

sounds and visions of reality

turningpoint

Presented by

My poetic Side 



Dedication

dedicated to my father who was a proffesor of german literature at michigan and m.i.t.

About the author

have seven poetry books on amazon have been on
cable t.v. radio and readings

summary

time

changing logic and enotion

halfway house

desperation

thoughts

POSITIVE ANXIETY

where theres a will theres a way

what is the secret for a good life

past present the future

high and low life

time

time is inexorable portentius inevitable
like fish feel in ocean waves and tides

changing logic and enotion

logic rules emotions what we wish to obtain do or beleive in
sometimes emotions rule logic driving in your car your baby cries
then theres an unexpected turning or warning sign
there could be a winter storm outside but you need food and coffee badly
do you drive your car or walk
in the middle of a college class you get very thirst should you get water or stay

halfway house

living here sitting in the yard smoking i see strangers with babies
reminds me of what i could have had people with cars
most people are luckier than us
mentally ill seeds or nuts that have not germinated properly
laws of physics like we became entropy planets off course
meteors like the beginning of the solar system

desperation

allot of desperation in life trying to get to
sleep finding breakfast food starting your car on a hot summer or cold winter day
cravings for cigarettes especially in the morning completing work on time
getting kids ready for school getting enough sleep the demons at night and angels in
the morning and day

thoughts

most thoughts are important but
some are not like paintings in the mind
like shooting arrows at rabbits
like trying to name summer clouds
past present future connected visually and thoughts
there are happy thoughts unhappy
and neutral happy friends and family fun you've had
neutral like reading a book or
remembering a t.v. show or movie
thoughts like when sitting on a chair in the summer
in your yard

POSITIVE ANXIETY

A SENSE OF ELATION IS IMPORTANT IN LIFE IN THE PAST PRESENT OR FUTURE
I REMEMBER SEEING BEAUTIFULL FISH WHILE SWIMMING IN THE WARM OCEAN
SKATING IS ELATION IN A SNOWSTORM TOO SEEING A YOUNG PRETTY WOMAN
WALKING ON A SUMMER STREET COFFEE HELPS ELATION HAVING A NICE DOG OR CAT
SMOKING CIGGARETTES THINKING OF LOVE IN THE PAST PRESENT OR FUTURE

where theres a will theres a way

this is generally true except sometimes in war
in daily life mostly true like looking for a newfriend on a city street
applying for a job getting doing college homework
finding a doctor we are sometimes like snakes or rabbits
mostly like foxes sneaky ambitious and like dogs and cats
like mating hunting for food we can be like animals in the grocery line

what is the secret for a good life

everyone has them it may be marriage friends jobs education
i think we must try our best but take everything in stride
listen to others opinions then decide your self
some people like summer the best others fall winter or spring
everyone has their own tastes in music art architecture
trees flowers animals most people like dogs and cats the best
most people like rabbits and squirrels
most people like adventure and love movies i think are the best

past present the future

memories of the past mostly good parents alive fun in the midwest adventurous
childhood after 10 lexington mass the present this hot summer partly boring except for music
t.v.shows
we are all flailing arms and legs free going for walks jogging bicycles skating
much harder to go for walks on a hot summer day we feel sometimes like turtles
other times fast like rabbits the future is very important like butterflies out of cocoons
through all this we are in a cocoon mostly
our stomachs and brains bodies living the present fully is most important like flies
at dinner time dreams can be just as real as reality and daydreams
in this halfway house i speculate abouts some future like an elderly lady who never goes for a walk
this is a house for mentally ill the future of the present world like balancing on high wires bombs

high and low life

america likes youth alot and babies so obssesed we all have to die someday we must be prepared somehow

think how people friends and family will feel after your death its good to leave people something like poetry art music or money practise feeling sorrow and mellow especially in the fall

still live everysecond as if its the last your friends you cant allways depend on especially if thier young too many people in a rush these days especially in America appriciate the summer sun and the winter cold and snow

i have lived in boston a very long time but miss the slower pace of the midwest and lexington mass wonderfull childhood in the midwest