Rhymes for a Reason

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Presented by

My poetic Side 🗣



Dedication

To my inspiration Helen

About the author

I live in Hartlepool.i love writing poetry and also reading biographies.

summary

We Stand Together A Trip To The Launderette A Week In The Life Of Edith Brown Day Centre Day Depression Isn\'t catching Edith\'s Hefty Handbag Granda\'s Tree House Grandas Wartime Tales I\'m Disabled, Not Stupid Life Lessons Missing Mmm Cake My Grandmother\'s Hands My Mother My Wordy Wedding Cake PTSD-MyEnemy Pension Day at the Post Office Sam the dog and Pearl the cat She is a missing person Sing No Sad Songs The Birthday Party The Cupboard Under The Stairs The Empty Wardrobe

The good old days

The House At The End Of The Street

The Key

The Lady Next Door

The Latch-Key Kid

The Old Lady Down The Street

The Passing of Edward

The Pub and Its People

The Rag and Bone Man

The Reflection In The Mirror

The Unexpected Visitor

The Visit To The Library

Today I Went To Iceland

Tommy\'s Wartime Memories

Two Days of Doris Day

Victim

What will they do with Grandma?

Who cares for the carer

Why can\'t I sleep?

Why Is It So Hard To Be Happy?

We Stand Together

Our thoughts are with the bereaved We must understand their pain We all think that we are safe But vigilance we must attain It shouldn't take an act of violence For us to care for one another We should cherish every day With mother, father, sister,brother Lives were lost and people injured Due to a senseless act This is the ugly face of life Not fantasy but fact We must all band together And help in any way we can They are someone's flesh and blood Our kindred fellow man Keep Manchester in your prayers Each and every night Pray also for other parts of the world Who have suffered the same plight

A Trip To The Launderette

Edith had to take her washing To the local Launderette Because every time she hangs clothes on the line It starts to rain and everything gets wet The machines are dated and very noisy So everyone has to talk louder Edith hears Mrs Smart who lives in her street Shouting that she needs to buy more washing powder Sometimes when there are no available machines It can be quite annoying You have to sit there for ages And the pungent smell of conditioner is cloying Mrs Smart drops her washing And everyone sitting there can see That the label in her Berlei bra Boldly says forty four double d Elderly Mr Croft has washed his shirts After too many washes they look quite rough And everybody notices the fraying On the collars and the cuffs Edith sits next to Mrs Bloggs Who is wearing a heavy frown She's been told they can't get a stubborn stain Out of a satin christening gown The stain consisted of small black spots For which Mrs Bloggs had no explanation The assistant said that keeping it in polythene It could have been caused by condensation Mr Croft said "Ladies, Should I re-enact the Levi's Ad"? Edith said "keep your trousers on You're old enough to be his dad. We don't want to see your long-johns

Or your knobbly knees. So do us all a favour And keep your clothes on, please" Mr Croft carefully folded his shirts As neatly as he could The zip on his laundry bag was broken So he did the best he could Mr Carson is the local doctor He's very popular in the town He always wears a three piece suit Usually navy blue or brown He has never owned a washing machine And usually hand-washes in the sink He learned his lesson when a stray red sock Dyed all his white shirts pink His hour and a half at the Launderette He does on his day off Usually he is approached By a patient with an ache or a cough He tells them it's his day of rest But this falls on deaf ears And he usually ends up surrounded By several old dears Mrs Telford sits next to her husband And you should have seen her face When he told the doctor in a loud voice He had an itch in an intimate place He then went on to give the doctor A very lurid description While his wife sat cringing The doctor wrote out a prescription When Edith's whole weeks washing Was on its final spin Edith, Dr Carson and Mr Croft Were the only ones left in The lady at the counter informs them

- That the Launderette closes at four
- So Edith empties her machine
- And she prepares to go
- She says that having to go to the Launderette
- Can be such a pain
- She's barely got the words out
- When it suddenly starts to rain
- Mr Croft boldly asks Dr Carson for a lift
- And Edith thinks he's got a cheek
- The doctor says "the way the weather is
- I'll probably see you back here next week"

A Week In The Life Of Edith Brown

It's eight 'o' clock on Monday morning And a certain someone is on the bus to town It's the start of another hectic week In the life of Edith Brown

At ten she meets her old friend Pam In the Pink Teapot Cafe There'll be tea and cakes waiting for her And as usual Pam won't let her pay

Pam will moan about her husband Fred Who's the laziest man on earth Ever since she married him He's been more trouble than he's worth

Edith will listen attentively But she's cautious to offer advice Pam can be very defensive Sometimes downright nasty to be precise

When the tea and cakes are drunk and eaten Edith and Pam go their separate ways No hug as they part company Cos Pam's not keen on public displays

Edith goes home and does some ironing Then sits down to watch TV With a cuppa and a plate of digestives On a lap-tray upon her knee

When seven-thirty comes around It's time for Edith to put up her feet With a steaming cup of hot chocolate

Watching Coronation Street

She goes to bed at ten-thirty And wakes up each day at six After a glass of hot water and lemon Her fried breakfast she will fix

Two eggs, two sausages and a slice of fried bread She eats the same thing every day She's just about due for her cholesterol check Goodness knows what her doctor will say

Tuesday is the day she bakes Cakes she's not supposed to eat She uses guesswork for the measures And ends up with enough cakes to feed the street

On Wednesday Edith plays Bridge With some friends she's known for years Sometimes they play in her sitting room Other times they play in theirs

One particular friend called Sally Plays her cards close to her chest She makes up the rules to suit herself Much to the dismay of the rest

Whenever she is playing She likes a large glass of gin And when someone has a bit of luck She swears down she's let them win

On Thursdays, Edith goes to the market Where there are bargains to be found But the site is on a car-park Where large potholes are profound Many a time she's almost dislocated Her newly-fitted plastic hip Not looking where she's going And resulting in a trip

The stalls are full of varied things From furniture to lemonade Electrical appliances and ornaments And lots of lamps without a shade

Friday afternoons, Edith goes to the cinema To see the latest blockbuster Her favourite film is 'Son of the Morning Star' In which Gary Cole played General Custer

At the weekend she takes it easy Doing a crossword or reading a book She hopes that no-one needs to contact her Because her phone is off the hook

She's got tired of cold-callers Wanting to know who's her energy supplier They pestered her so much She felt like disconnecting the telephone wire

She's had a laid-back weekend Now it's time to go to sleep Before Monday morning comes And the start of another busy week

If you pop into the Pink Teapot Cafe When you're in the town The lady at the table near the window Is the one and only Edith Brown

Day Centre Day

Sally sits in her bay window Watching folks go by "No-one ever visits me" She murmurs with a sigh

She got up at seven Had her usual breakfast at eight Bacon, an egg and a slice of fried bread On her usual Royal Doulton plate

About ten 'o' clock The mini-bus will arrive To take her to the Day Centre She'll be back home by five

Her coat is hanging in the hallway It's looking quite well-worn With a button hanging by a thread And the right-hand pocket torn

She puts on her coat And pulls on her woolly hat She checks that everything's switched off And hears some mail drop on the mat

It's the same old junk That comes almost every day A catalogue of thermal underwear With twenty-eight weeks to pay A bingo site seen on TV Offering her fifty free spins She's been on it a couple of times But never had any wins

A letter from the council About dog-mess in the streets It's been years since she last saw A dog warden on their beat

A leaflet from a gas supplier Says they're going to freeze their price She won't be changing over Until she seeks advice

Her reading is interrupted By the mini-bus beeping its horn She hopes that none of her friends Notice her pocket is torn

As she steps out onto the path She can see the curtains twitching Putting her keys in her pocket Puts even more stress on the stitching

The mini-bus is half-full With the old familiar faces Alfie with his flowered shirt And multi-coloured braces

Elspeth in her faux-fur coat And jewellery of diamante She bought it from a flea-market But says she inherited them from her auntie Doris in her parka And her high-heeled leather boots With her bleached blond hair Spoilt by its dark roots

George in his usual shirt With its frayed collar and cuffs His brylcreemed hair adorns his head Topped off with ear muffs

Sally clambers onto the bus And sits in the seat next to Doris All the way there she'll have to endure Her moaning about hubby Horace

Doris says the same things every week They've heard it all before Nobody else gets a chance to speak So her woes they all ignore

The bus arrives at the centre And Doris is first off the bus She pushes the others out of the way No-one can be bothered to make a fuss

Sally gets seated between Alfie and George Then someone says "Let's play bingo" She's over the moon and can't wait to play She loves to hear all of the lingo

Like 'two little ducks', that's twenty-two And 'two-o' that's number twenty The caller-out knows all of them And believe me there are plenty My poetic Side 🗣

Doris is going to play bingo And she queues to buy her books She wins something nearly every week And gets plenty of dirty looks

The bingo starts and Sally Needs number fifty-nine If the number comes out now She's won a single line

Doris is on edge She needs number twenty-three It's the next number out Sally says "How lucky is she?"

Sally then doesn't say a word She's quiet as a mouse Thirteen is the number she needs To win her a full house

Doris isn't satisfied With what she's already won She wins the full house on twenty-nine And the game is no longer fun

When bingo is done It's time to go home Doris says she'll spend her winnings On her cat that's called Jerome

Sally is home relaxing In front of the TV She wishes she had Doris's luck But she knows it's not to be She's happy and contented In her cosy home Unlike Doris, hubby Horace And the cat that's called Jerome

Depression Isn\'t catching

Molly suffers from depression She's had it for ages It's okay to sit next to her What she's got isn't contagious

She sees you look at her with pity But that isn't what she needs She tries to look after herself Her appearance it misleads

She feels constantly tired The fatigue it gets her down She hopes she might feel better If she has a trip into town

She thinks that she might pop Into the cafe for a bite But since she's been depressed She hasn't had much appetite

A good night's sleep Is a distant memory Going to bed at ten at night Then up and wide-awake at three

She feels so worthless And waits for the phone to ring Usually a family member Wanting a loan of something She remembers how she used to feel Before she was depressed When she didn't feel so irritable And was hardly ever stressed

She feels a sense of anguish A let-down to her family They all seem to see Her depression as a malady

The loss of her old self Causes her great sadness Her family tells their friends That Molly suffers from a madness

They think that it is funny But don't realise the hurt That they cause to Molly If only to her former self she could revert

They ring her up for no reason at all They say it's all in fun Her depression lost her all of her friends At the mercy of daughter and son

Depression is an illness That can happen to us all No matter how much money you have It's something you can not forestall

If by chance one day You see Molly in the town Why not stop and say hello Make her smile instead of frown Ask her how she is today Enquire what she has bought Depression is an illness Not a disease that can be caught

Edith\'s Hefty Handbag

Edith had been suffering from shoulder pain She'd developed a stoop and only her left shoulder would sag When she went to see her doctor He put all the blame on her weighty handbag One afternoon she had time to spare So she decided to empty it out Anything that wasn't essential She would leave it out, without a doubt When she tipped it out on the table She got the shock of her life The numerous items were too many to mention No wonder shoulder pain was causing her strife Firstly, there was a packet of extra strong mints That she'd been given by a friend The best before date was twelve months ago The packet had been left open at one end She was rather partial to a mint So she thought she'd try her luck But the minty taste was no longer there So she spat it out after a single suck Next she found a mirror With a picture of Marilyn Monroe on the back She held it up to look into it Her reflection was fractured by a diagonal hairline crack She'd bought it several years ago At a local jumble sale First time she'd prised it open She'd broken a false nail Her cellphone had seen better days She'd bought it for a tenner off her friend Sherry Sherry had bought the latest i-phone So she'd sold Edith her dated Blackberry A make-up kit with brushes

Had really seen better days The brushes were missing half their bristles And the orange powder harked back to her 'Tangoed' phase She has quite a few credit cards Including Barclaycard, Visa and American Express With only stubs left in her cheque book She's spending more instead of less There's an assortment of loose change Two and one pound coins and pence If she pays her bus fare with too much She knows the driver will take offense She has a lipstick-shaped cigarette lighter That someone gave her for a joke She just keeps it as a souvenir Because she doesn't smoke There's a USB drive, mp3 player and scrunchies for her hair Tissues, gum and diary she didn't know were there Then there's sunglasses, lipstick and numerous feet of dental floss Hand sanitizer, address book, medication And a bottle of perfume she got from her ex-boss Edith looks at the table-full And only puts essentials back in her bag The bag feels so much lighter No longer will her shoulder sag She went out for a walk the following day No more pain in her shoulder Her neighbour noticed the spring in her step "I've de-cluttered my handbag" she told her

Granda\'s Tree House

I'm sitting in the garden With my small son on my knee He looks up at me with big brown eyes And says "Tell me about Granda's tree"

My father planted a tree In nineteen forty two He nurtured it and hadn't bargained On just how big it grew

When I was just seven years old I had a love of climbing trees Many times mum put plasters On my bloodied and skinned knees

I can remember one day Wearing my new party dress Peering in through the window A grubby bedraggled mess

I'd climbed as high as I could go Then heard a quite loud crack The branch it snapped in two And I landed on my back

I'd excelled myself on this occasion You could say I'd gone the whole hog I'd landed on a little offering Left by next doors dog

I remember as a little girl My father built me a house in the tree A sturdy wooden house with windows

Especially for me

When I was in my tree house I could be almost anywhere In a tropical jungle Or in a cave hiding from a grizzly bear

Hanging onto my rope ladder With a plastic cutlass on my hip I could be looking for buried treasure My tree house a pirate ship

Underneath the carpet In the middle of the floor My father had lovingly made me A little brass-hinged trap door

Whenever I got fed up Of being stuck inside I'd open up that trap door And go straight down the slide

Sometimes I would stand For maybe half an hour And pretend I was a princess Imprisoned in an ivory tower

Some days I'd be a cowgirl On a wild west ranch And sometimes I'd pretend to be A monkey swinging from a branch

One day I picked some flowers And mum asked what they were for I said "they are for my cottage With roses around the door" My son is looking wistful Then he smiles at me He says "mummy I would love To see my Granda's tree"

Tears come into my eyes My son's smile turns into a frown I say "The tree's no longer there The new owners chopped it down"

My son says it is sad That the tree's no longer there But no-one can destroy the memories That my son and I share

Grandas Wartime Tales

When I was a little girl My grandfather had a tin With a sailor smoking a cigarette on the lid It was what he kept his medals in

He called them Pip, Squeak and Wilfred And I asked him what they were He said the nineteen fourteen star, the British war medal and the Victory medal From World War One, but they're not rare

He told me his war memories Could fill many a page Then said he'd been recruited Even though he was underage

He told me he'd had a shock When on the internet he'd seen That a quarter of a million young men had signed up All under the age of eighteen

He said recruits had a medical To make sure they were fit to fight They must have a minimum chest size of thirty-four inches And five feet three was the minimum height

He told me he'd heard something That had really filled him with rage That recruitment officers got two shillings and sixpence If they turned a blind eye to someone under-age

He added that he and some old army friends Used to spend hours chatting on a bench

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Recalling a soldier they'd known Too short to see over the edge of the trench

My granda had asked his friend, a fourteen year old recruit What on earth he'd signed up for He reluctantly replied he had clamoured For the excitement of fighting in a war

He told them of my father's brother Who had been the first born son Blown to pieces at fifteen Recruited by passing for twenty-one

He didn't survive to get medals His parents thought of him as brave Many times since then I have visited his grave

No remains are buried Just a plaque that bears his name A list of lives that were lost No bodies left to claim

He also told them about the time That my late Grandma spent Visiting her beloved Alexander As he lay in a fever tent

He had typhoid fever And he managed to survive The doctors and nurses told her He was very lucky to be alive

My grandfather would tell war stories That would chill you to the core Tales of the atrocities And casualties of war

I\'m Disabled, Not Stupid

Some people can be so ignorant I know they're not to blame They see me in my wheelchair And say "Aw, isn't it a shame"? I say "Hello, I'm fine" And you don't know what to do Just because I am disabled Don't assume my brain is too Whenever you get stressed You can walk along the beach With no facilities for the disabled To me it's out of reach I'd like to go on holidays But I stay at home instead Because no matter where I go I need a hoist to go to bed My bowel and my bladder Are affected by my medication It angers me when disabled toilets Have poor sanitation On the bus, the driver puts down a ramp And I can hear you whinge When your shopping trolley is in my way And sometimes my wheels impinge I wait at zebra crossings And I know my green cross code But the timing on the lights means I don't have time to cross the road My legs may no longer work But my brain power is perfect So next time you see me in the town Please have some respect If you'd like to know how I am

Don't be afraid to ask My disability isn't catching And it isn't a difficult task I'll tell you how I am And I'll ask how you are too Overlook my disability

It isn't hard to do

Life Lessons

Don't let the world make you bitter Don't let the world turn you cold Some things that happen when we're younger Can come back to haunt us when we're old

Things will happen that hurt us And people we cherish will leave But everything happens for a reason This I truly believe

We can all be vulnerable And our heart can break None of us are perfect And we all make mistakes

Always be true to yourself Don't pretend to be something you're not You'll find out who your true friends are Who will accept you no matter what

Life will not be plain sailing And eventually you will find That those who mind don't matter And the people who matter don't mind

Missing

MISSING

Today she walked into your room And saw your empty chair It has not sunk in yet That you are no longer there

She thinks of the good times you had Your laughter and your smile Your kindness and affection Your inimitable style

You were never one to judge Treated everyone the same When someone had a problem It was to you they always came

Always a good listener A true and loyal friend All who encountered you Knew on you they could depend

Six months have passed, Six long long months No-one knows where you went Your bank account has not been touched Not one penny has been spent

Are you living on the streets? Have you changed your name? Did someone else commit a crime And you thought you'd get the blame? Did you have an argument Or is it money that you owe? Did you feel afraid or threatened Why, oh why did you go?

A missing person ad on Facebook Has had five thousand views Members of your family Have appealed on tv news

You may have seen your face On a newspaper today Please contact someone if your able Let someone know you are ok

The room's you way you left it But without you it looks bare Your mum's greatest wish is to look in And see you sitting in that chair

Mmm Cake

I'm shopping in the town near my favourite cake shop I need a sugar fix so I'll really have to stop

I'm having friends to tea, so I think it's only fair To buy my friend Patricia, a nice chocolate eclair

Connie loves a cake and it's always lots of fun Watching her dissect a pink-coated iced bun

Alice will be coming and she'll bring her sister Pam They both like nothing better, than a doughnut filled with jam

A Battenberg of pink and yellow is one of Carol's favourite cakes She divides the squares into four, oh what a mess she makes

A nice Victoria Sponge is Jess's favourite cake But the ones in the shop aren't as good as the ones her Grandma used to make

Wendy is quite partial to a round, plump Eccles cake Filled with currants and buttery filling

They're messy when the pastry starts to flake

The cakes are on the cake-stand, it's quite a sight to see I'm trying to cut down my sugar intake But they look really tempting to me

My friends are choosing their favourite cake But I don't think I'll risk it I'll just sit and watch them, with a nice cup of tea And a nice modest Digestive biscuit

My Grandmother\'s Hands

My Grandmother's Hands My Grandmother's hands told many tales Of scrubbing steps and broken nails Hand-washing clothes in enamel sink Red football socks turned white towels pink

When not baking cakes at the old gas stove Rag-rugs with old scraps of material she wove Pantry shelves filled with powdered egg Homemade rice pudding sprinkled with nutmeg

Sea-coal burning on an open coal fire Bread on a toasting fork burning like a pyre Grandma plumping up pillows from beneath granda's head Applying ointment to sores caused by being confined to bed

Hours spent at auctions bidding with her hand Buying an incomplete bed wasn't what she planned Back home in time for tea, crumpets and homemade strawberry jam, I can still recall the smell of it, bubbling in the pan

Switching tv channels with a flick of her wrist That's how we did it back then, when remotes did not exist Working hard all of her life, meeting everyone's demands

Every line and wrinkle told a story On my Grandmother's Hands

My Mother

My Mother

Sometimes I sense my mother When I walk into a room Lily of the Valley lingers Her favourite perfume

I really wish she was still here So I could apologize For all the many times When we didn't see eye to eye

I had so much troubling me But I chose to keep it in Now I sit and ponder On how different things could have been

I hated seeing her in pain It was all beyond my control I hope that she passed knowing I loved her with my heart and soul

I'm putting down on paper What I could not say aloud I hope that if she were still here I would make her proud

Mere words can not express Just how much I regret Losing my mum, my role model, Who I never will forget

My Wordy Wedding Cake

Today it is the day To choose my wedding cake I love anything to do with words So my decision was easy to make

I went off to the baker's And they had lots of styles But I had my heart set on a cake Adorned with Scrabble tiles

It was to be iced with red fondant And the letters would be white With the number of points on the corner It had to be just right

There would be a message On tiers one and two 'Words can not describe Just how much I love you'

Our initials on the top On individual tiles I want it to be the best wedding cake That's been seen for miles

I've had some ideas About the cake board I saw one on 'the net' I really adored Green squares of fondant With white piping divisions What words can go on it? Decisions, decisions

How about 'love, honour, respect and trust'? All of these details must be discussed When my cake is finished A photo I will take I hope you won't be lost for words When you see my wedding cake

PTSD-MyEnemy

Each and every day I have people judging me But they don't understand Why I have P.T.S.D

I have sudden bursts of anger But I'll do you no harm It suddenly envelops me I don't mean to cause alarm

When I suffer flashbacks They seem all too real Past events come back to haunt me Though my fears I will conceal

I suffer sleep disturbance So I'm tired all the time I fall asleep mid-conversation I'm worn-out, is it a crime?

Sometimes I feel like I'm in a film And I'm not really here I feel like I am a puppet My P.T.S.D the puppeteer

I startle very easily So make sure I know you're there If you evade my line of vision Make sure I am aware I have intrusive images Of events from my past They dominate my memory I have to rest till they have passed

I have problems concentrating When watching the TV When you come to see me I give you the third degree

Asking you what happened On my favourite TV show You say that you don't watch it So I never get to know

I suffer from survivor guilt Questioning life after death I blame myself for not being there When you were breathing your last breath

My nightmares are so real I only hope you knew The day you passed away My heart it broke in two

Writing down these words Has been cathartic beyond belief My P.T.S.D was triggered By the onset of my grief

Pension Day at the Post Office

Today is Monday, pension day Tommy is standing in the queue Behind him is his neighbour Who everyone calls Nosey Sue

In front of him is Carol Who works in the general dealers He saw her in town the other day In her clapped-out Reliant three-wheeler

The queue is getting longer And the odour isn't nice It's a mixture of sweat and eau de cologne And some guy is wearing 'old spice'

Carol turns to Tommy and says "There's a lot of bills that need paying" He sees Sue listen attentively To hear what they are saying

Sue tells them both "Gas and electric are getting dear" Carol says "you shouldn't have been listening" with a sneer Sue looks put-out and turns her back on them A heavy smoker at the front coughs And says his chest is full of phlegm

The girl behind the counter says "too much information" The man laughs and discloses he's on the list For a knee operation Tommy is tired of waiting While others stand without a care He sees a woman further back Spraying perfume in the air

One of Tommy's neighbours Her name is Bernadette Though attached to an oxygen supply Says she's gasping for a cigarette

Tommy tells her she should pack them in But she says with a wry smile "It's the smoking that keeps me thin It wouldn't be worthwhile"

The queue is getting shorter Tommy is almost at the front Heavy smoker spits on the floor But no-one dares confront

Carol pays her bills And bids Tommy goodbye Sue gives her a dirty look But she has no idea why

Tommy is now at the counter His pension to collect The cashier hands him the money And asks him to check it's correct

Tommy's been given a fiver too much And hands the extra over Sue comments that if it had happened to her She'd have been in clover The cashier thanks Tommy for being honest Sue says she thinks he's mad "Honesty's the best policy" Tommy asserts "It's a thing of the past and that's sad"

Sue smirks and says "You're a fool, Tommy Jones I'd have kept it without a thought, Think of all the little treats That fiver would have bought"

Tommy says to Sue, up-close so she can hear "I may not have that extra fiver, but my conscience it is clear" He bids farewell to Bernadette Still gasping for a smoke And waves his hand to the rest of the queue Even though they've never spoke

Sue says "I'll see you again next week Or maybe some other time And I hope the cashier makes a mistake Then that fiver will be mine"

Tommy smiles at her and thinks 'Will she ever learn?" He hopes the cashier doesn't slip up When it is Sue's turn

Sam the dog and Pearl the cat

Sam the dog and Pearl the cat Were sitting on the wall They do it every day So it isn't strange at all

They have little conversations Which only they can understand They talk about their little quirks And none of them are planned

Pearl goes first of course And Sam lets her have her say He knows better than to interrupt He learnt his lesson the other day

"I scratch my scratching post And I chase my clockwork mouse I leave my loving mistress Little gifts all around the house

I eat all of my food Then I use my litter tray Or sometimes one of her slippers When she looks the other way

I sleep lots throughout the day Until about half past seven Then I think it's playtime Until well after eleven Each day she fills my water bowl But I don't use it for a drink I prefer to use the kitchen tap While balancing on the sink

I like to lodge my face in things And my mistress gets fed up The other day I got it stuck Inside a paper cup

I've got a lovely padded bed For when I need a sleep But I sleep in the bathroom hand-basin It's nice and cool and deep

I love it on a Tuesday My mistress gets her magazine I sit my bottom on it It's pages sight unseen

One of my favourite pastimes Is scratching on the door I make her think I want to go out Then I curl up on the floor

I put on my needy face When I smell nice food My mistress never shares with me How can she be so rude?

I like to go upstairs On the bed I like to lie down Nestled in a furry ball On a fluffy dressing gown

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Sometimes I hide in cupboards Then suddenly jump out My mistress tells me off for startling her You probably hear her shout

I sit on the laptop keyboard While my owner tries to chat To her human friends on Facebook I soon put a stop to that"

Sam now has his say at last And looks straight at Pearl, the cat "You think you get into mischief, Well I can better that

I love going into town Though it isn't very far My favourite thing is the lovely breeze On my head out of the window of the car

Sometimes my mistress brings me a doggy bag From her favourite restaurant It contains all of my favourite things She knows exactly what I want

Last week she took me in the car Allegedly to the park It was really a trip to the vets for 'the snip' I was totally kept in the dark

I do a vanishing act at bath time I always hide under the bed So I get taken out to the garden And end up getting hosed-down instead Whenever my belly is scratched No matter where we are I lay on my back with my legs in the air As if playing an air-guitar

I love rolling in smelly stuff Much to my owner's dismay It's one of my favourite pastimes I do it almost every day

I'm the master of the head-tilt When I smell nice food on the table I sometimes get some scraps But not from greedy aunt Mabel

Odd times I chase my tail I chase it round and round Then I spin around a couple of times Before exhaustedly lying down

I keep eating grass When my tummy is upset But sometimes I eat too much And I end up at the vet"

It's almost five 'o' clock Both hear the rattling of a tin That sound means it is dinner time Time to be going in

Sam gently says to Pearl "See you tomorrow, the same time" Pearl preens her whiskers and purrs softly Then over the wall she starts to climb Sam spies a muddy patch He'll save it for another day Then he'll see his pal, Pearl the cat, When she's next out to play

She is a missing person

Callie is a missing person That no-one cares about Pregnant at fifteen So her parents threw her out

Too young to get a council house So she's living on the streets Sleeping in a doorway Wrapped in filthy sheets

Everything was going fine Till her new stepdad moved in He had her mother at his beck and call Much to her chagrin

Callie had tried her level best To get on well with him James Thomas Harrison Known to his friends as Jim

In mum's eyes he could do no wrong And Callie could do no right He'd laze about all day Then come to life at night

Callie had once seen him Bullying a man who was visibly shaken She went home and told her mum Who said she must have been mistaken

Callie had sought comfort In a boy called Andy Kim She thought he cared about her And lost her virginity to him

When she told him she was pregnant He said "The kid's not mine. No way. You'll have to get the morning-after pill without delay"

Cassie went to the family doctor She took her best friend, Paige He said no pill without her parents consent Because she was under-age

She went home and told her mum and Jim And Jim called her a slag Her mother reluctantly took Jim's side And told her to go and pack her bag

So Callie left the family home Not a single word was spoken No family support and no money And a heart that had been broken

She was worried about her future And worried about her mother She hoped Jim wouldn't take things out On her younger sister and brother

She hitched a lift in a lorry And ended up in Hull Tried all of the youth hostels But was informed that they were full

So she camped out in a doorway And had no choice but to beg A young man would pass her every day He said his name was Greg He told her she should be a model And invited her up to his flat She'd seen his type too many times She had more sense than that

Greg wasn't used to being turned down She said "Just leave me in peace" Greg out of revenge Reported Callie to the police

He told them she was a prostitute And had solicited him each time he passed The police believed her story When she said she'd been harassed

Greg, from that day on, Gave Callie a wide berth She was glad he'd got the message Her mum would have called him 'the scum of the earth'

After many months of living rough One day she caught the sight of Jim She'd always wondered if her mum Was still cohabiting with him

He glanced across at her Then did a double-take Why would Callie be sleeping rough? There must be some mistake

He approached her and he smiled But Callie stood her ground Then eventually she spoke and said "I didn't want to be found"

Jim stood, hands in his pockets

And said "Your mum's not got long to live. Why don't you just come home with me? I don't expect you to forgive"

Callie felt a salty tear Running down her face Jim said "Mum thought you didn't care. You disappeared without a trace"

Callie gathered her belongings Though it didn't amount to much Then quietly she uttered "I should have kept in touch"

Jim now had a car And said he'd take Callie back home She should be at her mother's side And would no longer need to roam

Back in the old familiar house Callie gently climbed the stairs She looked in and saw her mother Neath a quilt of coloured squares

"Hello Mum, How are you?" Callie softly said Her mother smiled her sweetest smile And sat up in the bed

"I know that I was wrong To take the side of Jim. He's been a different person Since I stood up to him"

Callie took her mother's hand And very gently smiled Then said "I need you to get better To meet your new grandchild"

Jim walked into the bedroom With a tray of tea and cakes He said "I hope that you'll forgive me. We all make mistakes"

Mother closed her eyes and said "Look after Tim and Fay" Then she breathed a heavy sigh And softly passed away

There's a moral to this story Don't live life in the past Live each and every day As if it is your last

Callie, Jim and Tim and Fay Still live in the same house Jim is a changed man No longer an uncaring louse

I forgot to mention new baby Anne The family's new addition Named after Callie's mum In keeping with tradition

Jim now has a new partner A young woman named Marie Callie just wishes her mother were here To see what a good mum she can be

Sing No Sad Songs

Sing no sad songs when I pass As sunlight filters through stained glass Though you look upon me as I lay In front of you all on this mournful day

Think of times recent and of times past Think only of me when you saw me last Full of life and fun and love Before my journey up above

Think of all the times we had Some were joyous, many sad The beautiful places that we went The camping trip to picturesque Kent

The occasional times when we fell out When your mind was filled with doubt But our differences we resolved When people ceased to get involved

I want to see you all in colours bright That will fill me with delight I really hope you won't spend hours Trying to find the perfect flowers

Donate to charity, learn the art of giving In my opinion, flowers are for the living Make sure they play my favourite song I'd like everyone to sing along You'll all be upset beyond belief Know now I'll understand your grief I'll see the tears on your face But be assured I'm in a better place

I'm now at peace and out of pain Looking forward to when we meet again I've gone on ahead, I'll stand and wait For you to meet me at the gate

I'll smile at you and you'll smile back I hope you won't be wearing black Then I'll take your hand in mine And we'll be together for all time

The Birthday Party

Early friday morning an envelope Dropped onto Edith's welcome mat Inside was a Birthday Party Invite Adorned by a picture of a siamese cat

The party was to celebrate the birthday Of Edith's old nemesis, Mary They'd never really got on So the invite made her quite wary

Edith recognised the hand-writing Of Mary's daughter Jill Who had often taken time off work To look after her mother when she was ill

The party was on monday night At the local social club Edith couldn't understand why that was the venue When Mary's son ran his own pub

Then she suddenly remembered Rumours of a family feud Something about money loaned but never paid back Had prompted Mary's Will to be renewed

Edith knew that Mary's other daughter Kim Wouldn't be invited to the party Because Mary was ashamed of her For dressing cheap and tarty

Suddenly the phone rang It was Mary's daughter Jill She said "Are you coming to Mum's party? She really hopes you will"

Edith was lost for words Then mumbled "We've never seen eye to eye" Jill shocked Edith to the core Saying "Mum wants to say her last goodbye.

She's terminally ill and hasn't got long left. If you don't go to her party she will be bereft"

Edith said that she would go If it meant so much to her mother She didn't dare to ask about Jill's sister and her brother

On the morning of the party Edith didn't know what to wear But as long as she turned up Mary wouldn't really care

When Edith arrived at Mary's party Jill took her to one side She said "I need to speak to you about mum, Before we go inside.

Mum was shocked when i said you were coming After all the bad blood in the past She wants to call a truce Now she's on her last"

Edith gave Jill a hug and said "I'm glad we can make amends, But it shouldn't take something like this To make us realise our true friends"

My poetic Side 🧏

Edith and Jill went into the party And Mary was the centre of attention There were so many guests They'd filtered out into the extension

Mary was seated at the head table Downing a glass of brown ale The first thing Edith noticed Was that she suddenly looked so frail

Mary placed her present on the table Then read the nice verse in Edith's card She said "I know we haven't got on in the past Coming here must have been very hard"

Edith said she'd wanted to come There was nothing she'd rather do Mary could tell from Edith's expression Of her illness she already knew

The icing on the cake had begun to melt It had been on the table for hours It was a handbag made of fondant Filled with edible flowers

Someone suggested Mary should blow out the candles But that was a huge mistake She pursed her lips, blew and her dentures flew out Then landed upon the cake

Everyone burst out laughing And Mary was wearing a big grin She calmly picked up her dentures And put them straight back in

Reverend Smith ate peanuts from Mary's plate

My poetic Side 🗣

And said they were simply the best Mary told him that once she'd sucked off the chocolate She had to leave the rest

The party was a great success And when Mary had said her goodbyes She looked at Edith who'd stayed behind With a wistful look in her eyes

"I'm so glad that you came And that we've made amends If i hadn't been so judgemental We could have been really good friends"

Mary took a sip of whiskey From a small monogrammed flask And Edith told her if she needed anything She only had to ask

Jill told Edith her car was outside And if she needed a lift home she would take her Mary said "Goodbye, dear friend Soon i'll be off to meet my maker"

Edith was lost for words And felt a tear run down her cheek Then said that they should meet for coffee Maybe sometime next week

Jill drove Edith home And thanked her for being so nice Edith thought she'd repay her By giving her some good advice

"Try not to bear grudges If you can make amends, don't wait Because one day you'll discover You've left it far too late"

The Cupboard Under The Stairs

If the cupboard under the stairs could talk I wonder what it would say Would it tell me of those who hid in it When there was rent to pav What about the poor frightened child Back in nineteen forty Locked inside it for hours at a time Just for being naughty It could tell of the granda who sheltered inside When bombs landed on Spion Kop Crouched inside, hands over his ears So that he couldn't hear the bombs drop Does the cupboard remember the numerous times When gran hid boxes of chocolates in there She would go in and eat them on the sly Because she was too greedy to share We used to have a gas man I think his name was Peter He came about four times a year To read our old gas meter He'd open up the cupboard door And illuminate the meter with his torch He laughed when we told him that Grandma Used a match to light a bulb in the porch I remember when I was five Playing hide and seek in the house I was quietly sat in the cupboard And came face to face with a mouse He left a long trail of foil He'd had Grandma's chocolate for a meal I got the blame and not the mouse Imagine how that made me feel During the war, it was sometimes the fashion

To use the cupboard under the stairs

For food that was on ration

People appreciated what was theirs

It was used as a pantry for Bacon,

Butter, sugar and powdered egg

Some people had extra coupons

While others had to beg

In nineteen ninety seven,

As I'm sure you are aware

Harry Potter, young wizard, at four Privet Drive

Lived in a cupboard under the stairs

Our cupboard is no longer there

And neither is the house

My grandma has passed away

And the chocolate-loving mouse

If you still have a cupboard

And it's underneath the stairs

Just sit down and think awhile

What could have happened in there

The Empty Wardrobe

I look in the empty wardrobe And it looks so bare I remember all of the clothes That used to hang in there

The coat you wore to walk the dog And the one you wore for best The hat you always loved to wear I said it looked like a bird's nest

The blouse with lace you wore for weddings And the jacket made of tweed The numerous scarves of many colours How many did you need?

Your faded wedding dress That you hoped one day I'd wear The veil to match hung with it And the pearl slide for your hair

The purple dress you used to wear When you sang in the youth choir Strands still remained on the collar Off that faux-fur stole you used to hire

Your pleated skirts of navy blue Were folded in a drawer Belts of matching colours Hung inside the door I look in the empty wardrobe And think of what's no longer there And I can still picture you In the clothes you used to wear

The good old days

The Good Old Days Take me back to the good old days When we were grateful for what we had Now people have much more than they need And society has gone bad Greed is the keyword and money their God Everyone out for themselves I remember a time when we thought we were rich If we had food on our shelves People have to keep up with the Joneses' Bigger house, bigger car, better job But trying to keep up with the Joneses' Just makes people think they're a snob They look down their nose at ones poorer than them Think they're better than everyone else Just because they've got private health care plans And the poor have got National Health I don't know what our ancestors would think If they were alive today They'd probably think we'd all be better off Living life like the good old days

The House At The End Of The Street

There was a house at the end of my street No-one lived there for very long During the war, an entire family wiped out When an aeroplane dropped a bomb

The family living there at the time Amounted to unlucky thirteen Mother, father, baby Mary And ten children in between

They were a lovely family Liked by everyone Janet Smithson who was a nurse And her hard-working husband John

They were in the front room having tea On that fateful day When an aeroplane scored a direct hit And God took them all away

The whole town was in mourning For the Smithson family Mother, father and eleven children The youngest baby Mary who was three

What was left of the house was boarded up Then the tenants would move in Off would come the boards The walls they were so thin

We'd hear their every movement If they slammed a door, the walls would shake Wild parties held by young teenagers Would keep us all awake

A tenant would live there for a couple of months Then they'd go on their way We'd ask them why they were moving out But none of them would say

This went on for many years Tenants would come and go I asked the landlord what was wrong He said that he didn't know

One day I plucked up the courage To question a tenant as they were about to leave She said "I'm almost scared to tell you I've never been one to believe

But there is something supernatural Going on in the hall When everything is quiet We can hear screaming coming from the wall"

She said she'd looked on the internet In the local branch library And read up on the house's history And the sad fate of the Smithson family

After years of squatters and standing empty The house it was pulled down But what happened to the Smithson's Is still remembered in my home town

The Key

There is a gateway to my heart And it is you that holds the key It didn't take me long to realise That you are the one for me

We've had our ups and downs But come through stronger in the end You are my rock through good times and bad My lover and my friend

We've had our fair share of disapproval And found out who our true friends are Good friends who are worth their weight in gold Whether they live near or far

It took so long to meet my soulmate And you know that it is you In this life and the hereafter You know that our love is true

It was fate that brought us together And I hope we'll never part Because it's only you that holds the key To the gateway to my heart

The Lady Next Door

Our elderly neighbour passed away We went into her house, it looked so bare The only thing that remained of her Was a shawl draped over her chair

I remember when she moved in In nineteen ninety five She told us she'd had three heart attacks And was lucky to be alive

Everyday she'd come and ask If I'd go for her cigarettes Or go to the local betting shop And put on her horse-racing bets

One day she asked me in And showed me a photo of her son Dave She said he had an unruly beard Because he was too lazy to shave

She had shelves full of biscuit tins And said "Biscuits are bad for your health" Then took the lid off one And said "it's where I keep my wealth"

There must have been at least a grand In used ten pound notes She peeled two off the wad And said "Buy yourself a winter coat"

I refused the money To take it didn't seem right She said "you need the money more than me, I've noticed your sad plight"

I asked her what she meant And she said it was a scandal Me walking around with a tear in my sleeve I explained I'd caught it on a door handle

She had an ornate mantelpiece With a China dog at either end I said "those are probably valuable" She said she'd been left them by a friend

She had two porcelain orbs Hanging from her window sashes I commented that they were pretty She said they contained her late husband's ashes

I asked if he'd been her only one But she told me she'd had three A Butcher, a Tailor And the last one would go to sea

She'd heard he'd had a girl in every port But hadn't known if it was true Then letters from different women arrived She'd lost count at twenty-two

I sat in awe of all her antiques She said she'd had a valuation An offer from a local dealer Had filled her with anticipation

She unbuttoned her hand-knitted cardigan And reached into her blouse pocket She asked me to hold out my hand And she placed in it a locket The locket was adorned with filigree And was pretty beyond compare She told me it contained A lock of her late mother's hair

I said I couldn't take it It must be of sentimental value She said "Rather you than my son's wife Cos I know what she'll do.

She'll be straight round to the jewellers And see how much it's worth. I can't stand that woman Though my son thinks she's the salt of the earth.

She's a right gold-digger With my boy just for his money When I try to warn my son He seems to think it's funny"

I tell her that it's time I went And she says "You'd best go home, Nobody understands the loneliness When you live alone"

I feel a pang of guilt But I can't stay there forever She says she'll go to bed when I've gone Because she's not feeling too clever

Later on that same day We all heard an almighty bang At her lounge window was an empty space Where her curtains used to hang

My father broke down her front door

She lay beneath a wood hall stand Lifeless and ashen, both eyes open A porcelain orb clasped in each hand

Her son visited the following day And stripped the whole house bare No antiques left or money Just her shawl upon her chair

The Latch-Key Kid

I am the Latch-Key Kid When I go home, no tea on the table I manage to make myself something to eat The best that I am able

Mum and Dad at work till past eleven So I just sit and watch TV When they come home they go to bed They have no time for me

At eight-thirty in the morning My dad gives me a lift to school He tells me to do as I'm told And not to play the fool

The guy at the desk behind me Starts kicking my chair leg again I loudly express my opinion And I'm rewarded with getting the cane

At lunchtime I sit in the canteen And open up my lunch box It contains a curled-up ham sandwich "Is that all you've got" the guy next to me mocks

His lunch box is laden with sandwiches and crisps And a slice of homemade chocolate cake I really can't remember The last time I saw my mum bake

The school bell rings at three 'o' clock And we all make a mad dash for the door A bully pushes me over And I end up on the floor

He looks down at me and says "Are you going to tell your mam"? If I stand up I'll get knocked back down So I might as well stay where I am

My books and homework are strewn on the floor And they get trampled underfoot Before the bully leaves I get a firm kick in the gut

My school has zero tolerance for bullying But complaints are not effective If my parents report an incident They're accused of being over-protective

Finally I get home After taking the longer route The bullies have stolen sweets from a timid new starter And they're sharing out their loot

I have my usual meal for tea A plate of beans on toast The best meal of my week Is when mum cooks a Sunday roast

Later as I lay in bed I hear the front door slam I listen for the familiar sound Of dad arguing with mam

Tomorrow is another day But for me every weekday's the same I am the latch-key kid But I know I'm not to blame

The Old Lady Down The Street

A curled-up bundle of skin and hair Adorns the window-seat The sorry remains of Kitty The old lady down the street To those who saw her struggle daily With her heavy shopping trolley All of her ignorant neighbours And her estranged sister Polly To all of the people Who used to stand and laugh Here lies Kitty, loner Kitty Written on her epitaph Kitty was a lonely soul No family or friends had she Only the teenagers two doors down Tony, Beth and Marie They'd pop in on pension day And ask her for a loan With no intention of paying her back Got money for drugs then left her alone Just the other day She'd decided to have a look In the sideboard drawer For her pension book The book wasn't where she'd put it In the right-hand drawer Maybe she'd done like two weeks ago Dropped it on the post-office floor Mrs Kemp had brought it round Said she'd noticed it after she'd left She stressed she was lucky that it had been found Nearly a victim of I.D theft

Her state benefit had been cut

Though not told the reason why Thinking about rent and energy bills She'd often sit and cry Tony, Beth and Marie are banging on the door What do they want from Kitty? They've had it all and they want more Kitty is now at peace Her maker she has met She died alone in squalor Her heart filled with regret The council fumigated the house Used disinfectant till it was replete The only evidence of Kitty A large stain on the window seat There are so many like Kitty But no-one cares ask why Abandoned by society And left alone to die All that remained of Kitty Was curled up on the window-seat The quiet soul with no-one The old lady down the street

The Passing of Edward

Martha was rudely awaken on Monday morning With the phone call we all dread "Mrs Palmer we regret to inform you That your husband Edward is dead"

She thought that it was tactless The way she had been told Couldn't they have said 'passed away'? Instead of being so bold

She dressed in her Sunday best It took her ages to get ready But she wanted to make an effort For her dear, departed Eddie

When she arrived at the hospital She was taken to the ward Attached to the bed on a bulldog clip Was Edward Palmer's medical record

Edward was lying in the bed He just looked like he was asleep Martha took his hand in hers And she began to weep

The patients in adjoining beds Said staff had had to disinfect Because Edward had taken short Had they no respect?

Martha sat at the bedside and said "My husband has passed away" The patients resumed watching TV And didn't know what to say

A nurse arrived and said "It's a shame that you weren't here When he was asking for you It's a pity you don't live near

Don't worry though cos I was here He didn't die alone Whenever we tried to phone you All we got was an engaged tone"

Martha suddenly remembered The umpteenth pointless phone calls To the lazy 'cowboy builders' Meant to be pointing her garden walls

Every time she phoned them It wasn't any use Sometimes her complaints would be met By an endless torrent of abuse

The nurse jolted Martha from her daydream By tapping her on the shoulder She glanced down at Edward And noticed he suddenly looked years older

Martha said "I'll be lost without him" And the nurse gave her a wry smile Then said "Some people will be coming for Edward In just a little while

He'll have to be moved Because we really need the bed" Martha recalled the other day A pillow still bearing the shape of a deceased patients head

My poetic Side 🙎

Martha said "I feel so lost I don't know what to do" The nurse put her hand on Martha's shoulder and said "The receptionist has something for you"

Martha kissed Edward's forehead And said "My darling I must go I just hope you knew How much I loved you so"

She wanted to remember Edward When he was full of life Now she was a widow No longer someone's wife

She waited in reception Listening to the constant chatter She wondered how long she'd be waiting Though now time didn't matter

The receptionist slid the glass aside And placed a plastic bag in Martha's hand She could see it contained Edward's spectacles and dentures And in one corner his gold wedding band

Martha returned to an empty house And received not a single phone call Of condolence or sympathy Just one from the builders about pointing the wall

The Pub and Its People

Every town, village and city Has a certain place I'd call the hub I think you'll know where I mean Some call it a tavern, an inn or a pub

You'll find so many characters Whether the place is familiar to you So I thought I'd spend some time And describe a few to you

Firstly, we have the regular You can set your clock by him If one day he misses a visit Everybody is worried about him

He sits in the same seat And drinks the same thing every time A double whisky chaser And four pints of lager and lime

Next we have the walking encyclopaedia A mine of information If you check his facts on Wikipedia It'll cause him much frustration

Don't try to contradict him Because he thinks he's always right He has a friend who takes him home When there's an inkling he'll get in a fight

There's that guy in every pub Who can't seem to be found When it is the time For him to buy a round

He'll turn up when the round's been bought And says he's sorry he missed his turn Then makes sure his turn is at last orders When will his friends ever learn?

Then we have the smoker Who goes outside to have a smoke Gets his mate, a non-smoker To keep an eye on his drinks and his coat

There's always one clumsy person Who'll barge into you so you spill your drink Then they go merrily on their way Before you've had time to think

You stand there on the spot Alcohol dripping from your sleeve Then the perpetrator bumps into someone else And they're politely asked to leave

Some days you're in the pub And end up bumping into your boss You've phoned in sick that morning And for excuses you're at a loss

Your boss asks for an explanation On how quickly you've recovered Your face is red with embarrassment Because you've been discovered

A group of yuppies turn up at lunchtime Boasting of how much money they've got Then loiter at the bar While the barmaid pours out a shot

My poetic Side 🗣

Sometimes they just have one each But other days they're there for hours Taking turns wolfing down Small shots of cherry flavoured Sourz

Odd times the pub will get a customer Who asks for the best champagne Then he settles for sparkling Perry Because the high prices make him complain

Sitting tucked away in the corner Is an elderly gent called James He's known the pub have ten different landlords And five different pub names

He still pays the old pub prices Because he's been going in for years He's almost part of the furniture He likes to try the new craft beers

Oft times the pub gets drinkers Who are clearly under-age So the one who orders drinks Is barely old enough to shave

The barmaid asks them for I.D. They walk away and slink outside The oldest shrugs his shoulders And says "At least I tried"

A woman who's a regular Says her energy bills have got higher So she goes into the pub for three hours a day And gets warm on the open log fire

The landlord sees people from all walks of life

In his pub everyday

- They are colourful characters that light up the pub
- He wouldn't wish them any other way
- So next time you visit your local pub
- You never know who you might see
- By the way, the person sat in the corner, writing away,
- Yes, that's me!

The Rag and Bone Man

I remember when I was a little girl And the Rag and Bone man came round On his cart pulled by a horse All manner of things could be found A washing machine with a broken ringer And a bicycle without a wheel He used to give my grandma two pence For a bag of meat bones leftover from a meal The bones were used for knife handles And the grease extracted used to make soap We'd give them to him in a potato sack Tied around the top with a piece of rope I remember one day the ragman Knelt down on the ground Searching between the paving stones Where horseshoe nails could be found Over his tired shoulders He would carry a small bag It would contain bones and various metals Plus numerous pieces of coloured rag One of the ragmen who came to our street His name was Henry Moon If we gave him something for his cart We were rewarded with a goldfish or a balloon It was a hard life being a ragman People now wouldn't see the sense In working from early morning till night For the measly sum of six pence You still see rag and bone men about No longer with a horse-drawn cart Driving around in short wheel-base lorries They have scrap collecting down to a fine art They still pick up broken washing machines

And bicycles without a wheel But some people still prefer to fly-tip Dumping unwanted items in a field We live in a throwaway society No longer reliant on Mr Rag and Bone It's easy to get rid of scrap items We just need to pick up the phone

The Reflection In The Mirror

I look into the mirror And who is that I see? Someone I don't recognise Is looking back at me

The lines upon the forehead That are called 'worry lines' Are caused by getting stressed Far too many times

A line next to the right eyebrow It's the liver that's to blame Due to excess alcohol Or so the doctors claim

The line next to the left eyebrow Is connected to the spleen So much for thinking the body Is like a finely-tuned machine

At the corner of both eyes Are very deep crow's feet These are connected to all organs As they admit defeat

We used to call them 'smile lines' But not much smiling has been done When you have ill-health Life is not much fun

Black bags under the eyes Are signalling poor circulation Or maybe just a lack of sleep

Nightmares without an explanation

The pancreas could be at fault If there are 'laughter lines' But they could just be caused By laughing numerous times

Lines above the upper lip They could be caused by smoking But they also indicate spleen trouble Those lines are thought-provoking Lines upon the neck Otherwise known as a 'double-chin' Can be caused by too much gluten Putting a thyroid in the spin

In the mirrors reflection There are so many lines to see Then I realise the person in the mirror Yes, it's me!

The Unexpected Visitor

John Smart was having tea with mother Olive There was a loud knock upon the front door When he answered it, a woman stood there She said "I suppose you're wondering what I've come here for?" Olive shouted "Who is it? Why don't you ask them in?" The woman pushed past John And said "I don't know where to begin" She introduced herself as Joan And Olive looked upset Then she put her hand on John's shoulder And said "We've already met" Joan said "I live two streets away, I've been there for eighteen years Your 'mother' hasn't told you about me That is how it appears Your mother is your grandma It is I who is your mother You have siblings you don't know about Two sisters and one brother I was pregnant at fifteen And that woman you call mother threw me out She said she'd bring you up better than me Of that I had no doubt I've seen you almost every day But I've had to keep my distance My wicked mother Olive Has always denied my existence" John looked at his 'mother' And said "What have you got to say? Is this what you were trying to tell me Just the other day?" Olive Smart looked forlorn and said

"What this woman says is true Even though I've raised you as my son I did not give birth to you" Joan put her hand upon John's shoulder And said "I was going to write you a letter Then I thought that telling you face to face Would for both of us be better" A hush fell upon the room You'd have heard someone drop a pin Then suddenly John spoke and said "I can't taken all of this in For years I thought I was an only child And that Olive was my mother Now I find out that's not the case And I've got two sisters and a brother Do they know about me? Do they know that I exist? If they don't know anything Then I feel I must insist That you tell me why you've waited till now To turn my whole life upside down I've lost count of the many times I've seen you in the town Often I've seen you watching me And each time mam got annoyed I used to ask her why you were staring She used to say I was paranoid" A tear worked its way down Joan's cheek And she headed for the door Then she uttered the words John had dreaded "I don't want to see you anymore" John watched her leave without a word Then lay his head on Olive's shoulder Olive gently held him and she said "She'll regret today when she's older" John looked up at Olive and said

- "My natural mother you may not be
- But unlike your daughter
- You've always been there for me"
- Joan left town for good that day
- On board a number twenty bus
- Not a word to daughters or son
- She didn't want a fuss
- John never saw Joan again
- Never met his sisters or his brother
- But he knew as long as he had Olive
- He couldn't have wished for a better mother

The Visit To The Library

Edith Brown was near the library So she thought she'd pop in and take a look She'd always preferred the feel of words on paper Compared to the modern e-book

She looked inside her purse For her old library card But she couldn't find it anywhere Even though she looked very hard

She reached into her handbag And found a fluffy chunk of Thorntons toffee No way was she going to pay For a lukewarm milky coffee

She spied her neighbour Mary Seated at a wooden table She thought she'd try to sneak past her But unfortunately she was unable

"Oh well, if it isn't Edith The aging spinster of Runnymede I'm surprised to see you in here I didn't know that you could read"

Edith did her best to keep her temper But Mary knew which buttons to push She said "Why don't you sit with me Unless you're in a rush"

Edith saw someone from her schooldays And not a moment too soon It was Cynthia who'd moved out of town

Clutching several Mills and Boon

Cynthia greeted Edith with a friendly hug And said "Long time no see I'd love to have a catch-up Please come and sit with me"

Edith glared at Mary And Mary glared right back Mary had never forgiven Cynthia For stealing away her boyfriend Jack

Edith sat at a table And Cynthia sat at the opposite side She said "I see that Mary hasn't changed She always was quite snide"

Cynthia earnestly told Edith She'd married Mary's boyfriend Jack They'd moved away for a fresh start And had no intention of moving back

Edith had often wondered If they were still together Jack had a Harley and Cynthia rode pillion They used to ride past Edith 'Hell for leather'

Cynthia and Jack had set up a business And though they had great wealth Edith was deeply shocked to discover That neither had been in the best of health

Jack had suffered two heart attacks last year Then last month he'd had a stroke Cynthia said he'd regained the use of his limbs But still had a struggle when he spoke

My poetic Side 🙎

Edith was shocked to hear That Cynthia had fought breast cancer and won Even more shocked to hear Mary say It was penance for what she had done

Edith rounded on Mary and said "You only lost a boyfriend, Cynthia almost lost her life You seem to get a sick satisfaction Out of someone being in strife"

Mary banged her books on the table And made her way to the revolving door What Cynthia and Edith had just heard Mary say Had chilled them both to the core

Edith took hold of Cynthia's hand And gave it a gentle pat Then said "Mary will get her comeuppance one day You can be sure of that"

As the two women parted company Edith said she didn't get out much Cynthia gave Edith her mobile number and address And said they must keep in touch

When Edith reached the bus stop She saw Mary waiting without a care Edith said "I can't believe what you said To Cynthia back there"

Mary stood there speechless Wearing a heavy frown Edith said "Talk about kicking Someone when they're down"

Mary slowly walked away

My poetic Side 🗣

She couldn't be bothered to make a fuss Edith let her go on her way Then she went home on the bus

Mary never spoke to Edith from that day on When she saw her out, she'd cross the road She'd always been one to bear to grudge And when she died she was alone

Four people attended her funeral Edith plus Mary's two daughters and one son The three of them couldn't understand What their mother could have done

To have hardly anybody mourn her And not a friend in sight They hadn't seen their mother When she was full of spite

Edith kept the truth to herself It was best that Mary's family didn't know That as their mother got older How bitter and nasty she'd grown

Mary had borne a lot of grudges And she'd bore them to her death She had cursed the names of Cynthia and Jack With her last dying breath

Edith visits the cemetery once a week She stays a couple of hours After she's visited her late mother's grave She adorns Mary's grave with fresh flowers

Carnations, roses and bunches of forget-me-nots Mark the final resting place of Mary Elizabeth Scott

Today I Went To Iceland

Today i went to Iceland The supermarket not the place Trying to find a short queue Turns into a race Elderly lady at the back Tries to jump the queue Those further forward voice their anger "Hey, we were here before you" The lady shrugs her shoulders With two trifles in her hand Standing ages just for that Wasn't what she had planned Trolley at the front of the queue Contains enough food to feed an army Woman says "Most of it will get thrown away" Queue looks at her as if she's barmy Small boy in a pushchair Clamouring for his sweets His mother says he'll have to wait They're under the cooked meats Man with a tray of lager Legs buckling under the weight He says they're for his party From seven tonight until late Someone gets tired of waiting Puts her goods back on the shelf She mumbles she's going to Asda Where she can serve herself Girl in the queue decides She'll use her phone to pay her bill The checkout girl says into her mike "Can you open another till?" Lager man gets restless

Drops his tray of cans on the floor Pushes his way to the front of the queue And dashes out through the door The small boy thinks he's waited Long enough for his sweets So he reaches out to the check-out And helps himself to treats The mother sees what he has done And snatches back the loot So the small boy retaliates With a kick from his right foot The queue is getting longer And tempers start to tray I put my basket on the floor I'll go back another day

Tommy\'s Wartime Memories

Old Tommy Owens O.B.E Fought in the war they said Came back to his hometown With shrapnel in his head

I was in town the other day And bumped into his wife She said "Why not come for tea one day? And ask Tommy about his life"

I told her that I knew He used to own a hardware store She said "I meant that you should ask him About his life during the war"

A couple of days ago I had some time to spare I went to visit Tommy Owens He was sat in an old armchair

He said "Do I know you? What have you come here for?" I told him I wanted to hear about His memories of war

His wife brought me a cup of tea And gently stroked her husband's hand Then said "If you don't want to talk about it, I'm sure she'll understand"

Tommy reached up and touched his shrapnel scar And said "There isn't much to tell, But the best way to describe the war Is it was a living hell"

He firstly told me about the food Bread, Bully Beef and Biscuit The latter he said could break a tooth But if you were so hungry you would risk it

The flour shortage meant that bread Was made with turnips dried and ground And in the pea-soup cooked in Dixie's Horsemeat could be found

He used to trade tobacco With his comrade Sam For an ounce of coffee Or a few ounces of cheese and jam

He told me that the food Would be stored in petrol cans And the lid of the Dixie cooking pot Could be used as a frying pan

He and his comrades Would be cock-a-hoop When Sam would make Maconochie Sliced carrot and turnip in a thin soup

Tommy told me of some soldiers On the front-line that he knew Were barely surviving on a ration Of coffee, Oxo, porridge and stew

When the latrines needed emptying He would give it a wide berth He'd rather spend time filling sand bags With shovelfuls of dirt and earth He'd have a metal jerry-can And a haversack with shaving-kit Plus soap, towel, knife and fork And other sundry things in it

He knew what the bayonet on his rifle was for But he had other plans Like using it to scrape mud off his boots And opening tin-cans

Tommy and Sam would sometimes play cards But Tommy found it hard to believe That Sam winning nine games out of every ten He didn't have some cards up his sleeve

Down in the trenches They would be overrun with rats Tommy used to say they were As big as the neighbours cat

I'm sipping on my tea And Tommy says "Would you like to see my foot"? He bends down and removes a sock And three toes are kaput

He tells me that when he came home He had a bad case of trench-foot When his footwear was removed Several toes were left inside his boot

His socks had grown into his foot The worst case his doctor had ever seen Caused by the unsanitary, cold and wet conditions And resulting in gangrene

I sat in awe

My poetic Side 🙎

of what I had been told There are many lessons to be learned From talking to the old

Tommy tells me before I leave Some days he wishes he was dead Because of the terrible mood-swings Caused by the shrapnel in his head

I tell him that what he has told me Has left me deeply moved We have so much to learn from our elders As my afternoon with Tommy has proved

Two Days of Doris Day

The weekend is here again And if I have my way I'm going to spend my spare time Watching films starring Doris Day

In nineteen forty nine Ten years before I was born Doris starred with Kirk Douglas and Lauren Bacall In 'Young Man With A Horn'

She appeared with Gene Nelson In 'Lullaby of Broadway' And played Marjorie Winfield, a tomboy In the film 'On Moonlight Bay'

'By The Light Of The Silvery Moon' Is a film I'd always wanted to see It was a sequel with the same characters and cast And made in nineteen fifty three

That same year she made 'Calamity Jane' A film I like very much Featuring songs 'Secret Love' and 'The Deadwood Stage' Not forgetting 'A Woman's Touch'

My late mother's favourite film was 'Young At Heart' In which Frank Sinatra played Barney Sloane Doris's co-stars were amongst others Gig Young and Dorothy Malone

In fifty-six, Doris starred in Hitchcock's 'The Man Who Knew Too Much' She first sang 'Que Sera Sera' in this It had the Master of Suspense's sinister touch

'The Pajama Game' is one of my favourites With the song 'Hernando's Hideaway' If Frank Sinatra had accepted the leading man role Janis Paige would have replaced Doris Day

My favourites are the ones With Rock Hudson or James Garner as Doris's leading man Whether shown on terrestrial or cable I always try to watch them when I can

I'm waiting for the postman He hasn't been round yet Because I can't wait till he delivers My Doris Day box-set

Victim

Victim

I remember as a little girl On a visit to an aunt's friends house I was sitting reading a story book As quiet as a mouse

I asked to be pardoned To go to the loo They were all playing dominoes So I knew what I must do

I opened up the door And placed my foot on the first stair Then I heard someone in a low voice say "Are you sure that she's all there"?

I felt a tear run down my cheek I was doing what I ought Only speaking when I was spoken to That's what I was taught

When I'd done what I had to do I went back down the stairs The domino game was finished And there were four empty chairs

They were all in the kitchen Drinking cups of tea My aunt she turned to me and smiled And handed a cup to me She noticed my tear-stained face And stroked it with her hand I told her what I'd overheard She said I was too young to understand

I was insecure throughout my childhood Never felt like I fitted in Undernourished because I wouldn't eat Now I'd just be classed as thin

From the age of five My time at school was fleeting Feigning illness to avoid the bullies And escape another beating

I remember cowering In the corner of the school yard Cigarette butts stubbed out on my arms Left painful, sore and charred

Name-calling and violence Made me feel inferior Set upon by bullies Who thought they were superior

When I became a teenager Things they got much worse The bullies were now older Younger ones they would coerce To taunt me and lie in wait And leave me in a battered state When i got my first job The bullying it went on Because my face didn't fit I was put upon

Got lumbered with the dirty jobs That no-one else would do Like swilling down the filthy yard And scrubbing the outside loo

One afternoon, the manageress Secretly asked me whether I would do sexual favours for a delivery man And I reached the end of my tether

I got my coat and quit the job Never looking back I later heard that the manageress Was found out and got the sack

Now that I am older No-ones victim will I be I stand my ground, nobody's fool And i am happy being me

What will they do with Grandma?

What will they do with Grandma?

What will they do with Grandma, now that she is old? No longer able to fend for herself, by her home-help they've been told She's always been there for her children but now none of them want to know Keeping a roof over all of their heads, not all that long ago

She's been the peacemaker for all of her kids, when relationships hit a bad patch They've all forgotten just how much she did, though their partners she thought a mismatch She put home-cooked food on their tables when their cupboards all were bare Helped them to pay their bills, though none of them cared for her

She cooked them all good hearty meals, served them up on their own table Sometimes she went without food herself, putting them first when she was able Often she would dread the ringing of the phone A sound that would usually be welcomed by someone who lived alone

But whenever her phone rang, she would feel very daunted Wondering who the caller was, and what it was they wanted, Would it be for money or babysitting duties? Or maybe her knitting skills, making numerous pairs of booties

Grandma had to live somewhere but refused to go into a home Frail and unable now to live on her own Jim was asked to take her in, but he said that he couldn't He'd always been a selfish man, it was more likely that he wouldn't

Katie said she had no room, but conveniently forgot to mention That her husband, a bricklayer, had just built a new extension So it was decided, Grandma would go into a home The family went around and told her, she could no longer live alone

The greedy lots inheritance in their minds was already spent

But every penny that Grandma had saved, for her keep at the care home it went Grandma did all sorts for her family, so she couldn't understand Why now she's in a care home they never go nearhand,

We now know of Grandma's fate, her story has been told A lifetime of caring for family, unwanted because she got old

Who cares for the carer

My door is always open My kettle is always on I'm here with a shoulder For you to cry upon

You can tell me anything Your secrets I can keep You can phone me anytime, day or night Even when I am asleep

If you live in solitude Or your heart is filled with grief If you suffer from low self-esteem I can build your self-belief

I am everybody's rock But who is there for me? Who cares for the carer? I think you will agree

The more you do for others, The less they do for you It's the way society is now But that is just my view

Why can\'t I sleep?

Why, oh why can't I get to sleep? I've tried everything like counting backwards And even counting sheep

Lavender oil on pillow Or a hot and milky drink Why is it when I go to bed I always lay and think?

Have I locked all the doors And switched off all the lights? Tired all the next day Due to sleepless nights

I really need to switch off From the worries of the day But things that have happened On my mind they play

I need to cut down on my caffeine Cos my B.P. is hitting the roof It's one of the reasons I lay awake I don't need anymore proof

It's a small price to pay for a decent night's sleep So now I will finish this rhyme Off to Dreamland I'll go with a calm rested mind? Till the alarm on my clock starts to chime

Why Is It So Hard To Be Happy?

Why is it so hard to be happy But so easy to be sad? When I see how people treat each other Sometimes it makes me so mad

It costs nothing to be civil To make life easier for one another Repaying years of love and care To your father and your mother

Everywhere I go each day People are in such a hurry Trying to make ends meet Shortage of money causing them worry

Whenever I am out and about I can always find the time To hold a door open for someone They look at me like I've committed a crime

I was brought up with good manners And sometimes people don't understand Why when I'm introduced to someone I always shake their hand

They look at me incredulous As if taken by surprise Then I shake them by the hand again While we're saying our goodbyes

When someone is taking up a seat With their shopping bag on the bus I sit in another seat

Because I can't be bothered to make a fuss

I feel sorry for young mothers With their pushchairs and shopping in hand Their space taken up by a shopping trolley So they have to stand

The pushchair blocks the aisle And the driver he plays war He shakes his head in disbelief Can't people read what that space is for?

If I am out shopping And I'm standing in a queue If someone has only two items I know just what to do

I let them get served ahead of me Because I'm in no hurry The queue behind me tuts But I'm not one to worry

Manners cost you nothing It isn't hard to be polite But sadly many in this day and age Don't know wrong from right

The elderly feel insecure Even in their own home Many of them are housebound Afraid to go out alone

Teenagers hanging around on street corners Always saying that they're bored Making nuisances of themselves Often community service their reward What has happened to family values? When people looked out for one another Siblings always fighting for attention In the shadow of a sister or a brother

I feel sorry for today's generation Good manners not being taught I hope that by writing this poem I have given you food for thought