don't be like me, she says. But he is like her, he has her interest in history, in art, in literature,



in museums, in writing and language.

She taught him about the Second World War, about Shakespeare and Charles Dickens, she has taught him more than any teacher, in any class-room, ever could.

Don't be like me, she says.

As the bus nears his stop, he shakes his head.

Way too late for that, he says aloud,
and I wouldn't change a thing.



# On a clear night like this

On a clear night like this

The moon is glorious and white in the sky the stars shine and sparkle above the Tesco Extra and the kebab shop the milky white moon-glow reflecting on the shutters of the bookies on the corner.



#### **Dear Reader**

A lot of writers have the one, this one reader, the one they are writing for.

Some write for their wives, passing them crumpled pages, others for their closest friends, reading their work aloud.

For me it has always been my father, my dad.
He's read every single story, and marked each one with a school-teacher precision.

He's always on hand for writing support and advice, over a glass of whiskey, and to insist that this one particular story didn't quite make sense.

Don't ask me, I reply,
I don't know what it means.
I just wrote the thing.

If he says my story is *good*, that is high-praise indeed, a glowing five-star review, and that it has a beginning, a middle and end.

My one man reading panel, what would he say if he ever read this poem?
He would look at me over his reading glasses, a wry smile on his face, and insist that one man should have a hyphen.



### To A Lesser Degree

I never went to university
I do not have a degree,
I would have loved to study
literature, history and art.

Without a clear idea of direction or occupation I drifted into the shackles of the office nine-to-five.

When I hear people talk of campus, degrees and graduations,
I feel a deep yearning for the student years I missed.

I never attended freshers' week never stayed in student halls, never wore the cap and gown, in a graduation family photo.

Had I gone away to university
I would have got it out of my system,
scratching that academic itch
and obtaining my degree.

But the fascination lingers still, for learning, literature and poetry for history, for language, and lectures I never attended.

These days I can't help thinking, had I gone to university I would have spent three years in study



instead of a life-time.



### The Poet's Birthdate

The great Robbie Burns the ploughman poet himself was born on 25th January, every year I raise a wee dram of Scottish whisky.

Another of my poetry heroes and the reason I got into poetry, the Bard of Salford, Dr John Cooper Clarke was also born 25th January.

If you think that is an astonishing coincidence, wait until I tell you, that, I myself, this aspiring poet, was born about three months later.



### With Phone in Hand

I was in the city centre the other day when a woman walking towards me, mobile phone in hand, eyes glued to the screen, scrolling and walking, walked right into me, bumped straight into me.

She looked up from her phone stared at me, like I was in the wrong, for getting in her way, for blocking her pavement, she then side-stepped around me, eyes back on her phone, and stropped off down the street.

Shocking, I said, out-loud, looking around for some support, for someone to have seen the incident, to agree and roll their eyes at the rudeness of some people. Instead all I saw was people head bowed, staring at their mobile phones, walking and scrolling.

I decided to get away for an hour or two, away from the city, out into the country, to the green Lancashire hills.

I walked and climbed,



hiked and trekked, before finally, breathing hard, I reached the summit.

In front of me stretched
the wonder of the Lancashire countryside.
On the wooden hill-top bench
a young man was sitting,
mobile phone in hand,
busily tapping away,
oblivious to the rolling green spleandour
all around us.

What are you doing on your phone?
What could be so utterly fascinating?
Why aren't you inspired by all this?
I ranted, waving a hand at the scenery.
He looked up and spoke with a smile.
I'm actually writing a poem about it.



# **A Burns Night Poem**

On the twenty-fifth of January, this magical night of the year, celebrating all things Scottish and the Caledonian ploughman poet.

We toast the great Robbie Burns, raising a glass of fine single malt, reciting the Address to a Haggis, *O what a glorious sicht*.

When I look out my window this evening the Lancashire hills are transformed becoming the Scottish Highlands of my distant descendants.

I can hear the bagpipe tunes playing ringing down through the generations, calling out to me in whisper and in song, speaking to my Highland heart.



# I'm Closing The Books

I'm closing the books, keeping the covers shut tight, recently I've been tearing out the pages handing them out to passers-by.

I'm closing the books, rather than letting people leaf through this thin dog-eared, yellow-page volume and criticise the character, the plot and the story.

I'm closing the books,
from now on there will be
only the black and white author photo,
and the blurb on the
back-cover to reveal
a brief summary
of the contents.



### A Mantra of Life & Death

The brochure for the retreat promised to give us peace of mind and tranquility.

I was shown down to the main hall and instructed to sit cross-legged on the carpet.

You need to repeat a mantra, the guru said.

A word or phrase, to repeat to yourself,
for relaxation and to focus your mind.

There are lots of ancient words in Sanskrit
I will give you your own mantra.

I explained that I would prefer a term
I could comprehend, that I understood,
rather than repeat something
I didn't know the meaning of.
I'll give you until the end of the day,
my guru said,
if you don't have a mantra
by the morning,
I will give you a word to chant.

In the small bedroom chamber that night, on the hard single bed I lay in the dark and thought it over.

Names and phrases went around and around in my mind, lines from poems, bits of film dialogue,



trying to find the perfect word or phrase to use as my mantra. And then I found it.

I repeated the words to myself.
Yes, it was perfect.
It spoke to me of relaxation,
of calm, of unwinding,
of switching off,
and zoning out.
Just perfect.

The following morning,
my guru found me in the retreat
kitchen, where I was eating
my muesli and sipping green tea.
Good morning,
he said with a smile,
do you have your mantra?
Oh yes, I grinned.
And what have you decided on?

Strawberry Fields Forever.

I declared.

For a moment he said nothing, closing his eyes and trying my 60's psychedelic mantra out for size.

Then he opened his eyes and nodded.

Perfect, he said.



### A Lesson Learned

I signed up for an online writing course forking out a fair amount of money.

On the morning it was due to start,
I clicked on the link, excited,
feeling like a kid on the first day of term.

I joined the video chat, with the tutor taking the course. I was raring to go, eager to get started, to learn, to write, to develop, to hone the craft of writing.

We were told to spend an hour writing in our notepads.

After that came a twenty minute break before another hour of writing on our own, and finally ending with ten minutes meditating, collecting our thoughts.

The only thought I was left with was how the course was a complete waste of money.



### One of the Lads

He wants to be one of the lads and although football bores him to tears he watches all the live games on TV so he can join in the talk with his friends.

He hates the taste of lager but he downs pint after fizzy pint, enviously eyeing the old man in the flat cap as he sips his pint of real ale.

He listens to loud lairy rock music with all its swagger and machismo but classical music speaks to him in ways he can't explain.

He refers to his local Indian restaurant as the curry-house and always orders the hottest dish on the menu even though he'll suffer the next day.

He wants to be one of the lads, he ticks the boxes and wears all the brands but inside there's a hollow emptiness he finds it best not to dwell on.



# **Poetry Competition**

Sometimes when I read
a poem that truly takes my breath away,
I wonder why I even try when
I will never compose
anything of such magnitude.

And then I remind myself,
I play the guitar,
happily strumming chords,
my foot tapping away,
without comparing my playing
to Clapton, Harrison and Hendrix.

I read best-selling novels, with earth-shattering plot twists, and yet will happily while away an afternoon writing random short stories that I myself don't understand.

I lace up my battered trainers, and go out for a half-hour jog without stressing over my chances of completing a marathon or 10K.

I tell myself that I should adpot this attitude about the verse I try and compose, to just relax and go with it, but I can't help wearing my art on my sleeve.



# Monday morning office...

Grey skies, cold and bleak, white shirts and dark trousers under harsh fluorescent lights and the pale glare of computer screens.

Across the open-plan office, the photo-copier has a paper jam, the grey machine giving up refusing to take it anymore.

Trudge to the kitchen for a cup of tea, heaped spoonfuls of sugar and splash of milk, tired colleagues needing their caffeine shot. Good weekend?

Yeah, you?

Yeah.

Back to the desk and the drudgery wishing it was weekend just hoping to make it to lunch-time.



# **Initially Speaking**

I've decided to add my middle initial as people call me by that name too, I find myself answering to both, forgetting who is who.

They call me by my middle name,
I forget how it all began,
I try not to let it bother me,
I'm still who I am.

I tell them to call me Tom but people never change, they keep on calling me C but what's in a name?

It's a little known fact that Paul McCartney's first name is James but whether he's called Jim or Paul the music's still the same.

I'm adding my middle initial so it will feel like the real me. I hope my friends on this website don't get lost at C.

Tom C Dylan.



### The Clear-Out

The skip I'd hired arrived early on the Saturday morning dirty yellow and rusty, dressed in scruffy jeans and a faded t-shirt I set about filling the skip.

In went the old TV set, bashed up suit-cases, decades' worth of junk from the loft, instruments that I couldn't recall buying let alone playing.

I gathered all the rubbish from the garden, broken spades, brushes and deck-chairs, swept up all the fallen leaves I'd been kicking through for months.

There was something so therapeutic about the process, this spring clean, a clean slate. This clear-out would do me so much good.

They took the fully-loaded skip away, I gave the driver a ten pound tip, the least I could do, and waved the skip off down the street, as though it was a ship going off to sea.



I went back inside smiling, satisfied at a job well-done, looking around my newly clutter-free home. It felt like a new house. It was perfect.

My hard-work complete it was time for a nice cup of tea and to work on my latest poem.

The smile faded from my face as I noticed the nice, clean tidy empty space where my poetry book had been.

I swore and cursed and fumed, raged around my lovely empty room. Spic and span suddenly feeling like a chain, a noose around my neck.

All my notes and jotting and ideas were on their way to the junk-yard. Months and years of scribblings and half-thoughts, that would one day be turned into poems and stories, sent away with the trash.

What on earth would I write about now?
Would I even be able to write?
My muse had been packed up
and thrown away.
It felt like I'd gathered up



my lover's belongings in bin bags and dumped them out on the street.

I grabbed a pen and paper, needing to write something anything, craving the process, the feel of the words forming sentences and lines on the page. And so I began.

The skip I'd hired arrived early on the Saturday morning dirty yellow and rusty,



### **Spread Too Thin**

I spread myself too thin I don't know how it happens but it does. I have too many interests and seem to be adding more all the time. I go from writing stories and poems to films and TV series, to Karate and Martial Arts, and then there's the American sports, I've been into the NFL since I was a kid, and there's the baseball all summer too. Can a person have too many interests? Maybe I should drop some of my hobbies, maybe I should leave the NFL and focus on my writing for a while. But then I remember its Super Bowl weekend and my 49ers are playing. Maybe I'll keep going but I just worry that if I keep with all these interests, even the poem I'm currently working on will not be fin



### **Prophets and Losses**

#### Prophets and Losses

I decided to take a year for my writing, and went to the bank to ask for a loan.

If I didn't have the stress of work I could devote myself to my writing.

I hoped that by the end of the twelve months
I would have something I could publish,
a novel, a collection of short stories.
enough poems for a volume.

I was shown through to the bank manager's office and told to take a seat.

As he glared at me, I detailed my plan, for pouring my soul into my writing to get it all down and out of my system and then to attempt publishing.

What's your estimated turn-over for year one? He asked, peering at me over his glasses. About two hundred and fifty. I replied, proudly. Is that pounds or Dollars? Pages. I said.

No, you're misunderstanding. What's your margin? he asked. It's a narrow column that runs down the side of the page. I said.

It was at that point I was thrown out of the bank.



# Monday, I can't do this

The five days of the working week stretch ahead in front of me like twenty-six marathon miles and my ankle is broken.

I feel your hands around my neck, Monday, choking and squeezing, I can't breathe and am losing consciousness.

Our relationship is toxic, Monday. Your demands are impossible and you're becoming a bore. Monday, you are a bully.

I'm done with you, Monday.
I quit, I'm out, we're through.
I've had all I can take from you.
See you next week.



### I'm that kind of tired

I'm that kind of tired that would transform even the fondest birthday wishes into the most offensive insult imaginable.

My whole jaw hurts like a shooting tooth-ache, my limbs are heavy, my zombie feet drag along behind me.

Tiredness turns the afternoon office into a black and white film, a European movie, in a language
I don't understand.

It feels like I'm drowning in a sea of exhaustion, a yawn brings tears to my eyes, and if I closed them I'd be snoring within seconds.

I check the clock.
hoping its nearly home-time.
Three o'clock. After what
feels like an hour,
I check again.
Five past three.



### For My Teachers

This is a poem for my teachers, the people who almost knocked my love of literature out of me with a black-board duster

Who were bigger bullies than any of my class-mates, who would always report that I could do better, even though I was trying my absolute best.

This poem is for those teachers who thought it more important that we walk in the right direction down the correct corridor than what we actually learned in class.

This poem is for the teacher who spent most of the lessons drunk, taking hits of whiskey in the stock-cupboard, before teaching us last year's syllabus by mistake.

The teachers may have ruined Charles Dickens for me, by throwing the book at us and telling the class to have it read by the end of the week,

But Shakespeare and stories



and poems, they are still mine.

My brother still cannot hear

Seamus Heaney without having flash-backs to horror days at high school.

This poem is for my old head-master who on our last ever assembly, as we were about to venture out into the adult world, still addressed us as *boys and girls*, and without a shred of sentiment.

Today I read books and poems, and attempt stories and poetry of my own, and all this is in spite of, not because of my teachers.

I might actually write about it one of these days.



### It's Not Cool. It's Rude.

I text you but you don't text back, I make you a brew, you don't say thanks, I say good morning, you just look blank. It's not cool, it's rude.

You drive like you're in a race, can't keep that look of disdain from your face, when it comes to dating, you don't chase. It's not cool, it's rude.

You ask a question and ignore my replies, when I talk your roll your eyes, you'd ruin your best friend's birthday surprise.

It's not cool, it's rude.

On the times when you did not respond I felt like I'd done something wrong, now I see I was right all along. It's not me, it's you.



### On Meeting the Poet Laureate

I once met the Poet Laureate, attending the reading in a city-centre library.

The inspirational figure recited verse that moved myself and the entire audience to tears.

The poems he delivered cast a spell over everyone in the large room.

He seemed to capture the beautiful ugliness of life itself in words.

At the end of the recital
I joined the line of people
queuing to meet the
great man and to express
how much the poet
and his words meant to them.

I don't know if he was having a bad day.
or was feeling under the weather,
or had signed too many books that afternoon
but when I said I'd really enjoyed the reading
and loved his work,
he told me to f\*ck off.



### Making A Night of It

Come and help us celebrate our ten year anniversary, the flyer declared.

The Indian restaurant over the road was celebrating a decade in business.

We decided to go along, and show our support, hoping for a great evening. The flyer promised traditional music, drums and dancing.

As the waiter showed us to our table for two he explained that the dancers had phoned in sick. No worries, I laughed, we're here for the food anyway. The waiter said somebody would be over shortly to take our drinks order.

It was then that we took in the chaos going on all around us.

The hostile atmosphere in the busy restaurant restaurant resembled the scenes of picket-lines you see on the news.

Angry customers storm to the bar, waving their



hands in frustration
saying they've been sitting
at their table for an hour
and nobody had been
near to take their drinks order.
The waiter behind the bar
dishes out an apology
like it's the house special.

Waiters arguing and snapping at each other, running around, collecting glasses, taking orders, dishing out poppadums, chutneys and apologies.

The family on the next table have been waiting ages for their food, all hungry eyes and rumbling stomachs. They watch the waiters as they pass, expectantly, the same way you hope that slowing car is your late-night taxi-cab.

Finally the waiter approaches with a tray laden with hot food.

Who ordered the Rogan Josh? the waiter asks, lifting a silver dish.

The group look at each other and shrug. Nobody has. They groan and tutt.

The waiter says he'll check, and retreats, taking the food tray with him. The family starts to drool, like Labradors wanting wafer-thin ham and crank their annoyance and protests up a notch.



A stressed-looking waiter finally approaches our table, pad and paper in hand.
What would you like?
he asks, pen hovering over the page.
Actually, my wife says,
I would like to go somewhere else.



### The Man in the White Coat

I went down to the chemist to see about getting some cream for a rash on my arm. I joined the queue of people and finally reached the front.

The pharmacist leaned over the counter and asked what he could do for me.

I pulled up the sleeve of my anorak and showed him my rash.

You should go and see your doctor, he said.

I rang them and they said to come here. I said.

Go back to them and tell them I sent you, he insisted.

But they were quite adamant I come here,
I explained.

I know what I'm talking about, the chemist said,
I'm the one in the white coat.
I raised the sleeve of the anorak
I was wearing, also white.
I'm wearing a white coat too, I said.
My coat suggests I study pharmacology, he said, while yours suggests that it might rain later.



### **Out of Earshot**

I would always wear earphones when I'm walking, listening to the radio and my music, while making my way along the street.

The chatter of the DJ's and the radio tunes becoming my soundtrack, I'd feel like I was starring in the opening scenes of my very own movie.

I used to joke that my legs wouldn't work without my earphones. But with my music I could walk for miles.

I would put my earphones in and set off, my feet beating the pavement in time to the music, clicking my fingers, as I briskly walked along.

One day, as I set off on a walk, marching along.
I reached into my pocket for my earphones.
I swore under my breath.



My pocket was empty. I'd forgotten them.

I could have gone back home but I knew that if I did then the pull of the sofa would be too strong and my intentions of a walk would go out the window.

Fuming and annoyed,
I stropped down the street,
in angry stomps,
cursing my forgetfulness.
I debated how far I should go,
on this tune-less silent stroll.
Maybe half-way, three-quarters,
before turning back.
In future I would keep my earphones
in my coat pocket.

My anger subsided as I went on, and I started noticing the sounds all around me.

A couple walking by, sharing a joke, laughing at the punchline, a helicopter thrumming overhead.

a dog barking at it's owner to throw the ball, ice-cream van chimes ringing out from a near-by street, a man across the road, wearing shorts despite the cold, whistling to himself as he walked.

These days when I go for a walk I leave my earphones behind,



my wonderful soundtrack is the world around me and all that's in it.



#### Of Irish Descent

She goes into the Irish bar and orders a pint of Guinness, and a double whiskey,

Irish of course.

She turns to the man next to her, who is leaning on the bar,

drinking a pint of lager.

Slainte, she says raising her glass.

Cheers, the man replies.

I'm actually of Irish descent,

she says proudly,

my grandparents were from County Mayo.

He nods and smiles politely.

Are you of Irish descent?

No, he says.

I am so very proud of my Irish heritage.

It really is something special,

to be connected to Ireland.

I haven't missed a Saint Patrick's Day parade in years. Did you go this year? No, he says.

Where are you from yourself? she asks.

I was born in Dublin, he says.



#### Of course I am

Are you coming with me to the appointment? she asks.
As if I'd leave her to go on her own.
I squeeze her hand.
Of course I am.

Am I worried about her how she's feeling about everything how she's sleeping? Of course I am.

What about you?
she says,
turning to face me.
Are you okay?
I give her my most
optimistic and
upbeat smile,
and tell the biggest lie.
Of course I am.



## **The Waiting**

It's the waiting that gets you, while you swim like crazy, thrashing and kicking, for the relief of the air at the water's surface, the waiting is the hand that grabs your ankle pulling you back down.

the waiting, while
you can see your life
veering ahead in two
very different directions,
the path to two futures,
the new job and that promotion,
house sale going through,
the doctor's appointment.

The week stretches ahead
as soulless and lost
as a rainy Sunday afternoon.
It's the waiting
the not knowing
the agony
the ache
the knot in your stomach
the voice that whispers in the night,
what if?



# **World Poetry Day**

Here's to World Poetry Day
when words count
and stanzas stand tall,
dressed up and showing off
playing up to the flash of the cameras
like film stars
at an awards ceremony.

Let's raise a glass, beer, whiskey, or a nice mug of tea, to the words that touch our souls, that speak to that small space in each of us.

and says
I undertsand,
I hear you,
you are not alone,
there are others
that feel the same.

Tomorrow poetry
will be tired and hung-over
craving junk-food
and regretting that
argument with a
haiku.



## **The Surprise Gifts**

On my birthday this year my family call over, each one bearing gifts and gushing with birthday wishes.

I am handed the gifts in turn, all beautifully wrapped, tagged and bowed.
I accept the offered presents with a you really shouldn't have look.

My uncle buys me a bottle
of fancy American liquor,
I nod and thank him,
feigning delight,
while thinking,
I prefer Scottish and Irish whiskey,
and am not a fan of Kentucky bourbon.

My sister buys me a CD by the Who, she's bought me their albums several times over the years, it's become as much a tradition as getting socks for Christmas. I don't recall ever telling her I like the band.

I force a polite smile on my face and enthuse about how each gift is just perfect how I love it.

How did you know?

I ask, while thinking, do you not know



me at all?

When the family have left and I have washed out the mugs and glasses, I turn to the random pile of presents.

I pour out a measure of the American bourbon and put the CD in the player. As the rock band kick in I sniff the liquor with suspicion.

The Who album turns out to be a classic live LP of the band in their prime.

I sip the bourbon warily and as it wonderfully burns my throat, I can't help thinking, how have I never tried this before?

When my family were leaving the gifts had seemed perfect presents for somebody else, it was only afterwards that it dawned on me, they know me better than I know myself.



#### The Line

I don't feel great right now like I'm all lost at sea I need to take some time, some time just for me.

These seas are so rocky it feels like my ship is sinking, my head hurts from lack of sleep, I wish I could stop thinking.

I throw myself overboard and swim for the beach, tossed around by the swell the shore looks so far out of reach.

Exhausted and drained I crawl out from the sea soaked to the skin, but feeling more like me.

Bare-foot in the rain, drawing the line in the sand, I've had all I can take, and all that I can stand.

Yesterday was theirs but tomorrow is all mine, I'm standing on the beach and I'm drawing a line.

I can't take this much more, I can't go on any longer, so I'm marking the line



and I'm coming back stronger.

Fourth of the fourth, Twenty-four, tomorrow is the date,
I start all over again,
and I cannot wait.



## **Birthday Wishes**

On the afternoon of my birthday

I approach the packed pub table

taking in the familiar faces.

Ernest Hemingway regales the group

with a tale of his Paris days

James Joyce shakes his head,

declaring that's not how it happened at all.

Simon Armitage sips his pint

insisting the best beer is made in Yorkshire

and don't get me started on Yorkshire tea.

Ted Hughes adds that there is magic in the Yorkshire rain.

Emily Dickinson shares a poem

beautiful moving and sad.

Charles Bukowski says its time for another round

of drinks, and he'll have a double.

John Cooper Clarke checks the time on his watch.

He'll have one for the road

before catching his bus back to Salford.

When it is time to leave

I pack up all my poetry books

Happy birthday

I say to myself.



# **First Day Back Syndrome**

After a week in the Spanish sunshine the Monday morning alarm kicks my door down like armed police with a warrant for my arrest. I throw my arms in the air insisting I'll come quietly. And it's back to work, like an escaped prisoner being dragged back to his cell, I'm back in the confines of the office, my orange jump-suit a shirt and tie. By ten o'clock I'm on my third cup of tea, Spain and the week before seems like a million miles away and a decade ago.



#### Off the Beach

I have a pebble on my desk from a holiday years ago, if anyone asks, I tell them it's a paper-weight, a small souvenir, but when the job and life in general gets on top of me and I feel the dull ache of stress and tension gripping my shoulders and crushing the back of my neck

I pick up that pebble closing my fingers gently but tightly around it and breath slowly until I can hear the crash of the waves and feel the sun on my face.



#### **Sixty Poems**

This poem will be number sixty I don't know why that matters but it seems rather significant. Something of a milestone, like completing a 5 or 10 K run. A modest but personal achievement. Why is it we celebrate turning twenty-one but not twenty years old? Sixty seems a nice round number. The Sixty is the motorway ring-road around the city I live. I count the number of poems like the guy in the Great Escape marking in chalk the tally-count of the tunnels he's dug or like a footballer recording caps for their country or a competing quiz team totalling up their score. How should I celebrate completing sixty poems? I think I'll celebrate by writing sixty one.



## The Doctor Will See You Now

On a cold bright April evening
I had an appointment to keep.
I showed the doorman my printed ticket
and dashed down the aisle to my seat.

I rubbed my hands together in delight as the Lowry theatre went dark, the sell-out crowd all gathered to see Dr John Cooper Clarke.

With his jokes, poems and one-liners the good doctor regaled the crowd and recited all his greatest hits while we cheered, whooped and howled.

The crowd spilled out onto the streets our ears still ringing with rhyme still laughing and repeating his words all agreed, we'd had such a good time.

His rapid-fire words stayed with me as I rode the late-night tram back home feeling motivated and so inspired to try and write verse of my own.

I would try and write a few poems of my own, and try to make a mark, just like my Salford-born hero, here's to you, Dr John Cooper Clarke.