

Anthology of Jeff



Presented by

My poetic Side 

About the author

Just a guy trying to keep my head up....

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Goodbye

*The end has come for me today
so I must say good-bye
It may be hard to understand
but I trust that you will try*

*My heart's so filled with emptiness
controlled by misery
I've finally seen that what I am
was never meant to be*

*The tears I've cried so recently
are for pain nobody knows
I just can't take it anymore
it's time for me to go*

*Is life suppose to be this way
with thoughts of suicide
Or has my life become a loss
with no one to confide*

*Does anybody understand
the pain that fills my heart
Or understand that all of this
is tearing me apart*

*Concealment isn't optional
for no one seems to care
I hide within my shattered thoughts
And I'm drowning in despair*

*My heart has grown so heavy
and still I don't know why
The end has come for me today
and I must say good-bye*

Only In My Dreams

*Each night I get to hold you close
If only in my dreams
You wrap your love around my heart
While lying next to me*

*To say I love you is not enough
It's more than just these words
It goes beyond one single thought
And anything you've heard*

*I watch the moonlight touch your face
As I gently kiss your cheek
I wonder if its me you see
When you're smiling in your sleep*

*Although this dream will surely end
And I know I'll have to wake
With all the ways you've touched my heart
Its almost more than I can take*

*I count the days this dream comes true
And your love is here with me
But until that day I'll hold you tight
If only in my dreams*

Warm Embrace

*I cant escape the loneliness,
Which haunts me deep inside
Theres no one I can turn to,
And nowhere left to hide*

*For years I have been tortured by,
These thoughts within my head
My sanity slips far away,
With every tear I shed*

*Control beyond my hopefulness,
And peace so far from sight
I hate these waking thoughts I have,
And dread the dreams each night*

*Can Death secure my restlessness,
The grave relieve my fears
Must I continue hating life,
Through my remaining years*

*Surely Deaths a blessed end,
From all the pain I feel
The misery within my heart,
Can never be concealed*

*I've reached the point of no return,
Too great is all my pain
I pray for Death to take my soul,
Before I go insane*

Slipped Too Far Away

*This fragile hold I have on life,
Is slipping far away
I can't escape the misery,
Which plagues me everyday*

*Emotions rage through bitter thoughts,
That haunt my every move
Though all is veiled in constant dread,
There's nothing I can do*

*While visions dance across my mind,
These fears have taken hold
That hate and anger are to blame,
For my heart turning to stone*

*I feel I'm chained to pain and sorrow,
And locked within despair
The dread I hold within this heart,
I'd never wish to share*

*For who could handle shattered dreams,
That long for brighter days
Since this fragile hold I had on life,
Has slipped too far away*

True Lies

I was sitting in the park one day
in the shade underneath a tree
When I saw this little squirrel come up
and sit right next to me

I watched it sit there for a while
then I offered it some bread
He looked around then looked at me
'no thanks' I thought he said

I knew I must be hearing things
so I said 'say that again'
He said 'I said no thank you'
and I about jumped out my skin

Squirrels aren't suppose to talk
or at least that's what I thought
But he asked me for a cigarette
and said that'd mean alot

I thought, this can't be happening
it had to be some kind of joke
But I was sure I heard this little squirrel
just ask me for a smoke

So I gave the squirrel a cigarette
then sat and watched in awe
When he was done he told me thanks
and stuck out his little paw

I shook his paw and left the park
I'm not sure if he's still there
Everyone says I imagined it
but he asked me for a square

My doctor thinks I dreamed it all
but I swear that it's the truth
If you don't believe my words
ask the pigeon he smoked one too

Hearts That Never Mend

*Last night I dreamed of muted sounds
where echoes have no end
Which came from sorrows people face
with hearts that never mend*

*They follow down the path that leads
through shadows of despair
Beyond the stream of tears they've cried
to the field that leads nowhere*

*Where the sobs are only memories
that haunt without a word
And bring to life the distant past
of voices never heard*

*But in the forest of the lost
are trees of lonesome pain
Which mark the passing of the ones
who've ever loved in vain*

*To escape you must remember
that Death's your only friend
From all the sorrow's people face
with hearts that never mend*

To Whom It May Concern

*When I die don't mourn for me
for God has called me home
To walk with Him and talk with Him
along the streets of gold*

*When thoughts of me DO cross your mind
rejoice for now I'm free
To walk along the pure white sand
beside the crystal sea*

*When I look down from up above
I hope to see you smile
Remember that we'll be apart
for just a little while*

*I'll wait for you at Heaven's door
with arms opened wide
To welcome you to paradise
and all that waits inside*

What If....

*What if people took the time
to watch the setting sun
Or listen to the gentle sound
of a river water run*

*What if people showed the love
they feel that **THEY** deserve
Or hold back words they want to say
if they know it only hurts*

*What if people chose to give
instead of only take
Or lend a hand to those in need
when times become too great*

*What if people felt the pain
from those of us who've lost
Or those who've given all they have
no matter what the cost*

*What if people lived each day
as if it were their last
Or looked towards the future
to overcome their past*

*What if people walked a mile
in the shoes of someone else
Or thought about how others feel
instead of just themselves*

*What if people read these lines
and took each word to heart*

What if.....

Night Trip

*I took a trip last night into my dreams
To a place that I'm sure no one has seen
The sky was black as the darkest of nights
But everything else was a spectrum of light*

*With no one around but still voices I hear
When all of a sudden a doorway appeared
A sign on the door said welcome, come in
And that's where the story of this journey begins*

*When I turned the knob and pushed open the door
I almost stepped in when I noticed no floor
I heard a voice tell me "do not be afraid"
"This is a journey of the choices you made"*

*"You see life is a journey that everyone takes
And your judged in this world by the choices you make
You had the choice to do wrong or right
You chose to do wrong and stand there and fight"*

*"So now close your eyes and enter this room
And witness events to your upcoming doom"
I shut my eyes and I walked through the air
When I looked to the left a doorway was there*

*I opened the door and started to scream
I wanted to wake from this terrible dream
What I saw in that room will haunt me for life
It was the bodies of my children and my beautiful wife*

*I screamed at the voice "why did you bring me here"
He said, "it is time to face your worse fear
Now go to your family and look in their eyes"
But I couldn't move and I started to cry*

*Finally I walked over till I came to my son
I couldn't do anything the damage was done
I looked in his eyes and saw what he'd seen
The moment he died he was crying for me*

*Each child that I went to their eyes were the same
Before each one of them died they cried out my name
I couldn't take anymore so I asked, "could we go"
He said, "not quite yet there's something else I must show"*

*"You see, you left them behind when you went to jail"
"But I hadn't a choice" I started to yell
"Then who made the choice when you committed that crime"
"So then why punish them if the fault was all mine"*

*"They died whenever you spun out of control
Cause you were responsible when you took on the role
Of father and husband to the family you see
That is laying before you and will no longer be"*

*"So what will it be the choice is on you
But remember your choices could make this come true
You have the choice to forget what you've seen
And continue your life the way that you please"*

*"Just remember the choices you make for yourself
Not only affect you they affect someone else
So now I shall leave you to let you decide
And I hope that all this has made you realize"*

*"It's not only on you when you choose the wrong road
Your family and friends have to help carry the load"
When I finally woke up I just started to grin
I was given the chance to change this journey's end*

This was an actual dream that I had while sitting in jail, so I wrote it down. It isn't a very good one as far as rhythm, but I like the story and the message.

Love Is....

Love is giving all you have

*to make their life complete
And never making promises
you don't intend to keep*

*Love is sometimes letting go
in hopes that they'll return
And if it wasn't meant to be
hold on to what you've learned*

*Love is being by their side
no matter what the cost
For without them your hopes
and dreams are all but lost*

*Love is sometimes all we have
in a world so dark and cold
And need a place to warm ourselves
with someone there to hold*

*Love is having everything
when you hold them in your arms
And taking every step you can
to keep them safe from harm*

*Love is what I learn from you
each and every day
All my love I give to you
and that will never fade*

*Love is what I needed most
to heal a shattered life
And all my dreams I found in you
when you became my wife*

The Evil In Us All

*I've been called by many things,
But Evil is my name
I live within the hearts of men,
Where hatred stays the same*

*I'm sure you think you know me,
But I'm not the man you see
I'm only just a figment of,
Your own insanity*

*I prey upon your darkest fear,
And feed on all your pain
I shatter every dream you've had,
Til nothing else remains*

*I'll slowly take your very life,
Just one breath at a time
And destroy all that which makes you you
Til everything is mine*

*Even though I'm not alone,
So many take the fall
The only thing we have to fear,
Is the Evil in us all*

Painful Memory

*I never will forget the day
my world came crashing down
It happened out on highway 6
just right outside of town*

*My wife and I were headed home
after dinner and a show
When a truck who crossed the center line
gave me nowhere else to go*

*When I hit the ditch doing 65
all I heard was Tammy scream
Everything around me slowed
like I'd stepped into a dream*

*We must have rolled at least 6 times
though I'm sure that it was more
Then I asked my wife if she was hurt
as I opened up my door*

*If she answered me I couldn't hear
for the ringing in my head
So I came around to check on her
and realized she was dead*

*It'll be a year tomorrow
when my life came to an end
I not only lost my wife that day
but also my best friend*

*But tonight we'll be as one again
of this I have no doubt
As I place her picture on my chest
and the barrel in my mouth*

*My final thoughts upon this earth
will be of the only love I found
Because I never could forget the day
my world came crashing down*

I Found You

*I have felt the sorrows which
have torn my world apart
And picked up shattered pieces of
my lonely broken heart*

*I have tasted tears I feel
no one should have to cry
And been the tortured victim of
such cruel and pointless lies*

*I have roamed the streets not knowing
what on earth to do
But all that pain has ended since
the day that I found you*

*Since I found you I feel the love
that sets my world apart
And never felt the perfect joy
I have within your heart*

*Since I found you I've tasted tears
that all should get to cry
And every day I see the love
I need within your eyes*

*Since I found you I still remember
all that I went through
But all my pain has ended since
the day that I found you*

Just A Thought

*These haunted dreams which I hold dear
are ghosts within my mind
Reminding me of better days
in another place and time*

*I can't escape the tortured past
with all these vivid thoughts
And everything explodes inside
from all the pain it's wrought*

*I've tried to leave them in the past
but failed another try
So I embrace the hurt and pain
with tears I hate to cry*

*I've asked the Lord to take my life
but still I roam these halls
A shell of who I use to be
these memories on the wall*

*So all that I look forward to
is finally being free
To take my final breath I feel
that's all that's left for me*

Sated

*Patiently waiting I am alone, standing on the edge of ecstasy,
balancing in the dark. The night breeze blows and from it comes a memory.*

*A memory of your beautiful smile, I say your name and the echoes return the same.....
In the church of my senses, I am baptized in your beauty.*

*My soul saved and reborn through your touch, satisfying my temptation,
though you have only smiled at me. For now dreams of you quench my thirst.....*

I just never knew I could drink this much

Hidden Pain

*I fight hate with every breath
concealed in self-control
Beneath the surface Evil haunts
the peace within my soul*

*These tortured thoughts which fill my head
are tearing me apart
From deep within I feel the pain
of questions in my heart*

*My peace of mind is faltering
but how long shall it last
Before I relive all the pains
within my tortured past*

*The battle rages inwardly
to mask constant deceit
Transformations of the soul
are all but incomplete*

*I'm stuck between the man I am
and who I use to be
My attempts at peace are useless
since I'm bound by misery*

*All the terrors and the pain
have finally taken hold
As I fight hate with every breath
concealed in self-control*

True Lies II

*I remember it all clearly now,
The words he spoke to me
They all came from this bird I saw,
Sitting high up in that tree*

*At first I thought I'd lost my mind,
Just listening to this bird
But not too long into his tale,
I hung on every word*

*The tale that he relayed to me,
Was filled with drugs and crime
And ended with a friend of his,
In prison doing time*

*It started in a park he said,
Just a couple of years ago
He never named the park he meant,
But said that I would know*

*His friend was walking down this path,
When he came across this man
Who sat beneath a big shade tree,
With a cigarette in his hand*

*He asked the man for a cigarette,
Then he smoked it then and there
He said the only reason that he did,
Cause a pigeon double dared*

*From that day on he couldn't stop,
He was smoking more and more
And to get his fix for nicotine,
He started robbing liquor stores*

*Then, when cigarettes no longer worked,
He switched to dip and chew
And swore he'd hit the hard stuff,
Before he was ever through*

*The cops already knew his name,
By the time he was finally stopped
And they sentenced him to life without,
Inside a local mall's pet shop*

I'm sure this tale seems out of place,

*Or to you may seem a joke
But its as real as anything could be,
To the friend of which he spoke*

*That friend has thrown away his life,
I'm sure he must regret
All because he took a dare,
To smoke one cigarette*

Daily Struggles

*Lord I've grown so weary since
my life got out of hand
These trials and tribulations are
just more than I can stand*

*How much longer must I wait
for the life I choose to live
And how long must I pay you back
for all the things I've did*

*Must I suffer through this life
just a victim of the game
Most times it seems I'll leave this world
with nothing but the pain*

*Although I struggle constantly
with demons I can't shake
I pray each night before I sleep
that tomorrow I will not wake*

*Lord I hope you hear my plea
and grant my final wish
Whatever life is after death
can't be as bad as this*

*I've done my best to face them all
and take it like a man
But now I've grown too weary since
my life got out of hand*

Shadows In the Dark

*With peace a distant memory
and love so far removed
I fear I must retreat inside
the sanctum of my tomb*

*As tortured voices call to me
I ponder at the door
Shall I release my hold on life
of this I must implore*

*Since forgiveness seems so silent
and my sorrows seem so loud
My thoughts escape detection as
I face the maddening crowd*

*But hope remains my company
as darkness turns from light
All my dreams have disappeared
like birds that's taken flight*

*I marvel at the mysteries
which shadows ushered in
The halls of pain within my Hell
have started once again*

*I scream surrender in my soul
with nothing left to prove
With peace a distant memory
and love so far removed*

I Wish

*I wish I could have brought you joy
but instead I've brought you grief
And broke your heart with promises
that were just beyond my reach*

*I wish I could take back those words
which caused you so much pain
And replaced them with the memories
where only love remains*

*I wish I could make dreams come true
so you could wish on every star
And embrace the magic on the night
you hold within your arms*

*I wish I could have taken time
to wipe away your tears
And surround your heart with happiness
to alleviate your fears*

*I wish I could have been the one
who fulfilled your fantasies
And been the one to encourage you
to follow all your dreams*

*I wish I could have listened more
with patience in my heart
And held you closer to my side
as we lay there in the dark*

*I wish I could have thought of this
when at first you got with me
Before I broke your heart with promises
that were just beyond my reach*

A Waste

*Today began as many do
a waste of precious breath
Have I the strength to see it through
or is there any left*

*These struggles seem to multiply
within each passing day
As hope and dreams turn into lies
my faith slips far away*

*What do I do to gain the peace
that somehow I can't find
Will then these demons finally cease
and restore this shattered mind*

*I need to know what happens next
for all I know is pain
should I just end this misery
before I go insane*

*Can anybody save me from
these ghosts within my head
As today begins as many do
a waste of time and breath*

Threads of Life

*In the tapestry that we call life
we're but a single thread
So when one dies we cannot let
a single tear be shed*

*For all things have a certain flow
whether slow or fast
We're intertwined with future times
and time already past*

*Every person on this earth
impacts each others lives
For you to truly comprehend
look through anothers eyes*

*Then maybe you will finally see
we're all in this together
If we try to help each other out
this world just might get better*

*Instead of violence show some love
and see what that might bring
For peace and joy go hand in hand
overcoming anything*

*If we teach the children of this world
that hate is not the way
Then we must start that lesson now
so peace can reign someday*

*For a world where all can finish first
and no one left behind
Since the true at heart can only be
the future of mankind*

Drowned In Tears

*My heart weighs heavy on my soul,
For both are drowned in tears
The endless struggle in myself,
Made worse throughout these years*

*I walk along this path to Hell,
While Deaths upon His throne
Beneath a sky as black as night,
This stranger goes alone*

*I hear the wails of those who've lost,
And again....will never be
As waves of crimson pound the shore,
Then crash back to the sea*

*Frozen in the place I stand,
My voice a silent scream
I fear this time I may not wake,
To end this tortured dream*

*As nightmares rage all hope is lost,
My mind can't take the pain
So I battle with these Evil thoughts,
But never speak their name*

*For just to voice such Evil words,
Could never be survived
And would bring the gates of Hell itself,
Upon a persons life*

*Though I run and run to escape the hold,
Of Death and all my fears
My heart weighs heavy on my soul,
For both have drowned in tears*

Finally

Shall I concede my hold on life
give in to Death's embrace
Since peace of mind within myself
can never be replaced

All pleasures I once had for life
are deep within the past
The grip on my own sanity
has started fading fast

I feel I'm destined in this life
to suffer through it all
With misery my only friend
I know I'll take the fall

I've tried so hard to rise above
the heartache life gives out
But nothing seems to remedy
the cause of my own doubt

My self-control is plummeting
with every day I wake
Soon it will be over when
my life I finally take

For Death to me is heaven
compared to staying here
To wake up one more day on earth
is the only thing I fear

The Future's End

*I travel down this fated road
my future carved in stone
It seems I'm destined in this life
to walk it all alone*

*There's no one who can feel my pain
or know my misery
I wait for Death to take my hand
since nothing's left for me*

*My tortured soul keeps searching for
the comfort in the end
Since loneliness and emptiness
have been my only friend*

*The peace of mind within myself
can never be replaced
I long to feel the gentle touch
within it's warm embrace*

*Will the whispering still echo
inside my haunted heart
While the distant memories of the past
keep tearing me apart*

*Constantly I 've had to fight
with demons of my own
So I travel down this fated road
my future carved in stone*

Tomorrow's Dreams

*The whispered voice of yesterday
can wake tomorrow's dreams
Since all it takes is one true heart
who truly will believe*

*For nothing is impossible
with faith inside your heart
And inner strength through peacefulness
is one place you should start*

*Though hearts are where the dreams may live
their born within the mind
To follow them would bring us all
to a better place in time*

*Though some think dreams are foolish
they fail to see the light
My own beliefs are clear to see
as day is from the night*

*I hope you live your dreams each day
no matter what they are
Just plant your feet on solid ground
but reach for every star*

*For without dreams what do we have
but a world of in between
Cause the whispered voice of yesterday
can wake tomorrow's dreams*

Veil of Sorrows

*I pass beyond the veil of sorrow
to knock on heaven's door
And see you waiting there for me
across the distant shore*

*The waves retreat to crash again
upon the darkened sand
I scream your name without a sound
but just don't understand*

*I'm watching tears stream down your face
and wish this nightmare through
I lived my life and also death
Just to give it all to you*

*As thoughts run rampant in my mind
and lights regress to dark
The pain I feel goes far beyond
the depths within my heart*

*It reaches down into my soul
and burns eternal flames
I whisper now forever more
the mysteries of your name*

*Shall Death relieve my inner pain
to torture me no more
As I pass beyond the veil of sorrow
and knock on heaven's door*

I'm Still In Love With You

*When you told me you no longer loved me
I slowly went out of my mind
I've been promised that all wounds will heal
if just given a little time*

*But whoever said that's mistaken
and nothing is further from true
Cause it's been awhile since you walked out
and girl I'm still in love with you*

*I thought that we had something special
had a bond that nobody could break
I guess I was just being foolish
and that wasn't my only mistake*

*But you broke my heart when you walked out
baby you broke it right in two
So I'll try to pick up the pieces
from still being in love with you*

*Sometimes my heart starts to hurting
and I'm wanting to cry out your name
But I know if I were to give in
I'd just be causing myself more pain*

*So I fight back all my emotions
but sometimes it's just so hard to do
No matter what my mind tries to tells me
girl I'm still in love with you*

.....I wrote this in 2001...and borrowed the music of Best of Intentions by Travis Tritt for the flowso be gentle lol

Alone Again

Alone again I hear the voice
That screams inside my head
Telling me the brutal truth
That its better if I'm dead

For many years I've tried to fight
While hoping for my Death
I pray that peace will find me, when
I draw my final breath

My Death is all I have to give
Now that all my dreams have fled
So I'll give into these voices
That scream inside my head

Lost Within

*In this troubled heart I've found
no peace to call my own
My tortured mind won't let me give
the love I want to show*

*I'm doing all I know to do
to let go of my pain
With every effort that I make
it never seems to change*

*I'm trapped within these darkened thoughts
that's locked inside a tomb
With no way out I face the fear
that madness will insue*

*What must I do to conquer all
the demons haunting me
I struggle with the grasp I had
on my own sanity*

*With thoughts like mine it's really hard
to function everyday
God, please just free my mind again
before I go insane*

Life On Hold

Time is passing so slowly.....

*Facing the future armed with uncertainty,
I pray the absence of normality makes everyday the same.
No longer to deny my mistakes,
I know where to place the blame.*

*So I try to make the best of this situation,
stripped of all my dignity,
still I maintain my frustration deep within my mind.
Behind these bars I am able to keep my sanity.*

*For however long this must be,
my time will be spent focusing on tomorrow...
Forgetting about yesterday...
while remembering to smile today.*

Please be gentle..... This was written back in 1992...while in jail facing a 50 year sentence. .. One of the first written.

All I Need

*I know sometimes I fail to say,
The words you want to hear
And I know at times I've been the one,
To cause so many tears*

*I know that I don't let you know,
Just what you mean to me
But I promise you this simple fact,
You're all I ever need*

*Though I know some doubts still linger,
From a past which I regret
And I know I'll never be the same,
As I was when we first met*

*I know it took me quite awhile,
But now I finally see
And I promise you this simple truth,
You're all I ever need*

*I know my life means nothing now,
If I don't have you to hold
And I know I owe you everything,
So I give my heart and soul*

*I know that you deserve much more,
Than I could ever be
So I can promise you this simple fact,
You're all I'll EVER need*

Surrender

*I hear the voice of whispered dreams,
Which echoed long ago
The distant thunder shakes the ground,
As the fear within me grows*

*The voice approaches steadily,
As fires form in its wake
I turn to flee on legs of stone,
There's no more I can take*

*The world beneath me opens up,
As struggling...I run
But mournful cries of tortured souls,
Has only just begun*

*I force myself to continue on,
As terror fills my mind
With fear and hope my only friends,
I pray that I'll survive*

*Hands of Death have reached for me,
For all these dreaded years
I feel the wounds of loneliness,
As I wipe away the tears*

*I slowly stop and face the End,
My head held ever high
With peace of mind I reach for Him,
No longer scared to die....*

Fuel

*The rage embraced in heart and soul,
Has fueled my inner pain
While thoughts consume my restlessness,
No hope in me remains*

*I've fought control and wrestled with,
These dreams within my mind
But nothing seems to remedy,
This hurt I feel inside*

*Would Death relieve my weariness,
And give me peace anew
Or will it start to fade away,
As thoughts turn back to you*

*Does loneliness and misery,
Consist of all my friends
Or will tomorrow bring to me,
The beginning of the end*

*I'm bound to die a broken man,
With nothing left to gain
As rage embraced in heart and soul,
Has fueled my inner pain*